

WITH THE CHURCHES

Methodist Church
Morning Sunday School at 9:45 o'clock. W. V. Woodruff, Supt. Services at the Methodist Church next Sunday morning at 11 o'clock. Sermon by the pastor, Rev. Geo. S. Bearden. Subject for the morning sermon: "Co-operation". "New Year" sermon. Subject for evening sermon: "The World Christ died to Save." After morning sermon the Lord's Supper will be administered. Every member is urged to be present.

Rosemary Methodist Church
Rev. R. F. Taylor, Pastor
Sunday School every Sunday morning at 10 o'clock. J. B. Boyd, Supt. Preaching every first and third Sunday at 11 A. M. and every Sunday night at 7:30 P. M. At Smith's Church every second Sunday at 11 o'clock and fourth Sunday at 3 o'clock. At New Hope every second Sunday at 3 o'clock and fourth Sunday at 11 o'clock. The public cordially invited to attend all services.

Baptist Church
Rev. C. H. Trueblood, Pastor
Services every Sunday at 11:00 A. M. and 7:30 P. M. Sunday School every Sunday at 9:45 A. M. W. S. Hancock, Supt. Prayer meeting every Wednesday night at 7:30 o'clock. Teacher's meeting Wednesday night immediately after prayer meeting. Choir practice every Friday at 7:30 P. M. Senior B. Y. P. U. every Sunday at 6:30 P. M. Junior B. Y. P. U. every Sunday at 2:30 P. M. and Junior choir. Sunbeam Band every 2nd and 4th Saturday at 3:30 P. M.

Presbyterian Church
Rev. H. F. Morton, Pastor
Sunday School 10 A. M. Morning service 11:15 Subject: "The New Year, its Opportunities and Obligations." Evening services 7:30 Subject: "Are we Sane." The long delayed windows for our new building are in at last. They are beautiful in color and design. Come and see them. Also a furnace is being installed and we will soon be able to worship with the utmost comfort. There is an important matter for consideration at the morning service and all members are urged to be present. Next Wednesday evening Prof. Proctor will deliver a lecture in our church on child training.

First Christian Church
Raleigh L. Topping, Minister
Sunday School in Rosemary Opera House every Sunday morning at 9:45. Preaching at 11 o'clock and 7:30 o'clock. Come out. The children's choir will be a special feature of each evening service. We hope to have one hundred of the young folks in this choir before very long. The next monthly meeting of the Aid Society will be held at the home of Mrs. W. G. Stinson in Roanoke Rapids on Thursday evening January 13, 1916. Officers for the next six months will be elected. The Junior Christian Endeavor meeting will be held at 6:30 Sunday evening in Rosemary Opera House.

Episcopal Church
Henry Clark Smith, Rector
Services at All Saints Mission every Sunday, except the morning service on fourth Sunday, as follows: Morning Service -- 11:00. Evening Service -- 7:30.

COMMUNITY TREE A SPLENDID SUCCESS

Enormous Crowd Gathered at Christmas Tree on Christmas Afternoon to Hear Delightful Program. Abundance of Goodies for the Children
The first Community Christmas Tree ever held here was a complete and gratifying success, apparent to all who saw the enormous crowd which gathered at the scene of festivities, heard the delightful program, and witnessed the pleasure presentation of the bags of confectionery and fruit gave the children. The tree was placed at the intersection of Roanoke Avenue and Sixth Street and was beautifully decorated with colored electric lights of many hues. The program was opened by Prof. A. M. Proctor, several Christmas hymns were sung and Mrs. Pat Davis delightfully rendered "Silent Night, Holy Night" as a vocal solo. Music was furnished by the Rosemary Concert Band. Revs. H. F. Morton, H. C. Smith, R. L. Topping, C. H. Trueblood, G. S. Bearden, R. F. Taylor, and H. C. Chaffin also took part in the program, which was thoroughly enjoyed by all who attended.

SUNDAY SCHOOL RALLY DAY

For some time there has been in the air a movement looking toward having a Rally Day in all the Sunday Schools of both towns. It has at last reached a climax and probably the largest crowd ever assembled for Sunday school in the eastern part of the state will assemble on fifth Sunday morning in January. The schools will meet in their respective places at the usual hour and have their regular program and by eleven o'clock all are to assemble in the graded school auditorium, marching from their places of worship in double file.

Dr. B. W. Spillman, of Kinston will be the speaker of the day. Program later.

I. O. O. F. NOTICE

A regular meeting of Carolina Lodge No. 225 I. O. O. F. Monday evening January 3rd, 1916 at 7:30 P. M. in Odd Fellows hall over Rosemary Drug Company in Rosemary, N. C. At this meeting the officers for the next term will be installed. Every member of this Lodge is requested to be present and all visiting brethren are fraternally invited to unite with us.
By order of the Noble Grand.
C. A. DICKENS, Sec.

Christmas Cantata

A Cantata for Christmas was rendered at the Methodist church last Sunday night, which was exceedingly creditable. The large congregation present were highly pleased with it. The program was varied by solos, duets, quartets and choruses. A short address appropriate to the occasion was delivered by the pastor. The choir was trained and directed by Miss Clara Boyd.

Holy Communion each first Sunday morning. Sunday School -- 10:00 A. M. Sunday School and Rector's Bible Class in Rosemary 9:30 A. M.

The Christmas Morning Service in All Saints Mission will be a celebration of the Holy Communion and an address at eleven o'clock.

The eleven o'clock service on Sunday will be omitted on account of the Rector's usual fourth Sunday appointment in Northampton County. Other services are as usual.

PERSONAL AND LOCAL ITEMS

Prof. and Mrs. A. E. Akers returned Thursday.

R. L. Dickens spent the Holidays in Enfield, with his parents.

Miss Dan Roberts is in Norfolk this week visiting her sister.

Mr. and Mrs. W. E. Froelich spent Saturday and Sunday in Garysburg with relatives.

Rev. Geo. S. Bearden went to Whitakers, Thursday to officiate in interment services.

Tom Brown, of Weldon, spent the Holidays here with his mother.

Mrs. J. H. Davenport, of Emporia, is here visiting relatives this week.

Miss Grace Crumpler, of Franklin, Va., arrived Sunday and is visiting Miss Susie Crumpler.

T. W. Mullen and family spent a few days the past week in Petersburg visiting relatives.

Tom Coburn, of near Tarboro, was here on a few days' visit the past week.

W. C. Daughtrey left Sunday for Petersburg and City Point where he has accepted a position in the powder plant at the latter place.

J. N. Byrd left Friday for Durham to visit his daughter and other relatives during the holidays.

Messrs. J. P. Ashworth and C. W. Medlin spent a few days in Norfolk the past week.

George Carmichael spent the Holidays in Wilmington with relatives.

M. A. Holdelaw, of Mount Holly, N. C., is here spending the holidays with his daughter, Mrs. A. E. Stowe.

E. L. Thompson was here a few days the past week visiting his brother W. O. Thompson.

Misses Elizabeth Bagley and Ellen Bowen have returned from their home in Jackson, after spending the Christmas holidays there with friends and relatives.

Miss Gertrude Cash, of Emporia, Va., arrived this week and is visiting Mrs. James Hudson and Miss May Brown.

W. J. Norwood spent the Christmas holidays with friends and relatives in Ante, Va.

Mr. and Mrs. E. W. Lehman and son, Master Eugene, returned Tuesday from Winston-Salem, where they visited relatives and friends during the holidays.

Archie Burnett, of City Point, spent Christmas here with his wife.

Mr. and Mrs. Richard Norris, of Waverly, Va., are here visiting Mrs. M. A. West.

Misses Dora Lynch and Lizzie Leitner spent Christmas in Norfolk, with relatives.

Thad Moore spent the week-end in Greenville, with relatives. Hubert Cox spent the Holidays in Oak City and Hobgood with relatives.

Mr. and Mrs. Ed Shell, of Victoria, Va., are here visiting Mr. and Mrs. J. R. Wiriz.

C. E. Mizelle left Monday for Weldon, where he has accepted a position with the Pierce's Drug Store.

Mr. and Mrs. G. D. Wheeler spent the Holidays in Oak City, with relatives.

Mrs. Dick Newsome, of Littleton, spent the week-end here with her brother Mr. Howard King.

Jim Thomason, of Beckly, West Virginia, is here visiting his father, Mr. A. J. Thomason.

Mr. and Mrs. Gibson and little son, of Petersburg, spent the Holidays with Mr. and Mrs. H. C. Hudson.

Mr. Frank Robertson spent the Holidays in Hamilton.

Miss Ella Lee Chauncey, of Washington, N. C., is here visiting her sister, Mrs. J. M. Jackson.

Misses Mattie and Mollie Wickler spent the Holidays at their home in Duke.

Miss Lila Hancock left Saturday for her home in Scotland Neck.

Roland James spent the Holidays in Scotland Neck.

B. S. Webb spent the Holidays in Williamston, with his father, Mr. B. D. Webb.

D. L. Baker, of Williamston, spent a few days here this week.

E. H. Ricks spent Tuesday and Wednesday in Warrenton visiting friends.

J. M. Taylor, of City Point, spent a few days here with Mrs. Taylor.

John Smith, of City Point, spent the week-end here visiting his mother, Mrs. Fenner Smith.

James A. Hamilton, of Chalybeate Springs, N. C., spent the Holidays here with his daughter, Mrs. Charlie Vestal.

Joe Brantley and family, of Suffolk, spent the Holidays here with relatives.

Miss Leslie Buchannon spent the Christmas Holidays in Jonesboro, with her mother.

Miss Irma King left Tuesday for Portsmouth, to spend a few days with relatives.

Mrs. Maude Clements and Misses Lucy and Lucille Clements, of Garysburg, spent Christmas Day with Mr. and Mrs. G. D. Shell.

Mrs. Dora Fleetwood, who has been visiting Mrs. Marvin Collier, left Tuesday for her home in Severn.

Mr. and Mrs. J. W. Taylor and children spent Christmas in Lawrenceville.

Mrs. Fenner Smith and Master Lonzie Lee Murry left Sunday for Wilson, to spend a few days with relatives.

Mr. and Mrs. Wells D. Tillery and son, Bruce spent the week-end in Scotland Neck.

Wilson Brantley, of Southern Pines, spent a few days here this week with his mother.

Miss Sallie Williams, of South Boston, spent the Christmas Holidays here with her parents, Mr. and Mrs. G. E. Williams.

Mrs. W. H. Harrison and daughters, Misses Rosa and Allie, spent the Holidays in Raleigh, with friends.

Eugene Wrenn, of Kannapolis, spent a few days here this week visiting friends and relatives.

Messrs. Kenneth and William Towe, of Aurelian Springs, spent a few days here this week with their brother, Mr. R. L. Towe.

Miss Nell Wicker, of Franklinton, is here visiting her sister, Mrs. S. J. Bounds.

Miss Ruth Williams, of Raleigh, spent the Holidays here with her parents, Mr. and Mrs. G. E. Williams.

John Harris, of West Point, spent the week-end here with friends.

Miss Susie Allsbrook left Sunday for Portsmouth, to spend some time with relatives.

Mr. C. M. Everett, of the firm of Hozen and Whipple, spent Christmas and Sunday with Mr. and Mrs. J. T. Chase. Mr. Everett has been in Durham for some time on a waterworks valuation case and while here went into the question of water works and sewer system for Roanoke Rapids with Mr. W. L. Long who is interested in the matter.

J. K. Dickens spent the Holidays out of town.

Mrs. W. P. Taylor left Tuesday for Monroe, to spend some time with her sister.

Mr. and Mrs. G. C. Lamm and little daughter left Tuesday for their home in Rocky Mount.

Mr. Charlie McGlowhorn, of Kinston, spent the Holidays here with friends.

Miss Willie Fortune spent the Holidays in Richmond with relatives.

Miss Elizabeth Douglass, of Big Island, Va., arrived Monday to spend several weeks with her aunt, Mrs. R. C. Sale.

R. C. Sale and son John, of City Point, spent the Holidays here with relatives.

Miss Charlotte Sale, of Richmond, spent the Holidays here with Mrs. R. C. Sale.

Mr. and Mrs. B. Frank Harris and little daughter, Mrs. T. R. Manning and Mr. J. R. Manning, of Henderson, spent the Holidays here with Mr. and Mrs. C. A. Wyche.

Miss Mattilane Dealon, of East Durham is here visiting Miss May Jones.

Miss Myrna Flesham, who has been here visiting Miss Rosa Smith, left to-day for her home in Hanover, Penn.

Mrs. and Mrs. A. L. Clark and little son spent the Christmas Holidays in Weldon, visiting Mr. and Mrs. E. T. Clark.

W. A. White returned Wednesday after a few days trip to Charlotte, Winston-Salem and Greensboro.

L. C. Chase, of Richmond, was here a few hours Wednesday on business.

Mr. W. R. Mumford and family spent the Christmas Holidays at their old home in Bertie County.

Lon Daughtry, of Norfolk, was here during the Holidays visiting friends and relatives.

Mr. J. G. Butts and family spent the week-end with relatives in Garysburg.

Mr. and Mrs. T. E. Miles left for Danville, Wednesday and will make that their home in the future.

J. H. Vestal and daughter, of Leaksville, N. C., spent Wednesday and Thursday here visiting Mr. and Mrs. Charlie Vestal.

The ladies of the Civic League are requested to meet in the Graded School January 17th, at that time Miss Powell, the Junior Chautauqua leader will meet with the Junior League. All who would like to hear Miss Powell please meet directly after school.

CHRISTMAS ENTERTAINMENT RIVER ROAD SCHOOL

A delightful Christmas entertainment was given on Tuesday night, December 21, at the River Road School, a private school which has been recently organized. This new school is located in Mr. P. V. Vincent's old store room temporarily, a modern school building being planned for the near future.

Over three hundred people were present at the Christmas entertainment, the building being crowded to its fullest capacity and overflowing. A delightful program was rendered, consisting of songs and recitations by the children, and addresses made by Magistrate R. W. Brown and Supt. A. M. Proctor, of Roanoke Rapids.

Everyone who attended was charmed with the exercises and the new school is to be congratulated upon the results it has already achieved.

ENEMIES OF INSURANCE

Life Insurance Companies Dread Tuberculosis, Typhoid and Alcohol

Tuberculosis, typhoid fever and alcohol are considered the arch enemies of insurance companies, according to Dr. J. L. Davis, of Texas. "Tuberculosis is realized by insurance companies as exceedingly infectious, and for many years they have made careful inquiries into the lives of applicants for insurance along this line. They go so far as to ascertain whether the applicant has recently associated with tuberculous people. They advocate among their policy holders all the modern means of preventing this disease."

As to typhoid fever, which probably they dread most on account of its sudden attack and the high death rate that is incident to this disease, they advocate not only anti-typhoid vaccination as a preventive but insist on strict sanitary living conditions for all their policy holders. They are opposed to paying premiums on flies, filth and fever.

It was the insurance companies that changed the alcoholic question from one altogether negative to one to include public health. So great is the influence of alcohol on the mortality rate, that insurance companies have become interested in it from a business point of view. Their statistics compiled for over twenty-five years show that not only the constant drinking man's mortality rate is much higher but that even the moderate drinker has a rate equivalent to a reduction of four years in the average life.

Christian Church Cleanings

(Reported)

It is the aim of the church to begin work on our building on or about March 1.

During the month of November the church raised for all purposes \$94.30.

Through the kindness of Messrs. Wyche, Chase, Long and Horner, we have secured lots on the northwest corner of ninth street and Roanoke Avenue.

The present minister has been called to serve the congregation for full time to begin first Sunday in January.

The Nash-Edgecombe District Union will convene with the local congregation the fifth Saturday and Sunday in January.

On account of the week of prayer next week we will dispense with our prayer meeting in the several communities. See the program in this week's Herald.

"BREAKING UP A COLD"

Simply Suggestions for Checking Oncoming Colds

This is the open season for colds. Nearly half the people you meet have already had at least one cold this fall and winter. Others will soon follow suit. But what can the unfortunate victim do about it? That is the question.

There is no royal road to recovery, but here are some "first aid" suggestions that will usually help a lot. First of all, don't let your cold "get the jump on you." "Nip it in the bud" by beginning heroic treatment at once. At the very first indication of headache, feverishness, sniffles or running nose, especially if you have been indiscreet or laid yourself liable to a cold, secure free and easy bowel movement. If constipation or over eating has been a probable factor in bringing on the cold, a warm enema, followed immediately by a cold enema, will usually help, particularly if supplemented by a laxative of some kind. Next, take a good, hot foot bath. Soak the feet and legs nearly up to the knees in water as hot as can be borne for twenty to thirty minutes. Do this in a warm room. In the meantime, keep well wrapped in warm blankets. Two or three glasses of hot lemonade should also be drunk, and the patient placed in a warm bed in a airy room for at least a day, but in no way exposed to drafts. One or two meals should be skipped and the diet made to consist largely of fruits and vegetables. Avoid whiskey, heavy doses of quinine and patent medicines. They usually contain coal tar products, and the body has trouble enough at such a time without adding these.

Finally, while taking the cold treatment is one of the best times to make deep-seated resolutions to avoid such things in the future by proper living.

TURKEY SHOOT SATURDAY AFTERNOON

A free-for-all turkey shoot will take place to-morrow (Saturday) afternoon at three o'clock at the grounds of the Rosemary Gun Club. Mr. S. F. Patterson has offered a fine turkey gobbler as first prize, a turkey hen as second prize, and we understand there will also be a booby prize, the nature of which has not yet been disclosed.

The contest is free to all, the only conditions being that each contestant furnish his own ammunition and pay for the pigeons he uses. Any weapon from a bean shooter to a 42 centimeter is permissible. Spectators are welcome.

Program for Week of Prayer in the Churches of Rosemary and Roanoke Rapids January 3-7, 1916.

ROANOKE RAPIDS			
Monday Night	Methodist Church--"Prayer," Mr. Trueblood. Prayers for Workers, Money, Unconverted.		
Tuesday Night	Baptist Church--"Family Altar," Mr. Bearden. Prayers for Revival, for Parents, Divorce Problem.		
Wed. Night	Presbyterian Church--"The Child At Home," Mr. Proctor. Prayers for Children, Parents, Obedience to Authority.		
Thurs. Night	Episcopal Church--"Brotherhood of Man," Mr. Morton. Prayers for Distress of Europe, Peace Agencies, Cessation of Militarism.		
Friday Night	Methodist Church--"Social Service," Mr. Smith. Prayer for Local Work, Colored, Foreigner, the Slums, Mountain People, Unconverted everywhere.		
ROSEMARY			
Monday	Baptist Church--"Prayer," Mr. Taylor. Prayers as above.		
Tuesday	Methodist Church--"Family Altar," Mr. Chaffin. Prayers as above.		
Wed.	Baptist Church--"Peace Movement," Mr. Taylor. Prayers for War Situation.		
Thurs.	Methodist Church--"The Child At Home," Mr. Proctor. Prayers as above.		
Friday	Baptist Church--"Social Service," Mr. Topping. Prayers as above.		
COLORED CHURCH			
Monday	Mr. Morton		
Tuesday	Mr. Smith		
Wed.	Mr. Bearden		
Thurs.	Mr. Chaffin		
Friday	Mr. Trueblood		
SCHEDULE OF SPEAKERS SUMMARISED:			
Time	Roanoke Rapids	Rosemary	Colored
Monday	Mr. Trueblood at Methodist	Mr. Taylor at Baptist	Mr. Morton
Tuesday	Mr. Bearden at Baptist	Mr. Chaffin at Method.	Mr. Smith
Wed.	Mr. Proctor at Presbyterian	Mr. Taylor at Baptist	Mr. Bearden
Thurs.	Mr. Morton at Episcopal	Mr. Proctor at Method.	Mr. Chaffin
Friday	Mr. Smith at Methodist	Mr. Topping at Bapt.	Mr. Trueblood