

### CURES FOR INSOMNIA.

**A Lady Tells How She Helped Her Husband to Break the Awful Spell.**

I was much interested in the notes from Dr. Ford's lecture in the Herald of Health, and wish that every woman as well as every nurse in the land could read them. Those of us who are at the heads of households may some time need all the knowledge we can get upon the subject of insomnia. The trouble grows more common every year, especially in America, where we are apt to live upon "nerves" in all times of trial or excitement.

There is no doubt that personal magnetism is one of the best medicines for insomnia, the will of the nurse subjugating and calming that of the patient. Two very unhappy cases have come under my own personal supervision. One was my husband, who became so wretched that he would sleep about two hours and then get up to walk all over the place, and often far into the country. One night I began talking to him when he awakened, and finding that my voice quieted him, kept on, repeating poetry, and finally mixing my sentences up in a dreadful way. I was so sleepy myself. But he went to sleep, too, and did not awaken until near morning. It was remarkable, for he had not slept so much at night for two years. That day I learned to repeat Paris Ronn, knowing that my husband was very fond of it. So when he got wretched the next night I had something to say over to him, and to my delight, he fell asleep before I was half through the poem. And so we kept up our midnight conversations for three months, I telling all the fairy stories, the gossip incidents, and repeating all the poems I knew. And little by little, he was cured, and now a cannon fired in the room would hardly awaken him.

The other case was of a lady with whom I spent a year. I begged her to try the Daisie's movements of the body—limbering herself, and swinging about until she began to feel drowsy. When she would grow restless in the night, she would arise and try the same exercise. It finally cured her, after a year of faithful practice. Her trouble was more physical, while my husband's was mental. He grew to depend upon me like a child, and if I happened to be away from the house, he could not sleep. So soon as a person so afflicted begins to sleep well, the general health improves and sleep is more easily induced. As Dr. Ford says, there is a knack of putting one to sleep, and each daughter of the family ought especially to learn the secret, if possible, for so much of the comfort and well-being of humanity depends upon women.—Mrs. George W. Ogilvie in Herald of Health.

### The Benevolent Foreigner.

Mrs. Micawber, in "David Copperfield," when about to sail with her always impetuous husband for Australia, announces that she wishes that husband to take his stand upon the vessel's prow and firmly say: "This country I have come to conquer! Have you honors? Have you riches? Have you posts of profitable pecuniary emolument? Let them be brought forward. They are mine." Fiction is always behind reality, and no fancied Micawber ever carried his effrontery so far as many instances, well authenticated, in actual life. When, for instance, the Hungarian general, Klapka, had been invited by some agent of Mr. Seward's to serve in our army during the civil war, he wrote to Gen. McClellan, giving his terms. Those terms were that he should be paid \$100,000 in cash; that his annual salary should be \$35,000; that he should serve as Gen. McClellan's chief of staff for a short time, until familiar with English, and should then take McClellan's place at the head of the American army. There was nothing unexampled about this. We meet and patient Americans are constantly in the position of being lectured on manners by foreigners so ill bred that, were they Americans, they would never have a second invitation into well bred company; on pronunciation and language by persons unable to make themselves heard before an audience; on the grace of literature and art by orators who cannot even dispose of their own arms and legs without the greatest discomfort. Long suffering as we are by nature, Americans have had so much put upon them in these ways that the revenge taken in Europe by Bannum and Buffalo Bill seems hardly too severe an international retribution.—T. W. H. in Harper's Bazar.

### Man Changes Little.

Horace's rustic waited for the river to run down. If he could have waited long enough he might have seen its last drop roll by. But human nature is always the same. If one of those who died when the world was young should return to it now he would not know its cities and its customs; but he would know its children and their ways, its mothers and their hopes, its lovers and their vows. He would not know the old philosophies under the modern developments; but he would know the human heart and its ideals as he would know the midnight sky and its constellations. We are told that our will one day be a dead planet moving with other dead planets around a cold and darkened sun. That will not matter if love is immortal. A wandering angel, curious of such things, would find amid the ruins of our civilization here and there an infant's toy, a marriage ring, a sculptured cross. "These are tokens," he would say, "of eternity, not of time. They can teach us nothing new in heaven."—New Orleans Picayune.

### A Joking Indian.

The Indian has been said to be incapable of joking; but the Maine Indian has apparently degenerated, for here is Joe Susep, of the Penobscot tribe, telling about a log that became wedged under the Ripogonus Falls so that while one end was in the water the other was striking against the ledge with such force and rapidity as to catch fire.—Lewiston Journal.

Shiloh's Catarrh Remedy—a positive cure for Catarrh of the Urinary Tract. Mouth. Sold by Dr. W. M. Fowlkes & Co. "Hackmatack," a lasting and fragrant perfume. Price 25 and 50 cents. Shiloh's Cure will immediately relieve Croup, Whooping Cough and Bronchitis.

### A Tough Cat Yarn.

Some time since Mr. Arch McMillan discovered that his cat was eating chickens, and thought to be rid of him, and got a negro to take him four miles in the country one afternoon, but he was back to breakfast next morning. The chicken killing continued, and something had to be done. So one morning about six weeks ago the cat was locked into a box-car loaded with resin, which car went straight to Portsmouth, Va. Imagine Mr. McMillan's surprise to see the cat back at home last Thursday at noon. It had traveled more than 240 miles, and been six weeks on the road. Several neighbors, as well as the owner, identified it as the same cat sent away. The poor thing is hardly more than skin and bones. There is no miracle in the fact that it walked 240 miles, but the mystery is how it knew the direction. This is a tough story but is true nevertheless.—Carthage Blade.

Gout has various names according to the parts affected, as podagra, when in the feet; chiragra, when in the hands, etc.; but whether the attack is first felt in the feet or hands, rub with Salvation Oil at once. It annihilates pain. Price 25 cts.

Popular trial shows the worth of every article, and 43 years' constant use has proven the great efficacy of Dr. Bull's Cough Syrup; it has no superior.

Charming widow—"And what are you doing nowadays?" He—"Oh, amusing myself; looking out for number one. And you?" Charming widow—"Looking out for number two."

For Dyspepsia and Liver Complaint you have a printed guarantee on every bottle of Shiloh's Vitalizer. It never fails to cure. Sold by Dr. W. M. Fowlkes & Co.

Are you made miserable by indigestion, constipation, dizziness, loss of appetite, yellow skin? Shiloh's Vitalizer is a positive cure. Dr. W. M. Fowlkes & Co.

Two white men who rented land from Mr. J. L. Stafford, of Cabarrus, and were to pay him on shares, gathered together all their cotton bolls yesterday, hauled it off, sold it, pocketed the proceeds, and skipped. Mr. Stafford was in Charlotte yesterday looking for them. They swindled him out of \$200.—Charlotte News.

Many diseases date their origin to functional disturbance of the stomach and liver. Laxador corrects these abnormal conditions moisturely; hence the increasing sale. 25c.

Parents will get rest and the baby will be relieved from pain by using Dr. Bull's Baby Syrup, a harmless but reliable remedy. Price 25 cts.

### Bucklen's Arnica Salve.

The best Salve in the world for bruises, cuts, sores, ulcers, salt rheum, fever sores, letter chapped hands, chilblains, corns, and all skin eruptions, and positively cures Piles, or no pay required. It is guaranteed to give perfect satisfaction, or money refunded. Price 25 cents per box. For sale by Dr. W. M. Fowlkes & Co.

### ADVICE TO MOTHERS.

Mrs. Winslow's Soothing Syrup should always be used when children are cutting teeth. It relieves the little sufferer at once; it produces natural, quiet sleep by relieving the child from pain, and the little cherub awakes "bright as a button." It is very pleasant to the taste. It softens the child, softens the gums, always all pain, relieves wind, colic, regulates the bowels, and is the best known remedy for diarrhea, whether arising from teething or other causes. Twenty-five cents a bottle.

### EVERYTHING NEW!

Mr. A. M. Long has just returned from the Northern markets, where he purchased a complete line of new merchandise.

NEW STORE! NEW STORE! NEW STORE!

DRY GOODS, DRY GOODS, DRY GOODS, DRESS GOODS, DRESS GOODS, DRESS GOODS.

CLOTHING, CLOTHING, CLOTHING.

NOTIONS, NOTIONS, NOTIONS.

### HATS. Shoes, &c. Also a Complete Stock of Groceries,

All of which will be sold cheap for cash. The patronage of the public solicited. Yours truly, Z. F. LONG. Why will you cough when Shiloh's Cure will give immediate relief. Price 10 cts, 50 cts., and \$1, at Fowlkes' drug store.

### J. W. GRIFFIN & COMPANY'S New Drug Store.

Everett's Old Stand.



We have a nice and well selected stock of Pure Drugs, Medicines, Paints, Oils, Varnish and everything usually found in a First-Class

### DRUG STORE.

Our trade has steadily increased since first opened on May 1st, 1889, and we intend to convince the people of Rockingham and our country friends where to buy their Drugs and Medicines at reasonable prices. Come see us and be convinced. Our Prescription Department is complete and in charge of an experienced Pharmacist. We have been very much encouraged since we opened, and hope by strict attention to our trade, and politeless to customers, to merit and receive a liberal share of your patronage. Residence Covington's dwelling.

J. K. McILHENNY, Manager.

### Louis Weill's

### New Livery, Feed and Sale Stables.

Full supply of New Vehicles of all kinds.



Canopy-top spring wagons for pleasure parties, picnics, drummers, etc.

Hack line to the depot to meet all trains.

Horses boarded by the day, week or month at lowest rates.

Also dealer in Buggies.

### PHARR & LONG'S ONE-PRICE CLOTHIERS.

THIS SEASON

we have surpassed our previous endeavors and now offer to the clothing trade the largest, choicest and best selected stock of ready-made clothing in the State. Trousers, Suits and Over-coats, to fit little men, big men—in fact, we can suit everybody.

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CHARLOTTE, N. C.

### B. NICHOLS.

### Baby Carriages. Baby Carriages.

An elegant line of Baby Carriages just received. All styles and shades to suit everybody. Please call and see them.

My stock is now complete in every respect, viz: Bedroom Suits, Parlor Suits, Beds, Mattresses, Safes, Tables, Lounges, Chairs, and everything in a first-class Furniture House.

Goods sold on the installment plan, weekly payments. Coffins, Caskets and Burial Robes. (The oldest Undertaking House in the city.) Prepared to conduct funerals in the very latest style and at the lowest price. Embalming either in or out of the city. Orders promptly attended to day or night. Night Call—Central Hotel or 410 N. Poplar.

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### Sewing Machine and Music House.



### MUSIC HOUSE OF THE STATE!

With advantages possessed by no other house in North Carolina, and unequalled by any in the South, we are destined to do the leading Piano and Organ trade in this section of this State and a part of South Carolina.

We have direct access to manufacturers, and less expense at home and can sell the Best goods for smaller profits. And on easier terms.

And on easier terms than those who are subjected to city expenses and a team of traveling men. Besides, we are not dependent upon this trade for a living. Our large Sewing Machine business supplies that.

For particulars address

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A. W. JONES is still at his old stand and is doing first-class work in his line. Boots, Shoes and Harness made and repaired in the best possible manner and at lower prices than they have ever been known in this market. Good hand-made Wagon Bridles at \$1.00; other bridles at corresponding low prices. A full stock of Harness and Bridles always on hand, and made to order on short notice by skilled workmen.

A. W. JONES. Send us for Note and Letter Heads.

### NOTICE!

HAVING THIS DAY duly qualified as Administrator on the estate of George Woodard, deceased, before Z. F. Long Clerk of the Superior Court of the county of Richmond, notice is hereby given to all persons having claims against the estate of my said intestate to exhibit the same to the undersigned duly authenticated as the law requires on or before the 15th day of October, 1890, or this notice will be pleaded in bar of their recovery. All persons indebted to my intestate's estate will please make immediate payment.

A. S. McNEILL, Adm'r of George Woodard, deceased. October 7, 1888.

### HAMLET Woolen Mills, MANUFACTURERS OF

Cassimeres, Jeans, FLANNELS,

LINSEYS, COTTONADES, &c

Wool carded cheap for cash or on shares. WOOL WANTED, for which we will pay cash or exchange goods. Address all communications to G. J. FREEMAN, Proprietor Hamlet Woolen Mills, Hamlet, N. C.

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### CLOTHING, HATS,

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### SHOES,

of the best make; Hose, Half-hose, Ball Thread and Spool Cotton, Plaris, Sheet-ware, Piece Goods, Bleached Domestic, Table Linen, &c.

### SCHOOL BOOKS AND STATIONERY.

Rubber Belting—6, 8 and 10 inches—Gum Packing. Crackers, best Cream Cheese, Canned Goods, Flour, Meal, Lard, Meat, Molasses; in fact, a full line of

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Also Wagon Harness, Saddles, Collars, Hardware, Crockery, Wood and Willow-ware, Glassware, Candles, &c. All goods offered will be as represented. sept 20/89

### Diamond Rings, LACE PINS,

EAR DROPS, SCARF PINS, SLEEVE BUTTONS, COLLAR BUTTONS,

### GOLD WATCHES,

SILVER WATCHES,

Gold and Roll-Plate Chains, Breast Pins, Cuff Buttons, Jersey Pins, Shawl Pins, Scarf Pins, Bracelets, Necklaces, Engagement Rings, Sterling Silver and Silver-Plated Ware, Clocks, Bronzes and Ornaments suitable for wedding presents, at New York prices. Eye Glasses and Spectacles, Optical Goods, Cataract Glasses. Nobody goods kept in this establishment. Selection packages of any goods in our line will be forwarded to parties living away from the city on receipt of satisfactory Charlotte reference.

### Boyer & Badger,

Loading Jewelers and Opticians, Opposite Central Hotel, Charlotte, N. C.

### LEDBETTER BROTHERS

Have in store a

### COMPLETE STOCK

—OF—

### Groceries

OF ALL KINDS, AND

### Farm Supplies,

to which they invite the attention of the public.

### Meat, Meal, Flour, Corn, &c RECEIVED IN

### CAR-LOAD LOTS

We propose to sell as cheap as any in the market. Give us a call.

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### SITUATION WANTED.

A young lady, a graduate, who has had some experience in teaching, desires a situation as teacher, either in a school or family. She teaches the English branches usually taught in colleges, with music. Best of references given. Address Editor ROCKINGHAM REGISTER, Rockingham, N. C.

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Stop, a Minute!

Do you want first-class goods cheaper than you ever bought them before? Then come to see me, and if we don't trade it won't be my fault. I have on hand a large lot of ready-made clothing—Men's and Boy's Sacks, Procks and Outwairs of all kinds and descriptions, of the best material and make, bought at the lowest cash prices, which

### MUST BE SOLD.

Also a large supply of the best and cheapest Shoes and Boots ever offered

in this market, besides Hats, Caps, Hardware, Crockery, Pot-ware, Tin-ware, Guns, Trunks,

Values, Coffee, Sugar, Shot, Powder, &c.

### FLOUR!

"DIADEM" brand of Flour, "COOK'S DELIGHT," and other lower grades constantly on hand at the lowest cash prices.

J. W. COLE.

"THE CURRENT" CHICAGO. The great Clean, perfect, grand! Over 600 brilliant competitors—Grand 10 cents for sample copy.

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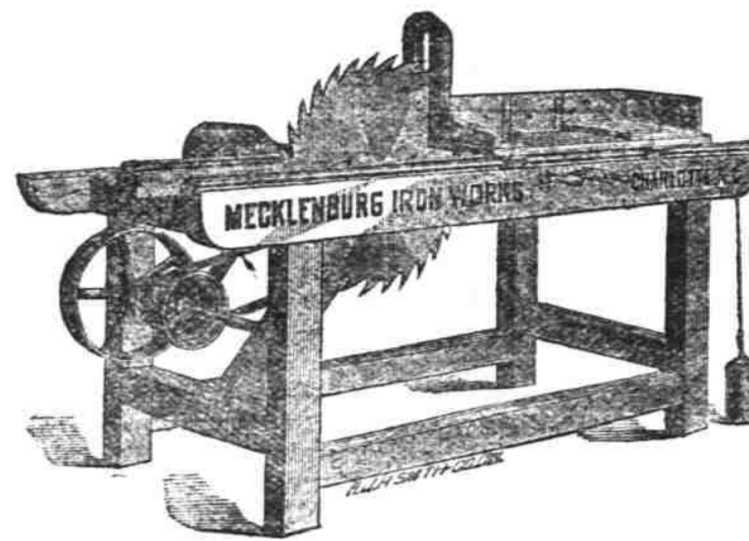
or daughter an ORGAN or PIANO. Now is the time to fulfill that promise, as I am selling Organs \$5.00 cash and \$5.00 per month; Pianos, \$25.00 cash and \$10.00 per month.

I will sell you a GOOD reliable instrument as cheap as any reliable dealer in the South.

Call and see me or write for prices.

### E. M. ANDREWS, Charlotte, N. C.

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Manufactures and Keeps in Stock

### Steam Engines & Boilers,

AND MACHINERY OF ALL KINDS.

Repairs Promptly Attended To.

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### SCOTT'S EMULSION OF PURE COD LIVER OIL AND HYPOPHOSPHITES

Almost as Palatable as Milk.

So digested that it can be taken by the most sensitive stomach, when the plain oil cannot be tolerated, and by the combination of the oil with the hypophosphites is much more effective.

Remarkable as a flesh producer. Persons gain rapidly while taking it.

SCOTT'S EMULSION is acknowledged by Physicians to be the Finest and Best preparation in the world for the relief and cure of CONSUMPTION, SCROFULA, GENERAL DEBILITY, WASTING DISEASES, BRONCHITIS, COLDS and CHRONIC COUGHS. The great remedy for Consumption, and Wasting in Children. Sold by all Druggists.

### CURE FITS!

When I say Cure I do not mean merely to stop them for a time, and then have them return again. I mean A RADICAL CURE. I have made the discovery of

### FITS, EPILEPSY or FALLING SICKNESS.

A life-long study. I warrant my remedy to cure the worst cases. Because others have failed to reason for not now receiving a cure. Send for a treatise and a FREE BOTTLE of my INFALLIBLE REMEDY. Give Express and Post Office. It costs you nothing for a trial, and it will cure you. Address H. C. ROOT, M. C., 153 PEARL ST., NEW YORK

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FOR

### Young Ladies and Little Girls,

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THE MISSES NASH & MISS KOLLOCK will open the Sixty-first Term of their School, with PRICES REDUCED TO SUIT THE TIMES, Sept. 4th, 1889.

Situated in the town of Hillsboro, famed for its healthful climate and cultivated society. Great advantages are offered to parents in having special attention paid to the health, mind and manners of their children. Circulars sent on application.

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DON'T BUY inferior machine-made harness when you can get good, substantial hand-made Harness

### JUST AS CHEAP,

or cheaper, right here at home. I will make you, for wagon or buggy,

### Single and Double Harness

cheap for cash. Repairing of all kinds done promptly.

Y. C. MORTON, Upstairs, Everett Building.

### SCOTT'S CATARRH

COLD IN HEAD. Try the Cure

### Ely's Cream Balm

Cleanses the Nasal Passages. Always Inflammation. Heals the Sore. Restores the Senses of Taste, Smell and Hearing. A particle is applied into each nostril and is absorbible. Price 50c. at all Druggists. Sold by ELY BROTHERS, 56 Warren St., New York

### CONDENSED TIME TABLE.

To take effect Sept. 1st, 1889. TRAINS MOVING NORTH

Station	Passenger and Freight	Mail	Account
Le Bennettsville	7:20 a.m.	7:20 a.m.	7:20 a.m.
Ar Maxton	5:35 a.m.	5:35 a.m.	5:35 a.m.
Ar Fayetteville	7:35 a.m.	7:35 a.m.	7:35 a.m.
Ar Salisbury	10:40 a.m.	10:40 a.m.	10:40 a.m.
Ar Greensboro	1:45 p.m.	1:45 p.m.	1:45 p.m.
Ar Mt. Airy	6:00 p.m.	6:00 p.m.	6:00 p.m.

### TRAINS MOVING SOUTH.

Station	Passenger and Freight	Mail	Account
Le Mt. Airy	3:45 a.m.	3:45 a.m.	3:45 a.m.
Ar Greensboro	7:45 a.m.	7:45 a.m.	7:45 a.m.
Le Greensboro	9:55 a.m.	9:55 a.m.	9:55 a.m.
Le Sanford	1:25 p.m.	1:25 p.m.	1:25 p.m.
Le Fayetteville	3:35 p.m.	3:35 p.m.	3:35 p.m.
Le Maxton	5:55 p.m.	5:55 p.m.	5:55 p.m.
Ar Bennettsville	6:50 p.m.	6:50 p.m.	6:50 p.m.

### TRAINS MOVING NORTH.

Leave Millsboro	7:45 a.m.
Arrive Greensboro	9:40 a.m.
Leave Greensboro	10:10 a.m.
Arrive Millsboro	12:30 p.m.

### TRAINS MOVING SOUTH.

Leave Madison	1:45 p.m.
Arrive Greensboro	4:40 p.m.
Leave Greensboro	4:45 p.m.
Arrive Millsboro	6:50 p.m.

Passenger and mail trains run daily except Sunday. Freight and accommodation trains from Bennettsville to Fayetteville, Hillsboro, Greensboro, and Salisbury, on Mondays, Wednesdays and Saturdays. Freight and accommodation trains from Greensboro to Fayetteville on Tuesdays, Thursdays and Saturdays; from Greensboro to Salisbury on Tuesdays, Thursdays and Saturdays; from Mt. Airy to Greensboro on Mondays, Wednesdays and Fridays.

Trains on Factory and Mill Roads run daily except Sundays. W. E. RYLE, General Passenger and Freight Agent.

J. W. FEY, General Superintendent.

### WOOL WANTED!

HIGHEST MARKET PRICES will be paid for Wool by W. I. EVERETT.