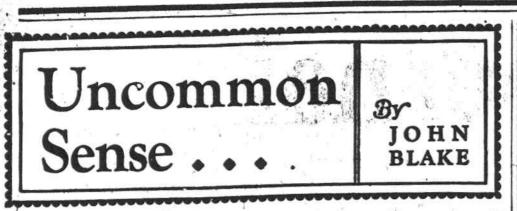
JACKSON COUNTY JOURNAL, SYLVA, N. C.



YOUR LEISURE' HOURS | look at it from a distance-you will

IKE a machine, you only rust Like a machine, while you are idle. Rest is necessary. Idleness is not.

Ideas come oftenest in your leisure hours. By making use of these hours, not only for rest and recreation, but for thought, you may make them the most valuable part of your life. This is particularly true of men who are whistle blows or Sunday morning employed upon tasks which require dawns, think how we are going to get more attention than inventiveness.

There is much tedious work to be done in the world. Once the motions essary. Play is as useful as work. are learned there is nothing to do but follow them. Day after day it is the leisure than he needs for play. If he becomes numb and the heart sick with sheer weariness.

If you have this kind of a job, you job, will be at its best.

It is then that you will have time to read-to think, to consider the future and what you mean to do in it.

Even the dullest duties can be done better by a thoughtful man than by an unthinking one.

But if you are engaged on-we will say-a commonplace bookkeeping job, you will have no time to figure out better ways of working while you are bent over your desk with your pen in your hand.

Your attention will be wholly consumed by the labor. When the labor is done for the day-when you can

Something to

Think About

By F. A. WALKER

NATURAL COMPULSION

FORTUNATE indeed is the man or

woman who has succeeded by patient effort in overcoming his or her natural compulsion. We all have within our breast this compelling force,

begin to get more light on it.

Lucky is the man whose job is a constant incentive to thought. The engineer, the painter, the writer, can think as he works, and his mind grows with each day's task well done.

But such places in life are few. Most of us must do the daily grind as cheerfully as we can, and when the a better job.

Recreation, exercise, both are nec-But nowadays every man has more

same thing over again, till the mind | employs it intelligently it may become more important than all his working hours.

> On the Waiting List. Percival-Philippa, when I make my fortune I'm going to ask you to marry me. Will you mind waiting for me? Philippa-Not at all, Percy; not at all. The longer I have to wait for you the better I'll like it.

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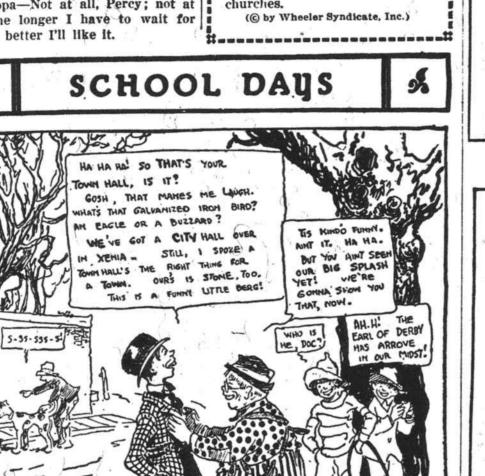


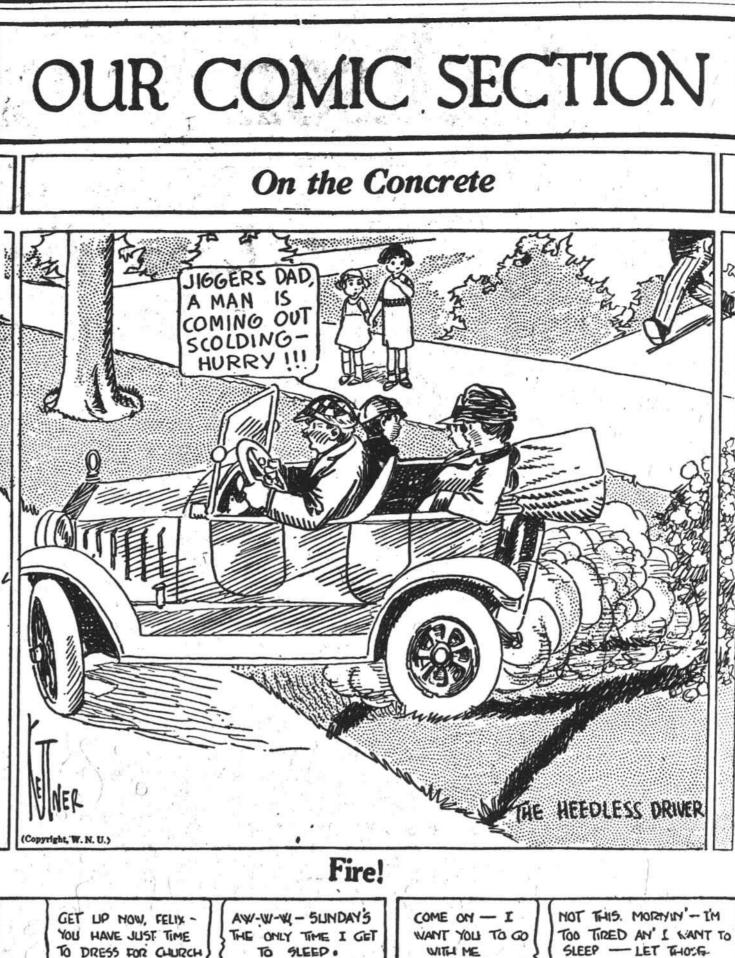
"Sub Rosa."

MEANING literally "under the rose," this synonym for secrecy or confidence dates back to 477 B. C., when Pausanias, commander of the Spartan and Athenian fleet, was engaged in conspiracy with Xerxes to betray Greece to the Persians. The meetings were conducted in a building connected with the Temple of Minerva and called the "Brazen House." Because the roof of this building was covered with roses, the intrigue was literally carried on "under the rose."

Pausanias, however, was betrayed by one of his men and, to escape arrest, he fled to the Tample of Minerva. The crowd, foring to violate the sanctity of the temple, walled up the entrance and left Pausanias to die of starvation in the very place where he had been guilty of treachery. It later became a custom amcag the Athenians to wear a rose when they had a confidential communication to make, and the flower alsc appeared on the ceilings of banquet halls to remind the guests that what was spoken there was in confidence. The same practice was common among the ancient Germans and, in the Sixteenth century, it was usual to see a rose placed over the confessionals in Roman Catholic churches.

Be systematic about the use of your will have to do most of your thinking leisure. Read in it, study in it, think in your hours of leisure. It is then in it. And it is more than likely that that your brain, relieved of the strain the habit of thought you thus develop of constant attention to a humdrum will carry you out of the rut to the threshold of fortune. (C) by John Blake.) -0-





COVERS ALONE

striving at every crucial moment of our life to obtain mastery over our intellect and reason.

In times of stress, when confronted by serious problems, or when passion takes sudden possession of us and temporarily dwarfs our sense of judgment, we become aware of our weakness-our inclination to be controlled by impulse rather than by well-weighted thought or clearly defined purpose.

To put it in everyday vernacular, we lose our heads and rush pell mell into the waiting arms of trouble, never thinking of the disastrous consequences that may follow.

Sometimes the brute instinct overcomes us, sweeps us away from our spiritual moorings and carries us out to sea.

When the weather clears we realize our predicament. We wish a thousand times that we had kept cool, been more circumspect in the choosing of words and the exhibition of an ugly disposition.

But being répentant never quite restores us to the old place we occupied in the estimation of our friends and associates.

The previous intimacies and confidences are broken beyond perfect restoration. They may be cemented together as are the severed pieces of a priceless vase, but the scars are sure to remain.

Reconciliations after quarrels fail to bring back the old faith in one another. In spite of the manifestations of sor-

'sons every dinner

let you win her-

pecially so:

hot with croutons.

More than all other condiments, al

though 'tis sprinkled thinner.

Just so a little woman is, if love will

There's not a joy in all the world you

FOODS WE LIKE

DEAS served in any manner are

Green Pea Bisque.

a sieve and add one-half cupful of

canned tomato soup, one pint of hot

milk, one teaspoonful of sugar, a few grains of pepper. Thicken with two

Date Salad.

Cook one pint of peas, rub through

delicious, but the following is es-

-Juan De Hita.

will not find within her.

DNK Copyrigh

row, the "makeup" kiss, or the forgiving handshake, there lingers in the heart a reserve which is seldom overcome.

The marks of the breaks are always visible to the eye of the soul; confidence and love are injured.

There is but one love on earth that passes through without being brokenthe love that the noble mother bestows on her child. Dear intimacles survive till death because the natural compulsion of the mother is to love and to hold love in its divine perfection. Compulsion of this exalted type is uplifting, dissimilar in every respect to the evil kind, which brings to all who unfortunately yield to it. nothing but

disquietude and sorrowing. (C by McClure Newspaper Syndicate.)

serve in nests of lettuce. A little

sweet or sour cream will improve the

Gooseberry Tapioca.

BUILDERS

By GRACE E. HALL

NE builds foundations with a careful hand,

Each stone square set with accuracy and skill;

Another builds great temples, wisely planned-

One rears a schoolhouse on a barren hill.

A mansion is the fancy brought to earth

Through someone's clever handiwork and brain;

So do men blend their dreams in forms of worth,

That, fashioned, blend in dreams of men again.

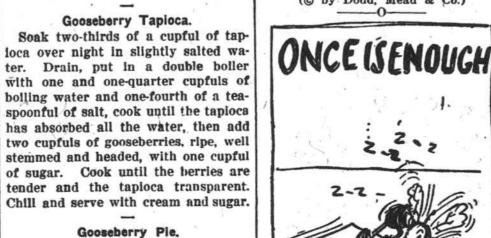
Then, since all work of man is viewed by man.

To stir and wake and urge endeavors

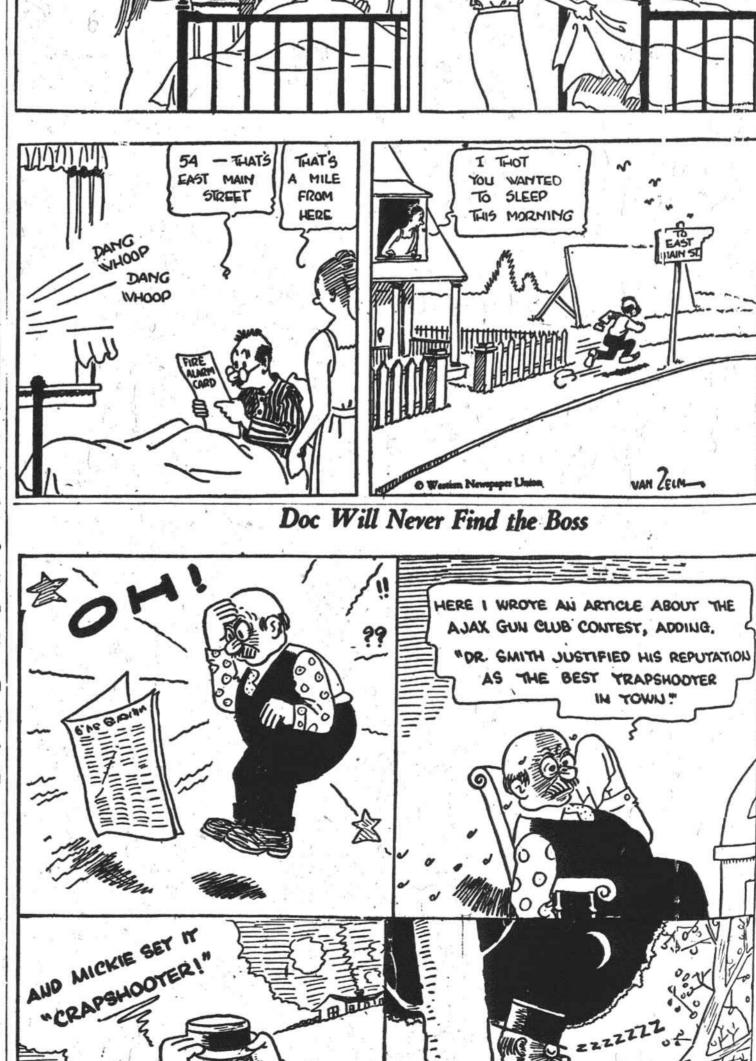
How careful should he be in every plan-

Painstaking in the task that he shall do!

(© by Dodd, Mead & Co.)



Gooseberry Pie. tablesponfuls of butter and one of Line a ple plate with pastry and put flour cooked together. Serve very into it ripe gooseberries to cover the bottom, sprinkle with a layer of flour and a cupful of sugar, add more ber ries to fill the shell, another dusting of Take one cupful of dates, three taflour, cover with a rich crust and bake blespoonfuls of seeded raisins, three slowly. Bind the edge of the pastry tablespoonfuls of walnut meats, onewith a strip of wet cloth to, hold in half cupful of boiled dressing, one the juices; this may be easily removed cupful of diced celery and one-

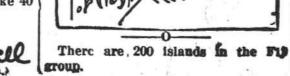


third of a cupful of grated American as soon as the pie is baked. Bake 40 cheese. Mix the cheese, nut meats and minutes in a moderate oven. raising. Stuff the dates with this mixture and allow them to stand sev-Maxwell 11 eral hours. Slice the dates, add the (Q. 1923, Weste

Mother's Cook Book

A peppercorn is very small, but sea- | celery and the salad dressing and

dressing.



13.

