## HEATH AND HYGIENE.

Raleigh, Sept. 26, 1913.-Dr. Go don, President of the Board of Dir ctors of the State Sanatorium fo the Treatment of Tuberculosis, a Montrose, today introduced a bill il the House to place the manage ment of that institution in the hands of the State Board of Health
This action has been taken be cause it has found that the Sanat rium could best be operated as a part of a comprehensive State pol icy in the prevention of tubercu losis. It is planned to devote a bu reau in the State Board of Health offices to the subject of the preven tion of tuberculosis. This bureau will take the form of a training school, or rather a correspondence school, in which the State Board of Health will endeavor to enrol very tubercular person in the State The Sanatorium will be analogous a central university, around which will be built up a great cor espondence school.
Another provision of the bill in roduced by Dr. Gordon is that every case of tuberculosis in the State shall be reported to this bueau at once, in order that the Health Department can immediate y begin a course of instruction It is estimated that there ale appro ximately 15,000 tubercular persons in the State. While it can not be expected to have all the tubercu lar people in the State entered in this School, yet the good that wil esult in teaching only a par hese people how to cure their dis ase and how to prevent its spread oother people will do much to ward reducing our high tuberculosi death rate, and with a little mor ducation along this line the correspondence school and the Sanatorium will be able to reduce ou
high death rate from this disease.

## SAVES LEG OF BOY

It seemed that my 14 -year old boy would have to lose his leg, on account of an ugly ulcer, caused by Aquone, N. C. "All remedies and doctors medicine failed till we tried Bucklen's Arnica Salye, and cured him with one box." Cures burns boils, skin eruptions, piles. 25c at Sylva Hharmacy.
"Not the piling up of matter conitutes progress, but the development of enduring character, the pproximation of the human with he divine, and an enlarged sense of he brotherhood of man.
Real progress is manifested in very effort to be Christils; in very effort to have God's will done on earth. These efforts will aid in establishing the kingdom of heaven on earth, a kingdom of much more importance than a kingdom of steel and concrete. Let mortals realize that "the earth is the Lord's and the fullness thereof," and let them through the spirit of Christ recognize the equal rights of all the sons of God to live and enjoy ilfe. Let all strive to do unto others as they would be done by. This is real progress, none other has right to the name.
By this it is not meant to decry or belittle the wonderful invention, advancement, and improvemen manifest everywhere in material affairs, but to point out the danger of confusing these with true spiritual progress, without which the former will come to naught, as did the glory of Rome.
With profonnd respect and apologies to the upknown author.

Respectfully submitted,
E. A. Wolff
J. W. Copeland, of Dayton, Ohio, purchased a bottle of Chamberlain's Cough Remedy for his boy who had a cold, and before the bottle was all used the boy's cold was gone. 'Is that not better than to pay a five dollar doctor's bill. For sale by all dealers.

SAVED BY HIS WIFE
She's a wise woman who knows just what to do when her husband's life is in dariger, but Mrs. R. J. Flint, Braintree, Vt., is of that kind. "She insisted on my using Dr. Ki, g's New Discovery," writes Mr. F." "for a dreadful cough, when I was so weak my friends all thought I had weak my friends all to live and it completely cured me." A quick mor for coughs and colds, the many throat and lung troublesgrip, bronchitis, croup, whooping cough, quinsy, tonsilitis, hemorhages. A trial will convince you Sylva Pharmacy

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of the Old Spanish Galleon
WHO FOUND IT?
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 grifues cuiviri gins nial DODSON'S LIVER TONE Every druggist in the state has noticed a great falling off in the sale of calomel. They all give the same reason. Dodson's Liver Tone is taking is place.
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Dodson's Liver Tone is personally guaranteed by the Sylva Pharmacy who sell it. A large bottle costs 50 cents, and if it fails to give easy relief in every case of sluggishness you have only to ask for your mon ey back
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Dodson's Liver Tone is a pleasant tasting, purely vegetable remedy harmless to both children and adults. A bottle in the house may save you a day's work, or keep your children from missing school. Keep Liver working and your liver will not keep you from working.

## School Teachers of JACKSON COUNTY <br> North Carolina for 1913-1914

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41 Miss Bertha Rhinehardt, Green's Creek
42 Mr . C. S. Tilley, Deets 43 Mr. A. D. Parker, Deets 44 Miss Bird D. Shelton, Deets 45 Miss Carrie Gribble, Gay 46 Miss Ella Pressley, Speedwell 47 Mr . W. T. Rogers, Cullowhee 48 Mr. T. F. Middleton, Speedwell 49 Mr. J. I. Rogers, Willets 50 Mr . Aaron Hooper, Tuckaseigee 51 Mr. Lyman Hooper, Tuckaseige 52 Mr . J. B. Arrington, Tuckaseigee 53 Mr. John D. Norton, East Laport 54 Mr. L. V. Tilley Cowarts 55 Miss Fay Zachary, Cowarto 56 Mr. M. D. Hardin, Cowarts 56 Mr. M. D. Hardin, Cowarts 58 Miss A. F. Arrington, Rich Mt 58 Miss Annie Coward, Cowarts 59 Miss Jessie Hooper, Argura 60 Mr . L. D. Alley, Wolf Mountain 61 Mr. J. C. Middleton Tuckaseige 62 Mr. W. T. Ash, Wolf Mountain 63 Mr. W. W. Bryson, Argura 64 Mr . Wolf Allen, Kilgore 65 Miss Myrtle Keller, Cashier 66 Mrs. Mabel E. Hayes, Cashiers 67 Mr . John Arnold, Grimshawes 68 Mr. Walter D. Frizzell, Bessie 69 Miss Olive Norton, Norton 70 Miss Emeline Bishop, Glenville 71 Miss Emma Lanning, Glenville 72 Miss Virginia Greene, Glenville 73 Mr . B. F. Buchanan, Glenville 74 Miss Maud Jamison, Erastus
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