

If Stuffy Nose Spoils Sleep Tonight



A little Va-tro-nol in each nostril quickly opens up nasal passages to relieve stuffy transient congestion. Invites restful sleep. Relieves sniffly, sneezy distress of head colds. Follow directions in the package. Try it!

VICKS VA-TRO-NOL

NOTICE OF SALE OF LAND UNDER DEED OF TRUST

TAKE NOTICE, That Whereas, John W. McCormick and wife, Pearl McCormick, on the 11th day of November, 1947, did execute and deliver to J. N. Morris, Trustee, a deed of trust which is recorded in the Office of the Register of Deeds for McDowell County, North Carolina, in Deed of Trust Book 63, at page 78, conveying the lands hereinafter described to secure an indebtedness therein described, and in said deed of trust power of sale was given in default of payment of the indebtedness thereby secured.

And Whereas, the holder of the indebtedness as secured by the aforementioned deed of trust has demanded that the undersigned foreclose and sell the land as described in said deed of trust, and as hereinafter described, for the purpose of satisfying the indebtedness secured by said deed of trust.

Now, Therefore, the undersigned will, on Thursday, the 29th day of December, 1949, at 12 o'clock noon, at the Courthouse door, at Marion, McDowell County, North Carolina, for the purpose of satisfying the indebtedness as secured by said deed of trust, offer for sale to the highest bidder, for cash, the following tracts of land, lying and being in Marion Township, McDowell County, North Carolina, to-wit:

FIRST TRACT: Adjoining the lands of H. S. Davis and W. B. Noblitt. BEGINNING on a chestnut now a large rock on the South side of the road and runs East crossing the creek 19 poles to a small red oak; thence South 25 deg. East 44 poles to a large red oak on the Noblitt line; thence West crossing the Creek with said line 24 poles to a stake; thence to the BEGINNING.

SECOND TRACT: BEGINNING on a large red oak said Solmons corner and runs East 24 poles to a stake at a rock; thence West 48 poles to a black gum; thence North 77 West with the meanders of the creek 24 poles to a pine; thence North 35 West 14 poles to a stake crossing the creek; thence South 77 West 24 poles to a stake in the field; thence South 34 East to a chestnut, Solomons corner; thence East crossing the creek 19 poles to a small red oak; thence South 25 East 44 poles to the BEGINNING, containing 15 acres more or less.

And being the same tracts or parcels of land described in that certain deed dated the 6th day of November, 1941, from H. W. Noblitt and wife, M. E. Noblitt, to John W. McCormick and wife, Pearl McCormick, recorded in McDowell County Deed Registry, in Deed Book —, at page —.

Reserving and excepting, however, from the lands above described, a one acre tract conveyed by John W. McCormick and wife, Pearl McCormick, to W. M. Burnett and wife, Madge Burnett, by deed dated May 31, 1947 and recorded in said McDowell County Deed Registry, in Deed Book 99, at page 550.

Said sale will be subject to confirmation as provided by law.

This 29th day of November, 1949.

J. N. MORRIS, Trustee.

NOTICE OF SALE OF LAND UNDER DEED OF TRUST

TAKE NOTICE, That Whereas, W. H. Silvers and wife, Lou Silvers, on the 13th day of April, 1948, did execute and deliver to J. N. Morris, Trustee, a deed of trust which is recorded in the Office of the Register of Deeds for McDowell County, North Carolina, in Deed of Trust Book 63, at page 256, conveying the lands hereinafter described to secure an indebtedness therein described, and in said deed of trust power of sale was given in default of payment of the indebtedness thereby secured.

And Whereas, the holder of the indebtedness as secured by the aforementioned deed of trust has demanded that the undersigned foreclose and sell the land as described in said deed of trust, and as hereinafter described, for the purpose of satisfying the indebtedness secured by said deed of trust.

Now Therefore, the undersigned will, on Thursday, the 29th day of December, 1949 at 12 o'clock noon, at the Courthouse door, at Marion, McDowell County North Carolina, for the purpose of satisfying the indebtedness as secured by said deed of trust, offer for sale to the highest bidder, for cash, the following tracts of land, lying and being in Marion Township, McDowell County, North Carolina, to-wit:

BEING all of those two (2) certain lots of land Nos. 19 and 20, in Block No. 2, as shown on a Map of the J. H. Tate Annex to East Marion, which Map is recorded in Map Book 1, at page 97, in the office of the Register of Deeds for McDowell County, N. C., and described in one boundary as follows:

BEGINNING on a stake on the East margin of Tate Street, and at the Southwest corner of Lot No. 19, which stake is located 200 feet from the Northern margin of State

SOCIAL SECURITY FACTS

By D. W. LAMBEET, Manager Asheville, N. C.



YOUR SOCIAL SECURITY CARD

If you have a social security card, the Social Security Administration is keeping an individual record of your earnings in a big central office at Baltimore, Maryland.

When you work under social security your employer sends in each three months a report of your earnings, and gives your name and social security account number, as you gave it to him. These reports go finally to the Social Security Administration office at Baltimore, where they are posted to the individual records.

There are more than 70,000,000 social security accounts in Baltimore. No one can keep your record straight unless you do your part. You must see that your employer has your name and social security account number just as they appear on your social security card.

You should have only one social security account. If you lose your card, get a duplicate with the same number. If you change your name, be sure to notify the Social Security Administration, so your record can be corrected.

If you want to know how much your social security account shows, you may have a statement once each year. Mistakes in social security records usually cannot be corrected after four years.

This is the seventh in a series of articles on your Social Security. In our next issue we will discuss "who is Covered." For further information consult your Social Security office, located at 203 Flatiron Building, in Asheville, or meet the representative when he visits your community.

DUMPLING ROLLS

Little round cinnamon rolls are right at home arranged over the top of your favorite apple cobbler. The spicy flavor combined with brown sugar and butter adds a new note to a winter favorite dessert.

Sheep are one of the best-paying enterprises for Eastern North Carolina farms, believes H. H. Harris, Tyrrel county farm agent for the State College Extension Service.

Watch Your Kidneys!

Help Them Cleanse the Blood of Harmful Body Waste

Your kidneys are constantly filtering waste matter from the blood stream. But kidneys sometimes lag in their work—do not act as Nature intended—fail to remove impurities that, if retained, may poison the system and upset the whole body machinery.

Symptoms may be nagging backache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—a feeling of nervous anxiety and loss of pep and strength.

Other signs of kidney or bladder disorder are sometimes burning, scanty, or too frequent urination.

There should be no doubt that prompt treatment is wiser than neglect. Use Doan's Pills. Doan's have been winning new friends for more than forty years. They have a nation-wide reputation. Are recommended by grateful people the country over. Ask your neighbor!

DOAN'S PILLS

Street according to the aforesaid Map and runs thence North 54 deg. East 137 feet to a stake in the West margin of Clinchfield Avenue; thence North 20 deg. West with said Avenue 50 feet to a stake; thence South 54 deg. West 147 feet to a stake on the East margin of Tate Street; thence along and with the East margin of Tate Street 50 feet to the BEGINNING.

And being the same lands as described in the following deeds: (1) Deed dated the 4th day of January, 1945, by W. G. Gregory, unmarried, to G. H. Ross and wife, Lillie Ross, recorded in the Office of the Register of Deeds for McDowell County, N. C., in Deed Book 94, at page 186; and (2) Deed dated the 9th day of October, 1946, by G. H. Ross and wife, Lillie Ross, to W. H. Silvers and wife, Lou Silvers, recorded in the Office of the Register of Deeds for McDowell County, N. C., in Deed Book —, at page —, to both of which deeds reference is hereby made for further description.

Said sale will be subject to confirmation as provided by law.

This 29th day of November, 1949.

J. N. MORRIS, Trustee.

READ THE ADS

(Continued from first page)
Read the biographical sketch below and decide what man in history it describes. Then look through the advertisements in this issue to find his name. You will find his first name in one ad and his last name in another. Look carefully! It may be contained in fine type. The first two adults living within the city limits, first student over 12 and first student under 12 to bring the Progress to the office Thursday morning and show us the names as they appear in the ads will receive free prizes.

No phone calls. You must call for the passes in person.

IMPORTANT! PLEASE NOTE!

In order to give the county readers the same opportunity our town readers have to participate in the contest, county passes will not be awarded until Saturday morning. The first rural reader arriving Saturday morning with the correct solution will be awarded a pass.

Here is this week's biography. Read each word carefully, then look for the answer in the display ads:

American Naturalist, owner of a large experiment farm at Santa Rosa, Cal. He has succeeded in producing many new and valuable forms of flowers, fruits, nuts, vegetables, grasses and trees. Among the flowers he secured a brilliant crimson poppy from a yellow one, and he has made the verberna take on the fragrance of the trailing arbutus. He has hardened trees till they are able to withstand colder climates and he has trained fruit trees till their buds and blossoms are immune against frost. He made the cactus give up its thorns and produce luscious, wholesome fruit. He has raised blackberry bushes without stickers. His achievements were chiefly the result of cross-pollination of many thousands of plants year after year, and the selection of the very few that give prospects of producing valuable results.

Try a Progress want ad.

Here... Now!

INTERNATIONAL HARVESTER

NEW... Entirely New 1950 REFRIGERATORS They're Feminineered!

They're here! They're beautiful! Four sizes... four big-value price-tags... four great new refrigerators, that women dreamed and home economists planned for you! Come in today and see them. See the big freezer lockers, the spacious shelves, the extra-roomy meat trays and vegetable crispers.

See the new, exciting, "shadowline" styling—no ledges, no crevices to catch dust and make work. See the Egg-O-Mat, clever new egg-dispenser. See the new Diffus-O-Lite for shadowless interiors. Don't miss the exclusive, built-in bottle-opener. And let us show you how "Every Feature Has a Function" in these great new International Harvester refrigerators. Buy on convenient terms.

Prices start at \$214⁹⁵
Big 7.4 cu. ft., Model H-74
Other models 8.4 to 9.5 cu. ft., \$239.95 to \$299.95

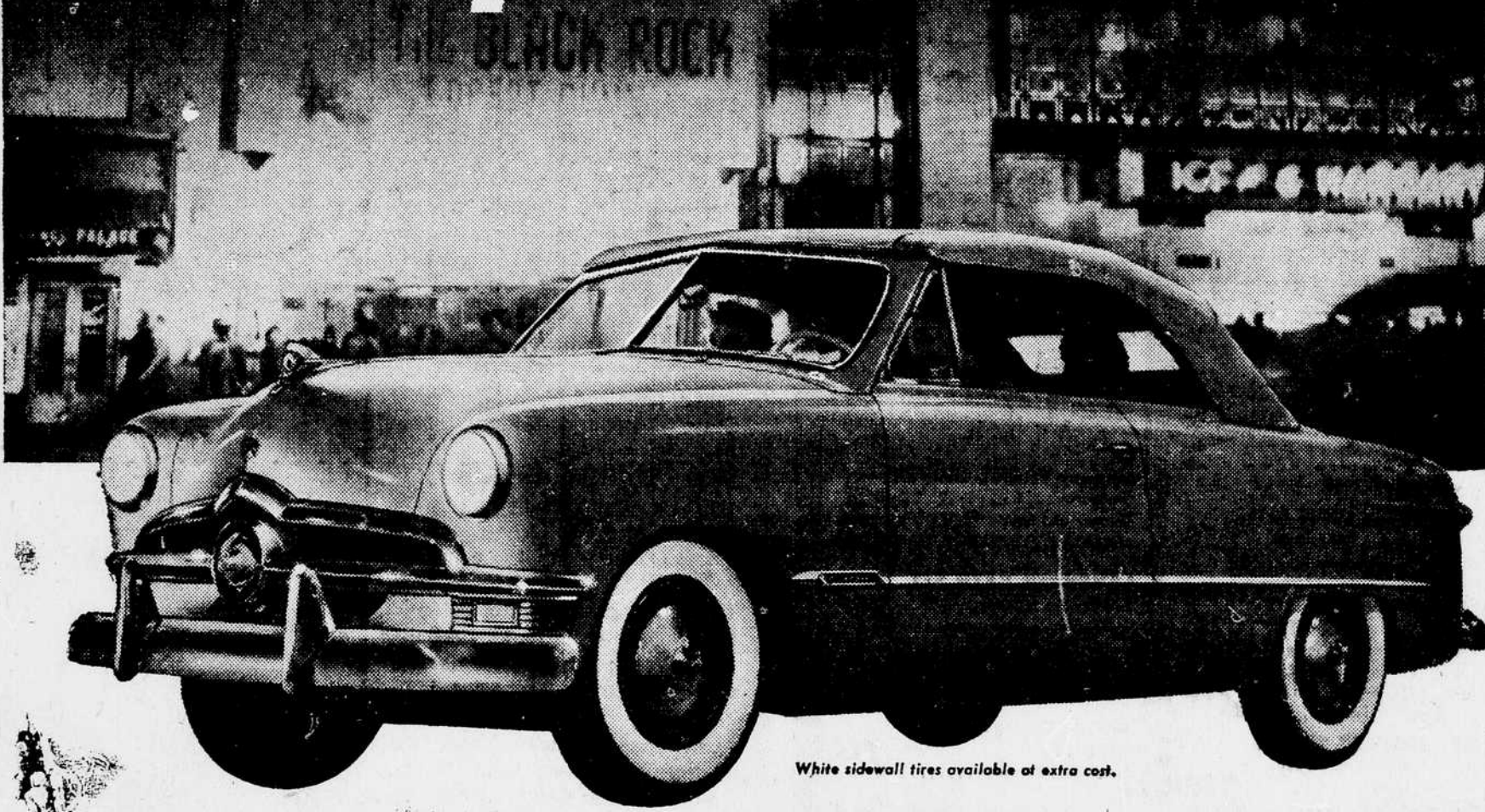
Come In Today!

MARION BUICK CO., Inc.

25 North Garden St. Marion, N. C.

Invest in U. S. Savings Bonds. Old Newspapers for sale at The Progress office at 5c bundle

50 ways new for '50



White sidewall tires available at extra cost.

Ford is 50 ways new for '50... sound-conditioned "Lifeguard" Body. packed with improvements that make it the fine car of its field. For Ford brings you an even smoother "Mid Ship" Ride on new foam rubber front seat cushion with new non-sag springs... a new silent ride in Ford's 13 ways safer, Power such as you've never felt. It's 100 h.p. and it's a V-8—the engine type used in costliest cars—for hundreds less than most "Sixes". It's so quiet you can talk in whispers at highway speeds. Try it today.

THE ONE FINE CAR IN THE LOW-PRICE FIELD!

See... Hear... and Feel the difference at your FORD DEALER'S



1950 FORD

Sain-Brooks Motor Co.

105 East Court St.

Marion, N. C.

Phone 242