

the best. There Was Once a Minister.

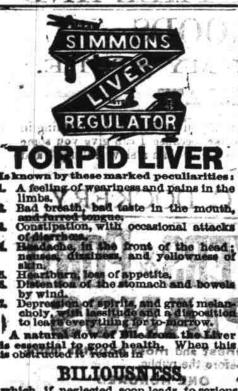
From The Religious Herald There was once a minister of the gospel who never built a church. Who never preached in one. Who never proposed a church fair to buy the church a new carpet. Who never founded any sect. Who frequented public houses and drank wine with sinners. Who never received a salary. Who never asked for one. Who never wore a black suit or a white negktie, Who never used a prayer book.

Or a hymn book. Or wrote a sermon.

Who never hired a cornet soloist to draw couls to hear the "Word." Who never even took a text for his sermons.

Who never went through a course of theological (study. Who was never even "converted Who never went to conference. Who was he? Christ.

to its v Children Often need some safe cathartic and tonic to avert approaching sickness or to relieve culic, beadache, sick stomach, indigestion, dysentery and the complaints incident to childhood. Let the children take Simmons Liver Regulator and keep well. It is of ten, fifteen or twenty per cent., or purely vegetable, not unpleasant to the taste and safe to take alone or in Now understand me, I am not acconnection with other medicine.-The Genuine has our Trade Mark "Z" in red on front of wrapper, J. H. Zeilin & Co, Philadelphia, Pa.



the necessary expenses the members one. Some foods are particularly are bound to be assessed a certain muscle formers; others produce fat, amount to cover this bill, and what and still others brain and nerve, is the difference? Had they not as while most of the common articles well pay it in one way as another? of diet combine these uses in vary-

It will eventually come out of their ing degrees. pockets. Of course it is nothing but entire physical needs, requires to be pace the room gloomily. just and right that they should have pay for all of their work, but, every broadened into this : What combione knowing the fact, why do they sell goods at cost, freight, &c., add- body? Even then the answer must went on, and invested that money ed? How can they afford it? Now. the question which should be of vital For the digestive power differs great- taken a tumble and I will lose my importance is, "Can the members of ly in different persons. Moreover, \$500." there is an interdependence between the Club buy their goods, pay the

freight and all necessary expenses, been told that only a few, were allowed to know the real cost of the goods. I had been so informed, and the majority of the people in this

section were under the same impression. But if I am mistaken in that statement I am willing to give them credit for it. I am perfectly innocent of trying to do them an injustmember who wants to know the real of temperature. cost has only to ask and he is shown the bills without any reservation. cle, therefore, must, while being duly Now, sir, is it not possible for them to purchase the goods at a certain appetizing contain a large per cent, price and have them billed at that (1) of nitrates for the muscles, (2) of phosphates for the brain and nerves, price and then be allowed a rebate

done?

and (3) of carbonates for the fat. Of the first class, the nitrates, whatever per cent. they choose? beans stand at the head at twentyfour per cent; then peas at twentycusing them of this, but I say, is it not possible for such a thing to be two; cabbage and salmon at twenty; oats at seventeen; eggs and veal at gambling speculation again."

I stated further in my article that sixteen, and beef at fifteen. Of the second class, the phosthe Agent charged the goods just as he chose to do. Now, Mr. Agent, I phates, salmon stands first-at seven will tell you where I got this fertile then codfish at six; beef and eggs at "imagination," which will account five; beans and veal at four, and cabbage, peas and oats at three. for the above assertion. The Secre-Of the third class, the carbonates, tary of the Club told me that he was butter stands at the head at one a member of the Pee Dee Alliance. hundred; rice at eighty; corn and and said he "thought it would be better for the farmers than the Club, rye at seventy-two ; wheat at sixtynine; oats at 66; peas at 60; beans and that he was going to sever his connection with the Club after this at 57, and cabbage at 46.

Fresh codfish fried in fat or servyear." I asked him if the Club was doing as much for its members at ed with butter gravy about equals present as it had done in the past, beef in all respects, and so does eggs

"JUST MY LUCK."

BY MRS. M. L. RAYNE. "Just my luck !"

Jack Mandel threw down the pa-But the question, to overcome our per he was reading and began to

"1 might have known when I saw the nation of food will best nourish the moon over my left shoulder, but I been doing ?" be modified to suit individual cases. in a wheat deal, and now wheat has

"Oh, Jack," said his patient little the different bodily organs and tis- wife, "why didn't you invest that and benefit themselves financially? sues, so that the body must be built money in real estate? We could If they can, I say it is all very good. up as a whole. If one part lacks, have bought a small lot with it, and to be the desired in the desir I stated in my article that I had the whole suffers, and if one part is that would have been the beginning overfed, the others will be underfed. of a home."

Thus a person who becomes unduly "That's all you know about it fat loses in muscular fibre, either in Molly," answered Jack ; "if I had quantity or quality. One who over- invested in real estate land would feeds the brain loses in muscular have gone down to China. I tell strength. So, too, muscular develyou, it's luck that makes men rich. opment may be carried to such ex- Heads you win, tails I lose. It is cess as to impoverish the brain, and fiust the toss of a penny."

also to reduce the fat of the body Mrs. Mandel talked and worked ice. They say, "The fact is, any below what is necessary for both as a both. She was trimming a hat-not protection against sudden changes her own-she wore somber black, but a gay littleaffair for a neighbor's The best food for producing mushead.

"Jack," she said presently, "there is not a bite to eat in the house." "Warm it up !. Make hash of it, said Jack, in an absent-minded way "when we get the money on that lottery ticket we'll go to boarding." "Oh. Jack! have you bought an-Heads 1 win-" other ticket? You promised me you would never be drawn into any won!

"Gambling, you innocent; there is no gambling about that. All the boys in the bank bought one. But Mollie if I draw a blank that ends me."

Mollie smiled faintly; then the comparatively unknown-to-day it as common as any word in the troubled look returned to her face. Why was it that they were existing like beggars on an income that ought word used by our forefathers in stead of hiring a hall hereafter the to keep them comfortably ?

"I cannot undersand it," she would diseases, as they and Malaria are intended to cover what our grandfathsay to herself. "Jack has a good siters called Biliousness, and all are uation in the bank, yet we have neicaused by troubles that arise from a ther a home nor the comforts of a diseased condition of the Liver which There is something wrong-

Mrs. Mandel trimmed bonnets for to pass it off through the system, to discover as real poverty. could do." Now, Mr. Secretary, you 1. The mere eating of food can- her neighbors and helped in other causing nervous troubles, Malaria, ator of Gab. I think it is a shame is essential to good health. When this There is nothing so fatal to comthat you have remained unchallengcannot deny these words for you said not make muscle. The muscles ways. She would not admit even to Bilious Fever, etc. You who are fort as well as decorum as Fuss. it, or words that amounted to the must be called into vigorous daily herself that it was Jack's improvi-same, nothwithstanding you say the exercise, yet without overdoing. dence that caused all the trouble. We recommend Green's August ed so long. I may be no match for Death comes equally to us all, and you, but if you will meet me on the which, if neglected, soon leads to seri felletians influence every kind moreness. It restores the Liver to working order, regulates the secre-ble and puts the digestive organs condition that they can do their nk. After taking this medicine no fay, "I am billous." Flower, Its cures are marvelous makes us all equal when it comes. above terms and the boys will see, the whole of the above assertion is 2. Excessive eating is weakening, That indefinable something which a If there is a past in which men that we have fair play, I will guarand must be avoided. It is the bsolutely untrue. consecrating sorrow impresses on the The reduction in the number of They say, "Perhaps we ought to amount digested and assimilated that tells, not the quantity taken inhave done ill, let them have hope, antee that I will make it interesting character made her face an interestsaloons in Philadelphia is eighty per have a few words with the person to the stomach. for there is a future in which they for you; and that so far as I am coning one. She wore mourning for a cent. and the reduction in arrests for cerned it shall be no hippodrome. furnishing the items or dots to the . 3. All the laws of health must be may do well. been subject to severa spells of Con-the Liver, and have been in the habit of m 13 to so grains of calomel which gen-me up for three, or four days. Lately I child who had died a victim to its misdemeanors over 300 per cent .--BILL NYE. Vidette correspondent." I can as- steadily observe !. father's carelessness. She had left We would gain more if we left Cold water never yet got a man into been taking Simmons Liver Regulat h gave me relief without any interruption ess."-J. Hugg, Middleport, Ohio. the little fellow with Jack, who, in ourselves to appear such as we are. sure them they are very much mistrouble. Sam Jones says that the Dorch taken if they think the one above An exchange says: To keep inhis usual irresponsible way, forgot than by attempting to appear what referred to had anything whatever sects off your cabbage get some finetakes notice of those people who. ONLY GENUINE to put on his wrappings when he we are not. "If you want your wife to be to do with the article in the Vidette. You can rest well assured that he sprinkle upon the plants early in can't be kept from the theater by a. J. H. Zeilin & Co., Philadelphia, Pa. took him out in the chill air. healthy, make her cry about once a shower, but will stay away from, The inhabitants of Borneo will "Just our luck !" he said bitterly, fortnight," says a Philadelphia doc-Do not place your orders for job print. carry none but American umbrellas. church at sight of a black cloud, when the doctor told them the child | tor. new nothing about it until it came the morning before the dew is off. ing until you get our prices.

Mollie was ill. She had not seen ple who ring up the telephone edi-Jack go out that morning, but had tor to find out what the base ball lain still with closed eves and achscore is.

The phonograph seems to have ing head while he ate the repast she become a complete success. It is as had prepared for him the night bewell for business offices to be prefore. When he returned she was up, pared, for before long a table will and the little house was set in order. have to be set beside the typewriter "Jack I" she cried, when she saw

him, "Jack Mandel, what HAVE you for the phonograph. The object of the phonograph seems to be to do

"Nothing, Mollie. Luck is against away with the light-fingered person who at present writes short-hand .me; I've been discharged." The business man, instead of dicta-"But your coat, Jack ?"

ting his letters to a pretty young "Yes, I know. I put it on wrong lady, who spends the rest of her side out, and, of course, I wouldn't time playing staccato sonatas on a turn it, for it meant good luck. which carries the sound to the wax your head. How are we to live cylinder of the phonograph. Be-

sides turning fifty revolutions a min-"The luck will turn. It must afute, the wax cylinder will cause a great social revolution. The most

susceptible business bachelor will Whether it was the crisis of the fever called living that was drawing never think of marrying his phonograph and setting the social world agog. The supposedly staid married man will never create a scandal by eloping with an \$85 phonograph, table and all.

The machine is warranted quiet and steady, and of unimpeachable when he awakened from that long character. It is worked by an elecdelirium. He looked up at her with tric motor, which rests beneath the table. The current is switched on

and off at pleasure. The business "Luck has changed," he said man pours into its sympathetic and gently, the light smiting his transrevolving ear his business communfigured face. "I can see it all now. ications, one by one, as he feels like

The silence was only broken by it. When everything is recorded on Mollie's sobs. This time Jack had the wax cylinder a person who works

a typewriter takes the phonograph, unscrews the speaking-tube and fastens on one to assist the hearing .-

The ends of this tube are fastened to What is this "nervous trouble" with which so many seem now to be the ears by a strap over the head, it." I'll know then that luck is against afflicted? If you will remember a and then the machine repeats exfew years ago the word Malaria was actly what has been told it; fast or slow, as desired, and this the opera-English language, yet this word cov- tor works out on the typewriter .ers only the meaning of another The short-hand clerk must go. Intimes past. So it is with nervous talker will buy a phonograph.

Worth Thinking Of.

The wife makes the home, and the home makes the man.

Real sorrow is almost as difficult

States, or any foreign monarchy where fair play will be assured to both, either in a sixteen, twenty or twenty-four foot ring, with bare knuckles, to talk into a phonograph to a finish, for \$50,000 a side, the gate receipts and the championship of the world.

I select as my timekeeper a large four-pound Waterbury watch and name as my seconds Noah Webster and Lydia E. Pinkham.

In case we are broken up by the police before the contest is finished. the purse shall go to the one having he best of it at the time of the inerference.

As my bottle-holder I select ex-Gov. St. John, of Kansas, and as sponger I shall bring an acquaintance of mine who borrows my umbrellas and sells them.

It shall also be a part of the agreement that the press be fully and freely represented, each correspondent or reporter to have the expenses paid to and from the contest by the losing party, whether the place selected be in this country or in Eu-

All kinds of talk shall count. Everything goes-slang, blow, bluster, old lectures, second-hand responses to toasts, italicised wind, old Fourth of July orations, contempt for other pugilists and impassioned appeals for some one to lick will score. Each man shall strip at less than 185 pounds and be allowed a bale of tin foil and a box of bronchial troches.

The free list shall be suspended, with the exception of members of the press, the Prince of Wales and such of your favorite wives as you desire to furnish with tickets,

The time occupied shall be six days, or to a finish, straightway or catch-as-catch-can. No profanity to be allowed and no language to be used which the press shall consider Improper for publication.

Each contestant shall be entitled to a copy of his remarks made during the encounter and may copyright same for publication in book form afterwards.

I am no pugilist, but when pugiland he said "it was not doing as fried in fat. Beef with cabbage home. in performing its functions finding it cannot dispose of the bile through ism gets within the reach of a comon of spirits, and great melan-tim lassified and a disposition everything for to-morrow. Now of Bile boos, the Liver much as it had done, nor as much makes a very nutritious diet. But what is it ?". the ordinary channel is compelled mon Conversationalist and Conservis it ought to do, or as much as it we must add the stand the stan

now ?"

ter this, for it's dead against us now, Mollie."

An Explanation.

near, or some actual disease that was working against him, no one knew. But Jack Mandel was very ill and his distraught mind went under a cloud that only lifted at the last to show the silver lining. Mollie, white

and tearless, was bending over him the old hopeful smile.