

THE FIDELITY MUTUAL LIFE INSURANCE ASSOCIATION OF PHILADELPHIA IS A FIRST-CLASS INSTITUTION. IF YOU WANT INSURANCE IN THIS COMPANY, WRITE TO OR CALL AT, THE OFFICE OF THE PHOENIX.

What is CASTORIA

Castoria is Dr. Samuel Pitcher's prescription for Infants and Children. It contains neither Opium, Morphine nor other Narcotic substance. It is a harmless substitute for Paregoric, Drops, Soothing Syrup, and Castor Oil.

Castoria is so well adapted to children that I recommend it as a superior remedy for colic, diarrhoea, worms, and other ailments of the young.

A NOVEL PLAN OF CO-OPERATION

News and Observer.

One of the most gratifying and encouraging facts to be noted in the South at the present time is the disposition among the farmers to abandon the production of cotton and go back to the old method of raising their own supplies.

The merchants have agreed among themselves, and with the farmers, that after January 1, 1896, they will not sell on credit any corn, hay, oats, potatoes, peas, or similar products, to any farmer.

The soil of the counties is well adapted to the growing of food products, and the idea is to put the farmers under the stern necessity of raising such crops. The merchants also agree that they will give no farmer credit or assistance who will not give attention first to food crops and raise at home all he needs for home supplies.

The section of country in which this commendable effort at co-operation is to be made has been, according to the Charleston News and Courier, devoted to cotton growing; hence the fixing of the date of the beginning of the agreement, almost a year hence.

SUNFLOWER SEED AS A CROP.

The North Carolina Station has been experimenting with sunflowers as a farm crop, and reports results for the benefit of American farmers. The sunflower has been grown in Russia as a farm crop for half a century.

Some botanists believe that spelt is derived from wheat by a process of cross-fertilization. Some sort of drink from barley has been made in Germany ever since the country was known.

The combined apple product of the six New England states is about 11,000,000 bushels per year. Sorghum is mentioned by Pliny as a favorite grain in Egypt, where it is now known as the dourra.

Baroness Burdett Coutts possesses one of the finest and most carefully preserved copies of the first folio of Shakespeare, 1623. The largest kitchen in the world is in that great Parisian store, the Bon Marche, which has 4,000 employees.

Highest of all in Leavening Power.—Latest U. S. Gov't Report

Royal Baking Powder ABSOLUTELY PURE

above zero, we should begin to think of freezing to death. Think, then, of living where the mercury goes down to thirty-five degrees below zero in the house, in spite of the stove.

Dr. Moss, of the Polar expedition of 1875 and 1876, among other odd things, tells of the effect of cold on a wax candle which he burned there. The temperature was thirty five degrees below zero, and the Doctor must have been considerably discouraged when, upon looking at his candle, he discovered that the flame had all it could do to keep warm.

INTERESTING FACTS.

Handkerchiefs first came to notice in England during the reign of Elizabeth.

Among the Greeks breeches indicated slavery. A free man never wore them.

Rice was introduced into Spain by the Arabs, and into Italy in 1468 by Spaniards.

The native home of both the dourra and the sweet sorghum is believed to be the Sudan.

Graham flour should consist of the whole wheat, ground to a uniform degree of fineness.

No kind of wheat now known exactly resembles that found in the coffins of the old Egyptians.

Some botanists believe that spelt is derived from wheat by a process of cross-fertilization.

Some sort of drink from barley has been made in Germany ever since the country was known.

Spelt or another variety of wheat is found in almost every climate and country on the earth.

Next to rice, wheat is eaten by the greatest number of human beings; and then comes maize.

The combined apple product of the six New England states is about 11,000,000 bushels per year.

Sorghum is mentioned by Pliny as a favorite grain in Egypt, where it is now known as the dourra.

Mrs. Alexander, the well-known novelist, who is really Mrs. Alexander Hecker, is a grandmother, nearly 70.

Baroness Burdett Coutts possesses one of the finest and most carefully preserved copies of the first folio of Shakespeare, 1623.

The largest kitchen in the world is in that great Parisian store, the Bon Marche, which has 4,000 employees. The smallest kettle contains 100 quarts and the largest 500.

M. Emile Zola proposes to leave Paris very shortly for Spain with a view of making studies for a new book.

William Sloan Green, of Swasey, Ind. has just received from an attack of measles at 108, and says he hasn't felt so well for 20 years.

The Delmonico King, Sebastian, is wasting away in his exile at Martinique. He is pining for his African wife and incidentally smoking a pipe of American cigarettes.

Miss Bertha A. Nordhoff, a former student of medicine at Washington, has been appointed a physician in the Hawaiian Islands.

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CONDENSED SCHEDULE.

In Effect Nov. 21st, 1894.

Table with columns: North Bound, No. 1, Daily. South Bound, No. 2, Daily. Lists departure and arrival times for various stations like Wilmington, Fayetteville, etc.

North Bound, No. 4, Daily. Lists departure and arrival times.

South Bound, No. 3, Daily. Lists departure and arrival times.

North Bound, No. 16, Mixed. Lists departure and arrival times.

South Bound, No. 15, Mixed. Lists departure and arrival times.

North Bound, No. 17, Mixed. Lists departure and arrival times.

South Bound, No. 18, Mixed. Lists departure and arrival times.

NORTH BOUND CONNECTIONS.

Trains Nos. 3 and 4 connect at Fayetteville with the Atlantic Coast Line for all points North and East.

SOUTH BOUND CONNECTIONS.

Train No. 1 connects at Walnut Cove with the Norfolk & Western R.R. for Roanoke and all points North and West.

L. W. FRY, Gen'l Manager. W. E. KYLL, Gen'l Pass. Agent.

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GEO. W. SMITH, Nashville, N. C.

TELEGRAPHY

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