

Black Health Awareness Week Begins Today

BY KELLY LOJK
STAFF WRITER

Student organizers of UNC's Health in the Black Community Week, who are sponsoring a minority bone marrow screening drive on Tuesday, are urging students to "get it together" this week in an effort to build awareness.

Other events this week include a Kidney Foundation fund-raiser today, a discussion of dental and nutrition awareness Wednesday, and a blood pressure check Thursday.

Sponsored by the UNC chapter of Delta Theta Sigma, a black service sorority, the week's events will educate students about health issues in the black community, said Pam Alston, chairwoman of Delta Theta Sigma Theta's service committee. "We couldn't possibly tackle all the important health issues in one week. We just want people to know that health is important. Taking care of the body is important."

Organizers are making a particular effort to promote the minority bone marrow screening drive. The bone marrow drive involves helping others, said Delta Sigma Theta member Anika Goodwin, the drive's coordinator. The drive will be held from 11 a.m. to 2 p.m. Tuesday in Union 205-206. Interested students and faculty will be screened for marrow type and registered

with the National Marrow Donor Program, Goodwin said.

The screening, which takes about 10 minutes, consists of answering a brief questionnaire and taking a simple blood test, Goodwin said. Although everyone is encouraged to enroll in the registry, there is a particular need for donors from minority races, she said. According to the National Marrow Donor Program, only 5 percent of the 900,000 volunteers listed in the national registry are black.

Because the characteristics of marrow are inherited, a person's best chance of finding a donor match is from family members. The next best chance for a person in need of a marrow transplant is to find a donor from the same race, Goodwin said.

Alston said that the low percentage of black donors was primarily due to lack of awareness and to misconceptions about the donor program. "People need to remember that when they become part of the registry, that doesn't mean they are going to have to give bone marrow immediately," she said. "They're not going to be stuck with this long needle. There is no guarantee that they will ever be called to donate; their chances of being matched are slim."

If a match is found, the donor undergoes minor surgery lasting about an hour, Alston said. Marrow, which is a liquid, is removed from the back of the hip bone

Health in the Black Community

Monday—Kidney Foundation Fund-raiser
Donations will be taken in the Pit 11 a.m.-2 p.m.

Tuesday—Minority Bone Marrow Drive
11 a.m.-2 p.m. in Union 205-206

Wednesday—Dental and Nutrition Awareness, features Dr. Minnie McNary, UNC nutritionist and Dr. Jean Woods, D.D.S. in Carrboro, 7 p.m. in Union 224

Thursday—High Blood Pressure Check
11 a.m.-3 p.m. in the Pit

while the patient is under anesthesia. No stitches are required, and the body naturally regenerates the bone marrow within a few weeks.

The Red Cross will conduct Tuesday's drive, and government funds provide free screening for all minorities in an effort to increase their enrollment, Goodwin said. White volunteers will be charged \$30 to cover the cost of screening. Those at high risk for HIV, the AIDS virus, are not eligible to donate.

The Kidney Foundation fund-raiser will be held from 11 a.m. to 2 p.m. today in the Pit. Kidney disease is a problem in the

black community, said Katina Jones, chairwoman of the week's organizing committee.

"A large percentage of African Americans suffer from diabetes and hypertension, both of which can lead to kidney failure," she said. "Dialysis, the treatment for kidney failure, is expensive and ongoing. Donations to the Kidney Foundation can be used to help people receive dialysis treatment and proper medical care."

A dental and nutrition awareness discussion will be held at 7 p.m. Wednesday in Union 224. Dr. Minnie McNary, a UNC nutritionist, and Dr. Jean Wood, a Carrboro dentist, will discuss the importance of healthy diets and regular physical and dental checkups.

Alston said that obesity and poor diets were a common problem in the black community and that a recent study showed black women to be the least healthy group in the United States.

Goodwin said she attributed these problems in large part to poor health habits such as not exercising and eating too many foods that were high in fat and sodium.

The sorority is also sponsoring a blood pressure check from 11 a.m. to 3 p.m. Thursday in the Pit. The check takes about three minutes and helps foster awareness of the connection between blood pressure and health habits such as diet and exercise.

UNC Researchers Need Subjects for Studies of Premenstrual Syndrome

Disease Is Serious Matter, Has Debilitating Effects for Many Women Every Month

BY NANCY FONTI
STAFF WRITER

Researchers at the UNC School of Medicine are searching for 60 female subjects to participate in studies of premenstrual syndrome, a disorder which affects 5 percent to 10 percent of women.

"We're talking about a group of women with symptoms so severe that they actually interfere with the women's normal ability to function and have a significant impact on interpersonal relationships," said Dr. Susan Girdler, research assistant professor of psychiatry.

"If we can identify what aspects of the women's biology is abnormal, it can lead to drug interventions to alleviate the symptoms," said Girdler, who has been researching PMS since 1991.

Researchers will monitor cardiovascular systems and assess the adrenaline systems of about 30 women who suffer from PMS. Another 30 women will serve as controls in the study, Girdler said.

Symptoms of PMS, a disorder for which there is currently no cure, include anxiety, irritability, fatigue, headaches and suicidal tendencies, she said.

Girdler said extreme symptoms of PMS forced some women to remain at home for one week every month.

"Millions of women spend one-fourth to one-half of their reproductive lives with these debilitating symptoms," she said. "It can be a major problem for them.... We're talking about an important quotient of life for these women."

Women with the disorder often spend the rest of the month repairing the damage caused by PMS, Girdler added.

"I did not actually believe in PMS before I began the research," she said. "It wasn't until I met these women that I came to understand that it is a debilitating disorder."

PMS Participants

UNC Researchers are looking for women between the ages of 20 and 40 who suffer from severe premenstrual syndrome to participate in an extensive study. Participants will receive at least \$150 for the first phase. For more information, call study coordinator Karen Korach at (919) 966-3815.

In order to conduct the study, which is funded by the Foundation of Hope for the Research and Treatment of Mental Illness, Girdler needs subjects.

"We are looking for women who really think they experience emotional depression, anxiety, irritability or anger," she said.

Subjects must be between the ages of 20 and 40, and participants will receive \$160 for the first phase of the study, Girdler said.

Contrary to what researchers had expected, prior experiments have found that women with premenstrual disorders showed lower levels of response to stress tests than non-PMS women, Girdler said. "This was all paradoxical," she said.

The women with premenstrual disorders were also found to produce more adrenaline throughout the entire menstrual cycle, which results in a higher heart rate and blood pressure, she said.

The body responds to an increased amount of adrenaline by decreasing the number of adrenaline receptors, Girdler said.

The receptors cause the increases in heart rate and blood pressure, she said.

One hypothesis is that the regulation of the adrenaline system might cause PMS symptoms to disappear, Girdler said.

A drug called clonidine, which is used to treat high blood pressure, was given to subjects in prior experiments and symptoms were reduced, she said.

Newsletter Provides a Forum for Women's Issues

BY KAMAL WALLACE
STAFF WRITER

UNC women now have another outlet for finding out about events and issues that concern them.

The Women's Issues Network (WIN) at UNC has come out with its first newsletter, "Women's Watch."

"The newsletter was created in an effort to increase dialogue in the campus community," said Katie Hultquist, co-founder of "Women's Watch" and co-chairwoman of WIN.

"Our goal is to keep the University updated on issues, events, programs and services that affect women on this campus," Hultquist said.

Susan Covington, co-founder of "Women's Watch" and co-chairwoman

of WIN, said the newsletter would strengthen communication among UNC women's groups and raise awareness of events they sponsor.

"Its purpose is to unite all of the women's groups on campus," she said. "We had found that there was a lot of fragmentation and little communication between the various groups."

"We also found that women did not know about many of the events on campus as well as in the community," Covington said. "Through the newsletter, we hope to build lines of communication for the various groups on campus and to inform students of the different women's programs taking place on campus."

The free newsletter is currently available at all residence halls, the Undergraduate and Davis libraries and the Union desk.

The newsletter consists of contributions from different members of the group, a calendar of upcoming programs, a schedule of women's athletics and a summary of last month's events concerning women. A quote from Rebecca West across the bottom of the newsletter reads, "Feminism is the radical notion that women are people."

Hultquist said she hoped the University would continue to support women's needs, concerns and issues in three main areas.

"It is our hope that UNC will continue to promote and support women, provide a forum for women and men to discuss gender equity and communication, and advocate a University environment that extends a supportive climate to all women students, faculty and staff of UNC."

Anyone interested in submitting articles for "Women's Watch" can contact co-

editors Amy Swan and Adrienne Lockie at the WIN office (Room F, Union Suite B) at 962-5620.

Another campus group is also trying to increase communication among campus women's groups. Student government's Women's Issues Committee will host a reception for women faculty and student leaders of women groups at 5:30 p.m. Nov. 15 in the Union Gallery. They will discuss possible programs and joint efforts as well as common concerns. All are welcome to attend the informal event.

Other events concerning women on campus include a Take Back the Night March starting at 6:30 p.m. Wednesday in the Pit and a Women's Studies Luncheon Colloquium on "Feminist Film Theory and Cross-Cultural Criticism" at noon Nov. 16 in the Toy Lounge in Dey Hall.

NOTICE TO ALL STUDENTS ENROLLED AT THE UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL

In accordance with state and national law, The University of North Carolina at Chapel Hill has established policies and procedures which require access to full membership and participation in any student organization without regard to race, religion, national origin, disability, age, veteran status, sexual orientation and except where allowed by law, gender.

Further, in order to fulfill requirements of law that the University of North Carolina at Chapel Hill not aid or perpetuate discrimination against any person by providing significant assistance to any organization which discriminates against any student on the bases enumerated above, the University requires every institutionally sanctioned student organization to file with the institution a statement of the organization's non-discrimination policy.

As of November 1, 1994, the organizations listed below have been officially recognized by the University administration for the year ending September 30, 1995. Recognition is not granted unless the organization files with the Vice Chancellor for Student Affairs, a statement of its non-discrimination policy. Any currently enrolled student may examine the statement on non-discrimination policy of any recognized student organization by applying at the Office of the Vice Chancellor for Student Affairs.

Any currently enrolled student who applied for membership in any recognized student organization, was denied membership, and believes the denial was based in whole or in part on his age, disability, national origin, race, religion, sexual orientation, gender or veteran status, should notify the Vice Chancellor for Student Affairs.

- ACADEMIC/PRE-PROFESSIONAL ORGANIZATIONS**
 - Academy of Students of Pharmacy
 - Alliance of Black Graduate and Professional Students
 - Alpha Chi Sigma Prof. Chemistry Fraternity
 - Alpha Epsilon Delta-National Pre-Medical Honor Society
 - Alpha Kappa Psi
 - American College of Healthcare Executives-UNC Student Chapter
 - American Medical Association-Medical Student Section
 - American Medical Student Association
 - American Medical Women's Association
 - Association of Business Students
 - Association of Chemistry Graduate Students
 - Association of Minority Nursing Students
 - Association of Nursing Students
 - Beta Alpha Psi
 - Beta Beta Beta Biological Society
 - Black Business Student Alliance
 - Black Law Students Association (BLSA)
 - Black Pre-Professional Health Society
 - Bullitt History of Medicine Club
 - Carolina Academic Team
 - Carolina Hispanic Business Agenda
 - Carolina Siam Club
 - Carolina Students Credit Union
 - Delta Sigma Pi International Fraternity
 - Economics Graduate Student Association
 - Epidemiology Student Organization
 - Federalist Society for Law & Public Policy Studies
 - Great Decisions
 - Holderness Moot Court Bench
 - John B. Graham Student Research Society
 - Kappa Epsilon Prof. Pharmacy Fraternity
 - Kappa Psi Pharmaceutical Fraternity
 - Middle School Association
 - Minority Student Education Association
 - NC Council of Teachers of Mathematics, Eta Student Chapter (NCCTM)
 - NC Teaching Fellows
 - National Lawyer's Guild
 - North Carolina Lawyers' Research Service
 - North Carolina Student Legislature
 - Pediatrics
 - Phi Alpha Delta UNC-CH Pre-Law Fraternity
 - Phi Beta Lambda
 - Phi Delta Chi-Alpha Gamma Chapter
 - Pre-Vet Club
 - Prisoners' Rights Project
 - Public Interest Law Foundation
 - Public Relations Student Soc. of America
 - Society of Physics Students
 - Student Chapter of the American Library Association (SCALA)
 - Student National Medical Association
 - Student National Pharmaceutical Assoc.
 - UNC-CH American Advertising Federation
 - UNC-CH American Chem. Soc. Students Affiliate
 - UNC-CH Industrial Relations Association
 - UNC-CH Medical Chapter-NC Student Rural Health Coalition
 - UNC-CH Physical Therapy Association
 - UNC-CH Public Policy Analysis Majors Union
 - UNC-CH Recreation Society
 - UNC-CH Student Chapter of the American Society for Information Science
 - UNC-CH Student NC Association of Educators
 - UNC-CH Student Occupational Therapy Assoc.
 - UNC-CH Trial Law Academy
 - Whitehead Medical Society
- CULTURAL & INTERNATIONAL ORGANIZATIONS**
 - AFRO II Dance Group
 - African Students Association
 - Amnesty International Group B4
 - Arab-American Anti-Discrimination Comm.
 - Asian Students Association of UNC at Chapel Hill
 - Black Student Movement
 - CONCEPT (of Colors)
 - Carolina Hispanic Association
 - Carolina Indian Circle
 - Hellenic Students Association of UNC Chapel Hill
 - International Health Forum
 - Persian Culture Society
 - Sangam
 - Students Teaching Teens at Risk (STTAR)
 - UNC-CH German House
 - UNC-CH Slavic Club
 - UNC-CH Toronto Exchange
 - UNITAS
 - Vietnamese Student Association
- HONORARY & SERVICE ORGANIZATIONS**
 - Alpha Kappa Alpha Sorority, Inc.
 - Alpha Phi Omega, National Co-ed Service Fraternity
 - Arnold Air Society
 - Carolina Campus Chitan
 - Carolina Collegiate 4-H Club
 - Carolina S.A.F.E. (Safety, Awareness, First Aid & Emergency Care)
 - Crop Lunch
 - Delta Phi Alpha German Honorary Society
 - Golden Key National Honor Society
 - Honors Program Student Advisory Board
 - James M. Johnston Issues Forum
 - Mu Beta Psi
 - National Residence Hall Honorary
 - North Carolina Hall Review
- SPECIAL INTEREST ORGANIZATIONS**
 - B.I.A.C.E.
 - Bisexuals, Gay Men, Lesbians, and Allies for Diversity (B-GLAD)
 - Carolina AIDS Legal Assistance
 - Carolina Camp Scouts
 - Carolina Comic Book Club
 - Carolina Community Foundation
 - Carolina Equal Forum
 - Carolina Medical Students with Children
 - Carolina NORML
 - Carolina Production Guild
 - Carolina Union Activities Board
 - Child Action
 - Chimeria: UNC-CH Sci-FI/Fantasy Org.
 - Common Sense for UNC
 - Diversity Task Force
 - GIGO
 - Green Games
 - Lambda Law Students Association
 - Minority Student Caucus, Sch. of Public Hlth.
 - North Carolina Renaissance
 - OPUS-Ordinary People, Unusual Students
 - Parents Active in Law School (PALS)
 - Peer Leadership Consultants
 - Physicians for Social Responsibility
 - Politics and Community Committee
 - Rape Action Project
 - STEP on Heart Disease
 - Self Knowledge Symposium
 - Semper Fidelis Society
 - Student Action with Farmworkers
 - Student Environmental Action Coalition
 - Student Health Action Committee
 - Students United to Promote Racial Awareness
 - Students for Children
 - Students for Creative Anarchism
 - TWEA
 - UNC-CH Chapter of NAACP
 - UNC-CH College Republicans
 - UNC-CH Family Medicine Interest Group
 - UNC-CH Investment Club
 - UNC-CH Peer Health Educators
 - UNC-CH Student Committee of the League of Women Voters
 - UNC-CH Vegetarian Club
 - UNC-CH Young Democrats
 - UNC-CH Young Republicans
 - Undergraduate Sociology Club
 - Women's Issues Network
- SPORTS & RECREATION ORGANIZATIONS**
 - Carolina Cycling Club
 - Carolina Fever
 - Carolina Martial Arts
 - Carolina Men's Club Lacrosse
 - Carolina Officials' Association
 - Carolina Student Track Officials
 - Carolina Taekwondo Club
 - Carolina Women's Lacrosse Club
 - MAWIAIC International Karate
 - Men's Volleyball Club
 - North Carolina Team Handball Club
 - Oktawan Kempo Karate Club
 - Passed Out (UNC-CH Juggling Club)
 - SCUBA
 - UNC-CH Ballroom Dance Club
 - UNC-CH Club Baseball
 - UNC-CH Club Gymnastics Team
 - UNC-CH Crew Club
 - UNC-CH Cricket Club
 - UNC-CH Dental School Sailing Club
 - UNC-CH Downhill Ski Club
 - UNC-CH Equestrian Team
 - UNC-CH Field Hockey Club
 - UNC-CH Intercollegiate & Co-Recreation Bowling
 - UNC-CH International Folk Dance Club
 - UNC-CH Men's Soccer Club
 - UNC-CH Men's Tennis Club
 - UNC-CH Outing Club
 - UNC-CH Raquetball Club
 - UNC-CH Roller Rangers
 - UNC-CH Sailing Club
 - UNC-CH Swim Club
 - UNC-CH Table Tennis Club
 - UNC-CH Ultimate
 - UNC-CH Water Polo
 - UNC-CH Water Ski Club
 - UNC-CH Women's Club Rugby
 - UNC-CH Women's Club Soccer
 - UNC-CH Women's Club Tennis Team
 - Tau Epsilon Phi
- STUDENT GOVERNMENT ORGANIZATIONS**
 - Carolina Athletic Association
 - Carolina Student Legal Services, Inc.
 - Graduate Student Action Body
 - Graduate and Prof. Student Federation
 - Information Library Science Student Association (ILSSA)
 - School of Pub. Hlth. Student Union Bd.
 - Senior Class of 1995
 - Student Barr Association
 - Student Government—Executive Branch
 - Student Government—Judicial Branch
 - UNC-CH Elections Board
 - UNC-CH Student Congress

BROWNING

FROM PAGE 1
While talking to a counselor in human resources about his request, Browning overheard a conversation between his supervisor and UNC's training manager, who said the request couldn't be fulfilled until Browning finished a newly created prerequisite. Then, Browning got angry, threw a note-

book and papers, and said, "I ought to get my gun and kill the son of a bitch."

Browning admitted to having made threatening comments but apologized the same day, according to the "Findings of Fact" section of Morrison's opinion.

Morrison ruled that no racial discrimination or retaliation had influenced UNC's decision to fire Browning but that the University had acted too harshly in firing him.

Browning and McSurely asserted that Browning had been fired because of his role as a leader in the UNC Housekeepers Association and that racial discrimination and retaliation were involved.

McSurely said the SPC had not considered discrimination or retaliation in its decision.

"The SPC did not look at issues that they deemed extraneous," McSurely said.

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In Short, Consider the Investment Banking Division at Goldman Sachs.

Investment Banking Division
Financial Analyst Program
Information Session

Monday, November 7, 1994
Spanky's Restaurant
7:00 p.m.
Reception to follow. Please dress casually.

All undergraduates are welcome to attend.

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