

The Way of Life

BRUCE BARTON

Killing The Snake

PAMPHLET issued by one of the big insurance companies tells us how to act in emergencies: how to revive a drowning person; how to bandage a burn; what to do for snake bite. On this last subject there is an introductory sentence which is set in big type for emphasis. It reads:

DON'T STOP TO KILL THE SNAKE.

The idea contained in that crisp utterance has far-flung applications. Whether any specific deed should or should not be done depends not merely upon its character but equally upon the circumstances and the time.

Years ago I interviewed Dr. John R. Mott, a great leader, and I asked him his rules for selecting executives.

"I watch a candidate for a long time before I decide," he answered. "I want to satisfy myself on two points: Does he do small things well? Does he do **FIRST** things **FIRST**?"

As he spoke I remembered a well intentioned, hard working man who was under my observation at one time. He had a most amazing capacity for doing his work in the wrong order.

He was to meet his boss one day at the Grand Central Station with tickets for Detroit. The boss arrived five minutes before train time and, telephoning to the office, found the man still at his desk. His excuse was that he was engaged on a plan which he thought might possibly double the business and he had become so engrossed in it that he had forgotten his watch.

The plan might have been all right, though it turned out not to be, but in dealing with it at the wrong time he caused the boss to miss a train and lose an order.

He was forever writing memoranda on matters outside his department, while neglecting the routine duties for which he was paid. He was usually late to the office because he had gone out of his way to make a call which he believed might be of benefit to the company.

All of his activities were inspired by a genuine desire to increase the business and so raise his own earning power. But he was a nuisance, and was finally fired.

The human race possesses all the information necessary for the successful conduct of its affairs. Many of its troubles arise because men fail to make a schedule and arrange their tasks in the order of relative importance.

The parade is held up by perfectly good people stopping to do perfectly proper things at exactly the improper time—letting the patient perish while they earnestly kill the snake.

NOTICE OF SALE

Notice is hereby given that the undersigned Trustee, acting under and by virtue of the power of sale contained in a Deed of Trust from Henry Smith and wife Ola Smith to Felix E. Alley, Jr. Trustee for Tuckasee Bank, Sylva, N. C., dated November 16th, 1925 and recorded in the office of Register of Deeds of Jackson County, N. C., in book 96 at Page 139 will on the 3rd day of August 1931, at 12 o'clock noon offer for sale by public auction to the highest bidder for cash at the court house door in the town of Sylva, County of Jackson, N. C., the following described land, with the improvements thereon:

Certain tract of land lying and being in Jackson County in Cullowhee Township adjoining the lands of M. Buchanan and others and fully described in a deed from Thos. A. Cox and wife Cora Cox to J. H. Alley and Henry Smith dated March 31st, 1919 and recorded in the Office of Register of Deeds for Jackson County, N. C., in Book No. 80 at Page 109 to which reference is made for a full and complete description; excepting and reserving from the operation of this instrument however four certain tracts or parcels of land heretofore conveyed and described in a deed from Henry Smith and Ola Smith to H. M. Pressley recorded in Book 84 at page 492 in Office of Register of Deeds for Jackson County; and second tract described in a deed from Henry Smith and Ola Smith to Mont Dave and Zephyr Dave and recorded in Book 84 at Page 533 in Office of Register of Deeds for Jackson County; and Third Tract described in a Deed from Henry Smith and Ola Smith to Sam. Fox and recorded in Book 89 at Page 252 in Office of Register of Deeds for Jackson County; and Fourth Tract described in a Deed from Henry Smith and Ola Smith to J. A. Seago and recorded in Book 86 at Page 168 in Office of Register of Deeds for Jackson County.

This sale is made after default in payment of the indebtedness secured by the above Deed of Trust, whereby the power of sale contained therein has become operative. This the 1st day of July, 1931.

Felix E. Alley, Jr. Trustee.

NOTICE OF SALE

Notice is hereby given that the undersigned Trustee, acting under and by virtue of the power of sale contained in a Deed of Trust from John Phillips and wife Bertie Phillips to Walter E. Moore, Trustee for Tuckasee Bank, Sylva, N. C., dated November 16, 1925, and recorded in the office of Register of Deeds of Jackson County, N. C., in Book 96 at Page 191 will on the 3rd day of August, 1931, at 12 o'clock noon, offer for sale by public

lic auction to the highest bidder for cash at the court house door in the town of Sylva, County of Jackson, N. C., the following described land, with the improvements thereon:

A Certain tract of land lying and being in Jackson County in Cullowhee Township adjoining the lands of J. C. McCracken, Walter Parker, Oscar Easley and others, bounded as follows: N. 7 E. 7 poles N 13 1-2 W. 5 poles and N. 8 E. 26 poles to a point opposite a small oak bush on W. bank of creek; thence N. 69 1-2 E. 43 poles and 19 links to a small black walnut; thence N. 82 E. 28 1-2 poles to a stake in C. W. Denning Company's line; thence with that line S. 28 E. 31 1-2 poles to a sourwood, thence S. 43 W. 10 poles to a stake, thence S. 65 W. 70 poles to a stake, Phillips' corner; thence S. 67 1-2 W. 20 poles to the BEGINNING, containing 21 1-4 acres, as surveyed by O. B. Coward on the 21st of March, 1924, and being the same lands conveyed by Deed from J. C. McCracken to Horace Breece.

This conveyance is subject to the reservations and exceptions contained in a deed conveying this property from J. C. McCracken to Horace Breece on the 22nd day of March 1924.

This sale is made after default in payment of the indebtedness secured by the above Deed of Trust, whereby the power of sale contained therein has become operative.

This the 1st day of July, 1931.

Walter E. Moore, Trustee.

ADMINISTRATOR'S NOTICE

All persons are hereby notified that the undersigned has duly qualified as administrator of the estate of John T. Buchanan, deceased, and all persons having claims against said estate are notified to file said claims with the undersigned within six months of date of this notice or this notice will be plead in bar of their recovery. All persons indebted to said estate will make immediate settlement.

This July 1, 1931.

T. C. LEDBETTER, Administrator of the Estate of John T. Buchanan, deceased. 7-1-4ts.

NOTICE OF TRUSTEE SALE

On Monday, the 20th day of July, 1931, at 11:00 o'clock A. M. at the Courthouse door in the Town of Sylva, Jackson County, North Carolina, we, the undersigned, trustee and beneficiary, will sell at public outcry to the highest bidder for cash, the following described lands, lying and being in Jackson County, North Carolina, and fully described as follows:

BEGINNING on a small Spanish oak near the old Crawford School House place, beginning corner of T. D. Green, and runs N. 27 degrees W. with Green's line 10 poles to a stake on the ridge; thence N. 2 degrees E. 14 poles to a stake on the ridge;

thence N. 18 deg. W. 14 poles to a stake and pointers on the ridge; thence S. 77 deg. E. 50 poles to a black gum; thence S. 80 deg. E. 20 poles to a stake; thence S. 78 deg. E. to a stake on top of Judiculla Ridge; thence S. 10 deg. E. 24 poles to a chestnut the Southwest corner of the T. M. Bryson lands, in the

line of T. G. Bryson land; thence S. 70 deg. W. with said line to the northwest corner of the T. G. Bryson land; thence N. 8 poles to the northeast corner of the Baly Tract; thence West 70 poles with said line to the BEGINNING. Containing 25 acres, more or less.

by virtue of the power of sale contained in that certain deed of trust or mortgage executed by H. L. Bryson and wife, Clariey Bryson, to the undersigned Trustee and Beneficiary, on December 10th, 1927, which said deed of trust or mortgage is duly recorded in Book 102, page 450, Record of Deeds of Trust of Jackson

County, North Carolina, to which reference is hereby made for all the terms and conditions of the same. This the 17th day of June, 1931.

Stella Jones
Charley Jones, Jr.
Trustee and Beneficiary
6-25-7,16ings



THE FAMILY DOCTOR

By JOHN JOSEPH GAINES, M.D.

BLOOD IMBALANCE

Nothing should be appreciated more than perfect circulation of the blood in the body; and, very many times we, physicians, meet with variations from normal, which may be called "imbalance," or engorgements here and there, which may vary from congestions to actual dilatations of the vessels—organic disease.

People with big abdomens are sufferers in varying degree, from blood imbalance. There are many great veins that traverse the abdominal wall and visceral content there situated. Anything that may cause "rush of blood" to these blood-vessels, produces immediate and very evident effect on structures elsewhere. A big meal is an example—overeating; intense determination of blood to the stomach and bowel, depleting the brain for the time being, causing dizziness, cloudy vision, staggering gait, stupor, with heavy feeling throughout the already overfleshed abdomen. The symptoms may amount to a temporary helplessness, a not very enjoyable feeling in elderly persons.

I believe without accurate figures, that one-fourth of the blood volume may flow in a great tidal-wave to a ponderous abdomen, from overexertion, overeating, etc.; and, that this condition reacts heavily upon the heart and brain; of course the veins of such an abdomen become much dilated from the constant sagging, making possible, if I may use the term, "abdominal apoplexy." And here it is that the "tubby" abdomen is a very troublesome luxury.

Methods of correction are slow, discouraging, and are seldom persisted in to get the relief possible. Carefully practiced exercises are productive of results. Of course free daily evacuation of the bowel MUST be maintained. Here it is starches in the diet must be cut down to a minimum. Indeed, the diet must be just what is needed and no more. In chronic cases patients short of breath and who puff with slight muscular exertion, may wear a well-fitted bandage to support the sagging, indolent organism.

International Sunday School Lesson
for July 26
CHRISTIANITY SPREADING
BY PERSECUTION
Acts 7:59-8:4; 11:19-21
Rev. Samuel D. Price, D.D.



SWEET CLOVER
By Wallace Rice
Within what weeks the mellow
Gave forth its fragrance, I, a
Or never knew or could forget
Save that 'twas while the year
glad.

Now know I that in bright July
It blossoms; and the perfume
Brings back my heart, and, wait
Am steeped in memory as
wine.

Now know I that the whole year
long,
Though Winter chills the
cheers.

It writes along the walls its
Even as my youth comes through
my years.

HUMORETTES

A demon taxi-driver whizzed past
Fifth Avenue out at Twenty-
Street the other noon, just behind
red light, grazing a traffic sign, gra-
ing a safety zone, and a
cop halted him. Deliberately he
a big handkerchief from his pocket
"Listen, cowboy," he said, "if
way back I'll drop this, and
you can pick it up, will you?
With this he motivated him on.

Joe—"I hear Jones fell down
the state pharmacy examination."
Sam—"Yes, he put some
difference between a club and
western sandwich."

Consider your Adam's Apple!!*

Don't Rasp Your Throat

With Harsh Irritants

"Reach for a LUCKY instead"



LUCKIES are always kind to your throat

Everyone has an Adam's Apple—Every man—every woman has one. Touch your Adam's Apple with your finger. You are actually touching your larynx—this is your vocal box—it contains your vocal chords. When you consider your Adam's Apple, you are considering your throat—your vocal chords.

"TOASTING" expels certain harsh irritants present in all raw tobaccos. These expelled irritants are not present in your LUCKY STRIKE—the modern cigarette. We sell the expelled irritants to manufacturers of chemical compounds. Everyone knows that sunbath mellow—that's why the "TOASTING" process includes the use of Ultra Violet Rays. LUCKY STRIKE—made of the finest tobaccos—The Cream of the Crop—THEN—"IT'S TOASTED"—an extra, secret and exclusive heating process. It is this process that expels these harsh irritants. No wonder 20,679 American physicians have stated LUCKIES to be less irritating. No wonder LUCKIES are always kind to your throat. And so we say "Consider your Adam's Apple." Be careful in your choice of cigarette.

"It's toasted"

Including the use of Ultra Violet Rays
Sunshine Mellows—Heat Purifies
Your Throat Protection—against irritation—against cough

Babe Shannon
SAN JUAN, PORTO RICO