

MAGAZINE PAGE FOR EVERYBODY

HOME • HEALTH • FEATURES • BEAUTY • FASHION • FICTION

LOVE'S PERILOUS PATH

A Sequel to Love's Fair Horizon By ADELE GARRISON

When Dicky Learns the Man With Spencer is "X" He Starts Up, but Katharine Tells Him Not to Talk

Synopsis: Charles Spencer, leader in Government intelligence, arrives at the Hotel Dicky Graham to find that Dicky has been shot in the arm by a prowler, now captured. "Nothing very much happened," Dicky assures him. "My captive catamount pulled a trigger on me, and got me in the arm, but in all right." "You don't look it," Spencer says, and then turns to his daughter, Madge Graham. "Margaret," he demands, "what's the truth of this, and why isn't there a surgeon here?"

IF I had not known how fond my father is of my husband, I would have realized it from his tense manner as he put his quick demanding questions to me.

"We do not know how bad Dicky's injury is yet," I said. "We have sent for Dr. Twitchell, and he is coming as fast as possible. But Katharine can tell you more about the wound than I can."

My father turned to his kinswoman demurely.

"Well, Katharine?" he asked. "He has been shot through the arm," she said. "I think the shot at least grazed the bone, because of the pain he has suffered. But, of course I cannot tell if it went deeper, or shattered it."

"Shattered it?" my father echoed. "You mean that is possible?"

Any Minute
"Entirely possible, but, I hope, not probable," she answered hopefully. "However, Dr. Twitchell will be able to tell you more about it when he gets here, which ought to be any minute now."

I looked around the room, and saw that Philip must have sent Winters to the lobby to wait for the physician, for the man was not in the room.

"Should he talk?" my father asked next.

"If you possibly can wait until after Doctor Twitchell has seen him, it would be better," she said. "I have given him something for the pain, and for his strength, which the physician ordered, so it won't kill him to talk. But it would be better if he didn't."

"Don't pay any attention to her, Dad," Dicky said.

"Nevertheless," my father said firmly, "you lie quiet until after Dr. Twitchell has seen you. Katharine will sit beside him? I don't think he will obey Margaret."

"And I'll kill Katrina," Dicky murmured, but so faintly that only Katharine and I, bending over him, heard him.

Beside the Couch
"I'll take my chances," Katharine said, seating herself beside the couch. "Run along, Madge. That tall, good-looking F. B. I. man is looking longingly at you."

Dicky turned his head toward the Underwoods and the tall man who had come in with my father.

"X," he fairly shouted. "You son of a seacock. Where have you been keeping yourself?"

Even Trivial Skin Wounds Need Attention

By HERMAN N. BUNDESEN, M.D.

THE skin is our first line of defense against harmful agents in the world about us. For this reason it is very important that it be kept in good condition and that any injuries to it be promptly attended.

There are few people who at one time or another have not by accident got a foreign object of one kind or another into the skin or its underlying structures. What is to be done in such cases depends on the type of object, where it is located, and how deeply embedded it is.

Splinter or Thorn
The ordinary wooden splinter or thorn can usually be removed at home by use of a sterile needle or pair of tweezers, but bits of glass or metal shivers are best handled by the doctor. In either case, as soon as the object is removed the area should be washed well with soap and water. Where the injury is severe, the part should be splinted for from one to three days. If there is danger of infection, a warm, wet dressing may be put on for one hour, four times a day.

A splinter of wood under the finger-nail is particularly dangerous because it may carry germs into the circulation. When removing such a splinter, the finger-nail is trimmed and shaved with a knife to expose the splinter. Then it may be easily removed and the area again washed well with soap and water.

Indelible Pencil
Often a puncture of the skin with an indelible pencil may occur. The dye from such a pencil may cause inflammation and destruction of some of the tissue. In these cases, it is suggested that the discolored area be completely cut away. When one falls onto gravel or cinders the bits of material usually lie close to the skin surface and sometimes may be scrubbed out, using a stiff hand-brush. If the particles are more deeply lodged, it may be necessary to give an anesthetic to put the patient to sleep before the particles are picked out by the doctor.

Tetanus Germs
Now and then dirty material from a blank cartridge gets into the skin. This material frequently carries tetanus or lockjaw germs and other dangerous bacteria. Thus, it is necessary to open the wound completely and remove the foreign material. The patient should be given injections of antitetanus serum if it is as well as serum for preventing the so-called gas infection. He is also given sulfonamide drugs or penicillin to aid in warding off other infections.

Preparing for the DEBUT

By FRANCES FOX

VERY important date on a young lady's calendar is her debut party. Naturally, she wants to be the belle of it and for this reason lavishes particular care and attention on her beauty routine.

First, she removes old make-up with a rich cleansing cream and follows up with a stimulating face wash. Then, into the tub for a luxurious bubble bath. Using a long-handled brush, she gives special attention to elbows and back and finally, emerges from her bath fresh and relaxed from the combination sudsing and scrubbing.

When it comes to make-up the debutante-to-be seeks the advice of Mother or Big Sister. Both agree that she should strive for a natural effect. So, to avoid a hard, mask-like look, she chooses a creamy-smooth lotion for a foundation. This will keep her make-up clinging and fresh-looking for hours and constant repairs won't be necessary.

Taking Big Sister's advice again, she uses a pressed face powder and fluffs it on with a brush. Finally, rouge and mascara are used sparingly and lipstick of a pale pink shade is applied last of all.



WHEN IT COMES TO make-up, Big Sister advises a creamy-smooth foundation lotion. Avoid masky cakes, she says, and strive for a natural effect.



Courtesy The Fullerines

READY TO RECEIVE her guests, this debutante is sure she looks her best. With make-up and gown just right she'll be the belle of her ball.

Odd Fact

The worst embarrassment that can befall a fireman was inflicted on the Paterson, N. J., Fire Department, when one of their trucks caught fire in its firehouse and other engine companies had to be called to put out the blaze.



ABSOLUTE CLEANLINESS is the basis of a good beauty program. So, in getting ready for her big party, the debutante-to-be first removes all make-up, then gets into a hot tub, scrubs thoroughly with a bath brush.



A PRESSED FACE powder comes next and fluffing it on with a brush helps it to stay put longer. After this a touch of rouge, mascara then lipstick.

Keeping Wood Surfaces Clean And Polished

By ELEANOR ROSS

THIS is the season for indoor hospitality, a season that leads up to the wonderful big year's-end holidays. No matter how beautifully furnished a room may be, it won't be pleasing unless wood surfaces of furniture show evidence of sustained care.

The vacuum cleaner with its attachments is splendid for removing dust from furniture, but about every six weeks, or better still, every month, it is wise to give additional attention to these wood surfaces. Mahogany and walnut wood, if not varnished, should be treated every month to a polish, a mixture of equal parts of linseed oil, turpentine and vinegar. Apply this mixture with a soft cloth and remove any excess with a second clean cloth.

Varnished wood, provided the surface is not waxed, will benefit if it is treated with this mixture once or twice a year. The vinegar will enrich the color of the wood, the turpentine loosens the dirt and also aids the oil to get into the wood and fill up the pores, which helps prevent drying.

Light woods such as ash or pine take a polish that will not darken or discolor. If varnished or oiled furniture has become soiled or very finger-marked, it could stand an annual washing. For a special furniture wash use a tablespoon of turpentine and three tablespoons of linseed oil added to a quart of boiling water. Keep the water hot in a double boiler away from the flame, and be sure not to add the turpentine and linseed oil until the double boiler has been removed from the stove heat.

Use a sponge rather than a cloth for doing this job. Squeeze out as much moisture as possible before tackling the wood. Go over all the wood surfaces and give them a good scrubbing. Then polish with a soft clean cloth and finish off with either a wax or a good furniture polish.

A Tutor Often Proves a Good Investment

By GARRY CLEVELAND MYERS, Ph.D.

IF your child in the intermediate grades, upper grades or high school is not getting on well in his school work, you might be wise to employ a tutor (teacher) to work with him three or four periods a week. This should prove a good investment, even though you have to skimp on your budget elsewhere.

Of course, you or Dad might be able to help this child with his lessons. Yet the average mother is inclined to be impatient with him and to grow vexed at his learning mistakes. Fathers are still worse, as a rule. No one is fit to help a child at books who gets the least angry when this child makes an error.

In choosing a tutor for your child, find one who is very calm and has insight into how a child feels over school work which has been hard for him and who, moreover, will set him to do only what he can succeed at. As a rule, a teacher of a grade one or two grades lower than the child's is better than the teacher of his regular grade. I would prefer a second grade teacher for a fourth grade child needing help in reading, spelling, or arithmetic. She would probably have him read from second grade books and give him some basic phonic drills. She also might find easy materials in one of the children's magazines. (My special bulletins on reading, spelling, and arithmetic may each be had in a stamped envelope.)

Say to the tutor that you wish her to find out what basic things in each subject the child has not yet mastered; that you wish her to forget all about the grade he happens to be in now. It is really hard to find a teacher who will do this well. She will be tempted to give him the same difficult materials on which he has been failing at school.

Definite Experience

As a rule, it is better for the child to go to the home of the tutor than for her to come to his. It is a more definite experience. It protects him from home interruptions and emotional disturbances there. It saves him from possible embarrassment which might be caused by another child or adult's listening in. He can better save his face.

THE STARS SAY—

By GENEVIEVE KEMBLE

for Saturday, October 16
WHILE a disruptive force still threatens the desired determination to put over major objectives and possible innovations or techniques for improving old and established foundations, yet the mentality is pitched to new flashes of genius, fresh skills or possibly some sort of unique approach. These very vital annoyances and situations handled unemotionally may break down enmity. Daring originality, invention, or spark of dynamic eccentricity, might bring about exciting and spectacular denouements.

If It Is Your Birthday
Those whose birthday it is, are encouraged to keep persistent and determined adherence to their original ideas on wild invention, of a

seeming "flash in the pan"

in which little encouragement is to be expected from influential or other sources. Audacity, belief in one's own ingenuity and unique talents, and probably culminate on a novel or sensational mark of approval or reward. Dare to be original, in untried fields of discovery, invention, science or absolutely strange avenues for exploration. So-called "eccentricities of genius" may find ultimate recognition and perhaps singular honor.

A child born on this day should be bounteously blessed with ideas, with originality, rare skills and inventive genius, which it may have to fight for their solidity and constructive worth.

Lunch in Hollywood

Menu From a Favorite Restaurant

By IDA BAILEY ALLEN

ON a recent trip to Hollywood, the Chef and I were invited to visit a large movie company. We were fascinated by the huge studios, the street-scene set-ups, the glamorous stars and hosts of supernumeraries. "They are very beautiful," said the Chef as a group of young lovelies scurried by on their way to the set.

"In their make-up they're all beautiful," I answered. "But come, the opposite direction to the Green Room where we've been invited to luncheon. You'll probably see some of them there."

The "Green Room Restaurant" turned out to be restfully decorated in blue. Blue rubber-tiled floor, walls painted light blue, blonde woodwork and blue leather upholstered chairs. The room was bubbling with chatter and laughter.

"Can you spare a few looks to gaze at the menu?" I asked the Chef. "Then perhaps you'll find out what makes them so beautiful."

Simple Menu
"At first glance I do not find the secret," commented the Chef. "This is a very simple menu. Very good sandwiches, interesting salads and cold meats, steaks and chops with vegetables. And see these specialties of the day. Roast lamb with string beans, sea food patty, grilled veal steak, roast loin of pork, Irish stew and omelet with chicken livers. Among the desserts are fruit-gelatin and sherbets. Look, Madame! See what many of them are eating. They are eating like real people! How do they manage to keep their figures?"

"They have really learned how to balance their meals to keep their weight even. This is what is known as a maintenance diet, which allows maximum amounts of protein; limited quantities of bread, potatoes, desserts, sugar and fats; plenty of cooked vegetables and raw salads; low calorie desserts; and all the fresh fruit they want."

Anyone Can Do It
"This is not complicated, it is so simple anyone can do it, Madame. Is this what they call the Hollywood diet?"

"Oh, no, that's already been forgotten. Actually the problem of some of these screen stars is to add a few pounds, for curves have come into fashion."

"These artists realize that their livelihood depends on good health and good looks," I explained. "They have learned that this depends to a large extent on carefully selected, simple foods. So they eat three balanced meals a day and avoid snacks and in-between sweets and drinks. They have learned to say 'no' to alluring, rich, fancy foods. And their reward is self evident."

TOMORROW'S DINNER
Green Room Salad Bowl
Irish Lamb Stew
Crouton
Dumplings
Pineapple-Banana Sherbet
Coffee or Tea
Milk (Children)

All Measurements are Level
Recipes Serve Four

Green Room Salad Bowl
This should be arranged individually. Nearly fill the bowls with crisp mixed salad greens broken in bite-sized pieces. Top with 2 thin half-moons cut from pared ripe avocado. Heap with grated sharp cheddar cheese. Surround with a few small pieces of sliced tomato and red skinned apple, arranged alternately. Pass tomato French dressing.

Irish Lamb Stew with Crouton Dumplings
Remove as much fat and bone as possible from 2 lbs. stewing lamb, or use breast of lamb shanks. Cut the meat in inch cubes. Add 1 1/2 qts. boiling water, 1 1/2 tsp. salt and 1/4 tsp. pepper. Bring to boiling point, and simmer 1 1/2 hrs. Then add 1 1/2 c. scraped carrots cut in inch lengths, 4 quartered, peeled medium-sized onions, and 4 peeled white potatoes sliced thick. Cover and simmer until tender, about 30 min. longer. Then stir in 3 tsp. flour blended with 3 tsp. cold water or tomato juice, and 1 tsp. Worcestershire sauce; simmer 2 min.

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fashion in rhyme and reason

By Ella Matley

The new look,
Called Empire
Or Directoire,
Is definitely here:
Back-flowing skirt
Filled with grace,
Deep square neckline
That needs a trace
Of tulle and jet,
To set it off
(Let us forget).

