The Daily Tar Heel

Flanagan Snags National Honors Defensive Line Rips Up

Sophomore runner Shalane Flanagan will race in the cross country NCAA title meet today in Greenville, S.C.

From Staff Reports

Shalane Flanagan has been selected the NCAA Division I Cross Country Athlete of the Year in a vote of head coaches at the NCAA Cross Country Championships. Flanagan, a sopho-more from Marblehead, Mass., is one of the favorites to win the individual title at the NCAA Championships Monday in Greenville, S.C.

Flanagan won her second-straight ACC title this season as well as her second-consecutive NCAA Regional title. She leads a Tar Heel squad that is ranked No. 8 nationally and No. 2 in the

Southeast region. Flanagan's honor is the first ever for a Tar Heel cross country runner.

Six Wrestlers Place in Top 5

EAST STROUDSBURG, Pa. - The North Carolina wrestling team had six wrestlers place in the top five spots at the East Stroudsburg Open on Saturday. The event was the first action for the Tar Heels this season.

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free of the Blue Devil secondary and ran 40 yards – but then tripped over his own feet and fell at the Duke 28.

Lewis' touchdown capped a third quarter where the Tar Heel offense buckled down and put the game out of the Blue Devils' reach. A 1-yard run by Alex Wade with 10:14 left in the third brought Duke within seven.

"We got the ball with good field position, took it down and scored and it's a seven-point game," said Duke coach Carl Franks. "At that point, we forgot

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hands out. It was just a frustrating time for me in there, but the guys, we were shooting the outside shots. But we just weren't hitting them. And that's going to happen some nights. Unfortunately, it happened on the season opener, and that's just a frustrating thing."

UNC continued its preseason trend of poor outside shooting, which the team maintains is uncharacteristic of the stro-kers on the team. The Tar Heels shot 38.8 percent from the floor and talked highly of the Pirates' shooting performances. However, the statistics between the

two teams, save the final score, looked eerily similar. Hampton had a 38.9 fieldgoal percentage, a 25 percent 3-point percentage and one less rebound. Perhaps the biggest difference was the 16 turnovers it helped create with its non-trapping zone defense. The Pirates

coughed up possession 10 times. "I thought they shot extremely well," said UNC point guard Adam Boone, who tallied seven points, five assists and four rebounds. "I would say they shot a better percentage contested. I think they

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have the ball and his teammates were

haphazardly passing on the perimeter. "It was a lot like a matchup zone like we saw last year kind of like against Michigan State," Morrison said. "They did a good job of really packing it in and getting out quick to shooters. Our shots were open. I mean they weren't wide open, but still." That's what a good zone defense is.

Dusty Heist was the highest-placing UNC wrestler, taking third place at 174 pounds. Three Tar Heels earned 4th-place spots: Evan Sola (133 pounds), Brad

Jake

(165 po

grabbed fifth-place

Byers (141 pounds) and Matt Kenny Senior wrestler (heavyweight). Brad Byers finished in fourth Chris Rodrigues (125 pounds) and place in his weight Reynolds class at the East Stroudsburg Open unds) each

finishes. The Tar Heels are back in action next Saturday. They will host the Sharpie-Carolina Open Carmichael at Auditorium.

Swimming Takes Titles

North Carolina's men's and women's swimming and diving teams eased to the Nike Cup swimming and diving cham-pionships Friday at Koury Natatorium. The Tar Heel women won the title by

a large margin, finishing with 874 points. Virginia Tech edged LSU for second place 639 to 637.5.

In the men's competition, the Tar Heels won with 875 points. Runner-up

how to about block. We weren't able to put two together, halves and they made a lot of great plays, a lot of great athletic plays on offense. week. Ĺast

North Carolina a 24-point built halftime lead on Wake Forest, only to allow 32 points touchdowns in his in the second half first game back. and lost the game



hit a lot of contested jump shots. They missed more open ones than they did contested. I could be wrong, but I would guess that, well, I don't know. I would be interested in the free-throw line. It's hard to say what attributed to that, shooting

the same field-goal percentage." A UNC Athletic Communications official then pointed out to Boone that the Tar Heels were 11 of 16 from the charity stripe while the Pirates hit 15 of 19. ""We turned the ball over," Boone

said. "Until the end, they really didn't turn it over too much. But we turned the ball over too much for our team.

Senior Jason Capel led UNC with 17 points, 11 rebounds and five turnovers. He made one of his nine 3-pointers. Freshman Jawad Williams had 10 points and seven boards, all in the first half. Hampton's Tommy Adams led all scorers with 20 points.

"This was ... it's just frustrating," said Lang when reminded of the 1999 loss to Michigan State to begin the home slate. "That really sums it up. It's just very frustrating, but we have to bounce back from this. The sun will rise tomorrow.

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Covering and flying to shooters. Keeping hands up and in the passing lanes. Yes, Hampton did a lot to keep the ball out of Lang's hands, but that's going to happen if he's the only inside presence and shots aren't falling.

But UNC, beware: Don't get too bogged down exclusively preparing for the zone now. Rumor has it some other coaches have something else on the hopper. They call it a "man" defense.

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Sophomore Courtney Lewis swims in the 200-yard backstroke in the Nike Cup on Saturday at Koury Natatorium.

LSU finished with 764 points.

North Carolina's lead was so large that the Tar Heels still won by more than 100 points even after UNC's A and B 400-yard freestyle relays were disalified on the final event of the meet UNC senior Katie Hathaway capped

in the contest's waning minutes. But UNC didn't have to worry about Duke (0-10, 0-7) tying up the game. Curry connected with Sam Aiken for

an 18-yard touchdown and Kory Bailey for 30-yard TD before Lewis brought the score to 45-17.

Willie Parker added another touch-down in the fourth, and UNC locked up its fifth win in the conference. After the Tar Heels were done with

the Blue Devils, their eyes turned to the Maryland-N.C. State game being played in Raleigh. The Terps won, securing the ACC Championship, and knocking off one of the Tar Heels' competitors for a Peach Bowl bid

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Clemson's hands when it mattered most, negating their 11-shot advantage.

"I saw a lot of spirit in the team," said UNC coach Elmar Bolowich. "In my opinion, we should have taken advan tage of the clear opportunities we had in the first half."

UNC struggled early, especially in the midfield, and didn't take its first shot until the 28th minute. But the Tar Heels would eventually out shoot the Tigers

8-2 in the first half. In the 40th minute, UNC's Noz Yamauchi blew by Oguchi Onyewu on the left sideline and cut toward the goal, firing on goalkeeper Doug Warren, who

stopped the shot with his shins. The rebound bounced out to Yamauchi, who sent a quick cross to for-ward Ryan Kneipper. Kneipper's head-er landed a yard left of the goal. In the 45th minute, David Testo sent a

through ball ahead of a streaking Logan Pause in the box. Warren rushed out to cut off Pause's angle, and Pause chipped the ball over Warren from seven yards.

But the ball grazed the top of the crossbar and fell harmlessly out of

bounds, keeping the teams scoreless. UNC would come to regret its squandered opportunities early in the second half. Clemson came out strong and capitalized when Ian Fuller snuck behind the Tar Heels' defense and beat Ueltschey in the 54th minute for a 1-0 Clemson lead.

The Tar Heels' attack became more rgent. As a result, the game got rough. In the 53rd minute, Kneippe knocked over two Tigers in Clemson' Kneipper penalty box. A scrum ensued, and Kneipper and Clemson's Paul Souders

Hathaway won the 200-yard breast-stroke in 2 minutes, 12.83 seconds, breaking her own Nike Cup mark of 2:13.87 set in 1999. Now, the Tar Heels need Georgia Tech to fall to Florida State to sew up third place in the conference and the Peach Bowl. But first, the Tar Heels have

at Southern Methodist on Dec. 1 to win enough games to be bowl eligible. "We started off slow, picked it up, but then we had two games when we didn't have everything together," said Curry of the season. "Hopefully, everybody's back on the same page. Our main goal is to beat SMU. We know what's at the bear of the same page.

the meet by winning her fourth individ-

ual event on Saturday night and doing

so in Nike Cup record time.

stake, but we can't focus on if we win, what's going to happen."

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were assessed yellow cards. A little more than a minute later, UNC found the ack of the net. Kneipper chested a long ball to Matt Crawford, who leftfooted a shot past Warren to tie the

match.

Senior goalkeeper **Michael Ueltschey** "One thing we had two saves and talked about before allowed two goals the game was to in Friday's match take shots outside against Clemson

the box," Crawford said. "It was a wet field, and you never knew where it was going to bounce.

But 10 minutes later, the Tar Heels made the mistake that would cost them a chance to repeat as tournament champs. After Fabio Tambosi blocked a UNC clearing attempt, the Tar Heels' Grant

Porter ran back as Ueltschey came out to retrieve the ball. Tambosi pressured rter, who quickly kicked the ball out. Clemson then brought in its throw-in specialist, Kevin Conaway, who fired a

bullet into the box. The 6-foot-2 Onyewu sprinted in and headed the ball over Ueltschey for the game winner. "We practice that throw-in play," Onyewu said. "Kevin has a tremendous

throw-in, and I'm just trying to get underneath the ball and flick it on." UNC had few chances during the rest of the game and was unable to shake its frustration with a physical Clemson team. "I don't think it's going to let us down

much, at all," Yamauchi said. "We're still going into the NCAAs very confident." The Sports Editor can be reached at

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Duke's Running Game

BY JAMIE AGIN Assistant SportSaturday Editor

Joe Burns, he wasn't.

Tarence Williams, he wasn't.

And unfortunately for Duke, tailback Chris Douglas wasn't even himself during Saturday's loss to North Carolina. Entering this weekend, Douglas aver

aged 84.0 rushing yards per game, fifth in the ACC.

On Saturday, he faced a UNC run defense that had been suspect in the past few weeks. Georgia Tech, behind a 198-yard performance from Burns, dominated the Tar Heels for 237 rushing yards Nov. 1 in Atlanta. Last week, Wake Forest, led by Williams, punishing UNC for 212 yards on the ground. While all the factors were in place for

uglas to have a big day against the Tar Heels, he managed only 41 yards on 20 carries. As a team, Duke, averaging 122.4 rushing yards per game, was held to 59. "We thought we could run the ball,"

Duke quarterback D. Bryant said. "We watched the game against Wake. They just kept running it and running it and eventually ran the defensive line down. We wanted to come out and try to do the same thing, but unfortunately we couldn't do it."

Duke coach Carl Franks attributed the weak ground game to UNC's line. "What they were doing, they were

just ripping us up front," Franks said. "That's the best way I can describe it." While the UNC defense did not do an exceptional job penetrating the backfield, recording only five tackles for loss, it dominated the line of scrimmage. Douglas, who was unavailable for com ment, was stopped six times for no gain. Not only did Duke struggle on the

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on Friday night. "It looked like we were the ones who played four overtime periods," Dorrance said. "They looked like they had the energy, and it looked like we didn't.

But Jordan Walker's goal in the 26th minute gave UNC the lifted it needed and deflated Duke. Anne Felts tipped an Alyssa Ramsey centering pass to Walker, who pounded the ball into the lower right-hand corner of the net of the net.

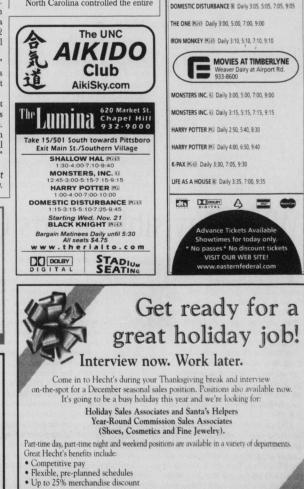
After the goal, UNC's defense clamped down, stopping Duke from penetrating deep into its zone. "I really thought the first 20 to 25

minutes we were really playing well," Duke coach Robbie Church said. "We were staying with them. I was a little disappointed in our intensity when they scored the first goal. We thought we dropped at that point."

Sophomore midfielder Maggie Tomecka put the Tar Heels up two with a header in the 35th minute

The rest of the game was classic UNC

North Carolina controlled the entire



ground, but its passing game was also out of sync. The Blue Devils, who averaged 228.8 yards in the air per game,

mustered only 172 net passing yards. "We still had enough chances and enough plays," Franks said. "But we weren't able to generate enough of a running game to give us a better chance of throwing the ball."

Duke wide receiver Ben Erdeljac said that an improved rushing game would have made life in the air easier. "With (Julius) Peppers and (Ryan) Sims on their defensive line, we know that we have to run the ball well to keep pressure of our excitabled and even up some

off our quarterback and open up some holes in the secondary," Erdeljac said. Said Bryant: "They stacked up front,

and once you stack up front, we have to pass. We couldn't hit receivers. We

do that, you can't get a 'W.'" Bryant was held to 146 yards passing,

well below his average of 225 yards per game. Forty-nine of those yards came on

pass play to Erdeljac in the first quarter.

who was to blame for Duke's offensive

woes, the team seemed to hold a common sentiment, one best summed up by

Erdeljac: "It's not what we wanted."

Despite their disagreements regarding

While it was an abnormal day for

Duke's offense, in the opposing locker room, UNC coach John Bunting

eemed relieved that his defense, ranked

second in the ACC, returned to form.

"Defensively, it was good to come back and play a solid game," Bunting said. "I

believe we played pretty good defense,

had good pressure, and played good run defense, which was important to me."

field, stopping the Blue Devils once

they crossed the center line and counter-attacking with sideline passes to

midfielders Jena Kluegel and Sara

Duke even switched All-Conference goalie Thora Helgadottir to forward in

opes of providing an offensive spark in

"To Kristen's credit, her game was a

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the game's waning minutes. But North Carolina's scoreless streak

shutout," Dorrance said. "You don't get any better than that in goal."

Randolph.

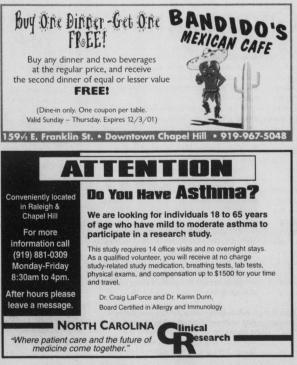
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