

Sampras, Hingis Win In 1st Round of Open

Rain fell throughout the first day of the U.S. Open, interrupting afternoon play for almost two hours.

The Associated Press

NEW YORK — Mopping his face between almost every point, four-time champion Pete Sampras slogged sluggishly through a slow-motion, first-round victory Monday as the U.S. Open got off to a sleepy start.

As leaden as Sampras looked, he served well enough to overcome an even slower Martin Damm of the Czech Republic, 7-6 (7-3), 7-5, 6-4.

It was that kind of day at the National Tennis Center, when heavy, muggy weather took a toll on players and fans alike after nearly two hours of rain interrupted matches early in the afternoon.

Sampras went through more towels and shirts in his opening match than he usually does in a week.

He didn't run much, but he didn't have to, relying instead on his 22 aces and Damm's tendency to make the occasional inelegant error.

Damm obliged in the first-set tiebreaker with an overhead he slugged long for a minibreak to 5-2, and once again a few points later on a double-fault at set point.

Damm finished with 12 double-faults

to only four by Sampras.

Seeded No. 4, his lowest position at the U.S. Open since 1991, Sampras is going for his 14th Grand Slam title after winning his seventh Wimbledon last month.

No. 5 Yevgeny Kafelnikov defeated 116th-ranked Orlin Stanoytchev 6-7 (5-7), 1-6, 6-3, 6-2, 6-3.

Martina Hingis, the women's No. 1 and 1997 champion, looked no less listless in beating No. 101 Alina Jidkova 6-3, 6-1, as did No. 9 Arantxa Sanchez-Vicario in a 5-7, 6-4, 7-6 (7-2) victory against No. 63 Joannette Kruger.

No. 15 Jennifer Capriati, seeded at the Open for the first time since 1993, played a bit livelier in a 6-4, 6-0 romp over Emmanuelle Gagliardi.

"Of course I have thoughts of winning it," Capriati said. "I mean that would be the ultimate for me. That is my goal, of course. I'm not going to be satisfied with winning a couple of rounds."

"I think I have a good chance so, of course, it's going to make my own expectations a little higher."



Wimbledon champion Pete Sampras had 22 aces and only four double-faults in his first-round victory over Martin Damm.

Perkins Bulks Up for Bigger Role

Junior Anthony Perkins has put on 20 pounds since last year to become a starter on the UNC defensive line.

By T. NOLAN HAYES
Sports Editor

Anthony Perkins has a predicament many Americans can only dream about. He wants to gain weight, but he has trouble doing it.

Perkins, a junior defensive tackle for the North Carolina football team, packs about 270 pounds on his 6-foot-5 frame. That makes him a huge individual when he's walking through campus Monday through Friday, but it leaves him on the small side come Saturday afternoons.

Still, 270 pounds is a much better weight for Perkins than the 250 he played at in 1999.

"I worked hard over the summer to keep my weight up, eating a lot," said Perkins, who hopes to weigh 285 one day. "I'm just trying to get better and trying to get stronger and trying to get faster. I'm trying to improve every day."

He has met his goal thus far despite having to adjust to some position changes. Perkins began his career at UNC as a walk-on out of Fuquay-Varina High School, where he played offensive tackle for a team that won four conference titles while he was there.

Coaches put him at tight end when



DTH/KATHERINE EAKER

UNC defensive tackle Anthony Perkins, right, picked up the first fumble recovery of his career on this play last year against Duke. Perkins played in all 11 games for the Tar Heels in 1999 and made 19 tackles.

he arrived at Chapel Hill in 1997 but later moved him to defense. He played defensive end for about a week in the spring and then moved to tackle.

"It's been a normal transition," Perkins said. "I'm an aggressive player by nature, and defense is where I fit in. Offensive line was fun in high school because you can be aggressive at that position, but I like defense better."

Perkins' focus since becoming a defensive tackle has been to get bigger and stronger. He hung around Chapel Hill this summer to work out and take classes. Perkins woke up at 7 a.m. each day to lift weights before going to school, and he ran in the afternoons after class.

All of those activities left him exhausted by the end of the day. But the hardest part of it was something many people find all too easy: eating. Basically, Perkins consumed food and beverages nonstop. He took in four or five meals every day, which meant he ate when he was hungry and even when he wasn't.

"It gets pretty tough because after a while your taste buds take over and you're eating the same thing over and over again," Perkins said. "It's kind of a struggle. Some people wonder, 'How is it hard to gain weight?' But you're eating the same things over and over again. You're constantly eating, and you can get tired of eating."

"But you look at the benefits of it and see that if you gain the extra 20 pounds, it can really help you on the field."

Perkins isn't the only one who has noticed. UNC coach Carl Torbush

praised Perkins' work ethic before last season and rewarded him with a scholarship before the first game.

This season, Perkins has taken one more step. He'll be a starter at defensive tackle when the Tar Heels open their season at home against Tulsa on Saturday.

"Anthony Perkins came in here as a 215-pound, 6-4 or 6-5 defensive lineman," Torbush said. "He now weighs 275 and probably plays as hard as anybody I've ever been around."

That's the reason Perkins' teammates call him "Full Tilt." They saw how hard he fought last season, even on plays in which he was going against not one but two guys who were 50 pounds heavier than he was.

One guy who can identify with Perkins in terms of double teams is junior Ryan Sims, who starts at the other defensive tackle for UNC.

"Perkins beside me, he's a little undersized," Sims said. "But it ain't the size of the dog in the fight. It's the size of the fight in the dog."

The Sports Editor can be reached at sports@unc.edu.

THE ENERGY FOR AN ALL-NIGHT RAVE WITHOUT THE EMBARRASSING JAIL TIME FOR POSSESSION.



Eat with your head.™

Gonna be a late one? Then reach for new BALANCE GOLD* with 23 vitamins and minerals. With a 40-30-30 ratio of carbs, protein and dietary fat, it helps give your body sustained energy. Plus, you can't go wrong with all those peanuts, caramel and that rich chocolate flavor. Want to know more? Log on to Balance.com.

HE'S NOT HERE

on the Village Green



All Blue Cups \$3

Open-Close

G-105 Red Stripe Night - Thurs. Aug. 31st beach trip giveaway

FREE TUTORING

TUESDAY AND WEDNESDAY EVENINGS FROM 6 TO 9 PM

AT SECOND FLOOR OF DEY HALL (Rooms 205, 207, 206, 208, 209)

Peer tutors available on a drop-in basis—first come, first served—to help in the following courses:

- French 1-4 • Spanish 1-4 • Italian 1-4
- German 1-4 • Portuguese 1-3 (Wednesdays)
- Latin (Tuesdays) • Math 10, 17, 18, 30, 31, 32, 33
- Biol 11, 50 • Chem 11, 21, 41, 61 • Phys 24, 25 (Wednesdays)
- Econ 10, 100 (Tuesdays) • Business 24, 71 (Tuesdays)
- Math 22 (Tuesdays) • Statistics 11, 31 (Tuesdays)
- Political Science 41 • Astronomy 31 (Tuesdays)
- Geology 11 (Wednesdays) • Anthropology 10 (Wednesdays)

For additional help in chemistry and math, try these free resources:

The Math Help Center
09 Gardner
3:30-7:30 pm M-Th

The Chemistry Resource Center
225 Venable Hall
12:00-6:00 pm M-Th

Questions? Call 962-3782

Sponsored by the Peer Tutoring Program and UNC Learning Center