

Geo E Beard

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SOUTHERN PINES, N. C., DECEMBER 6, 1901.

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Southern Pines Sanitarium.

DISEASES OF THE STOMACH AND BOWELS.

"Dyspepsia" simply means "difficult digestion," either of the stomach or bowels; but this difficulty may be of an hundred different degrees and variety. While in some cases the stomach alone seems affected, and in others the bowels alone, the truth is that the different parts of the digestive tract are so intimately connected that trouble in one part soon manifests itself in other parts.

IT IS BUT A FEW YEARS

Ago that the principal remedy of physicians in these diseases was pepsin or something similar. Modern methods of treatment are entirely different. When digestion is not thorough and complete, the remainder of the food is prone to decompose. This decomposition gives rise to various kinds of gases, and the lining membrane of the stomach becomes coated with catarrhal products. In advanced cases the gastric cells atrophy and disappear.

NOW IT SEEMS NATURAL

In such cases, instead of mixing medicine with this putrid mass, to thoroughly wash the stomach. When this is done it will often be found that Nature then completes the cure. In intestinal indigestion the same principal of treatment applies. Another advantage of this lavage treatment is that the water may be medicated with appropriate remedies and its action gotten just where it is needed. In this institution electricity is extensively used in the treatment of these diseases. By properly-fashioned electrodes the water in both stomach and bowel washes is impregnated with electricity, and the entire surface comes under its beneficent influence.

ADDRESS **EDWIN GLADMON, M. D.,**
SUPERINTENDENT.
SOUTHERN PINES, NORTH CAROLINA.

Cottage Market,

FOR GOOD WESTERN MEATS,
FISH AND OYSTERS,

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COTTAGE MARKET.

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House and Sign Painting,
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Hard Wood Finishing.

Estimates furnished on work for any place in North Carolina, South Carolina or Virginia.
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Southern Pines, N. C.

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WHEAT, RYE, ETC.
BREAD AND PASTRY
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ENTIRE WHEAT FLOUR,
CORN MEAL.

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CORNER EAST RAILROAD STREET
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EAST OF FREIGHT DEPOT
FREE DELIVERY
To All Parts of The City.

Southern Pines Hotel,

ACCOMMODATES 50 GUESTS.

Most convenient locality in town. Sanitary plumbing, electric lights, hot and cold baths. Terms, including heat and light;

\$2 TO \$4 PER DAY,
\$7 TO \$15 PER WEEK,

According to size and location of room. Careful attention given to table and service. Only hotel in town with open fires and sleeping rooms on ground floor. Longer porches than any other hotel in town. No consumptives will be received at this hotel. Phone 15.

W. E. GILES, Proprietor.

FOR SALE.

Large family horse, kind and perfectly safe for ladies to drive; also harness and top buggy nearly new. Call or address, Dr. Lasker Cottage, Southern Pines, N. C.

Messrs. Carrington and Carrington from Baltimore, who were here hunting last week were delighted with their trip and say we have lots of game in adjoining territory. McQueen & Elliott gave them special attention and showed them where the birds live.

F. B. Thomas for a long time in business in this place, and one of our popular young men, died Tuesday Dec. 3, in the City hospital of New York. About five weeks ago he was taken ill and was carried to the hospital where it was discovered that he had typhoid fever. From then until the time of his death he constantly failed.

SHORT LOCAL MENTION.

Geo. Graves of Carthage was in town on business Thursday.

Fine Picture Frames made to order, at J. N. Powell's.

Dr. W. A. Monroe of Sanford spent Wednesday evening in town.

The K. of P's. hold their semi annual election of officers to-night.

Miss Grace Hunter of Newport News, left for her home Monday night.

H. L. Thurston after spending a few days in town returned to Lincoln-ton Monday.

Mr. and Mrs. Geo. A. Johnson, of Rochester, N. H., are expected to arrive to-night.

Cardinals—full sized clear Havana cigar. We sell them for 5 cts.
The News Depot.

Mrs. M. A. Mason, of Watkins Glen, N. Y., is at the Newhall cottage for the winter.

The K. P's are hard at work on their new play to be given some time in December.

Nice line of home made candy at A. S. & L. P. Ruggles. Choice varieties.

Mr. and Mrs. H. O. Parker and son Charles, are moving to their old quarters at Stringer's to-day.

A pleasant call this morning from Mr. H. A. Catlin, who has come to spend the season in our town.

The Ladies Aid Society of the Congregational church, will give a Chick-en Pie dinner on New Year's day.

H. O. Parker spent Tuesday in Pinehurst surveying for a new location of the trolley line to the Carolina.

The new gasoline lamp near the postoffice is appreciated by every one. A few more about our business square would look well.

The freight depot has been moved back to make room for a new side track, thus greatly improving our freight service.

Mr. E. G. Couch, one of our popular young men, has gone to Jacksonville, Fla., where he has a position for the season.

Mr. and Mrs. F. H. Leland of Gardner, Mass., Mrs. S. J. Aldridge and Miss Susan C. Aldridge of Rome, N. Y. were visitors at the Experimental Farm a few days since

Sheriff Jones will be here next Monday afternoon and night for the last time this year to collect County and State taxes. This is also the last month for the payment of your town taxes.

The City Telephone Co. has added the names of the Pineshire Sanitarium, Dr. L. F. High, Supt., and G. W. P. Jerrard to its list of subscribers this week. The prompt addition of every new business man to the list of subscribers, speaks well for the service we are receiving.

Mr. and Mrs. H. G. Phelps, Miss Bronson, Drs. E. L. Beale and J. V. E. Winnie have returned to their homes in Sidney, N. Y. We regret that they did not remain with us for the winter as intended. F. T. Wheeler and wife and Mrs. H. W. Smith will remain in the Lasker cottage.

THURSTON & PARKER,

CIVIL ENGINEERS,
REAL ESTATE & INSURANCE.

SOUTHERN PINES, - N. C.
CORRESPONDENCE SOLICITED.

Pineshire Sanitarium,

FOR TUBERCULOSIS AND DISEASES
OF THE RESPIRATORY ORGANS.

DR. LOUIS F. HIGH, SUPT.
The usual hours for consultation for persons not residing in the house will be observed.

DR. W. P. SWETT.

OFFICE HOURS,

10 TO 12 A. M. 4 TO 6 P. M.

INHALATORY

10 TO 12 A. M. 3 30 TO 5 30 P. M.

Dr. K. M. Ferguson

OFFERS HIS PROFESSIONAL SERVICES IN GENERAL PRACTICE

To the people of Southern Pines and surrounding country. Is also prepared to make chemical, microscopical and bacteriological examinations for practitioners, as aids to diagnosis and treatment.

COTTAGES FOR SALE OR RENT.

Rooms over the Hardware store with modern improvements to let.
Apply to S. S. THOMAS, Brick Hardware Store, Railroad Street.

For Sale or Rent.

FURNISHED COTTAGE, Six Rooms—City Water—desirable locality.
Apply to I. H. HALL,
Southern Pine, N. C.

Glen View Cottage,

NICE ROOMS AND EXCELLENT TABLE,

MODERATE TERMS.

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All kinds of DRESSMAKING, CUTTING AND FITTING.

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Good service, convenient location and rates reasonable.

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