

# 'Super' Algae Eaten to Boost GPA, Health

BY LOU RUTIGLIANO  
STAFF WRITER

A miracle seaweed now for sale might be the best thing to come along since Popeye's spinach.

Otherwise known as super blue-green algae, this product has just become available to students and other residents of Chapel Hill.

Its supporters claim it can increase a person's energy, stamina and memory. It would seem the only things it can't help you do are dunk like Vince Carter or keep from falling flat when you walk on ice.

The algae can be ordered through a local distributor named William Burton, and packages of the tablets come in a variety of sizes and prices. If dissatisfied, the product can be returned for a refund.

"It is a very no-risk situation," Burton said. "I guarantee that at the end of three weeks of eating the algae, people will feel better than ever."

Susan Johnson of Raleigh has been eating the algae since early summer. "I've noticed a difference, and it really does give me more energy," she said.

Doug Bristol, a Durham resident who has been eating the algae for two years, agreed. "A lot of things are smoother and easier to accomplish," he said. "It aids my attention."

"Super algae" was first released about 13 years ago by a pair of California scientists. Due to the popularity of the algae in

the West, those scientists now run the company Cell Tech.

Burton himself has been eating the algae for nearly five years and has been selling it for a year. "People are always calling me and asking if this stuff is legal," he said. "When I first tried it, I was seriously suspicious myself."

The algae is legal and all-natural. An ad for the freeze-dried algae capsules said, it "contains all essential amino acids in near-perfect proportions ... of vitamins, minerals, and trace minerals including beta carotene and vitamin B12."

"This is not a medicine, and I am not a doctor," Burton said. "The algae simply provides nutrition that reinforces and strengthens the body."

That nutrition, Burton added, cannot be obtained just by eating your veggies.

"I don't think there is one person who will agree that food is as nutritious as it used to be," he said.

Burton said it is not necessary to do anything but eat the algae. "Some people don't change a thing (about their lifestyle)," he said. "They just start eating the algae and experience clarity and energy."

Bristol, who has a Ph.D in chemistry, agreed. "There is real evidence that diet can influence these things," he said. "I guess the old saying you are what you eat must have some truth to it."

Anyone interested in purchasing the blue-green algae can contact William D. Burton of Cell Tech at (919) 490-1307.

# Film Series to Discuss Homosexuality, Infidelity

■ Four subtitled Japanese films are scheduled to be shown in Swain Hall.

BY EMILY GORMAN  
STAFF WRITER

Anyone interested in learning how Japanese society deals with the issues of homosexuality, infidelity and interracial relationships can check out a Japanese film series being shown at the University.

The series will deal with the marginalization of young people in Japanese society.

The first film in the month-long series of Wednesday showings, "Down the Drain," will be shown today.

All films are free and will be shown at 8 p.m. in IA Swain Hall.

The film series is sponsored by the Japan Foundation and organized by the Curriculum in Asian Studies.

The Japan Foundation is a nonprofit organization that funds research and education about the culture of Japan. UNC is one of five universities in the Southeast showing the film series.

"They wanted to choose films about young people who may feel out of the mainstream," said Jan Bardsley, assistant professor of Japanese at the University.

"Down the Drain" is a slapstick comedy about a Japanese woman who leads a fairly ordinary life until disaster strikes, and her character is forced to change. The film is a comic look at Japanese film history, Bardsley said.

The movie "Okoge," which will be shown Jan. 31, deals with the friendship between sexually innocent teenage girls and young, homosexual men.

In Japanese, okoge is the crust of rice which sticks to a rice pot, or okama. The slang expression for these teenage girls is okoge, and the men are called okama.

"Homosexuality has an interesting history of acceptance, rejection and

*"Homosexuality has an interesting history of acceptance, rejection and marginalization in Japan."*

JAN BARDSLEY  
Assistant Professor of Japanese

marginalization in Japan," Bardsley said. "Osaka Story" is about infidelity in marriage and its effects on the family. The story is told in English, Japanese and Korean from the viewpoint of Nakata Toichi, whose father has a wife and family in Japan and a mistress and two children in Korea. It will be shown on Feb. 7.

"What's interesting about these films is that the Japanese film industry is going through a slump right now because of animation," Bardsley said. "So the film industry is kind of having a hard time, and because it is having a hard time, there is

room for these experimental films to be made."

The final film, "My Wife Is Filipina," is the documentary of the marriage of a Japanese man and a Filipino woman.

The film discusses the complications associated with interracial marriages. "My Wife Is Filipina" will be shown on Feb. 14.

Dr. Kyoko Hirano of the New York Japan Society will discuss the issues involved with "My Wife Is Filipina."

Hirano's lecture, which will take place prior to the showing of the film, will be held at 7 p.m. in IA Swain Hall.

All of the topics are sensitive to the point of almost being taboo in Japanese society, especially the idea of interracial relationships and a frank look at homosexuality," Bardsley said. "They are dealing with topics that might be perceived a little differently in Japan than in the U.S."

All of the films are in Japanese with English subtitles. Seating is limited to 100 people, and parking is available after 5 p.m. in the lot next to Swain Hall.

## FOOD

FROM PAGE 1

happy because they don't like the food. Basically, nobody is happy."

"Marriott's contract ends in August, so we have to make a quick decision about food services," Elfland said.

"Something has to be done," Scotty said. "The only other alternative is to do nothing and allow the facilities to eventually deteriorate."

The task force will recommend that no mandatory meal plan be implemented. The University is the only school in the UNC

system without a mandatory meal plan, and one of few in the nation, Scotty said.

"Students have made very clear they do not want a mandatory meal plan and there is virtually no grassroots support for that option," she said.

The task force also recommended that all University on-site food preparation facilities be operated by a single contractor, including the Grapevine, a facility in the Health Sciences area, and the Friday Center.

Scotty said to cut costs, the task force will also request a University contribution for faculty and staff use of dining facilities.

## NUCLEAR

FROM PAGE 1

Jim Warren, the executive director of the North Carolina Waste Awareness and Reduction Network, is one of the leading critics in the fight to stop the disposal site.

"Our complaint is that they have not included public participation," he said.

In a letter to John McMillan, executive director of the Authority, Warren stated "N.C. WARN and other citizens have complained throughout this project that public participation has not been taken seriously by the Authority."

Warren, in addition to other citizen groups across the state, will hold a news conference at 12:15 p.m. today in front of

the McKimmon Center, where the meeting is being held.

Sara Kempin, the public information officer for the Authority, disagreed with Warren's position.

"The Authority is required to hold five meetings. We've held over 450 meetings where people could make comments or get on our mailing lists," she said.

"We have a legal requirement to send out meeting notices 48 hours prior to the meeting, and we sent them out last Friday (for today's meeting)," Kempin said.

"But we didn't send it out as early as we usually do, so we supplemented it with personal phone calls," he said.

"We've tried to make sure folks are aware and informed."

## Campus Calendar

### WEDNESDAY

11 a.m. DISSERTATION SUPPORT GROUP Handle the problems that block progress with specific strategies. Join us in the University Counseling Center in Nash Hall. Call 962-2175 for more information. Registration required.

CONDENSED MATTER SEMINAR Richard T. Williams and Marc Leblans of Wake Forest University will present Laser Photoelectron Spectroscopy of Si and GaP in room 277 in Phillips Hall.

3:30 p.m. SUPPORT GROUP FOR WOMEN GRADUATE STUDENTS Discuss the challenges and explore the problem-solving strategies with us in the University Counseling Center in Nash Hall. Call 962-2175 for more information. Registration required.

4 p.m. UNIVERSITY CAREER SERVICES will sponsor a career panel on careers in hospitality/travel/leisure in 209 Hanes Hall.

4:30 p.m. KIDSREAD is recruiting volunteers to read to children for an hour per week. Interest meeting is in Union 211-212.

5 p.m. RUGBY: First practice at E-House field. No experience needed. Bring cleats. Call Andy at 933-3027 for more information.

5:30 p.m. CATHOLIC AWARENESS WEEK: Come join us for a meal and open mike night for Student Night at the Newman Center.

LUTHERAN CAMPUS MINISTRY would like to invite everyone to worship tonight in the campus center. A fellowship meal will follow at 6:15 p.m.

6 p.m. THE WESLEY FOUNDATION of 214 Pittsboro St. invites you to an evening of fun with Ed Kibourne. Meal & program costs \$2.

6:30 p.m. HAVERIM: Carolina students for Israel is sponsoring an evening of Israeli Poetry in Union 218. Everyone is welcome.

7:30 p.m. UNC MODEL UNITED NATIONS meeting will be held in Union 208.

FEMINIST EXPO meeting for all students will be held in the UNC Delegation in Union 213. WIN meeting to follow at 8 p.m.

ITEMS OF INTEREST SELECTED HILARITY tickets go on sale today at the Union information desk. UNC's funniest alumni will return to the Great Hall Saturday, Feb. 3 at 7 p.m.; tickets are \$5 for students and \$7 for general public. Sponsored by the Carolina Union Cabaret Committee.

ORIENTATION COUNSELORS Anyone interested for Fall '96 in the Morrison/Craig area, please come to one of the interest sessions located in first floor lounge of Morrison on Monday, Jan. 29; Wednesday, Jan. 31; or Wednesday, Feb. 7 at 5:30 p.m.; or on Tuesday, Jan. 30; or Tuesday, Feb. 6 at 7 p.m.

THE CAROLINA UNION ACTIVITIES BOARD FILM COMMITTEE presents "The Brothers McMullen" on Thursday at 6:30 and 9:00 p.m. and "Friday" on Friday at 6:30, 9:00 and 11:30 p.m. GOLDEN KEY NATIONAL HONOR SOCIETY will hold officer elections 1/25 224 Union. Interested? See you there.

### For the Record

Tuesday's article, "UNC Improv Comedy Troupe Plans to Ham it Up," should have stated that the Chapel Hill branch of Comedy Sports was closed only temporarily for relocation.

The Daily Tar Heel regrets the error.

**Put Your Beliefs to Work, and Get Paid For It!**

Are you interested in pursuing a career in Non profits or the Arts? Do you know you need an internship to get started, but you need to get paid?

University Career Services is offering six \$1,500 stipends to support students performing summer internships in Non Profit organizations and the Arts.

Stipends will be awarded based on students applications and Internship proposals.

**Deadline for applications is 5pm March 1, 1996.**  
Applications are available in 211 Hanes Hall.  
For more information contact Jacquelyn Gist 962-6507

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**SENIOR CLASS GIFT KICKOFF**

Wednesday, January 24 • 10:30am-1pm • in the Pit

**COME HELP US** kick-off our campaign for the **Class of 1996 Award for Advising Excellence!**

**FREE PRIZES!** from Johnny T-Shirt, 411 West Spanky's, Breadman's, etc.

**FREE FOOD!**

In the event of inclement weather, kickoff will be moved to Friday, 1/26

**Official Ring Week!**

**Carolina Ring Event**

DATE: Wednesday, Jan. 24 - Friday, Jan. 26 TIME: 10am-3pm

PLACE: UNC Caduceus Medical Bookstore DEPOSIT: \$20

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