


After EVERY Meal

give your digestion a "kick" with **WRIGLEY'S**.

Sound teeth, a good appetite and proper digestion mean MUCH to your health.

WRIGLEY'S is a helper in all this work—a pleasant, beneficial pick-me-up.



Mothers of the World

Mothers!! Write for 32-Page Booklet, "Mothers of the World"

Lloyd Loom Products

Baby Carriages of Furniture

This Coupon

\$3.50 BY MAIL

An exclusive fountain pen that suits the most exacting taste, made of the latest Red Cardinal Rubber. Fitted with 14-carat solid gold pen point, gold-filled clip, and a box never filling device. Hand ground and iridium pointed. Satisfaction guaranteed.

MODESTY FOUNTAIN PEN CO., 132 Nassau Street, New York, City

BABEK

The Quick and Sure Cure for MALARIA, CHILLS, FEVER AND LA GRIPPE

It is a Powerful Tonic and Appetizer

Will cure that tired feeling, pains in back, limbs and head. Contains no quinine, arsenic or habit-forming ingredients.

ABSORBINE

Reduces Bursal Enlargements, Thickened, Swollen Tissues, Carbs, Filled Tendons, Swollen from Bruises or Strains; stops Spavin Lameness, allays pain. Does not blister, remove the hair or lay up the horse. Only a few drops required at each application. \$2.50 a bottle at druggists or delivered. Book 1 A free.

W. F. YOUNG, Inc., 310 Temple St., Springfield, Mass.

BABIES LOVE MR. WINSLOW'S SYRUP

The Infant's and Children's Remedy

Pleasant to give—pleasant to take. Guaranteed purely vegetable and absolutely harmless. It quickly overcomes colic, diarrhoea, flatulency and other like disorders. The open published formula appears on every label.

W. A. L. DRUGGISTS

Oh, Joy! What Comfort!

No more annoyance of offensive odors of the feet or body. Cobrael the Wonder Powder of the age. Prevents excessive perspiration, heals that sore and chafed condition, destroys bad odors. Don't delay, send 50c for a full size can.

THE COBRAEL CO.
6239 McClellan Ave. CHICAGO, ILL.

Rheumacide

Have you RHEUMATISM Lumbago or Gout?

Take RHEUMACIDE to remove the cause and drive the poison from the system.

At All Druggists
Jas. Bailly & Son, Wholesale Distributors
Baltimore, Md.

Tutt's Pills

SPEEDY RELIEF FOR CONSTIPATION

LIVE STOCK FACTS

HIGH-CLASS HORSES NEEDED

Well-Bred Animals That Have Been Properly Fed and Broken Are Always in Demand.

(Prepared by the United States Department of Agriculture.)


The United States Department of Agriculture calls attention to the fact that there is a market for high-class, well-bred horses and mules. The small undeveloped animal of poor quality is always a drag on the market, but the offspring of good brood mares bred to pure-bred sires of the right type, if properly developed and broken to harness, nearly always find a ready market.

Figures based on the 1920 census show that about 280,000 fewer colts were produced in the United States in 1919 than were needed to supply replacements of horses and mules on farms alone. About 225,000 high-class animals are needed for annual replacement in cities, making a shortage of more than 400,000 horses and mules produced in the United States in 1919, below the number needed for replacing losses.

The department recommends that farmers produce replacements enough, in connection with general farming, to be able to sell off the older work animals each year. The market demands well-broken and trained horses that will last a long period of years. Therefore, if the colts are broken at about three years of age and used on the farm a few years, these young horses, together with the breeding stock, will furnish the power for the average farm and the young stock will be increasing in sale value. Horses

Good Horses and Mules Should Increase Income of General Farmer.

reach their maximum sale value at about six years of age, and the surplus animals should be sold at this time. Well-bred horses and mules that have been properly fed and well broken are usually salable at a profitable figure and should increase the income of the general farmer.



MATERIALS FOR HOG FLOORS

Concrete is Sanitary, but After Cold and Damp—Animals Require Clean, Warm Nest.

The agricultural engineering division at University farm has been receiving inquiries concerning the construction of hog houses, especially as to the material to use for floors.

"The hoghouse floor is very important if the building is to be permanent and satisfactory," says Prof. H. B. White of the division. "Hogs desire a clean, warm dry and well-ventilated nest, and this requires care in the choice and placing of the materials for the floor.

"Concrete makes a sanitary floor, but it is often cold and damp and not desirable for small pigs. A removable floor of wood for the nest to be used at farrowing time is a great improvement. Cork blocks or creosoted blocks are also used for the floor of the nest.

"Hollow building tile laid on well-drained gravel covered with about one inch of sand and with the joints between the tile filled with sand makes a dry, warm floor. In some cases an inch of concrete over the tile is preferred, as it makes a more easily cleaned surface, although not so dry."

LIVE STOCK HINTS

A good grooming costs no money and is equal to two quarts of oats.

Engineers say that a horse can do the work of ten men.

The brood sow does not need an expensive and elaborate hog house for shelter.

Hogs, when fed a small grain ration, will make rapid and profitable growth on alfalfa.

During the months that the farm horses stand idle or have comparatively light work to do, a saving can be made in the feed costs by feeding a greater quantity of roughage than the horses get when at heavy work.

While the ewes are lambing, the successful shepherd watches the flock closely and is always at hand to give the ewe or lambs assistance when needed.

No farmer need hesitate in starting with sheep because he has not sufficient barn room for them. In fact, sheep do not do so well when housed in a close barn with other animals.

A sow that has had proper rations to the farrowing time will be quiet at the time of giving birth to her litter.

IMPROVED UNIFORM INTERNATIONAL

Sunday School Lesson

(By REV. P. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.)
Copyright, 1923, Western Newspaper Union.

LESSON FOR APRIL 29

RUTH THE FAITHFUL DAUGHTER

LESSON TEXT—Book of Ruth. GOLDEN TEXT—Thy people shall be my people and thy God my God.—Ruth 1:16.

PRIMARY TOPIC—The Story of Ruth.

JUNIOR TOPIC—Ruth and Naomi. INTERMEDIATE AND SENIOR TOPIC—Ruth's Choice and Its Outcome. YOUNG PEOPLE AND ADULT TOPIC—The Secret of Ruth's Noble Life.

I. Ruth's Connection With Naomi (Chapter 1:1-15). On account of famine in Bethlehem of Judah, Naomi with her husband and two sons sojourned in the land of Moab. After the death of her husband her two sons married Moabitish women. After a time her sons died also. After the death of her sons Naomi resolved to return to her homeland, having heard that the Lord had visited His people in giving them bread. They went to Moab to escape trouble but only got into more. It was not until Naomi was thus chastised that she resolved to return. Naomi had the good sense to recognize that the hand of the Lord was upon her for good. When the time came for her to go Ruth and Orpah accompanied her, for a distance. This she permitted but determined to place before them frankly the difficulties which would necessarily confront them. It was this frank presentation of the difficulties and her repeated urging them to go back that called forth from Ruth the expression of her noble choice.

II. Ruth's Noble Choice (1:16-19). Much as Naomi loved her daughters-in-law, she would not have them go into this matter blindly. She told them the worst that could come upon them. This principle ought to be carried out by us in all our relations in life. In business the spirit of frankness should be manifest. At home we should deal with each other in the most straightforward way. The same thing should characterize our behavior in the church and society. Note the difficulty which confronted Ruth:

1. No Chance to Marry Again. Naomi told her that she had no more sons for whom she could wait. In that day to be unmarried was the greatest disgrace. Society differed then from now.

2. She Must Renounce Her Gods. Her idolatrous worship could not be carried on in the land where God's people dwell. This was delicately touched upon when Orpah went back (v. 15). Orpah went back when it was plain there was no chance to get a husband. Now Naomi puts an additional test upon Ruth, that of giving up her religion. Ruth was equal to the occasion. Her mind was fully made up. She was willing to accept as her God the one who was able to produce in his subjects the nobility of character she had observed in Naomi. Naomi's very frankness in dealing with her caused Ruth to be more determined to cast her lot with her. Ruth's position was so definite and unflinching that the very expressions have come down to us in words which "no poetry has out-rivalled, and no pathos has exceeded, and which has gone through centuries with the music that will not let them be forgotten." She was determined to share Naomi's journey, her home, her lodge, her lot in life, and her grave in death, whatever that would be. To crown it all she would renounce her heathen gods and worship Jehovah.

III. Blessings Which Attended Ruth's Faithfulness. Ruth was never sorry for her choice, because—

1. She Found the True God (1:16). Instead of her heathen gods who were unable to help her she now had a living God, the God of Israel, as her God.

2. She Found Human Friends. (Chapter 2). As she went to glean in the field she was led to the field of Boaz, a man of wealth and grace. The servants of Boaz treated her with consideration. Even Boaz gave instructions for special consideration to be given her.

3. A Good Husband and a Happy Home (3-4). She not only secured a husband, but a man of God who had an abundance of this world's goods.

4. An Honored Place in the Israelitish Nation (4:13-17). Though she had to forsake her own people she became one of a nobler people.

5. She Became a Link in the Chain of Christ's Ancestry (4:18-22 compare Matthew 1:5). The one who fully decides for Christ and gives up all for him shall get a hundred-fold in this life, and in the world to come, eternal life.

Sharing Misfortunes.

Some people think that all the world should share their misfortunes, though they do not share in the sufferings of any one else.—A. Poincelot.

Those Who Mean to Be True.

Those who honestly mean to be true contradict themselves more rarely than those who try to be consistent.—O. W. Holmes.

Fearless Minds.

Fearless minds climb soonest unto crowns.—Shakespeare.

PLACE GUARD OVER TONGUE

"For Evil is Wrought by Want of Thought as Well as Want of Heart."

Whether we give occasion or not, there are those who in certain moods will speak spitefully of anybody, and there are some who go about speaking evil of everybody.

Yet these very people, even those whose lips rarely open but to utter something malicious, may have goodness in their hearts which would prevent them from malicious action. If we judge them by their deeds we may find them no worse than their neighbors—perhaps better; if we judge them by their words we have to condemn them severely.

But in reality the least part of the matter is that which concerns ourselves; the serious part is that which concerns the character of the back-biter. The whole character is vitiated and perverted by this unhappy habit; it proceeds from an entire lack of self-restraint, and can only grow from bad to worse, till the person is a slave of the tongue instead of being its master.

Society would be unbearable if everybody spoke according to mood, impulse or physical condition—Arthur L. Salmon, in the Chicago Daily News.

Cuticura Soothes Itching Scalp.

On retiring gently rub spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water. Make them your everyday toilet preparations and have a clear skin and soft, white hands.—Advertisement.

STUDY SECRETS OF NATURE

Writer Suggests Effective Method of Making Work for Hands That Are Idle.

Dispersing clouds by magnetized sand is only half the trick. How to make 'em is the other half. Probably making clouds is the more difficult half, although it is only evaporation on a large scale. It is a problem in heat and moisture. All these matters are something on which to busy the infinite human mind. And yet millions of us think our most satisfying endeavor is to "kill time."

Couldn't we kill time quite as effectively by studying some of the secrets of nature? Here are men who have been doing intellectual stunts in prying into those secrets.

For want of "nothin' else to do," why can't we all dabble a little in the same pastime? Give us a laboratory and let us go to work with due safeguards against blowing ourselves up. May not thousands more of us play at chemistry, physics, mechanics and so on?—St. Louis Globe-Democrat.

Near Enough.

California contributor reports having overheard this conversation:

Customer—Give me 25 cents worth of New England codfish.

Clerk—We have none from New England, but we have some from Massachusetts.

Customer—That's near enough. Gimme that.—Boston Transcript.

PRaises PE-RU-NA

FOR CATARRH OF THE HEAD AND NOSE

"I began using PE-RU-NA Tablets three years ago for catarrh of the head and nose. Was unable to do anything. I saw a decided improvement after one box and after

NO RETURN OF THE DISEASE IN TWO YEARS

using five boxes believe I am cured as there has been no return of the disease in two years." Fifty years of usefulness is the best guarantee of Pe-ru-na merit.

Tablets or Liquid Sold Everywhere

Mr. Frank Parley, Omaha, Neb., Ind. 100

WOMEN OF MIDDLE AGE

Much Interest Being Shown in the Large Number of Women Safely Carried Through the Change of Life by Lydia E. Pinkham's Vegetable Compound

The Following Letters Are Impressive

Owing to modern methods of living, few women approach this perfectly natural change without experiencing very annoying and often painful symptoms. Those dreadful hot flashes, nervousness, headaches, melancholia and irritability are only a few of the symptoms incident to this trying period of a woman's life, and the following letters prove the value of Lydia E. Pinkham's Vegetable Compound to overcome these abnormal conditions.

"Fisherville, Ky.—"For several months I was under the doctor's care as he said my nervousness, chills, hot flashes and weakness was caused by the Change of Life, but I did not seem to get any better. I was not able to work and spent most of my time in bed. A friend called to see me and asked me to try Lydia E. Pinkham's Vegetable Compound, and I cannot tell you how much good the medicine did me, as I had such a hard time before taking it. I can only advise every woman passing through the Change of Life to take Lydia E. Pinkham's Vegetable Compound, as it did so much for me.—Mrs. EDWARD B. NEAL, Star Route, Fisherville, Ky.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent you free upon request. Write to the Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

THE REAL ISSUE.

"Doggone it, Bringsley. I don't know what is going to become of the country. Things are going to the dogs."

"Your business slow?"

"No, not that; but last night my partner led the king when I held the ace, and when I came back with the ace to hold lead and kill the suit she trumped my ace, and then got the idea diamonds was trumps when I had made it hearts. I tell yuh, women are getting too darned independent!"

Really Happened.

Green hands are generally taken on at the department stores during the holiday rush and doubtless it was one of those who made the following break:

Customer—I'm looking for a copy of "Beyond the Desert" (by Alfred Noyes).

Flustered-Looking Clerk—I don't think we have it. (Turns to regular clerk)—Have we "The Bee on the Desert"?—Boston Transcript.

Sensible Chap.

There was a man who never wrote an acceptance to an invitation without adding W. P. His friends asked him what the letters meant—if they stood for "weather permitting."

"No," was his reply; they stand for "wife permitting."—Boston Evening Transcript.

Here's the Food-Iron Nature intended you to have



KIND and skilful Mother Nature planted under the outer coat of the kernels of her best food-grains a store of iron for human use. Many present-day foods are robbed of this and other vital qualities in the extra "refinement" of preparation.

Grape-Nuts, that famous wheat-and-malted-barley food, supplies iron, phosphates and vitamin from the natural grain; and in its splendid, well-rounded nutriment and easy digestion it is a wonderful builder of health and energy.

There's a delightful charm of crispness and flavor to Grape-Nuts—a welcome serving at any meal. Ready to serve, with cream or milk.

Order from your grocer today. There are many servings, providing exceptional nourishment, in a package of this truly economical food.

Grape-Nuts THE BODY BUILDER

"There's a Reason"

HEALTH PRODUCT

Made by Postum Cereal Co., Inc. Battle Creek, Mich., U.S.A.

Enslavement of Negroes.

The enslavement of the African race for commercial purposes had its beginning in southern Europe about half a century before the discovery of America by Columbus. It was carried to Central and South America by the Spaniards, and it existed there a hundred years before being transplanted to the English colonies of North America. From a small beginning made in Virginia the institution grew and spread to other colonies as they were founded, and at the opening of the Revolution there were about 600,000 slaves in the colonies.

A woman's face may be her fortune, or the making of some druggist's fortune.

A Michigan Woman Helped

Ionis, Michigan.—"I was passing through the Change of Life and had been under the doctor's care without any relief. A friend in Lansing, Mich., asked me to try Lydia E. Pinkham's Vegetable Compound and I feel fifty per cent better already. If any one in this condition doubts the ability of Lydia E. Pinkham's Vegetable Compound to help them I will gladly answer their letters."—Mrs. MAX W. HAHN, 537 N. Jefferson Street, Ionis, Mich.

A New York Woman Helped

Syracuse, N. Y.—"I was used up with nervousness, weakness and hot flashes so I could hardly keep around, and could not get out much on account of those awful prickly feelings. I read about Lydia E. Pinkham's Vegetable Compound helping another woman with symptoms like mine. My husband got some for me, and after taking it five months I can get around and even do my housework, washing and ironing included, and my friends can see what a change it has made in me."—Mrs. SIDNEY HUMPHREY, 826½ Burnet Avenue, Syracuse, N. Y.

GREAT ARTISTS IN DISCORD

Famous Italian Painters Evidently Were Not Easy Persons to Get Along With.

In the golden ages of art in Italy, Michelangelo, Leonardo and Raphael painted side by side in Florence for a short time. There was continual discord between Leonardo and Michelangelo causing the latter to leave Florence. Not to be outdone in courtesy or discourtesy, Leonardo departed for France. Although we should like to think of the masters living in harmony, it would seem that considerable friction existed among them.

Michelangelo, say his commentators, had a particularly caustic tongue. He could not brook criticism. Francia, the painter and goldsmith, who went to see a bronze statue of Pope Julius II, ordered by that pontiff and which the master had just finished, was thought to have censured it. After calling him a dunce before the people standing near, Michelangelo remarked to a son of Francia, noted for his beauty: "The living figures made by the father are handsomer than those his paints."

Keeps Off Rust.

A few drops of linseed oil applied with a cloth to the outside of the gas stove or the inside of the oven will keep the stove from rusting and will make it easier to care for.