

**WOMANLY WISDOM.**

Address all communications to "Womanly Wisdom," PINE KNOT office, Southern Pines, N. C.

**COFFEE VERSUS TEA.**

Coffee versus tea has long furnished grounds for dispute. My English friends smile when I tell them that tea contains a nerve stimulant that is dangerous in excess, and they point to a race of splendid stamina who drink it regularly. But then they also drink a quantity of alcoholic and malt liquor that would speedily destroy an average American, and thus the argument fails. I have found by long experience that our countrymen, and especially our countrywomen, do better without tea. Although its alkaloid, theine, is not very different from the active principle of coffee, its action as a food is markedly diverse. In a cupful of good coffee, made properly and with one-third cream or rich milk, there is an amount of absolute life-support that a quart of strong tea does not contain. The latter sets nerves on edge, slowly weakens their receptive and transmissive power, and begets an appetite that is little less imperative than the alcoholic craving. Of late years, I have restricted all nervous patients to one weak cup of tea daily; that one to be taken at the mid-day meal.—*American Magazine.*

**RUGS.**

I have lately had the pleasure of fitting up a "den" which has proved to be a "happy home" for two lone women workers, who find that a "living" in a busy western city is expensive, and that light housekeeping is far cheaper and far more home-like than boarding, even when one can board in good style.

Arie Belle and myself are engaged all the day away from our home, save two days in each week that I have, which I usually spend in looking after things. We have no carpets, our two rooms were unfurnished, as furnished rooms rent high, and one is afraid to use hired furnishings except in a gingerly way, and we have bought no carpets as yet, but have substituted rugs, which are pretty and do very well. For the centre of our "parlor and kitchen", a sunny, good-sized room, with a southern and an eastern front and side, we have a large crocheted rug, plain crocheted, back and forth, just as the length and width calls for, the hook being a large wooden one, fashioned by Arie Belle from a hickory stick. The rags were all torn a little fine, of cotton principally, old cast-off light lawn and muslin dresses and aprons, and sewed of evenings. N. B. We had so few woolen rags that we used cotton.

When our rags were all sewed, we colored with the diamond dyes, one lot a dark maroon, the other a dark blue, reserving some for the scalloped edge, which we colored a bright scarlet. For the large room we crocheted the maroon rug into three long strips, as we wanted it quite large, then crocheted the strips together and added the scalloped edge. It is pretty, every caller says so; it is more easily kept clean than a carpet. Upon cold days it is warm to the feet, and the expense of making was slight, the dyes being the only cost. The smaller one of dark blue rags, with a bright scarlet border, is yet prettier, satisfying us so well that we do not at all pine for the

beautiful, expensive Brussels rugs.

Another smaller rug is made from tiny wool scraps, of material left from the clippings after cutting the pieces for our wool box-pattern quilt. We simply pinched these tiny pieces into three-cornered bunches and sewed them upon a burlap, or old cloth foundation, arranging the colors as carefully as possible. Save all the wool scraps, no matter how small. It is not the tedious work one imagines, to make use of them. It is often said, "How foolish to spend time making rugs, when one can buy them so cheap!" Yet, it often happens that we cannot spare, for that purpose, even the trifling amount required to buy a carpet or a rug. It pays for those who have not an unlimited supply of money to look after the little economies.

Another pretty rug is made by cutting bias bands of old bunting, three inches wide, then raveling each edge until it looks fringy, then sewing upon a burlap foundation. A very pretty rug was made from an old green bunting dress. The border was old gold. The edge must be well picked up and ravelled.—*Ella Guernsey in the Portland Transcript.*

**SOME QUESTIONS ABOUT THE TORTILITA MINES ANSWERED.**

Since the recent article descriptive of the great Tortilita Gold and Silver Mining Company and their properties in Arizona appeared in the EVENING POST, the publishers of that paper have been deluged with inquiries from all parts of the country, concerning the integrity of the company, and with requests for "inside information" respecting the value of the company's property. It is probably neither singular nor strange that the average newspaper reader should inquire closely into enterprises which offer such remarkable advantages as the Tortilita company presents, and we are glad to be able to re-assure all inquirers and others interested in this interesting subject.

The publishers of the Post enjoy a personal acquaintance with Mr. Joseph H. Reall, president and active manager of the Tortilita Gold and Silver Mining Company, and know him to be an able and honorable gentleman. We have had business transactions, first and last, with the Tortilita company, through Mr. Reall, amounting in the aggregate to many hundreds of dollars, and his obligations to us have always been paid to the last dollar. We have the fullest confidence in his integrity and ability, either personally or as representing the Tortilita company, to perform faithfully whatever contract he may seek to make.

In regard to the company's mining properties there is no "inside information" to give. The facts are all known. The Tortilita group of mines contains a vast deposit of gold and silver ore. They have for some time been under development in a small way; that is, with two or three hand-windlasses and a five-stamp mill. In this crude way they have produced enough of the precious metals to more than pay all expenses and prove their great value. The company is now contracting for the introduction of suitable hoisting machinery, and negotiating for the purchase of two or three twenty-stamp mills, which will multiply the present producing capacity of the mines ten times without

largely increasing expenses. To pay for these important and extensive improvements, they are selling a given quantity of stock—a sensible and wise proceeding.

The management of the Tortilita have introduced a new feature in marketing mining stock, by giving their enterprise the widest publicity through the press, and thus courting the closest investigation of their property. The practicability of this and the wisdom of their course is apparent, as the shares are only offered by subscription for investment.

That is all that can or need be said about it—except that the company will be making five or six thousand dollars a day as soon as they get their fifty or sixty stamps in operation, and that then the company's stock will probably be obtainable only for many times the price that it is on the market for to-day.

This brief statement, made without the knowledge of the company, is a concise answer to the average letter of inquiry which reaches the office of the Post by every mail. If its publication proves useful to the public or the Tortilita company, we shall be very glad, and both are quite welcome to any benefit which may accrue.—*Hartford (Ct.) Post, Sept. 19, 1887.*

The shares in the Tortilita Gold and Silver Mining Company are two dollars each, in any sized lots, and are based on proven and developed property worth many times their value.

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