

This Week



By Arthur Brisbane

FLOOD RELIEF SESSION LESSON FOR UNCLE SAM YOUR IMPORTANT CELLS WOMEN NATURAL TEACHERS

The President will call a special session of Congress for October, to take up the Mississippi flood disaster and the prevention question. The sooner prevention is discussed and arranged the better. The American Congress and people have a great faculty for forgetting—even a two billion-dollar calamity and 700,000 people being made homeless.

Twice in succession, American fliers have crossed the Atlantic at one "hop," Lindbergh flying to Paris, Chamberlin, with Levine, almost to Berlin.

What will military and naval gentlemen say now about their theory that "The airplane is no real menace to this country?"

Out of two attempts to fly across the ocean by American fliers, both succeeded.

What would be the probable percentage of success if five thousand foreign aviators, with full government backing and unlimited expenditure of money, should fly the other way on a hostile errand?

Americans should take to heart the lesson that Lindbergh and Chamberlin have taught us and get ready to keep hostile fliers away from this continent.

Five or ten thousand first-class planes, carrying mail parcels and passengers in peace, ready to take on machine guns in war, would be

the best investment this rich nation could make.

Golf, according to accident insurance companies, comes third among "dangerous sports." Victims of 451 golf accidents collected insurance last year. Twelve for "cuts with ~~any~~ instruments." The instruments were bottles, on the "19th hole." However, for one man injured at golf, one hundred die for lack of exercise, so play golf.

A German scientist says your heart is less important than the billions of cells that make up your body. The heart is important, of course, but the cells, eating, drinking, digesting, each living a separate life, are more important than the heart, even in blood circulation.

The human body is like a nation. Brain and heart are the government. The cells are the citizens, and most important.

Dr. Mendelssohn, of Berlin University, says, "The secret of life is the ability of living cells to effect change of matter and absorb and eject fluids. This change of fluids seems to be the principal cause of blood circulation."

The secret of making life worth while is the ability of the living brain to accept and absorb new ideas. That is the principal cause of human progress.

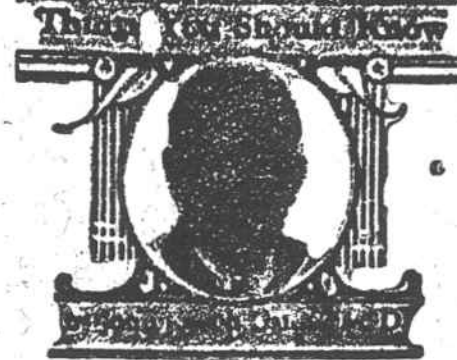
Students at Oxford worry because women are to teach there. "Isis," read by the Oxford young gentlemen, says that will eventually lead to a sex war, and is "a social revolution of the utmost significance."

Women are natural teachers; teaching has been their business from the beginning; teaching children, teaching husbands.

Hypatia, a better mathematician and philosopher than her father, Theon, was one of the greatest teachers that ever lived, until fanatical early Christian monks tore her from her chariot, as she was going to her school, and murdered her, more than 1,500 years ago.

The college boy or adult citizen lacking respect for women or confidence in their power, judgment and goodness, pays a poor compliment to his own mother.

About your Health



INQUIRIES

Sometimes my readers write me, asking about little things not made clear in my letters to this paper—I thank them for the indirect confidence—sometimes for criticisms indulged. I cannot, of course, undertake the treatment of diseases by mail; have all I can do at home; but, a self-addressed, stamped envelope will bring an immediate reply from me, in the interest of good newspaper service.

I have been asked recently what foods are most likely to make a "lazy" liver worse. Sometimes a lazy liver is an over-loaded, tired liver, not a lazy one. Hence I reply that, an overload of any kind of food will aggravate an over-loaded liver—fruits being the least harmful. The specific article of diet that I forbid, when dealing with an engorged liver is, starch, in its many forms, such as boiled or mashed potatoes, dry beans, white bread, and the like. The liver functions largely as a starch-transformer, and cannot do more than it is able to do.

One writer remonstrates—that fats work harm in "liver troubles"; referring to animal fats, I suppose. I have forbidden all meat-fats in gall-bladder conditions, but these are not "liver-troubles." Fat meats are not good in gall-bladder infections; dairy fats, butter, cream &c. in small quantity, do much less, if any harm. And, the vegetable oils, olive oil particularly have a reputation for being beneficial, among the older clinicians.

Every liver case is a law unto itself, and should be referred to the family physician, whether acute, subacute, or chronic. Especially after forty-five should all suspicion of liver disease be investigated. A stitch in time may save several yards of catgut.

(Next week: Hot Weather Hints)

The Judge's Lark

IF THE YOUNG BABY'S MOTHER OBJECTS TO KISSING— THEN KISS THE BABY



Mistaken Identity

After waiting long and patiently for his waiter to appear with his order of ham and eggs, the nervous Mr. Wollup accented another waiter and asked: "How long have you been working here?"

"Two weeks, sir," replied the waiter.

"No," said Mr. Wollup, sadly. "You are not my waiter."

Soul of Honesty

"I beg your pardon, sir, but I am soliciting donations for our rummage sale. What do you do with your old clothes?"

"Why, I brush them carefully at night, and I put them on again the next morning."

A Thought

When better air castles are built, everybody will build them.

Subtle Old Fish

Her Father—"Do you support yourself?"

Suitor—"Why, yes sir."

Her Father—"Then you ought to be abolished by the board of health!"

Suitor—"What for?"

Her Father—"For maintaining a nuisance."

Facing Facts

"I don't know what we are coming to," pondered the motorist as he drove up to the edge of a cliff.

They Are Like That

"Didn't you say there was some thing you liked about me?"

"Yes, but you've spent it all."

Signals!

Downtown

The other day

I espied a Snappy Blonde

and decided

To talk with her

Whereupon she told me

To please observe

The traffic rules

Which I did

And it said "Go"

—And I did.

Morals or Molars

I need lots of pull to succeed in my business," remarked the dentist as he extracted another tooth.

BALSAM

The pouring of concrete on Oakland drive is progressing rapidly.

Miss May Christy has returned from Emory, Va., where she has been teaching, to spend the summer with home-folks.

Mr. O. J. Beck and mother, Mrs. Cynthia Beck, went to Franklin Sunday to see Mr. Beck's wife who is very ill in the Angel Hospital having undergone a very serious operation.

Mrs. J. R. Rork and grandson, Master Raymond Rork, have arrived from Paducah, Ky. to spend the summer in their home here.

Mr. Bill Giessler, who has been visiting his mother and sister at Balsam Lodge, returned last week to his home in New Jersey.

Messrs. Charlie, John and George Coward went to Franklin Sunday.

A large number of young people from Lake Junaluska were picnicing here Monday. Mrs. Aldridge, wife of Prof. S. F. Aldridge of Duke University was in the party.

Mrs. Hubert Ensley has returned from a visit to her parents, Mr. and Mrs. A. H. Mehaffey in Hendersonville.

Balsam Hotel is keeping up its reputation of entertaining June brides and grooms.

SIMMONS BACK HOME; HEALTH IMPROVED

New Bern, June 20—United States Senator F. M. Simmons, North Carolina, returned to his home here Sunday after spending three weeks in a Statesville hospital for a much needed rest. The senator's health is much improved and he considers his physical condition very good after a recent illness. He was accompanied here by his secretary, Leon Fuquay.

YOUTH KILLED BY TRAIN NEAR WAYNESVILLE

Waynesville, June 20—Taking no notice of warning cries from friends Levi Jenkins, 17 years old, sat upon the Southern Railway tracks near his home late Sunday and was run over and killed by a freight train.

Young Jenkins apparently had been seated upon the tracks for some time when a party of friends, passed by shortly after 7 o'clock and hailed him. He spoke to them.

Just after they passed the freight approached and the party moved off the tracks. Looking back, they saw the youth still sitting on the tracks, his head in his hands, apparently in deep study or in a melancholy mood.

Seeing the danger, they called sharply to him, but he paid no heed. The freight whistle blew loudly, and there was a grinding of brakes as the engineer sought to stop before reaching the spot where the boy was seated, but his efforts were in vain, and young Jenkins apparently was instantly killed.

Levi Jenkins was a son of Mr. and Mrs. Joseph Jenkins, who live on the Welch farm between Lake Junaluska and Waynesville. The tragedy happened near the farm.

He is survived by his parents and several brothers and sisters. Funeral services were to be held Monday afternoon, with burial in Pleasant Hill Cemetery at Clyde.

REPORTS ESCAPE OF TWO CONVICTS

Raleigh N. C. June 20—State Prison Superintendent George Ross Poulate today reported the escape of two prisoners.

Moffat Shannon, Cleveland county negro who has served seven years of a 12 to 15 year term for murder in the second degree with three years to go pending good behavior, escaped from the Durham prison quarry camp.

C. Cardwell of Gaston county escaped from the state prison here. He was serving a four to six year term for forgery. His time would have expired in December.

The camp season for club members is beginning. The State Club Camp at State College, July 11 to 16, will be the leading event of this kind during the year.

Lice and mites thrive in hot weather and if not controlled will cut the vitality of the hens and chicks.

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THIS IS THE LAST WEEK OF EP- WORTH LEAGUE MEMBERSHIP DRIVE

HAVE YOU BEEN ASKED TO JOIN?

Send the following slip in to Mrs. D. D. Alley, President, and belong to our All for Christ Organization.

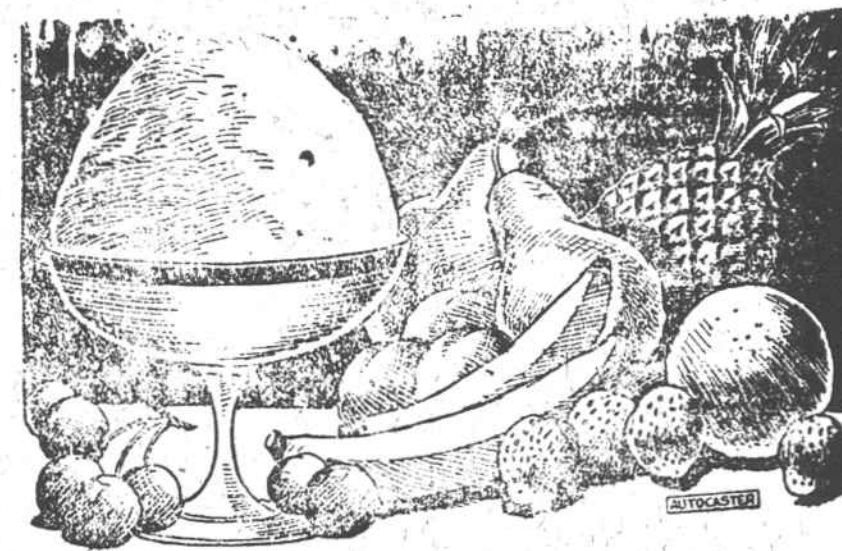
NAME

Address

We cordially invite you to attend our meetings each Sunday evening at 7 P. M.

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As the day grows warmer, the desire for ice cream and fountain drinks becomes a craving. Eat our ice cream, drink our drinks. They are good, delicious, pure, healthful. Nowhere will you find better, more appetizing preparations, or more pleasing service. Bring the children too.

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THAT "KINGLY" FEELING

"..." said Lindbergh—referring to himself and his plane, "The Spirit of St. Louis." "We" says the motorist, who has a good car—and knows how to take care of it. He is the motorist who has experts keep his car in first class working condition—and he is "King" of the road always.

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