

**Battle Creek
Food
Company**



**Battle Creek
Sanitarium
Foods**

ANNOUNCEMENT

We are the authorized headquarters for the famous Battle Creek Sanitarium Foods that have brought new health to thousands. Let us explain the uses of the following foods:

"ZO"—wonderful new vitamin breakfast food. Tasty, crisp.

SANITARIUM BRAN FLAKES—delicious breakfast food, extra large crisp flakes with vitamin B.

SANITARIUM COOKED BRAN—sterilized high grade bran for laxative use with cereals and baking.

BRAN BISCUITS—daintiest crackers, healthful, nutritious, delicious.

SAVITA—a purely vegetable extract that has aroma and flavor of finest meats.

44.81% GLUTEN FLOUR—special flour for limited starch diets.

PROTOSE—looks, tastes, and smells like meat. Purely vegetable. Delicious and easy to serve.

MALTED NUTS—perfect milk substitute, nourishing, easy to digest.

MINUTE BREW—flavory coffee substitute. Free from all poisons.

LACTO-DEXTRIN—a preparation for autointoxication and intestinal toxemia, the chief causes of colitis, high blood pressure and many other diseases.

PARALAX—a mineral oil emulsion, for constipation. Agreeable to take.

LAXA—palatable biscuits of bran and agar for constipation.

Investigate today—for good health's sake

FREE—48 page book of health rules

Ask for your copy of "HEALTHFUL LIVING"

(Agency Name Here)

PINEHURST **D**EPARTMENT **S**TORE
ROMPT DELIVERY SERVICE

Pinehurst, North Carolina

The BANK of PINEHURST

Gov. Brumbaugh, of Pennsylvania, at the Kiwanis dinner, told the members that individual, state and nation must all practice more thrift and devote more energy to earning more money, and to paying state and national debts and to increasing capital and the machinery of production that this country may reach a higher plane which its opportunities make possible.

The early step in all this is a bank account to accumulate money, and money in the bank that the bank may loan money for industrial uses. The place for a bank account and for a start is at the

BANK of PINEHURST
Pinehurst, N. C.

Safety,
Strength,
Service.

*First thing
in the morning*



**Start
the Day
Right with ENO'S**

first thing in the morning, drink a glass of water, cold or hot, health-enlivened with a "dash" of sparkling, clean-tasting, refreshing ENO'S—The World Famed Effervescent Salt. ENO'S relieves constipation *pleasantly*, and insures that inner cleanliness which is by far more important than bathing the outer body. ENO'S has been famous for more than 50 years for cleansing impurities from the system. Get a bottle today and begin at once to really live the life of happy health.

ENO'S
FRUIT SALT-DERIVATIVE COMPOUND

Sales Agents:

HAROLD F. RITCHIE & CO., Inc.
171 Madison Ave., New York
Toronto Sydney Wellington

At all Druggists
75c and \$1.25

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J.C. Eno, Ltd., London, England