## WOMANLY WISDOM.

Addrese all eommunications to "Womanly
Nisdom," PINE K Nor office, Southern Pines,

## NO-EGG RECIPES.

We think the contributor to Good Cheer who publishes a number of "Good things made without eggs" will receive the thanks of housekeepers who at this season of the year find eggs tither impossible to procure or too expensive for their purses. We copy a few for the benefit of our readers.

Breakfast Cake with Water.-Melt one table-spoonful of shortening in one cup of hot water. Mix thoroughly one and one-half heaped teaspoonfuls of good baking powder into one cup of fine Indian meal and two-thirds of a cup of wheat flour; add salt and the cup of hot water and shortening, and enough more cold water to make as thick as ordinary batter for frying. Pour this into a hot buttered gem pan and bake; a good oven will do it in thirty minutes or less.

Rice Pudding.-Two thirds of a cupful of rice, one-half cupful of sugar, salt, spice, one cupful of currants, three pints of sweet milk; stir once an hour and about ten minutes before serving put in a piece of butter size of an English walnut to protect from burning. Bake three or four hours slowly.
No-Egg Cake.-Beat one cup of sugar into a piece of shortening as large as a good sized egg, "until it ereams." Dissolve one teaspoonful of saleratus in one cup of sour milk; one cup of any kind of fruit or one cup of a mixture of citron, raisins and currants, a teaspoonful of mixed spices, and two and one-half cups of flour.

Simple Pudding.-Take one pint of sifted Indian meal and mix with cold sweet milk (skim milk will do nicely) until thick as griddle cake dough, put into a double boiler and stir until it is done; (tweuty minutes brisk boiling should do this); dissolve some salt in hot water and stir in just before it is "done". Serve with boiled molasses, or butter and sugar creamed together; real cream would be too delicious to be attainable by ordinary mortals, but it is a delight to the palate just to write about it,

Any favorite pudding sauce may be prepared for this cheap, nutritious pudding, and if some critic boldly declares that after all it is nothing but "hasty pudding,". and insists upon a large spoon, yellow bowl and pitcher of milk with his, why let hims nobody objects !

Tapioca Pudding.-One eup of pearl tapioca, two-thirds of a cup of sugar, a teaspoonful of salt, and three pints of water. (In this pudding the tapioca is not previously soaked: if it should be, one quart of water would be sufficient. ) Grate the yellow of one lemon, and, with the juice of the lemon, add when taken from the boiler or oven. Serve hot.

Corn-Starch.-Four heaped tablespoonfuls of corn stareh and one quart of water, salt and boil until thick; pour into a cold, wet dish. Pour over it a frosting made of a cupful of white sugar beaten with a Dover eggbeater into a tablespoonful of gelatine that has been dissolved in a coffee cup of water. The gelatine and water should first be beaten to all the foam possible.

## WE PAUSE TO REMARK.

As we go so press we learn that Col. L. L. Polk, to whom the $4 \theta$ pen Letter," on our first page is addressed, makes the statement that the correspondence relative to Southern Pines was inserted in the Progressive Farmer during his absence and without his knowledge; that he does not approve of the sentiment contained in the communication and that he shall make use of the first opportunity to publicly express himself to that effect.
That is eertainly the manly and straightforward course in the matter, and when this is done the people of Southern Pines will have no grievance against Col. Polk. Whatever disparagement of the gentleman our publication of this letter may seem to imply we shall be very glad to withdraw and trust that for the future our relations may be wholly pleasant. We hope however Col. Polk will not feel offended if we recommend that he look a lit tle more closely after his office cat and see that Grimalkin doesn't insert other articles of a dangerous nature.
W. F. MeCormick, a wealthy Tennessee man now in New York on business connected with interest of his state, recently said that he considered the recent visit of Judge William D. Kelley, of Pennsylvania, to the coal and iron regions of Tennessee and Georgia the most significant since the war. "The fact that he has decided to invest iu Southern properties will practically end the little fear that has heretofore existed in the public mind against southern investments. Politics do not enter into consideration when capitalists are studying the question of how they can make the greatest return on ther investments. The fact is there is very little difference between the two political parties at the present time. The country is eventually to be divided upon the tariff question and not upon the question of Republicanism and Demoeracy as it was understood ten or twenty years ago. When that issue comes we will show to the people of the North that there has grown in the South a tariff element which can control and will control the states." Meantime let the bloody shirt be put in the rag bag.-York, (Pa.) Weekly Dispatch.

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