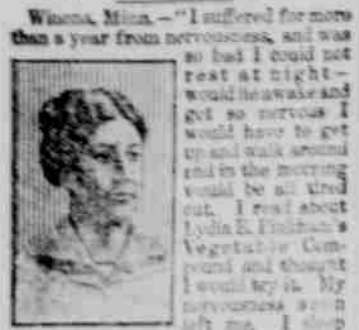


WOMAN'S NERVES MADE STRONG

By Lydia E. Pinkham's Vegetable Compound.



Winnona, Minn.—"I suffered for more than a year from nervousness, and was so bad I could not rest at night—would lie awake and get so nervous I would have to get up and walk around in the morning. I read about Lydia E. Pinkham's Vegetable Compound and thought I would try it. My nervousness soon left me. I sleep well and feel fine in the morning and able to do my work. I am greatly pleased by the results. Lydia E. Pinkham's Vegetable Compound to make weak nerves strong.—Mrs. Albert S. Smith, 618 Cleveland St., Winnona, Minn.

How often do we meet the expression among women, "I am nervous, I cannot sleep," or "My nerves are all wrong, I should try." Such women should profit by Mrs. Pinkham's experience and give the famous vegetable compound a trial. For forty years it has been relieving such nervous conditions as displacements, inflammation, indigestion, irregularities, periodic pains, headache, dizziness, and nervous prostration of women, and is now considered the standard remedy for such ailments.

FRECKLES

Now is the Time to Get Rid of Those Ugly Spots. There is no more the slightest shadow of freckles, which are the result of an accumulation of impurities in the blood. Freckles are the result of an accumulation of impurities in the blood. Freckles are the result of an accumulation of impurities in the blood.

Not So Many. The small but sometimes very smart and sly fox, was far more the Christian Science Nipster than any other. In his examination of a girl, took the highest mark. His father was indignant.

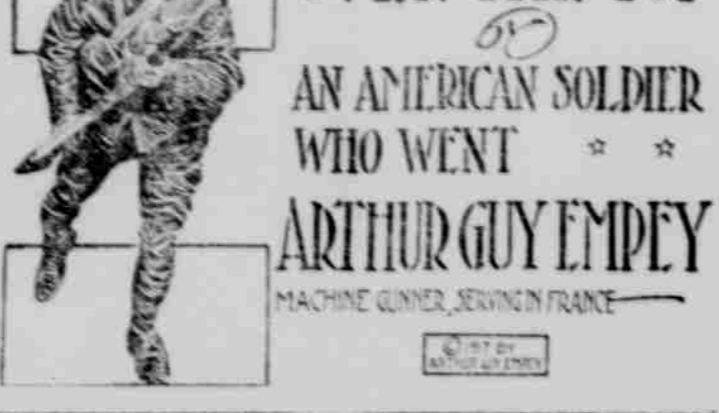
She Was Used to It. Mrs. P. (a friend) remarked to the new servant: "I suppose, Mary Ann, you worked your husband and me out of our money rather early in this country."

Indian Warriors. A company of soldiers recruited from the Mohawk tribe of Indians was sent to England for training several weeks ago and is now in action on the continent.



ECONOMY TALK is all right—ECONOMY PRACTICE is better. INSTANT POSTUM is an economy drink—absolutely no waste. Besides, it is convenient, saves fuel and sugar, and leaves nothing to be desired in the way of flavor. TRY A CUP!

"OVER THE TOP" AN AMERICAN SOLDIER WHO WENT WITH ARTHUR GUY EMPEY



EMPEY JOINS PICK AND SHOVEL SQUAD AND DIGS TRENCHES IN NO MAN'S LAND. Synopsis.—Told by the soldier of the Empey, with the loss of American lives, Arthur Guy Empey, an American living in Jersey City, goes to England and serves as a private in the British army. After a short experience as a training officer in London, he is sent to training quarters in France, where he first hears the sound of big guns and knows the preliminary of "over the top." After a brief period of training Empey's company is sent into the front-line trenches, where he takes his first time on the fire step while the bullets whiz overhead. Empey learns, as everybody else, that death comes always in the trenches. Captain distinguished himself by being wounded under his feet. With pick and shovel Empey has experience as a trench digger in No Man's Land.

CHAPTER XIII—Continued. We lined up in front of the battery, soaked with perspiration, and piled our rifles into stacks. A sergeant of the R. A. M. C. with a yellow band around his left arm on which was "S. P." (summary) in black letters, took charge, ordering us to take off our equipment, unroll our papers and unlash our boots. Then, starting from the right of the line he checked us into squads of five men. I happened to be in the first squad. We entered a small room, where we were given five minutes to undress, then filed into the bathroom. In here we were given five minutes to wash in two half full of water. Each tub contained a piece of laundry soap. The sergeant informed us that we had just twelve minutes in which to take our baths. Scaping ourselves all over, we took turns in rubbing each other's backs, then by means of a garden hose, washed the soap off. The water was so cold, but felt fine.

CHAPTER XIV. Picks and Shovels. I had not slept long before the voice of the sergeant informed that "No. 2 digging had picked for another thinking digging party." I smiled to myself with deep satisfaction. I had been promised from a horse dicker to a member of the Snipe Club, and was exempt from all fatigues. Then came an awful shock. The sergeant looked over in my direction and said: "Don't you bomb throwers think you are wearing top hats out here. 'Corde! he orders you've been taken up on the strength of this section, and will have to do your bit with the pick and shovel, same as the rest of us."

When all of the company had halted it was a case of mixed back in billets. That march was the most uncomical I ever saw.

My pile of dunnies came up to my chin and the shirt barely reached my knees, but they were clean—no strings on them, so I was satisfied. At the expiration of the time allotted we were turned out and finished our dressing on the grass.

When all of the company had halted it was a case of mixed back in billets. That march was the most uncomical I ever saw.

Before entering this trench, word was passed down the line, "No talking or smoking, lead off in single file, covering party first."

This covering party consisted of 30 men, armed with rifles, bayonets, bombs, and two Lewis machine guns. They were to protect us and guard against a surprise attack while digging in No Man's Land.

The communication trench was about half a mile long, a zigzagging ditch, eight feet deep and three feet wide.

Now and again, German shrapnel would whistle overhead and burst in our vicinity. We would crouch against the earthen walls while the shell fragments "rippled" the ground above us.

IMPROVED ENGLISH INTERNATIONAL SUNDAY SCHOOL LESSON

LESSON FOR MAY 19. JESUS THE DIVINE SERVANT EXERCISING KINGLY AUTHORITY.

LESSON TEXT: Mark 11:12-14. GOLDEN TEXT: All power is given unto Me in heaven and in earth.—Matthew 28:18. DUTY: To be obedient to the Lord.—Matthew 23:10. OBJECTIVE: To understand the meaning of the parable of the fig tree.

1. The parable of the fig tree (vv. 12-14). (1) Two disciples went for the fig tree (v. 12).

He told them just where to go to find it, and how to recognize the owner's property. This shows how perfectly the Lord knows our ways. His matchless grace beholds all that we think or do, by day or night. It also shows that God sees nothing and forgets nothing in the accomplishment of His purpose. The parable of this fig tree was the working out of the Divine plan according to Christ's foreknowledge.

(2) Obedience of the disciples (vv. 14). Without asking why, they go at his bidding. The command may have seemed strange and unreasonable, but they rendered obedient obedience. The fig tree will render full and glad obedience to master's law, strange or unreasonable, if the command is just.

(3) The entry into the city of Jerusalem (v. 15). (1) The disciples put their garments upon the ass and set the Lord upon it (v. 15).

This act showed their recognition of him as their King (2 Kings 9:13). (2) The multitude. Some spread their garments in the way, others who had no garments to spread, threw down branches and strewn them in the way, which was just as acceptable worship. To give what we have and do what we can, is all that the Lord demands of us. This entry was in fulfillment of a prophecy uttered some five hundred years before (Zech. 9:9). This entered the very city which the prophet predicted. This is a clue to enable one to understand the prophecies which are unfulfilled as yet. If the prediction of his first coming was thus literally fulfilled, we must believe that those of his second coming will likewise be literally fulfilled.

They stand or fall together. The first is established beyond a doubt; the second we should not as hesitantly believe. The prophecy of Zechariah 14:3-11 will be just as literally fulfilled as that of Zechariah 9:9.

(4) The Lord's action (v. 16). Upon entering the Temple, he looked around upon all things; but as it was evening he withdrew to Bethany with the twelve.

H. Jesus Exercising His Royal Authority (vv. 12-14). The fig tree was cursed (vv. 12-14). The fig tree is typical of the Jewish nation. The fruit normally appears on the fig tree about the leaves. The presence of leaves is the assurance of fruit. This was an actual parable of the Lord's judgment on Israel for pretension of being the chosen people without the fruit thereof. It indicated the spiritual state of the Jews.

2. The Temple cleansed (v. 15-19). For the various sacrifices in the Temple, many oxen, sheep and doves were needed. Many persons came from the distant parts of the Land; therefore it was impracticable for them to bring their sacrifices with them, so they brought money and bought the animals needed. This privilege the law had granted to them (Deut. 14:24-26). For the exchange was necessary. When evil men used it as an opportunity for gain, it became an offense before God. It defiled his house. He made himself a sear of cords, and drove out the money changers, overthrowing their tables and pouring out their money. By this act he declared himself to be the Lord of the Temple and one with God. That which God intended to be a house of prayer for all nations was being made a den of thieves.

3. Jesus' Authority Challenged (vv. 27-33). He challenged him to show by what authority he accepted the honors of the Messiah, and who gave him the authority to cast out the money-changers. This placed Jesus in a dilemma. He responded by a question which placed them in a counter-dilemma.

Since John was his forerunner, the divinity of his commission rested upon that of John. They were powerless to contradict John, because the people had accepted John's message. They had not been prepared to accept his. They cowardly confessed that they did not know. The agnostic is always a coward. These rulers had no affection for Jesus, so they rejected him and sought to destroy him. It is the same today. The reason men reject Jesus is not because of intellectual difficulties, but because of the lack of affection for him. Not desiring him, they profess their inability to understand.

Empey tells of many ways the soldiers have of amusing themselves, in the next installment. TO BE CONTINUED



WRIGLEYS

"After every meal" Spring is in the air—the fields and woods and waters call—

And to add to the zest of outdoor pleasures nothing affords the long-lasting refreshment of WRIGLEY'S—

So carry it always with you.

The Flavor Lasts



LET HIS GERMAN BLOOD OUT. Patriotism Shown by Would-Be Fighter Sure Entitled Him to a Place in the Ranks.

"I thought I had a few drops of German blood in my veins, so I pricked my great toe and let them flow out. Now I'm ready to take the oath."

So saying, William Strasburger, an applicant for enlistment in the United States marine corps at Newark, N. J., removed his shoe and displayed to the astonished gaze of Sergt. Thomas Green a bandaged "little pig" that went to the hospital.

"How do you know that the blood you let out was German and not some other kind?" asked Green.

"I pricked at a point furthest from my heart," returned Strasburger, who is American-born and pugnaciously anti-Teutonic.

But Strasburger can't be a United States marine. He lacked the weight and height necessary.—New York World.

AN ATTACK OF GRIP USUALLY LEAVES KIDNEYS IN WEAKENED CONDITION. Doctors in all parts of the country have seen kept busy with the epidemic of grip which has visited so many homes. The symptoms of grip this year are often very distressing and leave the system in a run-down condition, particularly the kidneys which seem to suffer most, as almost every victim complains of lame back and urinary troubles which should not be neglected, as these danger signals often lead to dangerous kidney troubles. Druggists report a large sale on Dr. Kilmer's Swamp-Root which so many people say soon leads and strengthens the kidneys after an attack of grip. Swamp-Root, being an herbal compound, has a gentle healing effect on the kidneys, which is almost immediately noticed in most cases by those who try it. Dr. Kilmer & Co., Elmhurst, N. Y., offer to send a sample-size bottle of Swamp-Root, on receipt of ten cents, to every sufferer who requests it. A trial will convince anyone who may be in need of it. Regular medium and large size bottles, for sale at all druggists. Be sure to mention this paper.—Adv.

Where His Doubt Lay. Mr. George Robey dearly loves a joke. Recently a certain well-known brother comedian whom he met casually in the street remarked to him that he had a great mind to write a book.

"I doubt it," replied George. "Doubt what?" said his friend in an injured voice; "that I can write a book?" "Oh, no," was the reply; "that you have a great mind."

Knowing G. R.'s reputation for being a bit of a wag his friend readily forgave him.

Practical. Claire—Why give candy to June? Bob has all her love. Young Dentist—Yes, but I have all her dentistry. Bob's only a lover.

A torpid liver prevents proper food assimilation—Tone up your liver with Wrigley's Indian Vegetable Pills. They act gently. Adv. The wise man listens to the silent man. "A wise man makes opportunity."—Bacon. Write Us for Information Concerning the Most WONDERFUL WATER SYSTEM Ever Offered for the Country Home. Water coming from the bottom of the well with more force than is used in the city street pumps—no pump to get out of the well. Cost less than the cost of electricity to operate. STEGALL L. BARRETT WATER SYSTEM, INC. Concord, North Carolina. When Your Eyes Need Care Try Murine Eye Remedy. The Murine—Just One Drop. It is made of the purest of oils. Write for Free Brochure. BUSHNELL & BARNES CO., CHICAGO.

RED CROSS HELPS CHILDREN. One of the Principal Activities of the Society in War Zones in France. Washington.—There are 20,000 children in France, at the present time, receiving American Red Cross assistance, according to a cablegram just received from the Paris headquarters of the Red Cross. Complete medical care is being extended to 700 of this army of children while dispensary medical care claims 3,000 patients. Orphans and other children who are aided by the Red Cross directly or indirectly, number 20,000. Five hundred children per day, for instance, receive medical attention at Evian, the point of repatriation for nationals of France who are being returned from behind the German lines. The relief of suffering among children, with the care and education of destitute children, embraces one of the principal activities of the American Red Cross abroad. At one point in the war zone in France a children's refuge and hospital has been opened, where several hundred children have been gathered together just to keep them out of danger of gas and shell fire. At another point among the wrecked villages there is a medical center and a traveling dispensary sufficient to look after 1,500 children. General Pershing is a man of few words, and when he says, "Germany will be conquered," we believe he has a hunch.