

Carolina Dining Service

...it's all good

Imagine

a campus food service offering

- ▶ hand tossed pizza
- ▶ fresh sushi
- ▶ low fat entrees
- ▶ custom stir fry meals created for you
- ▶ homestyle rotisserie meals complete with all the trimmings
- ▶ national brands like **Chick-fil-A, Subway, Jamba Juice, Burger King & Java City**



Sign Up Today

- ▶ convenient locations to your classes and residence hall
- ▶ access to all the new dining options - from **Burger King to Jamba Juice**
- ▶ your choice of 4 convenient dining plans: **Value Meal, Block Meal, Dining Flex and/or Expense**

Call or visit our website for meal plan information.

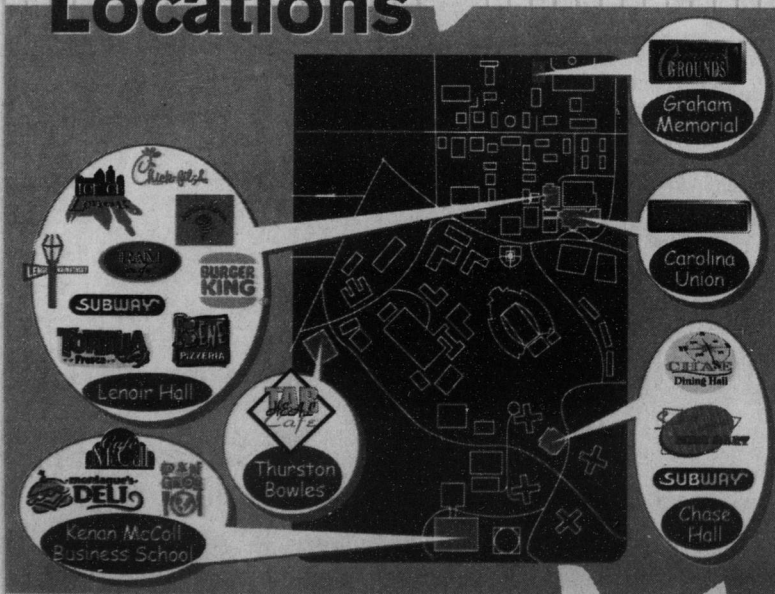
- ▶ 800-UNC-MEAL (862.6325)
- ▶ www.dining.unc.edu

Sign up for a meal plan before August 14, 2001 and your meal plan account will be on your UNC One Card when you arrive at school. Of course you may register in person at the beginning of the semester.

With Carolina Dining Service meal plans the choice is yours.

We are not guaranteed your business. We have to earn it.

Locations



2001-2002

Carolina Dining Service

Poplar Tree Has Deep Roots

By GEOFF WESSEL
University Editor

Franklin Street was barely even a dirt road, Polk Place was virgin forest, the Old Well was still new, but even in the rustic conditions that prevailed more than 200 years ago, Chapel Hill attracted students from across the state.

In 1795, when Hinton James, the first of these students, arrived at the end of his 300-mile walk from Wilmington, he moved into a just-completed building that housed students, professors and classrooms. That building, Old East, is now designated as a national historical landmark.

Among the most influential people behind the construction of Old East were William Davie and the Reverend Dr. Samuel McCorkle. Davie, a Federalist patriot and legislator, was not only a leading voice on the original Board of Trustees but also was instrumental in writing the University into the state constitution.

McCorkle, another of the first trustees, argued fervently for a classical style of education at UNC. It is for him that the historic quadrangle by Old East is named.

As you walk on the quad, the early history of UNC is all around you.

The legendary Davie Poplar, the tree that sprouted on the spot where Davie decided the University should be, towers eternally above its quaint stone bench.

The oldest buildings of the University surround the grassy walkways.

A stone monument memorializes Joseph Caldwell, first president of the University, and his family. Replaced in the early 20th Century, the original monument stands today in the black section of the Old Chapel Hill Cemetery, located on campus near South Road.

"Silent Sam" commemorates another time in UNC's history. During the Civil War, the University was shut down as its sons marched off to fight for the Confederacy.

When the war was over, the idealism that sent Sam's sons to the front was crushed in the harsh reality of defeat. The economy of the region was broken.

Thanks to the determination of a few remaining idealists, the University rose



Two students hang out in front of Old East in 1872. The first student to attend UNC was Hinton James in 1795.

again out of the ashes of the postbellum South.

One of these idealists was Cornelia Phillips Spencer, who rang the bell in South Building to signal the resumption of classes. Half a century later, the first women's dormitory on campus would be named after her.

Another was Kemp Plummer Battle, a UNC alumnus who became president of the University after it reopened. As a professor, Battle walked to campus from his house every day through a forest that eventually became Battle Park.

In 1848, as an undergraduate, Battle had been president of the Dialectic Literary Society when the society's alumni built New West Hall for the University. At the dedication ceremony, Battle introduced James Mebane, a member of UNC's first class of students, who spoke on the University's humble beginnings.

By the end of the nineteenth century, Battle's society and its companion, the Philanthropic Literary Society, had created the University libraries, the Honor Code and UNC's student government. The societies also contributed school colors to Carolina: white representing the Phi and pale blue for the Di.

At one point during Battle's presidency, every student joined one of the two literary societies, which as UNC's oldest student organizations had been

founded just months after the University opened its doors. Their membership would later fall drastically, when Greek fraternities began appearing on campus in the early 1900s.

Indeed, the twentieth century would bring numerous and radical changes to the University. UNC's first female student graduated just before the turn of the century.

Later, an explosion of construction extended the campus southward - by the end of the 1960s, the four South Campus high-rise residence halls housed a portion of UNC's rapidly growing student body.

Of course, the past century was a time of change for the whole world, not just for UNC.

The 20th Century saw the first flight in Kitty Hawk, the first moon landing (for which UNC's Morehead Planetarium had helped train Apollo astronauts), the Great Depression, two world wars and the rise and fall of communism.

Through it all, students studied in Wilson, played on the quad and lived in the halls of Old East.

Students of the first state university will certainly do the same in the next millennium.

Geoff Wessel can be reached at vroom@email.unc.edu

Writing, Health Help Is Available

By JONATHAN MILLER
Staff Writer

As a new student at the University, you may wonder just how all the student fees that you or your parents pay actually are used.

Carolina offers many services to students including disabilities services, health and well-being services and campus computer labs for student benefit.

Writing Center

Dr. Kimberly Abels hopes she doesn't see students but once at the University's Writing Center.

Abels and her team of 14 graduate students help students improve their writing skills through one-hour one-on-one tutoring sessions at Phillips Annex. The team will look at virtually any piece of written work by a student for critique.

"We most often look at course assignments but we also look at job applications and can look at a graduate student's thesis," Abels said.

Abels said that its best if interested students make an appointment to see a tutor at the Writing Center.

"It's a very popular service. We help over 4,000 students a year," Abels said.

The Writing Center also boasts an online version of the sessions that are held at Phillips Annex. After subscribing to the online service, a student can submit writing over the Internet and receive a reply within 24-hours of submission.

Abels' graduate assistants are from varied academic disciplines, from English to Sociology. Usually teaching assistants, Abels' tutors and are required to participate in a week long training session with subsequent training throughout the year.

During the academic year, the center's hours are 9 a.m. to 8 p.m. Monday through Thursday and 9 a.m. to 4 p.m. on

Friday. Visit the Writing Center's Web site www.unc.edu/depts/wcweb/ for more information. It's a real opportunity to improve an important life skill, Abels said.

University Career Services

Want a job when you get out of college? Better start now.

"We help students develop job search skills to put them in a much stronger position to obtain a job," said Marcia Harris, director of University Career Services.

UCS serves 16,000 freshmen through graduate students every year at UNC-CH by providing career planning, internship and employment assistance. UCS also helps with resume assistance; practice videotaped interviews and eight career fairs among other services.

"Most students would be paying approximately \$2,000 if they chose to purchase these services in the private sector," Harris said.

UCS also makes extensive use of their Web site by offering "e-leads," a database of job leads for liberal arts majors, and Carolina Connection - an alumni mentoring/contacts web-accessed database.

It's never too early to start a relationship with UCS, even as a freshman. "Freshmen should schedule an appointment with Ms. Vergie Taylor, our career planning counselor," she said. "They should also attend one of our career planning/ internship workshops."

Visit UCS's Web site at careers.unc.edu for information on when these workshops will be held and for registration with the office. UCS's hours are 8 a.m. to 5 p.m. Monday through Friday at Nash Hall.

Student Health Services

The Student Health Services at the James A. Taylor Student Health pro-

vides students various medical needs, ranging from the physical to the psychological.

"There are about 7,000 freshmen medical forms to take care of," said Kevin Masters, acting Medical Records Supervisor for Student Health Services at the University.

Some services that SHS provide include office visits with a provider in the General Medicines Clinic during office hours and gynecological and nurse practitioners at the Women's Health Clinic. Upon referral from a Clinical provider, physical therapy is available. Sexual assault counseling and confidential AIDS testing is also available among other services.

Starting in the Fall of 2001, SHS will move from its 24-hour schedule from the spring semester into a 7 a.m. to 11 p.m. schedule Monday through Friday with regular office hours from 9 a.m. to 4:30 p.m. On the weekend, SHS will be open from 8 a.m. to 5 p.m., charging a \$40 after-hours fee.

Get a Helping Hand

Everyone needs a little help now and then, and the University offers several services. Here's some resources you can check out.

- Student Health Services 966-2281
- Counseling and Psychological Services 966-3658
- Student Legal Services 962-1303
- ONE Card Office 962-8024
- ITRC 962-HELP (4357)
- Carolina Dining Services 1-800-UNC-MEAL (862-6325)
- Office of Scholarships/Student Aid 962-8396



Eclipse Tanning Inc.

★ Less than 5 minutes from campus!

968-3377

Open 7 days a week

Now Offering

Henna Body Art Tattoos

by Krishna-priya - Artist

Walk-ins Welcome!

1 FREE TAN

New Customers Only 968-3377



1 FREE TAN

With Package Purchase For Existing Customers 968-3377



10% OFF

Henna Body Art Tattoo on 1st visit only 968-3377



139 Rams Plaza Shopping Center