

OUT-OF-DOOR FOLKS.

The question of healthful, strengthening food is an important one to those who engage freely in out-of-door sports and recreations, whether for health or pleasure.

Open air life calls for foods which embodies in the highest possible degree strengthening and vitalizing qualities.

Shredded Whole Wheat Biscuit

precisely meets these requirements. It is composed of the whole wheat berry, which analysis shows to contain in concentrated form, every element entering into the composition of the human body. It builds bone, teeth, muscle and tissues, and supplies vim and energy.

It is a tempting food, as it may be prepared in hundreds of ways with milk, cream, eggs, fruit and vegetables—something new for every meal.

Always serve according to directions in "The Vital Question Cook Book," which we send free.

Triscuit,

the whole wheat cracker, take the place of bread—it is healthier and better in every way. Try "Toasted Triscuit and Cheese."

THE NATURAL FOOD COMPANY

Niagara Falls, N. Y.

THE GORHAM CO., INVITE ATTENTION TO THEIR UNSURPASSED FACILITIES FOR THE DESIGNING AND MANUFACTURING OF SPECIAL

TROPHIES FOR ALL SPORTING EVENTS

and Particular Occasions

They have in stock at all times the most extensive showing of Punch Bowls, Loving Cups, Vases, Smokers' Sets, Riding Crops and Whips, and all the newest things in leather for travelers, including a large number of handsomely fitted Bags and Suit Cases.

THE GORHAM CO.,

SILVERSMITHS AND GOLDSMITHS

BROADWAY AND NINETEENTH STREET, NEW YORK.

Southern Pines Sanitarium,

FOR THE TREATMENT OF

Diseases of the Throat and Lungs.

The Most Thoroughly Equipped Institution of its Kind in Eastern North Carolina.

Edwin Gladmon, M. D., Supt.

WRITE FOR ILLUSTRATED BOOKLET.

MILLINERY OPENING

March 2d and 3 at Mrs. Hayes Millinery Parlors New Hampshire Avenue, Southern Pines.

A male milliner is in charge of the trimming department.

MRS. HAYES, MILLINERY PARLORS, Southern Pines, N. C.

Mrs. C. C. Stevick,
MASSEUSE AND MANICURIST,
Is located in Pinehurst for her fifth season.
Appointments may be made by mail.

N. D. WELLS,
Southern Pines, N. C.
Complete line of Watches, Clocks, Jewelry, Silverware, Souvenirs and Novelties.
Our representative will be in Pinehurst Monday and Thursday of each week. Repair work or orders left at office of your hotel, or Department Store will be called for and receive prompt attention.

First Class Work Guaranteed.

MISS FERGUSON,
THE CEDARS, PINEHURST, N. C.,
NURSING AND MASSAGE.
Graduate Nurse, Boston City Hospital,
Boston Floating Hospital For Children.

DR. MONTGOMERY A. CROCKETT,
Resident House Physician,
Offices at The Hotel Carolina and
Mistletoe Cottage.

CAROLINA: 9 to 10 a. m.; 2; 7:30 p. m.
MISTLETOE: 10 to 10:30 a. m.; 2 to 2:30 p. m.

MINSTRELS NEXT TUESDAY

Village Employees Have Arranged an Evening of Rare Merriment.

Topical Song, "Why Do Guests Come to Pinehurst?"—"Arrival of Mr. Got Rocks"—Other Features.



HE details are now complete for the minstrel show which the employees will give in the Village Hall Tuesday evening next, and an evening of rare merriment is assured.

The first part of the program will consist of the usual black face circle and its customary songs and jokes, which will include many hits upon local conditions and individuals, including a special feature in a topical song, "Why is it that guests come to Pinehurst in crowds?"

NOVEL CARD PARTY.

Military Euchre Entertains Large Party at The Holly Inn.

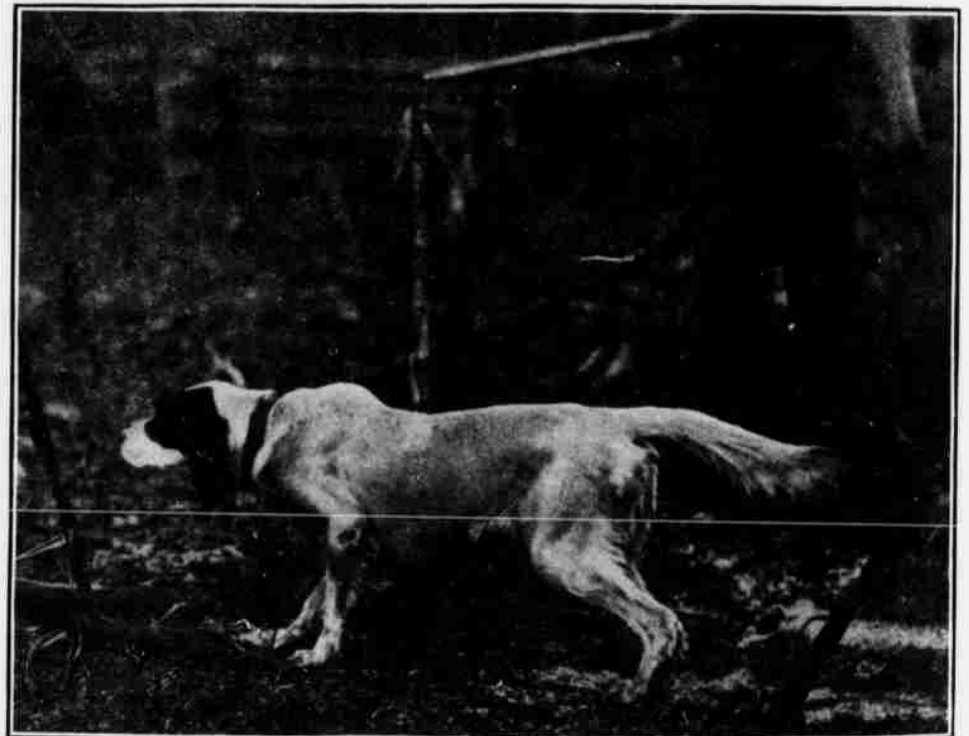
Military Euchre provided a novel evening's entertainment at The Holly Inn Wednesday, the guests of the Village combining to make a party of seventy-two, the largest of the season, which crowded the Dutch Room to its capacity.

The winning garrison consisted of Mrs. H. B. Evans, Boston; Miss V. M. Houston, Holyoke, Mass.; Mrs. Telfair Creighton, Los Angeles, Cal.; Mrs. R. R. Perkins, New York; Mr. L. D. Pierce.

The prizes were unusually attractive.

The attendance at last week's hearts party was large and the prizes in excellent taste.

Mrs. W. J. Godfrey, Boston, won the first women's prize, a brass clock. Mrs. I. S. Case, New York, took second, a decorated portfolio, and Miss Eleanor Head won third, a Mexican drawn work collar.



WHEN THE HEART BEATS FAST.

Why? Why? Why?"

The second part will include a cakewalk, banjo and mandolin duet and jig and reel dance, closing with an afterpiece entitled, "The Arrival of Mr. Erastus Got Rocks at The Haulem Inn."

The principal characters in the show will be Booker T. Washington, interlocutor; Willie Doit, Otto What, Eli Pratt, Whitelaw Black, Silas Decrum and Tank Jackson, ends. The chorus will include some twenty voices.

The curtain will be rung up at precisely 8:15. The price of admission will be fifty cents for the first five rows of seats, which will be reserved, and thirty-five cents for the balance of the house. Tickets are now on sale at the Department Store and the various hotels.

Whist at The Harvard.

Seven tables were filled at the progressive whist party held at The Harvard Thursday evening. The prize winners were Mrs. C. A. Moores, Cincinnati; Mrs. H. D. Evans, Boston; Mr. W. C. Peet, New York; and Mrs. F. Norton Biggs, Hinsdale, Ill.

The first men's prize, a book, "The Millionaire Baby", was won by Mr. T. B. Brown, New York. Mr. E. A. Tracey, Coventry, Ct., secured second, a leather picture frame, and the third, a decorated collar box, went to Mr. George H. Converse, Boston.

Whist at The Berkshire.

At the weekly card party at The Berkshire Friday evening, Mrs. C. P. Heywood, East Orange, N. J., won the first women's prize and Mrs. W. E. Horwill, Brooklyn, N. Y., the second. Mr. V. M. Houston, Holyoke, Mass., secured the men's prize, and Capt. J. P. Crane, Woburn, Mass., second.

At The Pine Grove.

The sun parlor at the Pine Grove House is being much enjoyed by the guests for afternoon teas and candy pulls.

Mr. Burt Conn, Philadelphia, is making a short visit. Miss Josie Baker, Brooklyn, is spending a few weeks here. Mr. and Mrs. Sheppard are on a short trip to Camden, S. C.