

Jackson Count.

50 THE \$YEAR IN ADVANCE

SYLVA, N.C., MAR. 9 1923

USE CHINESE DOCTRINE ON SWEET POTATOES

Raleigh, March 7.—Black rot, scurf and other diseases of the sweet potato may be prevented by dipping the roots in a solution of corrosive sublimate before bedding, says G. W. Fant, extension worker in plant diseases for the State College and Department of Agriculture. Mr. Fant shows that this preventative measure is of great value in increasing the quality of potatoes produced and should be followed as faithfully as the Celestials of China practice their doctrine of preventative medicine.

Seed sweet potatoes can be sterilized by using four ounces of the sublimate to 30 gallons of water and the roots allowed to stand in the solution from eight to 10 minutes. They are then allowed to dry. Clean sand, never used before for bedding and containing no refuse from previous crops, is recommended by Mr. Fant for use as bedding. He states that potatoes so treated are fit for bedding only as the poison is absorbed by the skin of the root and therefore cannot be used for food.

Care must be taken with the corrosive sublimate as it is a violent poison both to animals and humans. The solution in which it is used also grows weaker as the potatoes are dipped and must be renewed for large amounts. The quantity of seed to treat will determine the amount needed to be made up and the seed should be treated immediately before bedding. The poison corrodes metal and so wooden barrels should be used for holding the solution. These recommendations are made by Mr. Fant to help the Tarheel farmer make more money on his sweet potato crop this year.

HOME DEMONSTRATION WORK

MAMIE SUE JONES Home Dem. Agent.

The following is my program for the week ending March 17th:
March 12th—Shoal Creek—Sewing.
March 13th—Olivet—Sewing.
March 14th—Sylva—Clothing.
March 15th—Dillsboro—Sewing.
March 16th—Candler—Sewing and Cooking.
March 17th—Office.

You are invited to attend the meeting of the Home Economics Club of Sylva, Wednesday afternoon, March the 14th, at three o'clock, at the graded school building. A clothing program will be given.
"Meat, white bread, and potatoes do not contain the food elements necessary for the proper growth of boys and girls," was a statement in last week's issue of the Journal. These foods have their place in the diet, but when used in excess the child is being deprived of a sacred birth-right, the right to be well nourished. If your child is to be physically fit, the following foods should be included in his daily diet, one quart of milk, fresh fruit, and vegetables. These foods contain an element, which promotes growth and maintains life.

Meat, white bread, and potatoes, are very deficient in the growth promoting and life giving elements. Meat is classed as a body builder, and white bread, and potatoes give heat and energy. Eggs are one of the most important body builders that we have, and should be included in the diet of the growing child. They also score very high as growth promoters, and life givers. If eggs are included in the diet, the amount of meat necessary is a minimum quantity. Only 57 per cent of pork is digested, and 92 per cent of an egg, if it is properly prepared. If you fry an egg, or "scramble" it in lard, you reduce its digestibility to 64 per cent. Omelets, creamed eggs, jellied, soft-boiled, poached eggs on toast, and eggs "scrambled" with butter in a double boiler, are some of the best methods of preparation.

Of all the foods consumed, milk is the most important. It is a body builder, a growth promoter, and contains a life maintainer. If you feed your child sweet milk each day, you have given him the best of health, greater resistance to disease, and happiness and efficiency in later life. It has well been said that, "The health, happiness, and efficiency of a nation depend upon the food it eats."

If your child does not like sweet milk look in next week's issue of the JOURNAL for methods of concealing a quart of milk in the daily diet.

BEEES NEED CARE IN MARCH AND APRIL

Raleigh, March 7.—"The quality of honey produced this season by any colony of bees will depend largely on the care given them during March and April," is the reminder given bee keepers by C. L. Sams of the Agricultural Extension Service. He states that the entire force of worker bees which gather the surplus honey must be reared during the eight weeks prior to the honey flow. This flow comes in April and May in eastern and central North Carolina, and in May and June in the western section. In all three sections, the surplus honey will depend on having an excess population of workers at the beginning of the honey flow. The bees, in obedience to their own instinct, build up the excess population in time for the honey flow; provided they have environments which enable them to carry out their instincts. Mr. Sams states that the requirements for a normal colony with a good queen are plenty of stores, adequate space for broodrearing, and a hive which gives proper protection. Where these three essentials were provided last fall, the bees will naturally rear all the workers necessary to gather a maximum crop.

The most common cause of failure is a deficiency in the amount of stores finds Mr. Sams. At this season each colony should have at least fifteen pounds of honey. In most localities bees will not rear the brood to best advantage with a less amount of stores in the hive. Any deficiency in stores can be supplied by feeding a syrup made of granulated sugar and water suggests Mr. Sams. The colonies should be fed rapidly until they have consumed 15 or 20 pounds of this syrup.

"Honey should never be used in feeding bees unless it is known to be free from disease," says Mr. Sams. "Do not let the bees run short of stores. They will pay well for the time and expense of feeding. When any deficiency in stores is permitted to continue, the bees must either starve or dwindle along in a miserable state of existence."

WILL FIGHT BEAN BEETLE

Raleigh, March 7.—In announcing a recent appointment of James C. Crawford as assistant in entomology, Franklin Sherman, Chief of the Division, states that his division will immediately begin work in studying the best way to control the Mexican Bean Beetle, a destructive insect which is now in the western part of the State. Mr. Crawford will have charge of the field investigations and will probably be located at Bryson City or some other point in that section. The bean beetle has now appeared in destructive numbers in eight of the southwestern counties, having been found to date in Henderson, Transylvania, Jackson, Swain, Macon, Graham, Cherokee, and Clay counties.

The new worker who will study methods of controlling this pest is a native of Nebraska, where he attended the University and was later assistant in entomology. He took his advanced degree at George Washington University at Washington, D. C. and was for years attached to the Federal Department of Agriculture. He also had several years experience at the National Museum where he was associate curator in charge of the insect department. During his connection with the Federal Department of Agriculture, he was stationed for a long while in Texas studying methods of fighting the boll weevil.

According to reports of the Experiment Station, Mr. Crawford should do some good work in helping farmers to fight the bean beetle. This pest has wiped out some of the legume crops of Alabama and North Georgia, coming to North Carolina from the latter section.

T. L. JAMISON IS DEAD

News reaches us of the death, last week, at his home in Greenville, of T. L. Jamison, one of the prominent citizens of that section of the county. Mr. Jamison had been in precarious health for several weeks. He was one of the best known citizens of the county, and one of the best citizens of the Hamburg section, and had served the county well in various capacities, having been a member of the county board of education for several years.

Items Of News Gathered By Our Co. Correspondent

SHOAL CREEK

Since the rain has ceased and the sun shone bright, and the roads more solid grown. Then it is we decide to "Renew the fight," or in other words, to "get a move on."

It is encouraging to see an increasing band of faithful ones assembling at the churches each Sunday to engage in Sunday School and Church services.

The infant son of Mr. and Mrs. Percie McLaughlin was buried at Thomas Cemetery Friday afternoon.

Mrs. J. R. Church and Mrs. Frank Battle, who have recently undergone operations, are improving. Mrs. Battle's place as teacher in our school is being filled by Miss Lucy Parrish, of Whittier.

A birthday party for Miss Selma Cooper, at the home of Mr. J. E. Battle, was enjoyed by a party of young folks Saturday night.

Mr. Frank Battle of Sunburst spent the week end at Mr. J. O. Johnson's.

Rev. B. S. Vest and Mr. K. Howell called at Mr. S. M. Crisp's Sunday. Mrs. Ellen Woody and daughter, Miss Pearl, returned to Jackson Sunday, after a visit among relatives.

Mr. J. M. Hayes made a business trip to Bryson City, Friday.

Mrs. L. E. Blackwell, of Sylva, is spending a few days at the home of her father, Mr. C. A. Bird.

Mr. G. T. Cooper and family and Mr. H. G. Ferguson and family called at Mr. York Howell's, Sunday.

Mr. J. H. Hughes was a juror at court last week.

Prof. and Mrs. C. R. Bird were guests of their sister, Mrs. W. T. McLaughlin, Sunday.

Mr. Grover Wiggins is spending some weeks in Detroit.

Mrs. J. K. Terrell visited Mrs. J. H. Hughes Sunday afternoon.

Mr. and Mrs. W. H. Hoyle called at Mrs. A. C. Hoyle's Sunday evening.

Miss Audry Bird, of Sylva, and Miss Annie Lizzie Terrell were guests of Miss Nellie McLaughlin, Sunday.

Miss Letha House is spending a few days at Mr. K. Howell's.

Mrs. York Howell is able to be out again after a protracted illness.

Mrs. Jehu Reagan, of Olivet, spent Sunday with Mrs. J. R. Church.

Mrs. S. J. Beck visited Mrs. W. H. Cooper Saturday afternoon.

Mr. D. A. Martin of Cherokee, was a visitor at Shoal Creek Sunday.

Miss Kate Gibbs and Miss Amanda DeBord, of Whittier, were guests of Misses Francis and Mary Battle Saturday night.

Miss Lettie DeBord spent Saturday night with Miss Martha Heritag.

Mr. and Mrs. W. F. House and Mr. and Mrs. James Sitton called at Mr. J. E. Hoyle's Sunday afternoon.

Mrs. Delia Oxner visited her sister, Mrs. Laura Snider, Sunday.

Mr. Golman Kinsland and Mr. Buren Terrell made music at the home of Mr. W. F. House Saturday night.

The teachers attended Teachers Meeting at Sylva Saturday.

A party of young folks made a trip to "The Peak" Sunday afternoon.

NORTON

Mr. Lawrence McGuire went to Asheville last week.

Mr. Griffin Norton has been sick, but glad to say he is improving at this writing.

Messrs Leonard and Lewis Norton went to Sylva last week on business.

Miss Myrtle Henderson is spending a few weeks with her aunt, Mrs. S. L. McGuire.

Mr. Leonard Corbin, of Higdonville, is visiting his grandfather, Mr. T. I. Corbin.

Mrs. Leonard Norton spent the night with Mrs. T. I. Corbin last week.

Dr. W. P. McGuire, of Sylva, spent Saturday night with his father and mother, Mr. and Mrs. S. L. McGuire.

Mr. and Mrs. M. M. Pierson spent Sunday with Mr. and Mrs. Griffin Norton.

Mrs. Woodfin Watson spent the

day with Mrs. Emmitt Norton last week.

I was very much interested in Mr. O. S. Dillard's letter in last week's JOURNAL in regard to the school system, but I am not the regular correspondent from Norton and did not write the piece, he referred to, I will be silent, but I do hope we will get a better school system. If it takes special taxes let it come, and if 30 cents on the \$100.00 is not sufficient let it go to what it takes as we people want better schools in Hamburg township. So come again in regard to the school question.

BIG RIDGE

We have had some of the coldest weather during February 1923 we have had in several years. Two below zero one morning. But moderated soon. We have had our share of mud, too, but cold winds have dried that out nicely, but a rain will soon fix it again.

Mr. Wilson is back from Hot Springs, much improved. But a severe attack of flu, while there, pulled him down in flesh and strength but otherwise is much better. The people of this county have, many of them, been very sick.

But glad to say, cold weather has about put an end to flu.

The patrons, and people in general, enjoyed quite a surprise in listening to the recitation and declamations by the students of our school, on the last day. Many of the parents remarking "Why this is a miracle, who would have thought it?" We knew we were having a good school, but who expected the children to acquit themselves like this. Thanks to the efforts of our unpretentious maintain boy.

We have had miracles at the close of our school before. A house burned by a cold stove (?) Let no one say, the days of miracles is past!

BESS E

Mr. W. M. Breedlove is building a road up Mill creek, we sure are proud of the progress he is making.

Sorry to say Mr. John Evitt is very sick with flu, hope he will soon be out again.

Miss Creat Stewart was the guest of Miss Florence Henderson Friday night.

Mrs. Bertha Evitt was the guest of Mrs. Aldie Evitt Sunday.

Mrs. G. C. Buchanan was the guest of Miss Nellie Evitt Sunday.

Mr. Marion Huston and Mr. Will Ingram were seen on our street one day this week.

Mr. Marion Stwint is able to be up after a case of the flu.

Mr. Jim Moss passed on his way to Sunburst.

Mr. J. C. Evitt was the guest of Mr. Mack Evitt Wednesday night.

BALSAM

Mr. Lee Crawford motored from his home in Greenville, S. C., to visit relatives here last week. His parents and sister, Mr. and Mrs. G. C. Crawford and Miss Bethel returned home with him where they will visit several weeks.

Mrs. C. A. Setser, of Franklin and Mr. Wade McKay of Winston-Salem, who were summoned to the bedside of their father, Mr. J. R. McKay, who is very ill, returned to their respective homes Saturday. His other children and several grand-children who live nearer, are with him most of the time. Since Friday his condition has seemed to be much better.

Mr. R. Earl Mehaffey left last week for Akron, Ohio, where he has accepted a position with the Good-year Rubber Co.

Mr. Corbitt Ensley, who has been confined to his home with influenza, is improving rapidly and hopes to be able to return soon to S. C. I. where he is a student.

Mr. Frank J. Haight, of Washington, D. C., who has been visiting his mother, Mrs. Hattie E. Haight, returned home Monday. Mrs. Haight has sold her farm to Hon. J. R. Morgan, of Waynesville, but will remain in Balsam for awhile, attending to

business etc.

them leave Balsam.

Mrs. John Smith

lets last week.

Messrs Claud Dun-

mons and Hubert L.

Sylva Saturday.

Mrs. Hattie Turpin,

wood, is visiting Mr. Lee

Mr. and Mrs. W. C. Cog-

to Sylva Monday.

Miss Sadie Christy, Mr. Ne-

Caristy, Mrs. George R. Bryson,

two children, went to Waynesville

Monday.

Mr. A. B. Bryson went to Sylva

Monday.

Messrs W. R. Jones, John T. Jones

and E. M. Smithers went to Sylva

Monday.

Mrs. M. S. Hyatt, who has been

visiting her son, Mr. W. A. Hyatt,

returned Monday to her home in

Bryson City.

Mrs. Rufus Arrington and Master

Arthur, of Sunnook, visited her sister

Mrs. John T. Jones, Monday.

Miss Mamie Crawford is visiting

in Addie.

Work has begun on Mr. M. C.

Green's bungalow.

Bryson and Green's commissary is

doing a good business and their saw

mill is running full time. Another

saw mill will be running soon. Busi-

ness is booming in Balsam. Let the

good work go on.

WILMOT

Every one is invited to come out to the third Sunday in this month to the Wilmot Sunday School at the Wilmot Church.

Mr. S. S. Hargrave and Quail, of Wilmot, were in town Sunday.

Mr. P. C. Ward was in town Monday, leaving for Little City.

We are glad to say Little City is doing very well.

Mr. J. H. Hargrave was in town Sunday.

Mr. W. A. Brown left Wednesday for Wilmot, where he will stay for a while.

Mr. William Meier wears a smile like a girl.

Mr. Cooke and family were the guest of Mr. Zeb Nation's and family Sunday afternoon.

Mrs. Maggie Davis spent Sunday night with the Bissons, Brown.

Mr. E. H. Reynolds of Dillsboro, was in town Monday.

Mr. Thad Shuler, of Dillsboro, was in town Sunday.

Prof. Gibbs went to Whittier Sunday.

Rev. Mr. Brindle preached Sunday at the I. H. Church.

Miss Essie Jones was the guest of Mrs. E. H. Bingham Sunday.

Mr. E. H. Hyatt passed through Sunday, en route to the Big Laurel.

Mrs. L. H. Davis went to Whittier Monday.

BEAUTIFYING CEMETERY

A local committee has been doing some excellent work in cleaning off and beautifying the Keener Cemetery; the money for the work having been raised by public subscription.

The committee intend to have the entire cemetery in grass, and ask that all persons who have relatives buried there, and wish to do work on the graves or lot, do the work next week, as not to interfere with the grass after the seed is sown.

CARD OF THANKS

Through the JOURNAL we wish to express our many thanks to the friends and neighbors, who were so kind and helpful during the illness and death of our dear husband and father, D. L. Cowan.

THE FAMILY.

Farmer in Perquimans County recently sold a 600 bushel shipment of soybeans cooperatively through the efforts of County Agent L. W. Anderson.

athletics. Obedience to the coach; to take the lead; the players to succeed. Furthermore, athletics. secular development; and as students do not work, they must have some sort of exercise to keep them built up physically.

Also it teaches boys and girls from their youth to hold and control their temper; for they soon learn that if they lose their temper in a game they are more than likely also to lose the game; and rather than be defeated they force themselves to control their temper, a practice which, after so much repetition, grows into a habit.

It teaches one to take defeat manfully; and defeat is one thing that we must all expect when we go out into the world as citizens.

Athletics is perhaps the only course that teaches one to think, to act, and to hold one's temper all at the same time.

TWO STUDENTS,

Cullowhee Normal School.

D. L. COWAN PASSES

D. L. Cowan, an aged and respected citizen of Webster, died at his home there early Sunday morning, after having been seriously ill for a couple of weeks. The funeral was held at the home and at the Baptist church in Webster, Monday, and was conducted by Rev. Chad F. Deitz, Rev. John Hoglan, and Rev. Mr. Harrison. Interment was in the Stillwell Cemetery.

Mr. Cowan was 80 years and 9 months old, and was a veteran of the war between the States, having been severely wounded at the battle of Chickamauga. He was for many years a faithful member of the Webster Baptist Church.

Mr. Cowan leaves a widow, who before her marriage was Miss Nancy Deitz, and five sons, R. B. Cowan, T. B. Cowan, J. N. Cowan and R. T. Cowan and two daughters, Mrs. Lillian Ashe and Miss Gora Cowan, all of Webster.

SCOUT NEWS

Troop one has been doing some "intensive" testing the past week. Between the last two weekly meetings, there have been thirty-eight Second Class tests passed, including a number of tests in First Aid and Bandaging, Cooking in the open without utensils, Fire Building, Scout Pace, Thrift, etc. Several of the Scouts have passed most of their Second Class tests, and expect to become Second Class Scouts by our next meeting night.

We have been having as a feature of our meetings, short talks by one member of each patrol. We have had some mighty interesting talks, and expect some more good ones this week.

We still have five vacancies in Troop One, and would like to consider applications for membership to fill these vacancies.

As we are hoping that someone will donate us an American Flag, we have been saluting the flag on the White House at Washington until we get one in our Troop Headquarters.

"Old Si Silver was a peculiar duck. Farmed with his bean and had darned good luck."

The folks around here worked hard and tried.

But here's Si's secret—he diversified.

A farm without records is like a clock without hands, running, but gives no information.

The sweetest type of heaven is home.—J. G. HOLLAND.