# **STATE & NATIONAL**

# **Growing Senior Numbers Might Strain System**

#### BY WARD CONVILLE STAFF WRITER

With the battle of health care insurance reform in full swing on Capitol Hill, an-other battle concerning health care may be looming in the distance. The new clash will center on young workers financing care for a growing elderly population. There are currently 32.3 million Ameri-

can citizens over 65, according to Tom Otwell, spokesman for the American Association of Retired Persons. That number will grow to 35.3 million by the turn of the century and to more than 50 million by the time the baby boomers reach the age of 65 in the year 2020.

Pete Seep, director of media relations for the National Tax Payers Union, said a dispute over paying for the growing num-ber of encircle were northely ber of seniors was inevitable

"With the elderly population growing as a whole, and especially in comparison to the number of younger workers, pro-grams like Medicare and Social Security

#### ROYSTER FROM PAGE 1

the board before this is resolved," she said. Royster added that she thought the controversy had had no negative effects on the board's ability to function.

Royster said she decided to move to Connecticut because she was born and raised there and had family members who lived in the northeast. She also said that bite having lived in North Carolina for 15 years, she couldn't get used to the

"I cannot stand the heat," she said. "I much prefer the 15 snowstorms that Con-necticut had last winter to the weather we have here.

Royster said she had tried to help im-EATING

participate in the ones that can't. Second. develop coping strategies to have fun and not binge. "Get a real understanding of these situations that may make you forget your resolve," Craighead said.

For those who are looking for ways to shed pounds, Craighead and Allen say the best method to lose weight is the adaptive way — make small changes in food intake

The State of Medical Technology five-part series exam sture of health care. MONDAY: Cancer TUESDAY: AIDS **TODAY:** The Gro

Senior Pop THURSDAY: Effects of Reform FRIDAY: Into the 21st Century

are going to have to be capped," Seep said. "The ratio of workers to retirees is getting smaller and smaller."

He said the problem would have to be addressed soon by politicians in order to curtail the building tensions between the generations involved. 'Certainly, we think that more govern-

ment involvement is not the answer," Seep prove early childhood and minority educa-

tion during hertenure on the board. "These are the areas that I have been most con-cerned with," she said.

The school system has made tremen dous improvements in recent years toward providing better education for minority

and underprivileged children, Royster said. "I'm extremely pleased that the school system has worked so hard in opening up ore Head Start programs," Royster said "I think the long-term results will be very positive. Many things are in place right now, particularly as a result of the Blue Ribbon Task Force, that can and should

"I think that we've made more progress in early childhood education than we have in minority education, and if there was any

and increase the level of exercise Craighead is conducting a binge-eating disorder therapy group free of charge that will be available both semesters next year.

There are other services provided in the area for counseling people with eating dis-orders. UNC Hospitals has an outpatient eating-disorder clinic and also provides assessment counseling. Student Health Services also offers assessment at their center for eating disorders, which refers pa-tients to the correct treatment clinic.

said. "Medicare expenses should not be allowed to grow faster than inflation." Seep proposed using means testing for edicare benefits to set strict income lev-Medic els at which a person would be ineligible for assistance. "A majority of Americans agree that we should limit (Medicare ben-

agree that we should limit (Medicare both effits) for those making over \$50,000. This would save \$100 billion," he said. Otwell said a conflict between the young

and the old was unlikely because the health care problems that the elderly faced were not strictly elderly problems. "The idea of intergenerational warfare is ridiculous because these problems of caring for the elderly will eventually effect us all." said Otwell

Otwell stressed that the AARP was not seeking the inclusion of unfair or unrea-sonable goals in health care reform.

"The two things we are most concerned about are provisions for long-term care and prescription care," said Otwell.

William Ritz, spokesman for the Na-tional Committee to Preserve Social Secu-

one thing that would keep me here, it would be that.'

Touw said Royster had added a lot to the board's ability to communicate with parents, especially low-income parents, in a community where most parents are highly educated.

"We are going to sorely miss her," he said. "She has been a very valuable mem-ber. She has great insight and brings a perspective that will be missed. She often noticed things that other board members didn't.'

Touw added that Royster cared about parents and children. "She was sensitive to the needs of parents that did not have the educational level of other parents in the Chapel Hill-Carrboro school system. Billy Bevill, who finished sixth among

MUSIC

FROM PAGE 3 Orchestra and the Crown Chamber Brass, although he does not get to play with these bands as often as he would like.

"I used to play more than I do now. I would like to play more, but the demands and the tenure-connected things of this job

prevent me from doing so," Jackson said. As for local venues, Jackson usually plays private parties and dances, with the

rity and Medicare, said the elderly were looking for fair and evenhanded tre in health care reform, but warned that seniors would react loudly if they felt they were not treated in an equitable way. Senior citizens have the highest voting

rate in the country, and Ritz said he be-lieved they would respond at the ballot boxes if they felt their concerns were left

out of health care reform. Ritz said the growing senior population had been satisfied so far with the health and occursion being led by the White House. "We are pleased with the inclusion of prescription drugs," said Ritz. This is one of the first steps toward long-term care, he eaid he said.

Susan Palla, vice president of Individual Commercial Administrators, a New Jersey-based firm specializing in long-term health care, said recent trends in providing care for the growing elderly population were stressing the importance of providing quality care at a reasonable cost in the nome environment. This type of care, called

the eight candidates in the school board election last November, said he was not interested in taking the replacement posisibilities at this time," Bevill said. "And I probably would not have time to serve on the school board."

Bevill added that he was surprised to see Royster leave. "I'm sure the board has nothing to do with her decision," he said. "It probably adds a lot of stress to Ken Touw's position right now." Bea Hughes-Werner, who finished

fourth in the November election and missed getting elected by only 113 votes, said Tuesday that she still was interested in serving on the board. "I don't know what the selection process will be like, but I'm definitely interested," she said.

occasional on-campus concert thrown in. Jackson also has dipped into some com-nercial work, playing with Robert Goulet, the Four Tops, the Temptations and Natalie Cole

"Natalie Cole was a blast, a real fun thing. I played with her back before the Unforgettable album, when she was doing

the pop stuff," Jackson said. Jackson also finds that juggling teaching and playing is an ongoing struggle. "At this point, I pretty much try to



convenient setting," said Palla. Palla said the movement toward seniors receiving care in the home stemmed from pressure put on insurance companies by

#### SOKOLOWSKI

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ping up his body and attempting to burn it. "He believed he was doing exactly what his friend would have wanted," Sheffield

"Little Man was returning to the place from which he came. That is why he did it. He built a funeral pyre as best he could." Although what was done to Hill's body

after death was not supposed to enter into jury's deliberations, Fox said the Sokolowski's actions after Hill's murder

didn't support the self-defense claim. "You wouldn't chop up your friend and burn your friend in self-defense," Fox said. Leann Hill, Rubel Hill's widow she was relieved that the trial had ended

maintain during the school year and im-prove during the summer," Jackson said. "It's difficult, and I've had to cut back on megigs just to get in some practice time." Matthew Savage, assistant director of UNC bands, often stays late to practice percussion, his instruments of favor.

"If I can fit in just 10 or 20 minutes of ractice time a day, I'll do that; or when the day is over, I'll stay here to practice,' Savage said. "It's kinda tough to practice percussion in an apartment.

Savage does free-lance playing and is a member of Friends of Percussion, which plays mostly local clubs and coffee houses. "Recently, I have been doing clinics for the Pearl Percussion Company and Sabian

## ALGONQUIN

# But Rubin said Algonquin did not de-serve all the credit for McCorkle's success.

"She's a great writer and probably did the most work," he said. "It wasn't like we created something that wasn't there." Ravenel says that because large publishers are profit-oriented, it is difficult for

writers to get their careers off the ground. 'I don't know how many new titles are published each year, but it's in the thou-sands," she said. "Publishing is a business. There's a bottom line. It's a lot easier to make money on an established name like John Grisham than on an unknown writer." Algonquin has published a number of critically acclaimed books, including

McCorkle's works, Clyde Edgerton's "Raney" and "Walking Across Egypt," and Kaye Gibbons' "Ellen Foster." But despite critical success from the beginning, the company had trouble staying afloat in its first few years.

"Our original plot of money was small and didn't last long," Ravenel said. "Louis and I didn't receive salaries the first four years.

years." The company was put up for sale and bought by Workman Publishing in 1989 but still functions independently. And in this case, "publishing house" is a literal term. Algonquin Books' 12 employees work out of a small house on Weaver Strets in Corthorn. Street in Carrboro.

The people at Algonquin think their small size gives them a number of advantages over large publishing houses. "One of the things we can do is give close atten-tion to our writers," Robert Rubin said. "If Palla said the chances of care management being included in a health care re-form plan were high because this type of care could actually save money. "The whole key is making the client more comfortable, more healthy, which in turn saves money.

with a first-degree conviction. "I'm glad this is over," she said. "They ought to remove (Sokolowski's) hands so he can't do this to anyone else."

Imogene Owens, the mother of Pamela Owens Elwood, said she was happy with the verdict and the life sentence.

"I think he'll suffer better with a life sentence than with the death penalty," Owens said.

Elwood was Sokolowski's live-in girl-friend until her 1992 death.

Owens, who was present for the dura-tion of Sokolowski's trial, said she was glad she had attended the trial for the murder of Hill

"It filled me in on what he did to my daughter," she said. "It's been two years, and we've really been through something."

Cymbals," Savage said.

Savage, who plays a variety of styles including jazz, Latin, African and classi-cal, noted that he tried to integrate his playing into his teaching as much as pos-sible. Jackson agreed on that point.

"It's a different language, and there are things that you can play on the horn that you can't put into words. It really helps in clarifying simple concepts," Jackson said. If you want to hear these hardworking

and you want to near near the hardworking faculty members practice their craft, Ketch and Jackson are playing at Hill Hall to-night with the Gregg Gelb Swing Band, and Matthew Savage will play with Friends of Perrussion at the Arma Chill Genetical case of Percussion at the Apple Chill festival on April 10 in Chapel Hill.

you are one of 10 writers on a list, you can get more attention than if you're one of 1,000."

Marie Elizabeth Price, a sales and marketing assistant, said Algonquin's size made it more pleasant to deal with than New York publishers. "We try to take a very personal approach," she said. "There's no receptionist here. (Booksellers) can call and talk directly to one of us. It's nice for us, and it's nice for them." Ravenel said the Algonquin workers

participated in the entire publishing pro-cess. "You are never departmentalized," Ravenel said. "We have people who are essentially editors and people who essentially do marketing, but you're involved in the whole process. You get your hands in

all the different pies." Algonquin's workers pride themselves

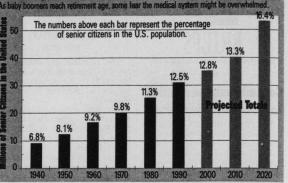
on their imaginative marketing techniques. "We published a book from a guy that lives down in the swamps in South Caro-lina," Rubin said. "We sent out advance copies of the book packed in boxes with Spanish moss."

And they love finding new writers, young or old, from all walks of life, such as Dori Sanders, author of "Clover." "(She) was a farmer in South Carolina

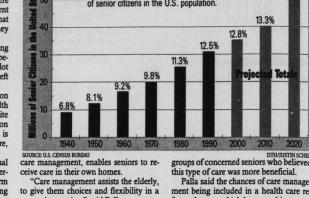
who had never gone to college, hadn't even graduated from high school, who decided she wanted to write a novel," Rubin said.

"She wanted to write a nover, "Rubin said. "She would not have gotten any atten-tion (from large publishers). We saw some-thing in her manuscript that we liked. We didn't use that manuscript, but we did which a late one Theteo encodes publish a later one. That's a case where somebody whose proposed book would not have been considered has become a great success.

# The Baily Tar Heel



Growing Number of Senior Citizens in the U.S.





### VOLUNTEER:

**FIVE GOOD REASONS TO** 

**BE A "CAROLINA SATURDAY"** 

'Carolina Saturday" is Saturday, April 9

For the free hot dog and coke. You may not be around for the Tricentennial. The t-shirt is awesome! Because you didn't go to Dook. You love Carolina!

Sign up in room 211 of the Union: Wednesday, March 23 2:30-4p.m. Thursday, March 24 Noon-2p.m. Friday, March 25 10a.m.-Noon/2-4p.m. Spaces are limited • Brief training required Don't miss the fun!

