There is a difference between midwives and nurse-midwives, Payne said. Nurse midwives go through a training and ac

"We stay with women during labor and

"We try to know what they want and

give support both physically and emotion-ally and talk to her about what's safe for her

baby and what she wants to do," Payne

medication, treatment and prenatal care,

center on Airport Road which should be operating by January, run by a staff of

In 1991-1993, the N.C. Memorial Hospital had a total of 1,229 Caesarean births,

member Rosemary Waldorf to the posi-

tion of mayor has opened up an additional

of the council. Town Council members

will vote on the seat in early December,

"He is the most logical choice," said Ann Margaret Franck, his wife. "The race was so close that it only makes sense he

Emily Newell and Megan Driscoll contributed

Randy Marshall, a 10-year veteran of Carrboro Board of Aldermen who ran

He said he did not have any plans to run

against Nelson, will give up his seat on the board at the end of the month.

again in two years.
"I don't know if I have any plans to stay

involved in Carrboro politics," Marshall

don't know what I will be doing in two

"I haven't given it that much thought. I

and many see Franck as the choice.

The seat must be filled by an appointee

seat on the council.

Nurse-midwives also can administer

Plans are under way to build a new birth

creditation program through the American College of Nurse-Midwives, whereas

wives Reduce Occurence of

Chances of a Caesarean childbirth are reduced dramatically when a woman uses a nurse-midwife during labor and childbirth, a recent study reported.

This decrease may come from the emotional support and individualized care that nurse-midwives give, said Trish Payne, a nurse-midwife in UNC Hospitals Family Practice Division

"If you provide holistic care, the woman is more likely to keep her appointments and show up," she said.
"You have to be really patient and fo-

cus. There is a mind-body connection," Payne said

Nurse-midwives are more cost-effective and have good outcomes with lower Caesarean rates, even in groups of women at high risk, Payne said

According to a survey by the Public Citizens Health Research Group, 25 percent of the babies born in the United States

was not that visible to the public.

team who did a great job backing me. They're the ones who tell me where to go,

make me look pretty and see that things go

volunteers. "We had a great campaign team," he said. "They did a very good job." Nelson waited with his campaign man-

ager and a group of about 30 supporters at

Main Street Travel in Carrboro as the re-

sults came in on the radio Nelson works as

a travel agent there.

Carrboro elected a mayor who will work

are very low technology, low intervention people," Sciora said. "We can let nature do its thing, and it usually does the right

COUNCIL development, elected officials reported that the largest contribution to their success the ultimate surprise factor in the race.
Incumbent council member Pat Evans

Natural Resources

"A campaign is not simply a bunch of forums that I go to, looking pretty and by only 36 votes. saying the right things," Capowski said.
"A lot goes on behind the scenes. I have
to thank Flicka Bateman and the entire

"I am very satisfied with the results," Franck said. "I really want to thank everyone, especially my campaign manager Ruby Sinreich. I can't complain about los-

The election of former Town Council

CARRBORO MAYOR

said. "It says something good about Mike Nelson, and it says something really good for the people of Carrboro.

voters, talking to them by phone or through door-to-door visits, Stiegler said. "I think the number one thing was that

we were able to keep the race focused on

with the good of the community as his LOUGANIS FROM PAGE 3

In 1993, during preparations for his 33rd birthday, Louganis revealed his HIV status to his mothe

She took it pretty well," he said. "She

smoothly As predicted by Chilton, the question of the fourth town council seat did become

In 1991-1993, the rate of Caesarear

ni 1991-1995, the rate of Caesarean sections performed in Orange County was 18.9 percent and 20.7 percent in 1988-1990, according to statistics from the N.C. Department of Environment, Health and

Payne said the percentages were too

high, but she said she was especially pleased with the percentage at UNC Hospitals,

present for the delivery, said Elizab Sciora, a nurse-midwife a registered nurse, and the couple are

gional Hospital's Women's Clinic.When there are signs of an abnormality a physi-

"CNM's (Certified Nurse-Midwives)

a nurse-midwife in Durham Re-

which she estimated in the teens. The nurse-midwife option is also more cost-efficient since only the nurse-midwife,

cian is called in, she said.

was elected over former chairman of the Board of Transportation, Richard Franck,

ing by 36 votes.

main focus, said Matt Stiegler, Nelson's

campaign manager.
"I'm pleased that we won," Stiegler

outlive their sons. Then she said, 'You've derstood," he said. "That made the transibeaten so many odds that I have nothing to

tion much easier.

"Barbara Walters asked me the big question, 'HIV or AIDS?'" he said. "Techni-After telling his mother, he said he knew it was time to come out publicly. At the 1994 Gay Games in New York, he recally I have AIDS because my t-cell count is below 200. vealed that he was gay.
"I knew I was around people who un-

This year, Louganis wrote his book. He performed in the New York production of "Jeffrey," the story of a man who dies from AIDS. He beat his dependency on pain with a rate of 19.2 percent, according to the State Center for Health and Environmen-

Caesarean sections are performed for several reasons: when there is fetal distress, labor is failing to progress or a similar emergency arises, said Dr. Steven Wells, associate professor of the Maternal Fetal lwives have little formal training, Payne associate professor of the Maternal Fetal Medicine Division of the UNC Medical provide them continuous support," she School.

arise include breach babies, births where the fetus comes feet first or in a sideways

When there is a premature delivery of the placenta or when other emergency situations arise

The performance of a Caesarean section usually is decided by clinical judgments, Wells said, but can be determined the mother if she has had a previous esarean section.

Wells said some of the dangers facing the mother included excessive bleeding, infection and damage to internal organs

CHAPEL HILL MAYOR

"I believe that the opponent's campaign was an attack on me and that I had to many times defend myself."

Foy, who is a newcomer to town politics, did not share Waldorf's opinion. "Campaigning has been very exciting," he said. "A local campaign involves talking to yourneighbors. This is fun, especially when your neighbors are cool.'

Although he came up short at the polls, Foy said his issues were well received in the community. "Even when people didn't agree with me, they were gracious and civil, this is what a community is about."
Foy said if Waldorf considered devel-

opment carefully, she would serve the com-munity well. "She looks at the outcome. There is a great depth of feeling about growth and development. If the council and the mayor keep that in mind, it will be good for the comm

Mary-Kathryn Craft and Alex Poldogar contributed to this article

killers and anti-depressants, to which he was addicted, and he performed the dive scenes for a movie about his life, he said.

"I'm living with AIDS, not dying from it," Louganis said. "Hate AIDS, not life. "Love yourself enough to protect your self. HIV crosses all borders."

The audience rose in ovation when he concluded, "I'm Greg Louganis; I'm gay, and I'm living with HIV."

U.S. Servicemen in Japan

NAHA, Japan — The three U.S. ser-vicemen spotted the 12-year-old schoolgirl

as she stood outside a stationery store where she had gone to buy a notebook.

According to prosecutors, the men grabbed her, shoved her into a car and

bound her with tape they had bought, along

with condoms, at a grocery store on a U.S. airbase. Then they drove her down a lonely road lined with fields of sugar cane.

Navy Seaman Marcus D. Gill calmly

ravy seaman Marcus D. Gill calmiy confessed Tuesday to raping the girl — a crime that has damaged America's security ties with Japan, its most important Pacific ally. Marine Pfcs. Rodrico Harp

and Kendrick Ledet admitted to helping

the crime, saying it began on the afternoon of Sept. 4 when Gill, Harp and Ledet were

The rape was Gill's idea, prosecutors said. First, the three men drove to a grocery

story on a U.S. airbase, where they bought condoms and electrician's tape. Next they

went to a nearby town in search of prey

the 12-year-old girl stepped out of the neigh-borhood stationery store. Ledet and Harp

allegedly shoved her into the car and boun her with the tape as Gill drove down the remote road. Gill confessed to raping the girl and then dumping her there before returning to his base.

Acquitted Navy Officer

May Not Be Promoted

WASHINGTON, D.C. — The Navy

will likely refuse to promote a captain acquitted last month in a sexual-harass-

ment case, a Navy official said Tuesday

Navy Secretary John Dalton is considering blocking the promotion of Capt. Everett L. Greene who was cleared of

of making repeated contact with two fe-male subordinates. Greene was in line for

promotion to admiral until he refused a

settlement in the harassment case, opting to stand before a full-blown court-martial.

At that point, the Navy asked the Senate

al wrongdoing after being accused

That search ended at about 8 p.m. when

out cruising in a rented car.

ecutors said

Prosecutors gave a graphic account of

Admit to Planning Rape

Armed Services Committee to withmost confirmation of Greene's promotion.

After reviewing the case file, Dalton told aides he had serious questions about Greene's judgment, in spite of the not-guilty verdict. Greene was being given an opportunity to respond to Dalton's con-cerns either in writing or in a face-to-face cerns, either in writing or in a face-to-face meeting, according to the Navy official, who spoke on condition of anonymity.

Armed Services Committee to withhold

McNamara Visits Vietnam

HANOI, Vietnam — Robert McNamara returned to Vietnam Tuesday for the first time since the end of the war he helped escalate in the 1960s, hoping to persuade the country to open its archives on the conflict

The former U.S. defense secretary admitted in his memoirs, published last spring, that American participation in the Vietnam war was "terribly wrong." The mission of his current trip to the former enemy capital was to propose a conference of war. capital was to propose a conference of was era decision-makers from both countries.

"We're here, obviously, for one reason to see if Vietnam and the United States can draw lessons from what was a tragedy for both sides," McNamara told reporters.

McNamara, who was defense secretary in 1961-68 under Presidents Kennedy and Johnson, came as part of a delegation from Brown University and the New York-based Council on Foreign Relations.

Council Vice President Karen Sughrue said the group hoped Vietnamese leaders would release new archival materials and answer questions about their perceptions of American wartime policy.

"The majority of the American writing on this subject is completely uninformed about Vietnamese decision-making," she

Government Doesn't Want To Stockpile Cancer Drug

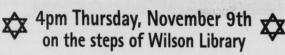
WASHINGTON, D.C. - Easily made and costing only pennies, potassium io-dide pills can prevent thyroid cancer in people exposed to radiation. But the government has made no effort to stockpile them at nuclear plants despite the recom-

mendation of a presidential commission.

The nuclear industry says stockpiling the pills would be impractical. Critics say the industry is just scared of bad publicity. Federal regulators have said a large-scale effort "would not be worthwhile" they're about to take another look.

In the 16 years since the Three Mile Island accident, there has been dispute among nuclear safety officials, the nuclear industry, scientists, health experts and government bureaucrats over whether the government should stockpile the pills in the event of a major release of radiation. FROM WIRE REPORTS

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New Materials at Recycling Sites

Paperboard milk cartons and drink boxes:

1. Remove and discard straws and caps.

2. Rinse and flatten.

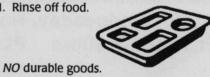
3. Plastic juice spouts OK.



Recycling opportunity sponsored in part by Tetra Pak.

Aluminum Foil and Foil Pans/Trays:

1. Rinse off food.



Flexible Plastic Six-Pack Rings:

1. Look for the 4 symbol.

NO rigid six-pack yokes. Recycling opportunity sponsored in part by ITW Hi-Cone

Plastic Bottles 5

Remove and discard lids. Rinse and *flatten* bottles.

Bottles only; neck of container must be smaller than base.

NO yogurt cups or other plastic items.

These materials can now be deposited at all Recycling Drop-Off Sites and Orange County Solid Waste Convenience Centers. Please place in designated bins at drop-off sites. These items are not accepted in curbside recycling bins. Call Orange Community Recycling for more information. 968-2788