

Flanagan leads confident UNC team. Hopes are high for mens cross country

BY HUNTER POWELL
STAFF WRITER

Despite five straight NCAA appearances, two top-10 finishes and one individual national champion, this year's North Carolina women's cross country team could achieve even more.

The Tar Heels in 2003 have talent, desire and last year's missing element — health.

Coach Michael Whittlesey returns All-ACC runner Carol Henry from a season-ending injury in 2002 and a wealth of experienced young runners in his hunt for the Tar Heels' first-ever team national championship.

"We have a great mix this year of very strong leadership up front with great experience and a good mixture of youth," Whittlesey said.

Last year, Shalane Flanagan became the first runner in ACC history to win the NCAA cross country national championship with a time of 19 minutes, 36 seconds in the 6,000 meters.

This year, she said she hopes her team will win a national championship of its own.

"We have a lot more talent and new fresh faces," Flanagan said. "I think we are going to step it up this year... I think we are going to play out somewhere in the top 10, if not the top three, if all goes well and everyone stays healthy."

Flanagan has been focused on that goal since the instant last season ended — literally.

"As soon as she enjoyed her victory last year, she came off the line, we hugged, and then her next words were, 'Next year, it's the team,'" Whittlesey said. "You can't ask for more than that."

Only one member of the team Whittlesey took to the NCAA Tournament has left, and Henry's return has raised expectations.

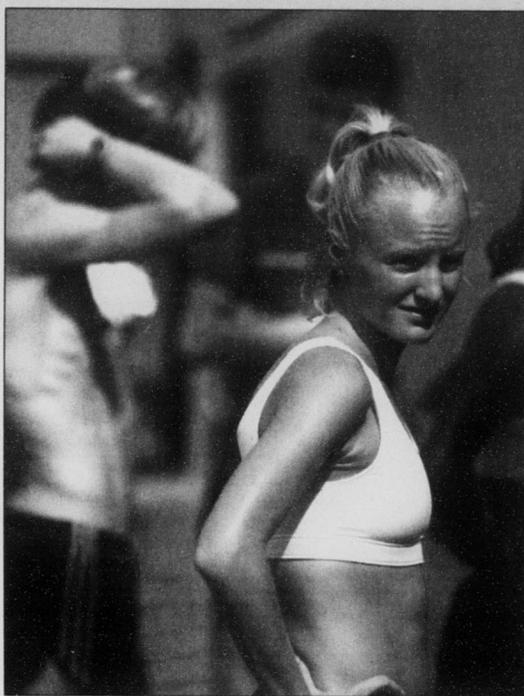
Last year, juniors Erin Donohue and Alice Schmidt and sophomore Jessica Perry earned All-Southeast Region honors. The team placed fifth in the ACC Tournament and 21st at the NCAA Tournament.

"For any team to win a NCAA championship, everything has to go right," Donohue said. "You can't lose key people to injuries and everybody has to have a great race on the day of the championship."

With a crop of budding stars, the return of a key runner from injury and the obvious benefit of having a national champion on the team, the Tar Heels believe this could be the year they win their first-ever team national championship.

Said Donohue, "If everything comes together, we definitely have a shot."

Contact the Sports Editor at sports@unc.edu.



DTH/ALLISON MONEY

Shalane Flanagan, a two-time NCAA Runner of the Year, said she hopes to lead the Tar Heels to a national championship as a team this season.

The Daily Tar Heel

Help Wanted

MICROBIOLOGY
STUDENT LAB ASSISTANT. Flexible hours. Duties include glassware, solutions, regular maintenance. Please call 966-4026. Ask for Dwayne. 827 MEJ Bldg.

BARTENDERS NEEDED!!! EARN \$15-30/hour. Job placement assistance is top priority. Raleigh's Bartending School. Call now for info about our back to school "student" tuition special. Offer ends soon. Have fun! Make money! Meet people! 919-676-0774. www.cocktailmixer.com

THE PITA PIT, Chapel Hill's newest pita sandwich & salad shop is searching for enthusiastic, self-starting individuals. All positions & all hours needed. 10am-3pm. 115 East Franklin Street, 933-4456.

INTELLIGENT, ARTICULATE STUDENT wanted as author's helper. Proofreading, good telephone skills, PC (IBM clone) and car essential. 10-20 hours/week. 8 minutes from campus. Inquiries: Jeff@BreathingSpace.com

CLOCK TESTING TECHNICIAN wanted. Some administrative & lifting responsibilities. No experience necessary. Approximately 1.5 hours daily. Near UNC Campus. Starts at \$7.00. 969-7768.

GYMNASTICS INSTRUCTORS wanted: Carolina Sport Art Gymnastics on Homestead Road in Chapel Hill is looking for reliable, enthusiastic individuals with background in gymnastics and/or working with young children to teach gymnastics classes for children ages 5-12 years old. Experience and transportation required. Call Mark at 490-9719.

PART-TIME EMPLOYEES needed to provide one-to-one instruction to individuals with autism in Chapel Hill area. Afternoon & weekend hours. Minimum requirements: one year of college or equivalent experience. Excellent hourly wage & experience for students. Send hours of availability, letter of interest, & resume to Autism Society of North Carolina, Attn: Shelley, 505 Osterline Road, Suite 230, Raleigh, NC 27605 or email aostore@aautismsociety-nc.org.

Internships

INTERNS WANTED! No pay, but gain real experience in the music industry. Check us out at www.SouthEastMusic.com. Call 919-461-1515 or email info@southseamusic.com

Sales and Marketing
Gain valuable sales and marketing experience with local publishing company. Enhance your communication and organizational skills working in a young, professional environment. Work flexible schedule, no nights or weekends. Available \$11/hour. Call 968-0225 x938.

ATTENTION STUDENTS! Research & Development Pharmaceutical Company Seeks:
Receptionist/Project Assistant
Fall & spring semester hours available. Individual will perform a variety of tasks. Must have working knowledge of MS-Word & MS-Excel, be self-motivated & enthusiastic. Reception experience in a professional environment preferred. Please send resumes to human_resources@brn.com or fax to (919)493-6104 attention: EBM Department.

Federal Work-study Internships and Volunteer Opportunities for Fall. Caring, compassionate individuals interested in working one-on-one with senior citizens. Provide companionship care and transportation. Ideal opportunity for students majoring in nursing, pre-nursing, social work and psychology. But all majors are welcome. Call A Helping Hand, 969-7111 or email your resume to ahphgh2@aol.com.

Child Care

RESPONSIBLE & FUN babysitter needed to care for three-year-old child approximately 10 hours/week starting soon. Good pay, nice work environment, & relatively flexible hours. 225-6299.

MY BROTHER (9 YEARS) and (11 years) need an after school sitter. If interested, contact my parents at 933-7124 or steve@blast.com.

WANTED: KID-SITTER/MOTHER'S HELPER for school-aged kids part-time M-F 3-6pm in my home. \$9/hour. Any or all days. Non-smoker. Car provided. Call 215-5174. leave message.

NON-SMOKING PERSON wanted to care for our toddler in our home. Tuesdays & Thursdays plus occasional evenings. References, own transportation required. Call 933-9816 or glmsnooty@juno.com.

AFTERSCHOOL CHILD CARE needed for 11-year-old Tuesdays & Thursdays, 3:30-6:30pm. Must have own car. \$9/hour. 5 minutes from UNC. 419-8844.

SUNDAY MORNING CHILD CARE provider needed for downtown Chapel Hill church. 8:30am-12:30pm. Call 593-2298.

LOVING CAREGIVER needed for 4-year-old boy on Tuesdays. References required. Please call 967-7975.

AFTERSCHOOL CARE for a 2nd grade boy in my home within a mile from campus. 8-12 days a month only needed. Hours 2:30-6pm. Contact Chris 933-1172.

AFTERSCHOOL CARE AUGUST through May. Tuesdays, 4-6pm for kindergarten girl. 403-9025.

AFTER SCHOOL CARE needed in Chapel Hill for 3 school-aged children 3-6pm M-F. Some evenings & weekends, occasional emergency pickup from school. Must be non-smoker with references & experience. \$11/hour weekdays. Nights & weekends paid as lump sum. Ideal for part-time student. Call 490-4406 after 7pm.

CAREGIVER for 4 children ages 14, 13, 10, 8 years old Tuesdays & Thursdays. Car required. Non-smoker. References. Call Janet 969-7774 after 4pm.

CHILD CARE NEEDED FOR 3 children, ages 11, 13, and 8. MWF 2:30-6:30pm. Chapel Hill. Non-smoker, own transportation. Call 968-6206. Leave message if not there.

Child Care

SEEKING RESPONSIBLE PERSON to pick up and supervise two 6-year-olds after school. Must have reliable transportation. 2:30-5:30pm M-F. After 5:30pm, 919-967-3036.

ENTHUSIASTIC EXPERIENCED SITTER needed for 3-year old boy and 6-year old girl after school week plus evenings. References, car required. Please call 967-3263.

CHILD CARE NEEDED for two preschool boys. The ideal applicant loves trains and outdoor play. Weekday afternoons during school year. Occasional evenings. References and CPR required. Call Cathy 960-7773.

AUTISM EXPERIENCE? AFTERSCHOOL child care needed for 14-year-old girl with Autism and her 11-year-old sister. M-F 3:30-5:30pm (will split days). Near East Chapel Hill. Must have experience with special needs. References required. Call 403-7000.

SITTER NEEDED to pick up second grade from school at 2:30pm each day & drive home. Will be home at 2:50pm. \$40/week. Nancy, 919-967-4883.

BABYSITTER/MOTHER'S HELPER 10-17 hours/week. Chapel Hill, \$10/hour. Family with 7 & 5-year-old girls & 3-year-old boy looking for someone wonderful person to help us. Integrity, humor, kindness, infinite patience & significant child-related experience is required for this job. We are looking for a person to help us do whatever it is that needs to be done... play hide & seek, babysit, go to the grocery, clean up, help us stay organized, take kids to park, play beauty shop, collect bugs, run errands, laugh & have fun. Person must have a perfect driving record, be completely trustworthy & be fun, very kind, very silly, organized & extraordinarily responsible. Must be very reliable transportation & be able to drive kids. We have some flexibility on hours (after 5pm only no work). Person must be willing to work a few weekend nights a month (we don't stay out that late). We can offer more hours if it is the right person. If you are qualified & interested, please send us some information. We would like to name, phone, email, etc. What is your experience in child care? Why are you good with kids? What are you currently involved in, i.e., work, school, hobbies, etc? When can you work? Will you be here in the summer? Anything else you think we would like to know. Please send responses to Mother's Helper, PO Box 572, Chapel Hill, NC 27514.

NEED AN ENERGETIC, caring & dependable person to care for my children ages 9 & 14 after school 2:30-6pm M-F. References & car required. \$8.50/hour. For sharing an option. Call 461-1185.

NEED A FEW extra dollars but don't have a lot of time! Seeking a responsible student to drive kids to and from afterschool activities for 3-4 hours every other week. \$7/hour. Call 967-3049.

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Classified Advertising

Child Care

WANTED: RESPONSIBLE & experienced babysitter for 2 preschool children, some afternoons & evenings. References required, non-smoker, interest in child development desirable. Contact: 969-8620, jvg@bellsouth.net.

RESPONSIBLE, FUN-LOVING individual to care for our 3-year-old son as needed basis. Early afternoon availability essential. btteam05@aol.com.

PART-TIME CHILD CARE Must have car. 1:30-5pm. Call Amy 933-0379.

AFTERSCHOOL CARE needed Tuesday & Thursday 2:30-4:30pm for 10 & 5-year-old. Call 969-9357.

AFTERSCHOOL CARE NEEDED for 6 and 8-year-old 2 days/week. 2:45-5:45pm. \$10/hour. Must be available M-F. Own transportation. 489-2791.

TAKE CARE OF our two great kids. Monday-Friday from 4-6:30pm. Salary, vacation & gas money included. Email lzaevon@yahoo.com or jsoy@nc.rr.com. 919-942-3039/jim or Monte.

ADORABLE 3 AND 4-year-old need responsible, fun-loving babysitter to pick them up from preschool, feed them lunch and play from 12:20-6pm Tuesdays and Thursdays. Call Holly at 493-9500 or Tavia @ 966-9135.

MORNING CHILD CARE needed for 9 and 10-year-old. Arrive at our Chapel Hill home at 7:15am. Drop off at school by 8:30am. \$20/day. Car necessary. Call Melissa 967-7711.

SHORT, BLONDE & handsome needs a buddy Monday, Wednesday, & Friday afternoons. I'm 21 months old & tons of fun. I just need someone to entertain me while my mom works in her home office. If you're interested, please call 542-3357 or ask for Lisa.

PART-TIME BABYSITTER needed for my 3-year-old daughter on Tuesday, Wednesday, Thursday afternoons 2:30-5:30pm. Call Laura at 643-0256 for more info.

SEEKING LOVING & fun care for smiling 3-year-old girl & charming 8-month-old boy. 2 afternoons/week. Prefer 17th, 2:6pm but some flexibility on days/evenings. Email lzaevon@yahoo.com with few extra details & references. Start 08/25.

NEED A FEW extra dollars but don't have a lot of time! Seeking a responsible student to drive kids to and from afterschool activities for 3-4 hours every other week. \$7/hour. Call 967-3049.

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