Addreas all communications to "Womanly
Nisdom," Pins Knor office, Southern Pines,
N. C.
CLEANLINESS AND ORDER
That "Cleanliness is next to Godli ness" and that "Order is Heaven's first law" are maxims well known to the most of us, if not well practiced. We are continually reminded of them through the columns of our papers and magazines, and we often groan in spirit as we read of the necessity of always being spotless in our dress and surroundings. One wculd suppose that cleanliness was a virtue obtainable by an effort of the will, like paience or charity, whereas it is only to be obtained by what is popularly called "elbow grease". We often wonder when we read of poor people who are always immaculately clean, if it ever occurs to the writer that cleanliness is often an expensive luxury.

A young lady engaged in teaching once remarked to us, with an air of superior virtue, that she always put on a clean collar and pair of cuffs every day, as she thought a teacher should set an example in such things. In her case a doxen or two, more or less, pieces to be laundered every week made but little difference, as she had a rich father, and was teaching for the fun of it, but most teachers find it necessary to economize in their washing bills, though they may love clean linen as well as any one.

Housekeepers are often enjoined to have always snowy white table cloths and napkins, no matter if they be coarse. It is delightful to sit down to tables thus adorned, but unless one has a small family or plenty of capable help it is not always possible. If one pair of hands has all the work to do for four or five in the family, and some of them children, the washing and ironing are often serious problems.

A person may be orderly and not be particularly neat, and vice versa. If woman lacks strength for washing and serubbing, she can keep things look ing better if she keep them in good order. Personally, however, we wbuld prefer a house which was kept clean, even if not so cleared up. When strength or means is laeking the aim should be to save the necessity of hard work. Learn the easiest ways to do things and also how to avoid doing, when possible

## RECIPES

A correspondent sends us the follow ing recipes which she says are "very economical".
Cheap, wholesome Johnny Cake.-Two eups of new buttermilk, if sour or clabbered milk, one even teaspoonful of soda, the same of salt, one and onehalf cups of meal, one-half cup of flour. The proportions can be increased as desired. Bake thin, in a quick oven.
Doughnuts for dyspeptics.-One cup sugar, one and one-third cups of sour milk, one egg, one seant teaspoonful of soda, two of salt, no spice, flour to roll. Have them as soft as can be handled, no matter if they are a little fl sury. Beef suet can be used to fry them in if preferred to lard. Have the fat as hot as it can be without burning.
H. s. G .

Mormonism will never be eradicated until a man is compelled to have as many mothers-in-law as he has wives living with him.-Exchange.
]Continued from 1 st page.]
Much wheat is raised all over the State, wholly without manure of course. I should judge the average yield was about twelve bushels to the acre, selling at about one dollar per bushel. Rye, oats and buckwheat are raised in all sections of the State, and every kind of grass grown anywhere in the United States flourishes in North Carolina, especially clover, and in almost every farmyard of the State could be seen from one to fifty hives of bees. Very little fodder or hay is put under shelter, but is stacked and sold by the stack throughout the State, at an average price of sixteen dollars per ton, and at that figure is the best paying crop in the State, as two crops can be harvested every year. Tobacco in certain sections is the sole crop, as at Durham, and unlike cotton, is raised by, and sold for cash, so that a tobaceo community is invariably a prosperous one. Tobacco must have plenty of fertilizer, and from the crops raised I should judge it gets it, even in North Carolina. The planter hauls his tobacco to market, say at Durham or Henderson, the two great tobacco centres, sorts it in piles in the tobacco warehouse, marks and enters it on the books of the company, and when it is sold he gets his money, minus only a small selling commission, before night of the same day.
These tobaceo sales are made by auction, are called "tobaceo breaks" and buyers from all over the world attend these sales. One product of the soil which I saw I was especially interested in-this was sorghum. I found sorghum mills on almost every plantation all over the state and learned that its production was being yearly increased. One trader in a small backwoods town tcld me that he purchased 600 barrels last year, at a cos of twenty cents per gallon and sold it in South Carolina at thirty cerits per gallon. I tasted various samples of sorghum and found it very palatable indeed.
In subsequent articles I hope to tell of cattle and mule raising, of bees and fowls, peanuts and rice and various other things which I saw as I rambled. The bull-tongue plow is being gradually displaced by the mouild-board and subsoil article, and I found many wheelbarrows, mowing machines and a few hay todders. - Wherever I went I was kindly received and cared for, and cheerfully accorded all the information I desired, Nowhere did I far any violence or robbery, even in the wildest and roughest parts of the State; and everywhere there seemed to be an abundance of everything to eat and an equally great scarcity of money in circulation.-L. A. Dodge in Mass. Ploughman.

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tI References: J. T. Patrick, or the editor of this paper.

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