after the preliminary exams

If Perlman cannot treat the problem in

his office or if he recommends additional

medical treatment, doctors at UNC can

help the officers. Perlman said if the officer was from another area of the state, he could recommend a doctor in that area.

the University meet quarterly to discuss research, programs and policies for the

State Tro

ate Troopers. With the new system, it is easier for the

department to determine where the offic-

are in terms of fitness level, he said. Perlman said the centralization of the

patrol's medical office contributes to offic-

ers continuing health. Recommendations

for the frequency of standard medical ex-

ams are made according to the individual officer's physical condition, Perlman said.

Officers in good health have health ex-

ns every four years. On the average, most

officers have physicals every other year, Perlman said. "If we have a 25-year-old that is very healthy, we will see him again in four years. If a 25-year-old has diabetes, then we will see him again next year."

The department has implemented a variety of programs for maintaining officers' health. Recently, the department gave the

officers information on which fast food

restaurants are the best choices in terms of nutritional value, Sexton said. The depart-ment also gives officers tests for night blind-

Perlman said he wanted to prevent of-

ficers from developing diseases they were at risk for in the future. "One of my goals is

at risk for in the ruture. "One of my goals is to find people at risk for disease and treat them appropriately," Perlman said. Perlman is also in charge of the health of officers who work for the Department of

Motor Vehicles, Alcohol Law Enforce-ment, Butner Public Safety and the Capitol Police. These officers go through a less intense training program that includes

classwork and physical requirements.

Perlman said he also reported to and consulted with government boards includ-

ing the State Crime Commission, the High-way Patrol and their training programs to

bond. Bond serves two purposes: to guar-antee the individual will appear in court and to protect residents in the community,

As Pena has no known address, or one

that is considered to be temporary, he poses

a greater risk of not showing up in court. "He has no local ties to the community,

and the seriousness of the charge propelled his bond to the point that it was," Riddle

"Mr. Brown is well-known in the area

Both assaults come on the heels of an

attempted sexual assault Thursday at

Brookstone Apartments on Homestead

Road. The assailant in that case was de-

scribed by the victim as a black male in his

early 20s who was wearing a yellow shirt.

He has local ties to the area. That coupled with the seriousness of his crime put his

bond at the level it was set."

implement fitness programs.

Riddle said.

said.

ness and cardiac health.

Since the office has been centralized, a better back injury program and a better heart disease identification program have been implemented, Perlman said. He and a board of doctors and administrators from

Sangam Brings Together South Asian Students



A group villa

WOLSLAGEL

FROM PAGE 1

The officer in charge of investigating the case was not available for comment

ern part of Orange County.

Sunday, and University officials declined

By definition, a second-degree sexual offense is a sexual act with another person against that individual's will or with a

BY JONNELLE DAVIS STAFF WRITER

With UNC being such a large Univer-sity, it can be difficult for students to find their niche.

Many decide to get involved in some of the various organizations to meet people with similar backgrounds and interests. One such organization is Sangam.

"I thought it was a worthwhile cause, something I wanted to explore," said Amish Sura, a senior from Raleigh who has been ed with Sangam for about three year "It was an opportunity to meet a lot of

interesting people my freshman year." Sangam, a Hindi word that means "to getherness," has been at UNC since March getnerness, 'has been at UNC since March 1987. Contrary to popular belief, it is not a group strictly for Indian Americans, but for all students native to any of the South Asian countries, including Bangladesh, Nepal, Pakistan, Bhutan and Sri Lanka. ative students who wish to learn mor about South Asian culture are also invited to join

"Our purpose is to educate the UNC campus and community about South Asian culture and issues," said Sangam president Rupa Kothandapani, a senior from Mobile, Ala. "It will give students a chance to explore South Asia in a nonacademic fashion, especially since it's not taught in the academics."

Sangam now has about 110 paid members. Kothandapani predicts membership will double by April because of the number of freshmen interested in joining Mona Doshi, a senior from Charlotte

was a freshman when she joined. Like Sura, she wanted to meet people with simi-lar backgrounds. She said many Indian Americans from her hometown attended UNC, and she heard about the organization through them.

"Personally, I've met a lot of people," Doshi said. "I got involved in the other

aspects of campus through Sangam. It's a great way to create awareness on campus ecause sometimes South Asians are ne-

Kothandapani agrees that South Asians are neglected in the sea of other minorities on campus. For this reason, the group is working to raise money so a Hindi-Urdu language class can be added to the curricu-um. Hindi is the official language of Ladie lum. Hindi is the official language of India

and Urdu is the official language of Paki-"We want to establish the basis for fur-

ther studies," Kothandapani said.

The group also sponsors various lec-tures and seminars. Seminar topics cover different aspects of South Asian cultures, such as religion, philosophy and the In-dian caste system, which will be discussed during one of Sangam's November meet-

Recently Sangam held its Navaratiri, or Nine Nights Celebration, an annual festival held in India. Members performed Indian dances and taught spectators how to do them Indian foods were also served Kothandapani said she was pleased with the turnout.

"There were about 200 people, and half

were not South Asian," she said. Sunday, Sangam held a celebration called Rang-e-Sangam, literally "the color of Sangam." The cultural extravaganza, filled with music, dance and song, displayed the talent of South Asians on campus. Through its many activities, Sangam hopes others on campus become more in-formed about South Asian culture.

"Not only does it help South Asians get to know one another, but it serves as an

education purpose," Sura said. Those interested in exploring South Asian culture can attend Sangam's bi-

weekly meetings, held on an alternating schedule, at 5:30 p.m. Wednesdays in Union 224 and at 7:30 p.m. Thursdays in Union 226.

FIRE

FROM PAGE 1

in the lounge. According to police reports, there were pieces of burned fliers scattered about in the lobby outside the lounge. The fire was already out when Chape Hill firefighters reached the scene. Dam-age was reported at \$100, reports state. Kuncl said students in Morrison had not been as cooperative as those in Ehringhaus.

"A lot of people lingered around when they heard the alarm, and that worries me," Kuncl said. "Although there have been some false alarms or alarms set off by smoke detectors, students need to realize that dangerous fires can occur."

Chapel Hill Fire Department officials, University Police and officials from the State Bureau of Investigation are all looking into possible causes. Residence hall sonnel across campus have been asked to be alert to any suspicious activity.

ment,

University Police said patrols were called in Saturday to provide increased security on campus. No new leads have been found

but police still are interviewing students connected in any way to the fires. All lounges in Ehringhaus and Morrison are closed until further notice. Police are stationed outside the fifth-floor lounge in

into the restricted areas," University Po-lice officer George Williams said. "We want to let students know we're looking out for them and we're here to protect

Physicians Help Highway **Patrol Troopers Stay Fit** if they had work-related health problems

BY ALI BEASON STAFF WRITER

An associate professor of medicine at UNC and a board of UNC medical professors are working with the N.C. Highway Patrol's medical office to keep the state's officers fit

Dr. Neil Bradford Perlman of UNC has been working as the medical director for N.C. Highway Patrol since January and serves as the patrol's physician. A group of UNC doctors and medical administrators form the Highway Patrol Advisory Board.

Jim Sexton, a lieutenant with the research and planning department of the Highway Patrol in Raleigh, said before the department obtained its own physician, troopers went to approved physicians across opers went to approved physic the state according to geographic region. Medical records from those exams were filed in a central office, he said.

In January, the department was central-ized. Now exams, record keeping, health programs and research take place in the same office, Perlman said. "The health care of these officers is localized in one officer which environment and form office, which provides a standard of care, centralizes the medical information and cuts down on costs," Perlman said.

The main concern of the medical director's office is helping the officers maintain an above average level of fitness, Perlman said. He said other concerns often took over the time the officers needed to spend on exercise.

Most beginning officers are in above average physical condition, Perlman said. In a treadmill test, most officers score between the 130th and 140th percentile in

comparison with a table of norms, he said. Beginning officers go through a sixmonth training period. During that time the trainees run, lift weights and do class work, Perlman said. The experience is com-parable to boot camp, and of about 70 applicants, 30 or 40 go on to actually be-come officers, he said. "(The officers) start off above average in fitness and health and

decline just as the general population." Sexton said the aging process of the human body was the biggest contributor to the decline in physical fitness of officers

Everyone who goes through officer's training has a preliminary exam in Sexton's Raleigh office. Sexton said officers in the area around Raleigh also went to Perlman

SEXUAL ASSAULTS FROM PAGE

nection is made at the dispatch center, officers are sent to the address associated with the phone number, Riddle said.

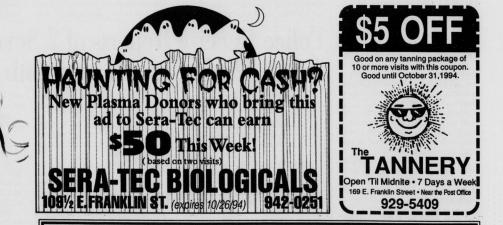
In this area, which has a 919 area code d a 914 campus exchange, he said false 911 emergency calls were frequent and

expected. "Certainly the enhanced 911 paid off in the situation on Roberson Street," he said. Brown is being held in Orange County Jail on a secured \$100,000 bond, and his first appearance in court is 9 a.m. today in Orange County District Court in

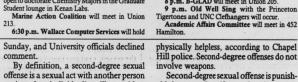
Hillsborough, reports state. Both assailants' descriptions and the circumstances of their offenses will now be compared to other cases to see if they relate

at all to any that are still open, Riddle said. Although both cases involved a first-degree sex offense, he said many factors

Police spokeswoman Jane Cousins said Friday that there were no suspects in that played in to the magistrate's decision to set case vet.



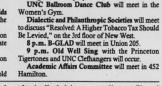
Ehringhaus to provide general aid We're here to make sure no one goes TO SEE THIS FILM ANY STARGATE SOONER, YOU'D HAVE TO



person who is mentally incapacitated or

housing communities. 6 p.m. DOW Elanco will hold a presentation open to doctorate Chemistry Majors in the Graduate Student lounge in Kenan Labs. Marine Action Coalition will meet in Union Be Levie physically helpless, according to Chapel

able by as much as 40 years imprison a fine or both.





a presentation open to all students in 210 Hanes Hall. 7 p.m. Power Through Reading discussion on Cornel West's book, "Race Matters," will be held in the Black Cultural Center. K-MART will hold a presentation open to all interested students in 209 Hanes Hall. UNC Roller Rangers in-line skate club will have a street skate and roller blade clinic in the Pit. 7:30 p.m. NORML will hold a general interest meeting in 111 Murphey. UNC Ballroom Dance Club will meet in the Women's Gym.

THE CREW.

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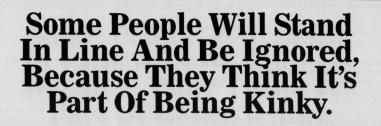
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