The Ideal Resort for Health or Pleasure Seekers



The Mecklenburg Mineral Springs and Hotel CHASE CITY, VIRGINIA.

On the Southern Railway, ninety miles south of Richmond. Hotel thoroughly modern. Rooms single and en suite, private baths, steam heat, electric lights, elevator. Winter climate ideal, location and surroundings superb; cuisine and service the best. All popular diversions; orchestra. Game preserves of thirty thousand acres; quail, deer, turkey and small game abundant. Fox hunting. Fine livery.

Baruch and Nauheim system of baths. The famous Mecklenburg Springs water-Lithia and Chloride Calcium-served to guests. Tourists rates from all points. Stop over privileges on all tourist tickets. Weekly rates, \$15.00 and up. For booklets address

THE MECKLENBURG.

Chase City, Virginia.

BALMY BREEZES THE 0F THE SUNNY SOUTH

Are laden with Health and Happiness for the Worn-out Wrestler with the Strenuous Life.

But you cannot repair wasted tissue or restore strength to jangled nerves with air and sunshine alone.

The stomach calls for a food that supplies body-building material in its most digestible form. Such a food is

It is made of the whole wheat, cleaned, cooked and drawn into fine porous shreds and baked. These delicate shreds contain all the nutritive elements of the whole wheat grain and are taken up and assimilated when the stomach rejects all other foods.

Shredded Wheat is made in two forms -- BISCUIT and TRISCUIT. The BISCUIT is delicious for breakfast with hot or cold milk or cream, or for any meal in combination with fresh or preserved fruit. TRISCUIT is the Shrededd Whole Wheat wafer, crisp, nourishing and appetizing. Delicious as a toast with beverages or

with butter, cheese or marmalade. Both the BIS-CUIT and TRISCUIT should be thoroughly heated in the oven just before serving.



"There's Health and Strength in Every Shred."

THE MOST DELIGHTFUL SUMMER RESORT IN THE WHITE MOUNTAINS a modern village 1600 feet above sea level, is

BETHLEHEM,

No better place for rest and recreation. Every amusement and sport common to resorts is found here, while the natural advantages and scenic beauties are unsurpassed.

THE ARLINCTON is one of the best of the many hone-like hotels at a moderate appointments. Fine golf links, tennis; orchestra. Long distance telephone. Furnished cottages for rent, \$250 to \$700. F. C. ABBE, PROP.

HUNTING

Thrilling Runs Will Once More Delight Lovers of the Chase.

Village Becoming Rendezvous for Fox Hunters from Many Parts of the Country.



HERE is ample assurance of sport in plenty for lovers of the chase, for Pinehurst is becoming a favorite rendezvous for fox hunters

from many parts of the country, last season's glorious runs still being thrilling recollections in the minds of all who participated. Many a day two and three foxes were going at the same time and reynard, sorely pressed, was crossing and recrossing the tangled branches in plain sight of the hunters in the last frantic attempt to throw his relentless pursuers from the trail.

ASSURED | matched in size, color, speed and voicethe pick of the country from the first dog in the string to the last-and the announcement that Mr. Kilmer will return this season with a pack of twenty-six braces of similar hounds, fifty-two in all, will be received with pleasure.

> The owner's aim has been to assemble a pack which can hold its own against all comers, an undertaking possible only for a man of wealth and means, but that the effort has been successful is demonstrated by the fact that the catching of the fleet red fox by this pack is not at all uncommon, three being killed last fall, in Broome County, N. Y., the home of the Broome County Hunt Club of which Mr. Kilmer was the founder and is the leading spirit today.

> As a natural consequence lovers of the chase are keyed high in anticipation of days to come, and sly reynard will not find the pursuit of the timid quail or wandering fowls his only occupation during the winter.



Pinehurst's golf lad, famous in two continents, makes his appearance this In at the death was the whole party, year in new guise, but the same, inimita-



MR. KILMER AND HIS THOROUGHBRED PACK,

through sedge grass and scrub oak, over hill and down vale, mingled with the musical "Auch! Auch! Aou-auo----ooo-oo-o-" of the fast flying pack, are all nature is soft gray like a rare Corot; gleams like a brilliant Monet with yellow lage illustrations. lights and purple shadows.

Surely the sport of our English ancestors has found ardent devotees in twentieth century days, and though hounds may be a faster and finer bred, and hunters more shapely and better broken, it ranked first and foremost for centuries, and for which England alone spent two million and a half dollars last season.

First to visit Pinehurst last season was Mr. J. F. Jordan of Greensboro, N. C., and a pack of twenty "distance destroyers," including several hounds which have finished first in national trials; close after Mr. Jordan coming Mr.

again and again, and the wild gallops | ble, indescribable lad who wins your interest at the first glance. This season the little chap is perched upon the back of a golf tee settee, basking in the sunlight, with the fair green of the golf memories never to be forgotten. Just | course stretching away to the Country the wild joy of it all, tempered with the Club house in the distance. At his side quiet of the early morning starts, when are two trophies, showing that he is gaining in experience, and in connection and the noisy return, when the landscape a calendar filled with appropriate Vil-



Additional Dressing Room.

The addition of dressing and locker room at the Country Club House will be is still the same sport that has been appreciated; a new golf work room having been built in what was once the caddy "pen", and the old room taken for the purpose mentioned.





Popularity of Roque.

Roque and croquet hold their own in popularity here; a social recreation in which old and young participate. There Willis Sharpe Kilmer of Binghampton, are numerous grounds all through the N. Y., with a pack of twenty-four thor- Village, true and keen, and many a pleasoughbreds and beauties; perfectly ant hour is spent upon them.