

**Library Notes**



BY ALICE BRYAN  
County Librarian

**WHO HATH A BOOK**

Who hath a book  
Has friends at hand,  
And gold and gear  
At his command;  
And rich estates,  
If he but look,  
Are held by him  
Who hath a book.

Who hath a book  
Has but to read  
And he may be  
A king, indeed;  
His kingdom is  
His inglenook—  
Who hath a book.

—by Wilbur D. Nebit.  
Make friends with books during  
this Book Week of November 13-  
19, 1949.

Have you been planning a trip  
to the library for your youngster?  
Bring him for his first library vis-  
it during Book Week!

The parents in McDowell coun-  
ty are lucky parents! You can bor-  
row books for your children and  
for yourselves from your Public  
Library!

There are eleven million children  
in the United States who have  
never handled a book other than a  
standard text-book. And there are  
many more who do not own a book  
of any kind.

There are many children in this  
county who do not own even one  
book. But within their reach is the  
public library. All children are be-  
ginning to understand that the li-  
brary is their library. They wel-  
come the bookmobile with its host  
of "book friends"!

Last month the teachers at Dy-  
sartsville School borrowed one hun-  
dred and fourteen books for their  
pupils. These books were borrowed  
by the pupils nine hundred and  
thirty-six times before they were  
returned to the Bookmobile for a  
new collection.

New members registered at the  
Library:

Mrs. James S. Bolton, Mrs. Ray  
W. Brown, Genette Gibson, Mrs.  
Ralph Hensley R. A. Ledford, Mrs.  
Pearl Martin, Floyd Lee Parker,  
Eugene Raye Parker, Mrs. Frank  
Pendley, and Mrs. Bertie Poteat.

Among the new books:  
(For adults) "Wherever I Roam"  
by Ben Lucian Burman—Story of  
Captain Asa, a Cumberland Moun-  
taineer who travels about the  
South in his trailer, trying to find  
a haven in the disturbed world of  
today where he can get back to the  
good old times and keep his stray-  
ing children safe at his side.

"The White Sail" by Sara Ware  
Bassett—Story of love in a Cape  
Cod Village; of an ex-Air Corps  
pilot and a young girl, both trying  
hard to forget the past—she to for-  
get a mysterious tragedy, he to  
dim the memories of war.

"The Natural Bent" by Dr. Paul  
B. Barringer—"The story of a  
Confederate childhood, a Recon-  
struction yout, and the education  
of a medical pioneer of the New  
South—told with realism and hu-  
mor."

Light romances: "Wife to Be"  
by Leslie Lynd; "Carolina" by  
Carol Holliston; and "Doctor Chris-  
topher" by Peggy Dera.

Westerns: "Off to Laramie" by  
Chuck Stanley and "The Slash R.  
Ranch" by Weston Clay.

Mystery: "Dear Dead Harry" by  
Milton Scott.

(For children) "Blackboard Mag-  
ic" by Howard Brier—Another  
basketball story for the boys and  
girls who "haunt the library for  
sports stories."

"Gabiella" by Nancy Hartwell  
—Story of a young teenager who  
comes to realize that things are not  
necessarily uninteresting because  
they are old.

"The Davenports and Cherry  
Pie" by Alice Dalgliesh—Another  
entertaining story of the Daven-  
port family, and the lively winter  
they spent when Cherie the poodle  
came to live with them.

"Tyke, the Little Mutt" by Dor-  
othy L'Hommedieu—Story of a  
loveable little white dog who is just  
a mutt, the sort of dog children love  
best.

"The Village That Learned to  
Read" by Elizabeth Kent Tarshis—  
Story of Mexican children and es-  
pecially of Pedro who doesn't think  
a future bullfighter needs to learn  
to read.

Next week's Bookmobile sched-  
ule:

**Fourth Tuesday, November 22:**  
9:15-10:30, Pleasant Gardens  
School.

10:45-11:15, Biddix's Store (Miss  
Cumile Biddix)

11:30-12:00, Curtis Creek (home  
of Mrs. Narl Smith).

1:00-1:30, Bethlehem (home of  
Mrs. Harlow Noblitt).

2:00-3:00, Old Fort Library.

3:30-4:00, Pleasant Gardens  
(home of Mrs. Paul Krause).

4:15-4:45, Lake Tahoma (Mr.  
Melvin Patton's Store).

**Fourth Wednesday:**  
9:15-10:00—East Marion School.  
10:45-12:00, Clinchfield School.

**The Common Cold**

(Continued from page 2)  
perature changes; mechanical de-  
fects in breathing, or, the filtering  
power of the air passages. To this  
list of predisposing causes may we  
add such pathological conditions  
as, adenoids, polopi, enlarged dis-  
eased tonsils, a deviated septum,  
and chronic catarrhal condition,  
any of which should receive  
prompt and appropriate treat-  
ment.

The germs accompanying a cold  
are frequently found in the nose,  
mouth and teeth of the healthy  
person, just awaiting the time  
when body resistance is lowered  
enough so they can begin pushing  
you around, therefore cleanliness  
and care of those parts are of pri-  
mary consideration in preventing  
not only the common cold, but the  
complications which are often as-  
sociated with a cold.

The prevention of a cold con-  
sists first of avoiding a person that  
has a fresh cold if possible to do  
so. Guard against the predisposing  
causes. A person with a beginning  
cold should go to bed for a period  
of three days, this will help avoid  
complicating diseases and recovery  
will be much more rapid, and too,  
after that period of time the cold  
will be less infectious. We should  
if possible, avoid contact with per-  
sons that have a cold, especially in  
trains, buses, offices and all other  
poorly ventilated places where the  
chance is almost certain that some  
one will sneeze or cough directly  
in your face or within a few feet  
of you. Learn good sanitary habits,  
biologic cleanliness, and cultivate  
proper eating habits. Do not over-  
work, get sufficient rest and sleep,  
sufficient outdoor exercise. Guard  
against chilling, wear clothes suit-  
able to weather conditions, live,  
work, and sleep in properly venti-  
lated and properly heated rooms.  
Always cover the nose and mouth  
before coughing or sneezing, re-  
frain from kissing if we or they  
have a cold, always wash your  
hands with warm water and soap  
before eating, before handling  
food or eating utensils. Wash dis-  
hes and other eating utensils in hot  
soapy water, then scald with boil-  
ing water and allow them to drain  
dry. Avoid the use in common of  
any thing which comes in contact  
with the nose or lips, such as, toil-  
et articles, towels, handkerchiefs,  
drinking cups or glasses, a pipe,  
a cigarette, toys or other objects that  
may be contaminated in that man-  
ner.

It is quite possible if we should  
put into practice what we now  
know about the common cold and  
its prevention, the number of  
colds in the future would be far  
less than has been experienced in  
the past, and we could expect the  
severity of the cold to diminish.

I have previously mentioned the  
value of good physical health as a  
preventive in both pneumonia and  
the common cold. Nothing is more  
inviting to germs, whether they be  
the kind that causes the common  
cold, pneumonia, tuberculosis, or  
any other infectious disease, than  
poor body resistance, a person run

down so to speak. Good physical  
health and proper body resistance  
may be greatly enhanced by a sys-  
tematic examination of the human  
body. Mechanical machinery is not  
operated year after year without  
frequent examination and care,  
otherwise it would mean early re-  
placement of the machinery. I be-  
lieve in all fairness to ourselves,  
since we can not perform a satis-  
factory replacement act with the  
human body, it is our moral and re-  
ligious duty to have our family  
physician give us a thorough ex-  
amination at such intervals as he  
may see fit to advise.

I believe the cheapest medical  
service throughout a life time is  
enjoyed by those people who de-  
pend on regular physical examina-  
tions by their family physician. I  
believe from the point of health se-  
curity and mental satisfaction, it  
will be the greatest investment we  
can make in ourselves.

**HIGH DEATH TOLL**

Unless a new incentive for safer  
driving and walking is found, "the  
nation can reconcile itself to an  
annual traffic death toll of around  
32,000", the National Safety Coun-  
cil states. Traffic deaths for the  
first nine months of 1949 are  
about on a par with the same 1948  
period, 22,320 as compared with  
22,750 in 1948.

Since the National Tuberculosis  
Association was organized in 1904,  
the death rate from tuberculosis  
has been forced down 85 per cent,  
but the disease still kills nearly  
50,000 Americans a year.

Wisconsin has 3,474 lakes over  
10 acres in area and 4,542 lesser  
lakes — a total of 8,289 lakes.

**EXECUTRIX' NOTICE**

Having qualified as Executrix of  
the Estate of Archie H. Mitchem,  
deceased, late of McDowell county,  
North Carolina, this is to notify all  
persons having claims against the  
estate of said deceased to exhibit  
them to the undersigned, at Marion,  
N. C., on or before the 21st day of  
October, 1950, or this notice will  
be pleaded in bar of their recovery.  
All persons indebted to said estate  
will please make immediate pay-  
ment.

This the 18th day of October,  
1949.

Maggie L. Mitchem,  
Executrix of the Estate of  
Archie H. Mitchem,  
Deceased.

**NOTICE**

**NORTH CAROLINA  
MCDOWELL COUNTY**

Whereas pursuant to and by vir-  
tue of the laws of the State of  
North Carolina, the undersigned  
now has possession of and a first  
lien of the following described  
personal property for materials  
furnished for and labor on the fol-  
lowing described personalty in the  
sum of \$298.60, over and above all  
credits or offsets; and  
Whereas, Default has been made  
in the payment of the said indebt-  
edness, as aforesaid, and more than  
90 days have elapsed since the due



Styling of the 1950 Ford Custom Deluxe Fordor  
sedan includes features which add to the performance,  
economy, safety, comfort and appearance of the new  
cars. With improved quality as the keynote, the 1950  
Fords introduce a new treatment of the grille and  
parking lights, a colorful new crest — the first in  
Ford history — a new ornamental rear deck handle

and lock, new instrument knobs, new and larger horn  
ring, foam rubber front seats with non-sag seat springs  
and a complete new line of interior trim fabrics. In  
addition the powerful Ford V-8 and 6-cylinder engines  
have been improved to give Ford the quietest and  
smoothest running engines ever produced by the Ford  
Motor Company.

The public is cordially invited to

**SEE THE NEW FORD**

On display in our show room, just redecorated,

**Friday, Nov. 18**

Let us show you the new features of the 1950 Ford

**Sain-Brooks Motor Co.**

105 East Court St.

date thereof.  
Now Therefore, the undersigned  
will, on the 17th day December,  
1949, at 12 o'clock noon, at Snipes  
Motors, Inc., in the Town of Mar-  
ion, North Carolina, on East Court  
Street, pursuant to said lien, sell  
to the highest bidder, for cash, to  
satisfy said indebtedness, all of the  
right, title and interest, which the  
owner, R. C. Sommers, or any  
other person, firm or corporation,  
has in and to the said personal  
property described as follows:  
One 1931 A Model Ford Auto-  
mobile (Roadster) Motor No.  
A4580474.  
The above described personal  
property is now located at the un-  
dersigned's place of business on  
East Court Street in the town of  
Marion, North Carolina, and may  
be seen and inspected there at any  
reasonable time, at or prior to the  
sale date, as aforesaid.  
This 17th date of November,  
1949.  
SNIPES MOTORS, INC.  
By: R. J. Morris,  
President.

**Farm Bureau  
ACCIDENT  
and  
HEALTH  
Insurance**



It is a well known fact that  
more accidents occur in the  
home than anywhere else. Acci-  
dent and health or hospital  
expense protection can apply  
to every member of the family.  
Insure to provide funds in case  
of unexpected illness or acci-  
dent. For complete information,  
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FARM BUREAU MUTUAL  
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Annual **Kiwanis Minstrel Show**

Marion High School Auditorium

**Nov. 18-19**

Show Each Night 8:00 o'clock

Adults, \$1.00 - Children, 35c

TICKETS NOW ON SALE

Sponsored by DUKE POWER CO. and MARION CITY BUS LINES