

What Teachers Can do to Control Contagious Diseases.

Nothing so destroys the efficiency of work at school as contagious diseases among the pupils. It is no wonder that teachers refer to outbreaks of measles, whooping cough, diphtheria, and other diseases in their schools as "abominations," for nothing else so cripples their work, handicaps their pupils, and makes teaching a burden as the continued presence of illness in school.

Children who remain at home on account of sickness several days or weeks not only lose so much time and instruction while away from school; they return to carry a double burden in attempting to catch up with back work, and do this with a weakened body and a lessened vitality. It is under just such conditions that little bodies often break down, and an education becomes impossible. Furthermore, the whole class suffers. Oftentimes it is held back or turned back to accommodate those kept away on account of sickness. Teacher and pupil are both handicapped.

The teacher is now regarded in the light of the new State Quarantine Law as a necessary agent in the control of contagious diseases. While she is required by the law to comply with several rules in the event of a case of a contagious disease in her school, these requirements are no more than the precautions she would otherwise want to take for the good of her school and the health of her pupils. By taking these precautions, suggested in the law, it is often possible for her to stop an epidemic at its source and save the school and the community much sickness and many deaths. It is furthermore possible by keeping the children under strict rules and observation, to keep the school open when without the observance of such rules, the school would close and several weeks would be lost for all the pupils.

WHAT THE TEACHER CAN DO:

In case of an outbreak of some contagious disease in school, the teacher can, in the first place, report the case to the county quarantine officer; she can teach the children as to the ways and methods of preventing the disease, and give them the free health literature treating that particular disease which is supplied by the quarantine officer; she can exclude children from school on being exposed to cases or having symptoms of illness according to the rules governing the various diseases; she can and should observe daily the pupils for disease symptoms such as colds and sore throats. This can be done by taking the child to the light, having him to open his mouth deep and wide, and noting if there is any undue redness or inflammation of the throat.

When a teacher observes these rules and precautions, she not only helps to keep down infection in her own school, but in the community, and in the State.

The cases of contagious diseases reported to me for month of December were eight these being:

SCARLET FEVER

James Gibson and Melvin Gibson, Hamlet.

WHOOPING COUGH.

J. W. Cockman, Jr., Wilmer Cockman and Elizabeth Terry, Rockingham Rt. 3, Thomas Patrick, Roberdel.

DIPHTHERIA.

Billie Bowen, Hamlet, N. C., Ethel Currie, Ellerbe, N. C., J. M. MANESS, M. D.

The Department of Agriculture is urging poultry raising to increase the food supply. A bulletin "Back-Yard Poultry Keeping" has been issued, and may be secured without cost by application to the division of publications, Department of Agriculture Washington, D. C.

Less Feed and More Often.

As a rule it is better to feed a good deal oftener than most poultrymen do, and not so much at a time. Then gorging with its attendant troubles, will be avoided.—Southern Ruralist.

It pays to trade with R. L. McDonald.

A Card of Thanks.

We wish to thank our friends and neighbors for their kindness during the illness and death of our baby, little John Thay. Mr. and Mrs. J. S. Suggs.

Notice to The Public.

I am leaving this week, (Jan. 4) for the officers' training camp at Fort Oglethorpe, and all persons having any business connected with the estate of the late Jake G. Hinson will see my attorneys, Bynum & Thomas, who will attend to the same. This Jan. 3rd, 1918.

MINOR T. HINSON,
Adm. of Jake G. Hinson.

Get An Incubator.

Even in the smallest way, an incubator is a good investment. A well-hatched chick is, as a rule, a half-raised chicken.—Southern Ruralist.

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Dentist,
Office over Fox's drug store
Phone office 24W. House phone 72W.

DR. J. M. MANESS
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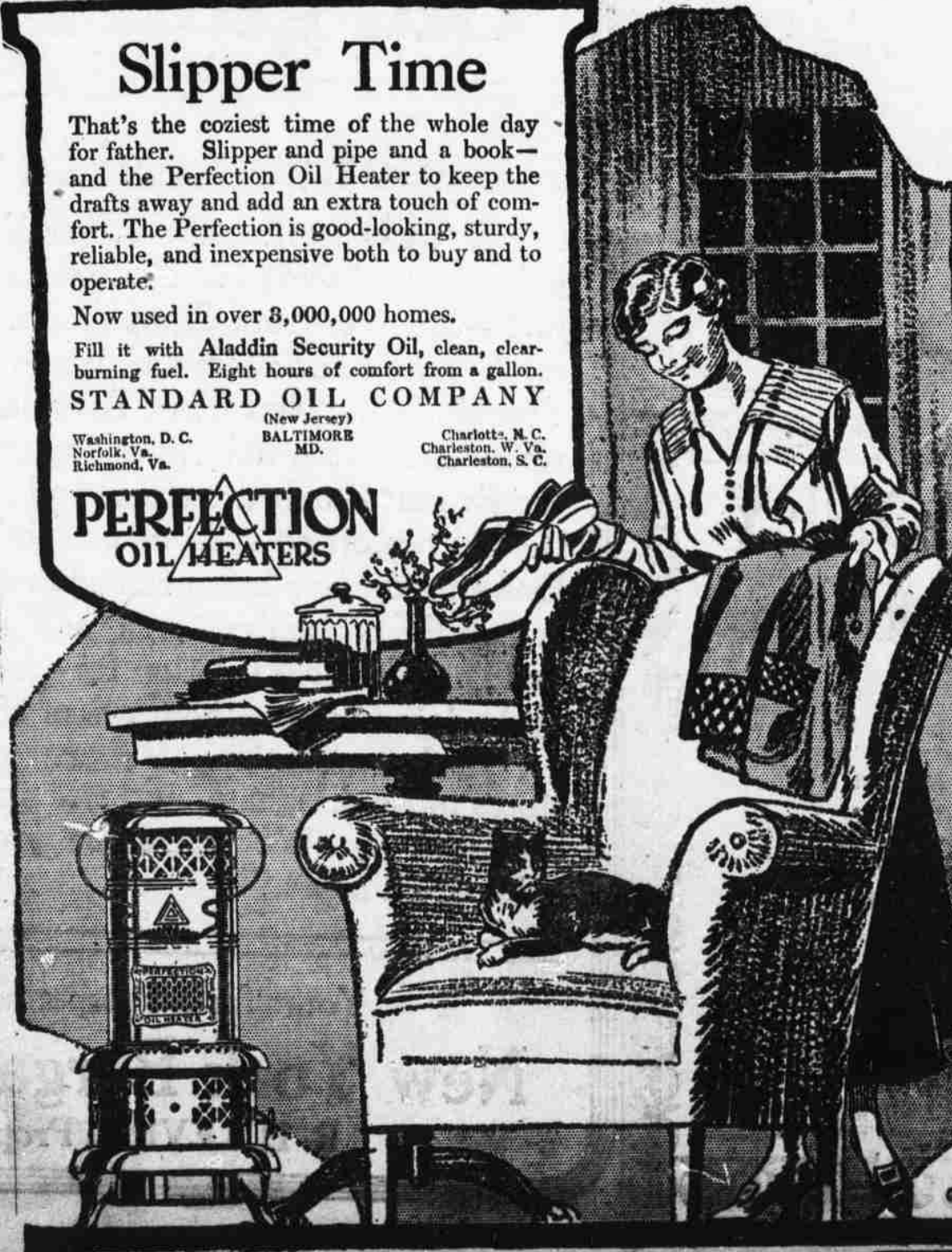
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