

# MAGAZINE PAGE FOR EVERYBODY

HOME • HEALTH • FEATURES • BEAUTY • FASHION • FICTION

## LOVE'S PERILOUS PATH

A Sequel to Love's Fair Horizon By ADELE GARRISON

### Mary and Roderick Go Off Together, Leaving the Grahams and Junior to a Quiet Evening

As soon as Charles Spencer, leader in Government intelligence, has left the family gathering in the Graham Hotel Lansfield suite to welcome the unexpected return from preparatory school of his grandson and grandnephew, Junior and Roderick, Mary Vertigan arises and addresses Roderick. "Come with me, little brother," she assures him, "and we'll have a powwow. We haven't had one for ages, and it's time we brought ourselves up to date."

The look on Roderick's face as Mary summoned him to a "powwow" in her room, brought a lump into my throat. The boy always has idolized his older sister, and I knew that this chance for an uninterrupted talk with her was like manna to him.

There was something more than adoration for a loved sister in his eyes, however, and in another instant I realized what it was—an inordinate boyish pride in Mary's prestige as a Broadway star.

Framed Photograph "This is my sister," I could imagine him saying to his schoolmates as he showed them his framed and autographed portrait photograph of Mary in her starring role. I had Junior's authority that both boys called her their "pin up girl," and that their relationship to her made them the envy of their classmates.

I had no time for mental reminiscence, however. Junior was at my side, his strong young arms grasping mine, and pulling me to my feet. "Come along over to the couch," he said, "and make a sandwich between Dad and me. It seems a thousand years since we chewed the fat together."

I knew that Dicky was as choky as I was over the nostalgia in his voice, but he was wise enough to ease the tension of our reunion.

"My boy," he said pointedly, "I

### Left-Overs "In Disguise"

By ALICE DENHOFF

HERE today, gone tomorrow is the succinct story of the best left-overs. Sorry that we have to harp so much on the left-over theme, but high prices make it a necessity. So here are some good recipes, dishes so good, so hearty, that it is difficult to believe that they utilize left-over meat.

If the larder yields enough for a cup of cubed roast beef, then prepare delicious beef-potato puffs. Combine 3 c. hot mashed potato (heat in double boiler if cold left-over potato is used) one medium, grated onion, tsp. salt, tsp. prepared horseradish and few grains of cayenne. Beat one egg, add to 1/2 c. milk and stir into potato mixture. Fold in one c. cubed roast beef. Pipe into buttered custard cups or muffin tins, dot with butter or margarine and bake in 400 F. oven 20 to 25 min., or until well heated through and brown on top. Serve with brown beef gravy or tomato sauce. Serves 4.

Curried Veal Left-over veal stars in a fine curried veal in rice ring recipe. To serve 6-7 fry 1 1/2 c. finely chopped apples and one minced onion in 3 tbsp. lard for 3 min. Stir in 1 to 1 1/2 tsp. curry powder and 4 tbsp. flour; add 1 1/2 c. each veal stock and milk, stirring until mixture thickens. Season to suit. Add 2 1/2 c. cooked veal, cubed. Simmer until well seasoned through, about 10 min. Meanwhile cook 2 c. rice in 4 quarts water to which tsp. salt has been added. Drain, rinse with a little hot water and pack into an oiled ring mold. Turn out onto hot platter and fill center with the curried veal.

Vegetable and ham on cornmeal waffles is a dish made from left-over meat that none should scorn. It is a fine-tasting fare, hearty and a little out of the ordinary. Melt 4 tbsp. fat, add 3 to 4 tbsp. flour; stir until smooth. Add 2 c. milk; cook until thickened, stirring constantly. Season to taste, then fold in one beaten egg. Add 2 c. cubed cooked ham, 3 chopped hard-cooked eggs and one c. cooked green beans broken up. Heat 10 min.; serve over waffles.

To prepare waffles sift 1 1/2 c. flour, measure, and sift twice with one & a half tsp. salt, 2 tsp. baking powder, 1/2 tsp. soda and tsp. salt. Separate 2 eggs, beat yolks and add 2 1/2 c. thick buttermilk and 1/4 c. melted shortening. Stir immediately into flour mixture, beating until smooth. Beat egg whites until stiff, add 3 tbsp. sugar in 2 portions; beat until smooth. Fold lightly but thoroughly into batter. Bake in hot waffle iron using 1/2 c. batter for each waffle. Makes 6 portions.

### Household Hints

When you set your table, see that your setting harmonizes—not matches, necessarily, but related and part of a whole just as a costume is related through its accessories. A peasant linen cloth, for example, is in harmony with bright pottery, pewter or pottery candlesticks. For more formal occasions, damask, fine linen or lace cloths require fine crystal and china. Decide on the mood you want and then stick to it.

The educational value of guided co-operative work in the home is an important factor in child's training. Therefore, if your small children—who are usually interested in kitchen work—want to help, let them do so. They will find great satisfaction in working with others, besides a feeling of being "wanted."

## Student First Aid

### Typewriter Helps Pupil and Teacher

By GARRY CLEVELAND MYERS, Ph.D.

THE typewriter is desirable equipment for the high school and college student. There are notes to be recorded and papers to be written in high school and college. Such work wins a higher grade from the teacher, as a rule, when typed than when in poor handwriting, and most youths don't write by hand very legibly. Indeed, they themselves may find it difficult and discouraging to read for review their own notes. The unattractive appearance of these notes makes them less stimulating for thinking. Orderliness of notes may favor orderliness of thinking.

Incidentally, most parents would find letters from their son or daughter at college more legible if typed. Here I recall, regretfully, the letters I used to scrawl to my father and mother. I think I was often more concerned about getting these letters written than about my parent who had to read them. I sometimes wish I could be back in those days when they were alive, supposing I would be less selfish and more thoughtful about them. I wish teachers of the upper grades and junior high might make their students write by hand more neatly and legibly, since it will be a long while before the average youth can own a typewriter.

Could Buy Typewriter With the mounting cost of going to college, most college students can't afford a typewriter. But many more than do could if they cut costs on less important matters, especially on luxuries. Many other students could afford a typewriter if they and their parents sensed its usefulness.

In high schools which have business courses very few students elect typing because they plan to use the skill directly in a vocation. But many bright students planning to go on to college might easily and profitably find time to elect a course or two in typing. It might prove useful to them all the rest of their lives.

Learn Properly Of course anybody can learn to type in his own crude way. Yet he rarely will acquire a high degree of speed and accuracy unless he learns in proper fashion. See the

time and energy he may waste for want of skill, not to mention his usually inferior quality of typing. I can type only fairly well. I still make some of the same mistakes I made thirty years ago. If only I had learned then to type properly, I would take a course in typing now but I just lack the necessary drive to choose the discipline. Youths rarely have such inertia. I entreat them: Learn to type well. For the child in the early grades who reverses letters and the like in spelling, a typewriter can be very useful. The machine always moves correctly from left to right. Many other grade-school children can find spelling and reading more fascinating if allowed to copy sentences or words from a book or words which the parent spells for them slowly. The time will come when children will learn to type at school as early as the fifth or sixth grade.

Answering Parents' Questions Q. Would you allow the youngster beginning to feed himself, use his bare hands? A. Of course, no better way to cultivate self-reliance and early enjoyment of food. Wishing to be big, he soon enough will want to use a spoon or fork.

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By TRACY ADRIAN

THE one pretty junior model you see here is wearing date frocks from two collections . . . junior sizes, and misses' sizes . . . which gives her a wide opportunity as it can many other girls. All three frocks are of good quality, cut expertly by name designers, and still they are priced well under the limit that most girls set for their "best-dress" buys.

Each of the dresses is basically simple enough to make-accessory changes a successful bafflement, letting scarfs, hats, gloves, shoes, jewelry, etcetera, delude people into thinking they see a very large wardrobe, instead of skillful handling of a single dress.



GOOD-LOOKING FALL dress in black, brown or dark green, with big gilt buttons, is cut like a coat and set for shopping or movie-date little spree.

## New Fall Lipstick Offerings

By HELEN FOLLETT

IT may interest you at this season of the year, when there are complexion changes, when fashions strike a new note, to observe lipstick offerings. You may be surprised to find how many different colors there are. Also you may wonder just what shade is best for you.

Divided into types there are orange reds, clear reds, pink reds, fuchsias and orchids, brown reds, blue reds and deep wine tones that are deep blue reds. We'll bet a cookie you never realized there were so many, each one distinct in its way.

Pink Red The blonde should choose a pink red, as a rule, although she can get away with fuchsia if the skin has a golden cast. The brunette has a wider choice, depending upon the color of her complexion that can be pale, rosy, creamy or golden. For her there must be a certain amount of experimenting. The girl with the olive skin can stick to her raspberry lip tint and look ravishing.

The lipstick brush is a cute and useful little trick. Stroke the brush over the red cream, rest your finger on your chin to steady it, form pleasing curves with the brush. Follow the natural lines as closely as possible. Then fill in.

By this method you won't have untouched areas, as may happen when you pass the rosy pencil over your mouth portals.

Untidy Attempts The slightest inaccuracy in applying coloring to the lips marks a woman as lacking fastidiousness. In daily observation one sees many untidy attempts and that's just two bad because the most important rule in make-up and hairdo is neatness. No scrambled tresses, no smeary blushes, patchy powder applications or uneven lip borders.

If the lips are thin, the pencil can go over the white surface ever so slightly. The color can be fairly vivid, though fire engine red—like silver eye shadows and green mascara—is definitely out. It shows up every complexion defect and that is not according to beauty Hoyle.

## Cheese Rabbit on French Toast a Hearty Dish

By IDA BAILEY ALLEN

"HERE'S the menu for tomorrow's dinner, Chef." He studied it for a moment. "I see there is no meat, no fish. For the main dish you have suggested the cheese rabbit. I know the price of meat is high, and fish is going up, too. But do you think the cheese rabbit will be substantial enough to satisfy the appetite of a hungry family?"

"Well Chef that's a point well taken. Let's apply a little arithmetic. The recipe calls for a half pound of sharp American Cheddar cheese, a pint of milk and two eggs. Now that half a pound of cheese is equal in food value to a pound of beef. Besides, it contains plenty of vitamin A and calcium. The pint of milk is equal to one-fourth pound of beef. And 2 eggs are equal to about a fourth pound of beef. So all told, this cheese rabbit is the equivalent of 1 1/2 lbs. of meat. Besides, we're going to serve it on French toast. By the way, when you make French toast for four persons how much milk and how many eggs do you use, Chef?"

"I use a cup of milk and two eggs," he answered.

Nutritive Value "Well, that adds still more nutritive value to this dish, and all of the ingredients are first-class protein, which has the same effect on the body as meat. Besides, it tastes so good! Now aren't you convinced that this cheese rabbit will satisfy the family?"

"Madame, when I am confronted by a lady who is charming and who at the same time is the expert on dietetics and nutrition, my powers of argumentation simply melt away."

"Come now, Chef," I laughed, "you know it all the time. You were merely taking sides with the men who don't think a meal is a dinner without a dish of meat. Of course, if you're going to serve a 'cheese dinner,' you must serve the cheese on, or with or in, some bulky food, that will give it a bite—something to chew on—and will also fill up the stomach. That's why I planned to serve the rabbit on French toast."

Summer squash and corn kernels cooked together will be good with it. I chose this combination because there's an abundance of summer squash that's cheap, while fresh corn is up in price because it's scarce. But by combining them we bring down the cost and have a delicious combination vegetable. Fresh tomatoes are plentiful, so we'll have a big platter full."

"May I suggest to open this dinner we might have a good French onion soup?" said the Chef. "And for dessert I see you have on the menu Southern apple-sauce served with ginger gems. May I ask what are these gems of ginger?"

"It's just my own fancy name for good old fashioned ginger-bread baked in muffin pans."

TOMORROW'S DINNER  
Onion Soup  
Cheese Rabbit on French Toast  
Squash and Corn-Medley

Whether or not glasses should be put on the child will depend on the severity of the eye defect. There is some disagreement as to when glasses can be worn satisfactorily by a young child. Frequently, a baby at the age of from 15 to 18 months can be fitted with glasses, by using a proper protective frame. In any event, the earlier the treatment for cross-eye is started, the better will be the results. Other methods of treatment used



REALLY OUT for a good time and to beguile the stagline, a black taffeta tulle dance or restaurant dinner dress has lace shoulder capes, tiny collar.



FOR THE SNAPPY date, this crepe dress with moulded midriff and full skirt, slim sleeves, dolman shoulders, is dressy in gray, violet, or black.

## Use of Green in Decorating

By ELEANOR ROSS

THE use of green for many rooms, especially for the bedroom, noted at the recent summer furniture showings, has been confirmed in the model rooms that break out at this time of year. Green, restful, yet mildly stimulating, cheerful and smart, should be considered when doing over a bedroom.

Homemakers will find unlimited possibilities for the use of some shade of green as the dominant color in headboards, drapery and upholstery fabrics. Because green combines yellow and blue, it has the bright sunny qualities of yellow and the restful quality of blue. In a dark room a bright sunny green adds gaiety and color and a feeling of light, while a cool, darker shade of green is effective in an over-bright room.

Use of Green Nature's lavish use of green combined with the blue of the water and sky, the colors of the earth and the rainbow hues of flowers, demonstrates vividly the possibilities of mixing green with other colors, which can be equally well applied to work out desired room effects. Thus a pale spring green with pastel colors is appropriate for a bedroom of the dainty, feminine type. Dark bottle green with shades of beige or gray is a good choice for a masculine bedroom-study, while clear shades of green with red accents is a mighty cheery combination for a child's bedroom.

A display of headboards showed upholstery in every shade of green for pale chartreuse to deep forest green, and in every type of material from simulated leather to luxurious quilted velvet.

Lime Green Satin There was a handsome headboard upholstered in lime green satin and another design was done in a clear green velvet with tufting, both nice for a definitely elegant type of room. More down to earth for most of us, was a headboard done in white and green striped glazed chintz.

White accents are delightful in a green bedroom, especially for the deeper tones, and an especially nice choice for a summer decor. Keep away from the too-pale greens unless they are well spiced with strong color accents. As for the actual job, by choosing green to set the color theme of the room, then planning a headboard to play up the particular decorative effect desired, the basic planning of a bedroom is done, as the rest of the furnishings will be naturally suggested.

### Words of the Wise

Every man I meet is my superior in some way. In that, I learn from him. —(Ralph Waldo Emerson)

Persons educated in intellect and not educated in morals and religion, will become a menace to our nation. —(Theodore Roosevelt)

## THE STARS SAY—

By GENEVIEVE KEMBLE

For Wednesday, September 22

IT might be possible to arrest or bring to a halt a thriving and productive state of affairs, by over-doing, too drastic or strenuous action, or by overenthusiastic performance or tumultuous conduct. The latter may alleviate the good will and support in the way of capital or prestige, of vital bearing on success. Or ill temper, want of consideration, could beget difficulties and loss, in energy, harmony and peace of mind. For best results maintain equipoise and be gracious to all.

Those whose birthday it is, may find themselves keyed up to a course of action that could eventually block most promising and fertile fields of operation. This not only by tumultuous and irascible conduct, but by over-doing in a drastic and over ambitious effort to force the issues. Such ardent or belligerent tactics could drive away or irritate those whose friendly support or capital, is of vital consequence.

A child born on this day may be too ardent for its own good, hampering success and progress by driving away the useful collaboration of partners and influential persons.