

**STEROIDS**  
From Page 1

mented with anabolic steroids.

"The more you do it, the more you find out other people do it," John said. "To get them on your own, it's easy. I know a lot of people taking them. There are a lot of guys in there who you wouldn't think were taking them, small guys, that really are."

Some take them because they want veins to streak down their arms and legs and individual muscle fibers to flash across their flexing chest.

Others want to answer the famous question of "How much you bench?" with "Way more than you."

Of course not all muscle-bound men "pop roids." Just because the bar bends from the weight someone squats or because a person can press more weight than two or three men combined doesn't mean he's on steroids.

But then again, it might be a good indicator.

"If he's big enough to catch your eye, chances are he's been on them," Dave said. "There's only so much your body can do without them."

Added John, "It's hard to get to the size I'm at without taking something in the past. And I'm going to tell you flat out that unless you're genetically gifted, like (professional bodybuilder) Flex Wheeler, there's no way. It's just impossible."

Over the years, Dave and John have taken several different kinds of anabolic steroids. They include Anadrol, Dianabol, Decabolin, Finaplex, Primobolan, Sustanon, Testosterone Enanthate, Testosterone Propionate, Winstrol and Equipoise, a favorite of both men.

"This is stupid," Moore said after hearing what the two have tried. "This is absolutely stupid. They're going to kill themselves."

Some steroids increase muscle strength, some add size, and others burn fat. Some, like Anadrol, are taken orally, while others, like Equipoise, are injected with a needle.

Dave first started on Sustanon and John on Decabolin and testosterone. But both soon realized that the more expensive the drugs, the better the results.

"If you're going to get a good cycle, you're not going to spend less than \$400," John said. "You could easily take a cycle for like \$200 or \$250. The thing about it is you're going to get big as shit. But the only problem is you're going to lose a lot of it."

It is surprisingly easy for students to get their hands on these drugs, considering that they're placed in the same legal class as opium, morphine and amphetamines.

Illegal possession of anabolic steroids is a felony and punishable by up to one year in prison and a \$1,000 fine.

Jeremy Burke, a junior exercise and sports science major and a personal trainer who knows John and Dave, said he has heard of a number of ways students can buy steroids while on campus.

"If someone at Carolina wanted to get them now and they had the money ready, it would probably take them two days, three days to get them," Burke said.

In 1990, the Department of Justice said the black market for steroids was \$300 million a year. Today, the market has an estimated value of more than \$400 million.

However, University police Maj. Jeff McCracken said there hasn't been an on-campus arrest for steroid possession while he's been on the force. He started working at UNC in 1993.

But underground steroid use still exists at UNC.

"For some reason, you hear kids asking about them all the time," Moore said. "And unfortunately, it's bigger than what you realize."

Prentice said one reason steroids are so popular and easy for students to get is

that people are more concerned with preventing the use of street-related drugs, like cocaine, than anabolic steroids.

"We've had them brought to our door, (sent) in the mail; I've even taken stuff in the dorms to people," Dave said. "Cops are whatever. They're not going to be worried about getting a cycle or a bottle of test(osterone) or a bottle of Sust(anon). They're going to be worried about who these other people are getting them from. It's so minor. I would carry it in my pocket. If we were dealing steroids that would be different."

But Moore said taking steroids, especially to the extent John and Dave do, is not minor.

Aside from the legalities of using the drugs, Moore said the side effects are serious.

Such side effects include heart disease, liver tumors, liver toxicity, acne, hair loss and "roid rage," or increased aggression. Men could also experience shrinking of the testicles and the development of breast tissue, a process called gynecomastia.

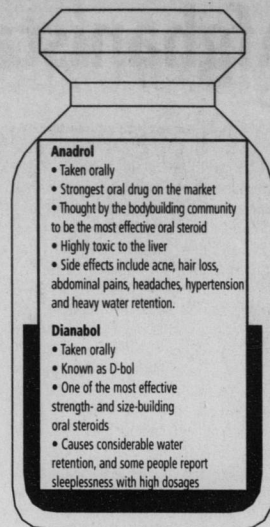
"I've actually seen breast tissue so large that the men could have used a bra," Moore said.

Despite the risks, John, Dave and any number of other UNC students continue the steroid lifestyle.

But research is done, and precautions are taken. Credible Web sites, journals, books and word-of-mouth all help in finding the safest way to use steroids, though Moore argues that there's no safe, non-medical way to take the drugs.

John and Dave take anti-estrogen pills to prevent gynecomastia and take Milk Thistle to protect the liver. They also take a longer time than usual off between cycles, typically two to three months, to avoid letting the steroids build up in their systems. They hardly drink alcohol while they're on the drugs, and they take in plenty of water.

"The sad thing to say is the more you



take, the more you learn," said John, who added that he believes people who use steroids know more about their effects, both positive and negative, than doctors.

Although they gained weight and surpassed their natural plateaus, Dave and John continue to swallow the pills and inject the liquid. They've had objectives and met them only to set new ones and meet them too.

But they don't do it for the attention of women or the admiration of other men.

Rather, they do it for themselves.

"It's just personal," John said. "I do it because I want to break goals. I don't do it for anybody else. I don't do it for girls because I have a girlfriend, and I don't do it for guys because I don't give a shit about what people think about me."

The Sports Editor can be reached at sports@unc.edu

**COMMENCEMENT**  
From Page 1

But Faculty Council Secretary Joe Ferrell, a member of the Speaker Selection Committee and the council's Honorary Degrees and Special Awards Committee, said he expects that any of the 10 student-nominated candidates could be considered for an honorary degree. ESPN sports anchor Stuart Scott, the May 2001 Commencement speaker, was met with some opposition from faculty and did not receive an honorary degree.

Rouhanifard said the candidate who received the most student nominations, entertainer Bill Cosby, was automatically added to the chancellor's list. He said the remaining candidates were chosen by having all committee members vote for their top five choices. "There are some names on the list that received multiple

nominations (from students) and some that received just a single nomination because the nominations were so strong."

Gray-Little said that the Commencement speaker selection process usually does not start until the fall but that she is pleased to have a list ready early because many speaker candidates book their schedules far in advance.

Rouhanifard said he plans to meet with the chancellor Wednesday to review the list of December and May speaker nominations. He said he hopes the chancellor will select a candidate from each list to tap as the University's next two Commencement speakers.

"I don't know (the chancellor's) schedule for sure," Rouhanifard said. "But I would think he's going to try and extend an invitation by the end of the semester."

The University Editor can be reached at udesk@unc.edu

**INVESTIGATIONS**  
From Page 1

know that we have a concrete plan to address all allegations and that we have a strong commitment to a high-quality of care for lab animals," Waldrop said.

The meetings came almost a week after PETA released video footage showing alleged severe mistreatment of lab animals by UNC researchers on campus. PETA investigator Kate Turlington, hired in October as a UNC lab researcher, used a hidden camera to videotape the conduct of other research lab workers.

Lester Kwock, chairman of UNC's Institutional Animal Care and Use Committee, also took part in Tuesday's meetings and described them as productive. "We wanted to let the NIH know how we are moving on the situation, and we also wanted to find out from them if we are handling it appropriately," he said.

Kwock said initial investigation planning began last Thursday after officials acknowledged PETA's accusations at an afternoon press conference.

He said that every allegation issued on PETA's Web site and in the undercover video was broken down and that five subcommittees of IACUC were formed to investigate several separate allegations.

Along with the formation of the committees, Kwock said that one individual was suspended immediately and that there is a "gray area" involved with other workers in the lab.

"The worker suspended admitted to us that what he did on the (PETA) tape were not IACUC policies, so he was suspended because he was clearly guilty," he said.

Kwock said the names of the accused will not be released because investigations are ongoing.

Waldrop said the committees are composed of members of IACUC as well as UNC faculty and national experts from outside of the University.

Waldrop added that he will head another subcommittee, composed of non-IACUC members, that will investigate whether the IACUC was involved with

any misconduct connected to the incident.

"I think (Waldrop's) subcommittee is an extremely appropriate external review of IACUC to see whether there was any wrong action made," Kwock said.

But Kwock said informing the NIH about the committee work was only part of the reason for the meetings.

According to a recent study, UNC now ranks 12th nationally in the amount of NIH funding received yearly. The report stated that the University received \$236.8 million from the NIH in 2001.

"It is important for us to be in constant contact with NIH to understand if they have any specific instructions," Kwock said. "If widespread misconduct is found, NIH could shut us down, and we would lose well over \$100 million in funding."

But Kwock added that he does not believe the University is in danger of losing any NIH funding.

"I don't believe the NIH will find that actions are so egregious to shut us down," he said. "We believe these are isolated incidences, and we are determined to continue our quality of treatment."

NIH spokesman Don Ralbovsky said any action taken would depend on the magnitude of the complaint issued by PETA. "It would take an extremely dangerous pattern of research violations to consider serious action taken against the University," Ralbovsky said.

PETA spokeswoman Mary Beth Sweetland said the animal rights group originally planned to issue a formal complaint to the NIH on Wednesday. But she said the complaint will not be filed until Monday to allow time to review 60 tapes related to the allegations.

Provost Robert Shelton said Waldrop and Kwock are handling the situation properly and said he is optimistic that the investigation will be handled correctly.

"I am pleased that this is being handled so aggressively," he said. "We are getting substantive information from the NIH. ... We need to get all the facts, and once we know them all, then we can proceed."

The University Editor can be reached at udesk@unc.edu

**APPROPRIATIONS**  
From Page 1

"(The UNC system) has been asked to revert \$63 (million) to \$64 million this year," said Jeff Davies, UNC-system vice president for finance.

Davies added that UNC-Chapel Hill already has plans to reduce specific programs, including library acquisitions.

He said one consequence of decreased funding will be less money to deal with increasing UNC-system enrollment.

"These reversions are occurring when there is a substantial growth at the university," Davies said.

The General Assembly was able to provide \$40 million for the system's

enrollment growth for the 2001-02 school year.

But UNC-system officials enrolled 1,600 more students than originally anticipated. UNC-system officials expect enrollment to increase by 5,400 students next fall.

All told, UNC-system officials say they will need \$66 million in funding to deal with the enrollment growth.

The UNC-system Board of Governors approved in March a tuition increase of 8 percent for in-state students and 12 percent for out-of-state students to fund about half of the enrollment growth. It is unclear if legislators will be able to fund the remaining \$33 million.

The State & National Editor can be reached at stntdesk@unc.edu

**BOT**  
From Page 1

DPS officials announced last week that the new budget proposal would replace the expected revenue from a night parking permit plan by cutting the price UNC pays for Chapel Hill Transit services, eliminating the EU bus route and making internal cuts in DPS's budget.

Daum said she thinks discussion during the teleconference will focus on ensuring that the proposal does not include a night parking permit system, that it balances the DPS' budget and that it does not compromise campus safety.

"The BOT has been very good about checking up and ensuring that the pro-

posal is a good compromise for students, faculty and staff," she said.

Daum said she hopes the committee will recommend that the full BOT approve the budget proposal. She said the support of the committee is crucial.

"When a subcommittee gets in-depth on an issue, their recommendations hold a lot of weight because they become the experts on the issue," she said.

BOT member Richard Stevens said last week that the new proposal will meet the needs of administrators, students, staff and faculty because it eliminates all elements of a night parking permit system and still finds a way to fill the \$566,650 deficit.

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