

Choosing Books For Children

By GARRY CLEVELAND MYERS, Ph.D.

AS you know, some fine books for children have been published in recent years. In planning your choice of Christmas gifts, you should examine some of these books at your local book store and seek advice about them at your local public library. Don't be carried away just by their color. Ask yourself if they are the kind of literature you want your child to be exposed to and if they will continue to appeal to him. Will he read repeatedly from the book you choose? If too young to read, will he keep it over and over again?

Along with a few of the newer books, choose as gifts a goodly number of the precious books that have been enjoyed profitably by children over the years, books which have stood the test of time. Naturally the person at the book store will urge you to buy just the newer books. They have more current publicity and offer bigger returns to the bookseller.

Time-Tested Treasures

If you are not familiar with the time-tested treasures confer with your local librarian or your child's teacher or school principal. Many of these classics have been brought out as beautiful reprints. For the child under five or six a number of very attractive volumes of Mother Goose are on the market. "The Child's Garden of Verses," by Robert Louis Stevenson; "When We Were Very Young," and "Now I Am Six," by A. A. Milne hardly have an equal for good poetry. A great favorite of children just beginning to listen to rhymes is "Johnny Crow's Garden," by Leslie Brooks. It has just an illustrated line to the page. The baby likes to turn the page or have it turned, often.

Among the never-ending charms for young children (to hear or read) are such classics as "Little Black Sambo," Helen Bannerman; "Golden Goose Book," Leslie Brooks; "Alice in Wonderland," Lewis Carroll; "Children of the Wild," Theresia Deming; "Just-So Stories," Rudyard Kipling; "Tale of Peter Rabbit," Beatrix Potter.

Reprint Editions

And here are a few of the "tried and true" many of which are beautiful reprint editions, appealing to the child from eight to twelve: "Winnie-the-Pooh," A. A. Milne; "English Fairy Tales," Joseph Jacobs; "Household Stories," Jakob and Wilhelm Grimm; "Story of Dr. Doolittle," Hugh Lofting; "Adventures of Pinochio," Carlo Lorenzini; "H Heidi," Johanna Spyri; "East of the Sun and West of the Moon," Gerdten Thorne-Thomsen; "Fairy Tales," Hans Andersen; "Through the Looking Glass," Lewis Carroll; "Robinson Crusoe," Daniel Defoe; "Hans Brinker," Mary M. Dodge; "Wind in the Willows," Kenneth Grahame; "Jungle Book," Rudyard Kipling; "Merry Adventure of Robinhood," Howard Pyle; "King of the Golden River," John Ruskin; "Wild Animals I Have Known," Ernest T. Seton; "Treasure Island," Robert Louis Stevenson; "Adventures of Tom Sawyer," Mark Twain.

Two selected lists of books including the foregoing and many others that are time-tested, along with some of the more recent books, may be had in a stamped envelope: "Books from Which to Read to the Baby and Young Child," and "Books for Children, Eight to Twelve." The second list has been prepared with the help of Miss Margaret Clark, Head of the Lewis Carroll Room of the Cleveland Public Library.

Household Hints

A helpful idea is to make a muslin pocket and tack it on the back of your ironing board. Keep two pressing cloths there and use one for dark clothes and one for light ones to avoid soiling freshly washed clothes in ironing.

When you cut waxed paper to fit the bottom of a cake pan, place the pan on the paper and trace around it with a pencil, then cut out. Or trace around it with a small, sharp knife and it will not be necessary to use a scissors. Grease the cake pan before putting the paper in it.

Words of the Wise

Liberty is the only thing you cannot have unless you are willing to give it to others.

—(William Allen White)

fashion in rhyme and reason

By Eliza Matley

Gloves really are
The perfect gift,
And these smart ones
Have a special life.
Flared at the side,
Fringe at the wrist,
Or a three-button shortie
Should top your gift list.



12-8

THEIR CHRISTMAS TOYS



AMONG THE WIDE VARIETY OF Christmas games is an exciting new version of tiddledy winks, provided by the children's old friend Pop Eye. In this, the pieces are flipped through obstacles portraying Pop Eye emblems.

By MARION CLYDE McCARROLL

THE best selection of toys since before the war is available this year for the Christmas stockings of young America. Even better news, moreover, is the fact that there are more lower-priced toys this season than at any time since pre-war Christmases.

More toys! A wider variety! More at moderate prices! Looks like a specially fine Christmas is coming up for the young fry.

It's a lucky thing for Santa, too, that there are a lot more toys ready for his distribution right now, for Kenneth P. Fallon, president of the Toy Manufacturers of the U. S. A., quotes statistics at us to show that over twenty-four million youngsters have been added to the toy-using population since the start of the war!

Not one of them, happily, need be disappointed when Christmas morning dawns, for no matter what a child's favorite pastime may be, there's a toy or game that's right up his alley.

There are toys to reproduce every feature of the American way of life, from home appliances such as miniature stoves that really work, refrigerators, electric irons and so forth through toy-size tools and other equipment to mimic those used in life-size engineering, architecture, transportation, science, agriculture, fashion and art. There are station wagons and helicopters, taxis and television sets, pre-fabricated houses and electronically controlled trains.

A doll coos when patted, and screams when spanked; a dog gives birth to puppies from a zippered stomach; a chicken lays an egg and walks away; a cow has rubber udders which can be milked. Both real smoke and a realistic choo choo are



WHAT FUN TO BE A SODA JERKER! Your child will be the envy of all his playmates with a playroom-size soda fountain that dispenses four flavors.

generated in a locomotive for the first time, both synchronized to the running action of the locomotive, and a tiny soda fountain produces actual sodas.

Shown in the pictures are only a few of the marvels that await the Christmas-shopping Mom and Dad, who have just as much fun toy-shopping as their children have receiving the results.

The Stars Say—

For Thursday, December 9
By GENEVIEVE KEMBLE

THE auguries are for the sudden precipitation of a difficult and disintegrating situation which could be aggravated and made more devastating by rash, erratic or impulsive emotions or feelings. With calm, rational and regulated conduct, it is probable that some sort of lead, "hunch" or intuition could solve a complex problem. Giving heed to the "still small voice" within could negate a peculiar entanglement or curious experience.

For the Birthday

Those whose birthday it is may be prepared for a year of singular experiences, strange adventures, or some sort of radical or uprooting change, sudden and possibly devastating. This abrupt event may incite the feelings or emotions to erratic or unfortunate expression, which might aggravate an already critical or curious situation. With a regulated, well-organized and planned mode of action, the stress might be averted. By use of a resourceful mind, an inspiration or intuition or form of inner guidance, also calmness and poise, could open doors.

A child born on this day may be disposed to strange drives or erratic emotions, although its inner urges may overrule curious impulses.

LOVE'S PERILOUS PATH

A Sequel to Love's Fair Horizon By ADELE GARRISON

Harry Tells Dicky That After Questioning the Prisoner, Spencer Announced He Was Leaving

Synopsis—In Dicky Graham's Hotel Lenahfield suite, Harry Underwood is recounting to Dicky further incidents in the interrogation of the espionage agent who shot Dicky last night, incidents which Dicky missed due to his departure to the hospital. "You remember that we carried him out of the hotel bound and gagged in a sack," Harry says. "Well, when we got down to the hide-away and took him out of the sack, he apparently was completely out. For a second or two, I thought we had a corpse on our hands."

"BUT, of course, it was a lively corpse once you tried the proper resuscitation methods," Dicky said with a grin.

"Most active," Harry Underwood assented. "And we didn't have to stick a single pin into him. I did it all with the sound of my mellifluous voice."

"Stop lifting yourself up on a pedestal," Dicky told him, laughing, "and give out."

"You have no flair for theatrical suspense," the big man said sadly. "But I'll humor you. I simply said in matters-of-fact tones, 'This is a piece of luck. While he's out, cold, I'll have a chance to test that hair of his. Don't try to revive him until I get through.'"

Same Effect

"If that was the same effect it did up at the studio," Dicky said. "You have a right to pin a medal or two on your suspenders."

"That was a feeble effort he gave up there at the studio," his big friend said with a reminiscent chuckle. "He handed out the real stuff down at the hideaway, especially after I brought out my little experimental kit. He threatened us all with deaths ranging from the torture of the boiled eggs, to being flayed alive."

"But it didn't do him any good save for giving his vocal cords a good work-out, although I fear he did overstrain them," Harry went

on. "He couldn't move anything except his voice, and I went right ahead with my tests."

He paused, and I knew he unconsciously was emphasizing his theatrical effect, something as natural as breathing to the man so long connected with the profession.

The Test

"You've worked up a very nice suspense," Dicky told him with a grin. "Don't weaken your effect. How did your test turn out?"

"Just as I expected," Harry said smugly. "The hair originally was as nearly platinum blond as could be imagined."

"Yes?" Dicky said tensely. "What else?"

"What we predicted, up there. The lad was a startling caricature of Carlotta Carroll."

Dicky gave a long, low whistle. "Whew!" he said. "What did Dad say?"

"Very little, as of course you'd expect," Harry answered. "You know the Chief. If he ever approaches what passes with him for loquacity, everything's serene with the world. The more difficult his problem, the quieter he gets."

"Well, then," Dicky said impatiently. "What did he do?"

With a Grin

"Listened and watched while 'X' did his level best in humane but effective 'interrogation,'" Harry said with a grin. "Then when the results held some meager clues, evidently obvious to the Chief, although they appeared flimsy to 'X' and me, your father said he was leaving, and that he would get in touch with us later."

"Did he go alone?" Dicky asked. "Didn't he take 'X' with him?"

(Continued tomorrow)

New England of the Past

A General Store Sold Everything Anyone Wanted

By IDA BAILEY ALLEN

"SEE Madame, what has happened in this big station!" exclaimed the Chef, setting down the grips. "New England has moved in on the mezzanine floor!"

I looked up, and sure enough there was a replica of a New England street a block long with real live people walking about. The familiar white church with its tall spire, dominated the street; and there were also the original old "Spencer's Theatre," a small newspaper and printing office, an old time drug store with bottles of herbs and blue colored water vases in the windows, and other exhibits.

We were on our way to give a stage cooking show out-of-town. But there was half an hour till train time. So we checked the luggage, walked up the broad mezzanine stairs and strolled down the street.

General Store

"We have never had in France a shop like this," observed the Chef, gazing into the old time general store. "Such a combination of everything! Barrels of apples and crackers and potatoes; brooms; dust pans; and overalls hanging from the rafters. Even the big bolts of cloth for the ladies to make the dresses are here."

"Very different from today, when all merchandise is protected from dust; foods are sold in packages to keep them sanitary; and the vegetables and apples are kept cold and fresh," I remarked.

A few steps and we were in the New England of today. The first

thing that attracted our eyes was a small edition of a Cape Cod cranberry bog, red berries glowing on dark green-leaved bushes, growing in the moist earth. Next we saw a miniature machine showing how cranberries are sorted and graded for market.

"Cranberries are a fine fruit, contributing both vitamins A and C, just what we need to help ward off winter colds and infections."

"I think the cranberry is a great contributor to good eating," said the Chef. "The flavor which is at once tart and pungent is excellent with poultry and meat of all kinds, especially when made into cranberry jelly or sauce, and these are also inside the budget."

Making Desserts

"In New England they use cranberries in making many desserts," for instance, when plain puffy dumplings are steamed on well-sweetened juicy cranberry sauce, and served pink and steaming hot, sauce and all. Cranberry betty is a favorite too, made exactly like apple betty, with coarse-chopped cranberries instead of apples. Sometimes they combine the two fruits in making a betty. And cranberry shortcake is delicious. Hot, rich baking powder biscuit, baked, split and buttered, and put together with warm spiced cranberry sauce.

"I am glad to learn about these cranberry desserts," said the Chef. "We do not have cranberries in France."

We entered a quaint old-fashioned

New England kitchen. Arranged in an open corner cupboard were small jars of candied cranberries, ready for Christmas giving, or for decorating holiday foods.

"Candied cranberries are easy to make, and much less expensive than candied cherries for decorating," I said. "Let's put the recipe in our column."

"And Madame, I think your own recipes for home-made cranberry sauce and cranberry jelly should be included."

TOMORROW'S DINNER

Cranberry Juice Cocktail
Brown Lamb and Vegetable Fricassee on Biscuit Squares
Escalloped Tomato
Diced Turnips and Pickles
Jelly Doughnuts
Coffee or Tea Milk (Children)

All Measurements Are Level
Recipes Serve Four

Jelly Doughnuts

Sift together 2 c. flour, 2 tsp. baking powder, ¼ tsp. salt, ¼ tsp. nutmeg and ¼ c. sugar. Beat 1 egg light. Add a scant ½ c. milk and 2 tsp. melted butter or shortening. The mixture will be very thick, but blend it lightly, using a fork. Turn onto a floured board. Roll to ¼" thickness. Cut into rounds with a large-size doughnut cutter and put 1 small teaspoon any kind of jelly, in the center of each round. Wet the edges of the rounds with milk or water, gather up the dough carefully around the jelly and press the edges together. Fry in deep fat at 350 F., or hot enough to brown a cube of bread in 1 min. Drain on absorbent paper. Roll in sifted confectioner's sugar.

Candied Cranberries

Combine 1½ c. granulated sugar and ½ c. hot water in a shallow qt.-sized sauce pan. Stir until the sugar dissolves, and boil 5 min. Then add 2 heaping cups large, firm cranberries. Cover and let stand at least 4 hrs., or even overnight. Then bring to simmering point, and simmer until the cranberries look nearly clear. Dust a large enamelware roasting pan with granulated sugar. Drain the cranberries from the syrup and arrange them in a layer in the pan. Sprinkle over a little more sugar, and dry out very slowly in a barely warm oven, about 120 F. Or cover the pan and put it on a vegetable board on top of a radiator until the cranberries are dry. Store in a metal container with a little sugar between the layers.

Cranberry Jelly

Put 1 lb. or 4 c. raw cranberries through the coarse blade of the food chopper. Add 1 c. water; bring to boiling point and boil 10 min. Stir in 2 c. sugar and boil 3 min. longer. Pour into a large mold, or several small molds, first rinsed with cold water. Let stand a few hours until firm. Unmold to serve.

Cranberry Sauce

In a 2-qt. sauce pan put 2 c. sugar, ¼ tsp. salt and 2 c. boiling water. Stir until the sugar dissolves; boil together 5 min. Add 1 lb. or 4 c. firm cranberries; simmer about 15 min. uncovered, without stirring, until the cranberries look translucent. Skim off the foam; chill and serve in sauce dishes.

TRICK OF THE CHEF

Sometimes a little cranberry jelly is left over. Add a little water, heat and baste ham while baking; or add to a fruit cup instead of other juice; or stir into apples or minicemeat for pies.



THE ALMOST HUMAN DOLL THAT blows bubbles and drinks water, then must have pants changed, now has shampooable hair, cries when squeezed.



A PLASTIC ACCORDION THAT REALLY plays, and a spinet piano with black and white keys that really work, will give any child hours of pleasure.

Food for Thought

If you're making fudge for the holidays, cook over low heat until the sugar is completely dissolved, stirring constantly. If you want to wash down the sugar crystals that form on the side of the saucepan, use a fork whose tines have been wrapped in a small piece of damp cheesecloth.

In slicing refrigerator cookies for baking, use a thin-bladed, very sharp knife. Cut with a sawing motion, and do not press too hard or the shape of the roll may be lost.

Beauty Bargains

For ladies who like to look decorative even while getting their hair, there are now on the market dainty and colorful ribbon curlers. They come packaged in cellophane envelopes each containing seven curlers in assorted shades.

For an extra special occasion apply two different powder foundations, a darker one first, then a lighter one. The darker one deepens and softens any protrusions. Darkening along the sides of the nose will give it a finer line.

Cataract In Elderly Patients

By HERMAN N. BUDESEN, M.D.

OLDSTERS just have to take it for granted that as the years roll by certain eye conditions may develop. One of the important conditions that often develops is one due to changes in the lens of the eye and is called cataract. The usual complaint in these cases is gradual loss of vision. The patient states that objects appear hazy or cloudy. Sometimes the patient may see dark spots before the eyes which do not change position with movements of the eye. In some cases, there is excessive sensitivity to light. Others may complain of double vision. Some find that the eyesight is better in dim light. These patients never lose the ability to tell light from darkness.

If such a condition occurs, probably some disease of the back part of the eyeball, such as bleeding, or of the nerve of the eye, is also present.

Elderly Patient

In certain cases, an elderly patient may boast that he has developed second sight, which means that after wearing glasses for several years for reading, he finds it possible to read without them. This is a symptom of cataract development and the eyes should be carefully checked.

Cataracts do not cause congestion, redness, or pain in the eyes. The pupil or opening into the eye appears black normally. When a cataract is formed, gray or white areas appear in this region. In advanced cataract, the entire pupil appears gray or white.

In order to make a definite diagnosis, the eye is examined with an instrument known as the ophthalmoscope, which makes it possible for the physician to look directly into the eyeball.

Hopeful Side

But there is a hopeful side to this condition, for the vision of a patient with cataract can be restored. An operation can be performed and the cataract successfully removed. However, an operation is not advisable if the patient still has useful vision in one eye. If the operation is done at this time, the patient will see double after being fitted with glasses. So the patient should have faith in the doctor when he tells him it is not advisable to have an operation as long as the patient has enough vision to follow his usual pursuits. As soon as the vision in both eyes is inadequate and the patient cannot follow his usual routine, the operation should be performed.

The time for the operation will vary in different patients, depending upon their activities. For example, a tailor or a mechanic will need operation sooner than those doing ordinary labor, since they need better vision to carry on their work.

The wise thing to do is always to let the doctor be your guide. If your eyes bother you, see your doctor without delay.

Answering Parents' Questions

P. S.: Will you please tell me just what amount of vitamin D to take without doing any harm?

Answer: There is some evidence indicating that very large doses of vitamin D may cause a reaction. However, 600 units daily probably would cause no difficulty.

Picking Out A New Hairdo

By HELEN FOLLETT

THERE are certain rules of coiffure arrangements for which hair stylists have respect. When the face is round and full, they say, it is a beauty misdemeanor to wear bangs or to pull your locks down over the forehead. The straight cross line of bangs makes the face look shorter and plumper. Some high school and college cuties, going in for bangs in a big way, should pause and consider before shearing.

The center parting is no help to a countenance of this type, but the side parting is nearly always flattering. Sleeking the hair straight back at the sides gives accent to large features; there should be soft wave lines in that area. An up-py roll at one side of the forehead will give the portrait pleasing lines.

Delicate Features

The girl with small, delicate features is often inclined to effect the bouncing, bushy bob, hair lifted in front, fluttering curls at the sides, hair flowing over the shoulders. This forms too large a frame for Fretty One, makes face and features appear even smaller.

When the face is long and thin a softly waved fringe will curtail its length. The high hairdo is not becoming.

The mirror should tell a woman what arrangement is best, but it won't if she has not the seeing eyes and the receptive mind.

Flare For Dress

Fantastic arrangements—and we see them now and then—are fatal to any woman who hasn't a flare for dress. They call attention to any irregularity of feature, just do not qualify for the Plain Jane type.

The woman who hasn't a knack for prettifying her locks would do well to have the short crop with only the barest shadows of undulations at one side and with ends turned under. This style lends itself to young and old. It is ideal for the career girl who must hustle up her beautifying duties in the morning before beating it out to the job.