

## Rowers hope to reap benefits of experience

BY MARY DUBY  
STAFF WRITER

After an intense winter of training in the erg room, the North Carolina women's rowing team eagerly moved outdoors to warmer waters to begin the season.

UNC hopes to achieve the success that slipped through its fingers during the 2003 season.

"Last season, I don't think the results portrayed the effort that the team put in," said UNC coach Sarah Haney. "It was a tough year all around — a new coaching staff, new priorities, new goals, setting a new work ethic."

The team lost one rower from the varsity eight boat that finished just four seconds behind Duke last year at NCAA Centrals, so there is no lack of desire.

That hunger for success will be crucial for the team to splash into competition by placing in the top three at the ACC championship.

UNC will get its first taste of ACC competition when it opens the spring season against Duke on Feb. 28 — the Blue Devils won a fall race.

"We were a little off the mark against Duke," Haney said. "But it

was so early in the season that we could really take a lot from that."

The Tar Heels will have the opportunity to judge their improvements in Indiana on March 4, where they will face teams who were on par with UNC last year, like Indiana and Louisville.

At the helm for the Tar Heels will be captains Grace Wallenborn and Julie Domina.

"Our team has no lack in leadership," Wallenborn said. "Whether it is a vocal role or leading by example, everyone steps it up at some point."

To improve its performance and increase sprint speed for the spring's two-kilometer races, the team spent the off-season pulling thousands of kilometers on the erg machines, and just two weeks ago, it moved to the water.

But the move to the water has not fazed anyone — they're just eager to get the season underway.

"We already have good technique on the water carrying over from the fall, and I think in the long run, staying inside these few extra days will prove beneficial," Domina said.

"Plus I don't particularly miss the water when it is 30 degrees outside."

## Seniors to lead improving men's, women's golf teams

BY DANIEL MALLOY  
STAFF WRITER

The standouts on the men's and women's golf teams are well into the back nine of their college careers.

But the teams' senior golfers still have another season to capture more individual and team honors to leave UNC on a high note.

The men's team is led by Dustin Bray, whose achievements could fill an almanac. He is a two-time PING All-American and a three-time All-ACC performer.

Outside of college golf, Bray was a semifinalist in the 2002 U.S. Amateur championship and plans to turn pro at the end of the season.

But Coach John Inman said the men's team is not a one-man show.

"Ted Smith has been really improving and is getting more comfortable in the big tournaments," he said. "Kevin Silva has also done a great job."

The men's team as a whole also has a reason to be optimistic this spring following last year's ninth-place finish at the NCAA Championships.

But a 16th-place finish at the first tournament of the year left a lot to be desired, Bray said.

"We need to get some confidence very quickly," he said. "We need to play well when it counts."

Women's golf has two senior stars of its own — Meaghan Francella and Ashley Prange.

Francella was the highest-placing Tar Heel at the NCAA championships last year, coming in 28th while Prange finished 49th. The duo led the team to a strong 13th-place showing.

Coach Sally Austin said the pair can beat anyone they play against and are potential All-Americans.

Besides their skills, Prange, Francella and classmate Stacy Hilton provide valuable senior leadership.

"They show (the underclassmen) how to work hard and to work together," Austin said.

Inman put the aspirations of both teams in simple terms.

"The pinnacles of our season are the ACC and NCAA tournaments," he said. "It would be nice to hold those trophies at the end."

# Carolina's FINEST

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of the DTH.

### CAROLINA SPORTS

- Best excuse to skip working out \_\_\_\_\_
- Best female athlete \_\_\_\_\_
- Best male athlete \_\_\_\_\_
- Most underrated athlete \_\_\_\_\_
- Favorite sports Web site \_\_\_\_\_
- Favorite team to watch (not football or basketball) \_\_\_\_\_
- Favorite coach \_\_\_\_\_
- Best machine at the SRC \_\_\_\_\_
- Best off-campus work out \_\_\_\_\_
- Most despised rival \_\_\_\_\_
- Best place to watch a game on TV \_\_\_\_\_
- Most popular phys ed class \_\_\_\_\_

### ARTS & ENTERTAINMENT

- Best up & coming artist \_\_\_\_\_
- Favorite campus music group \_\_\_\_\_
- Favorite radio station \_\_\_\_\_
- Favorite local group \_\_\_\_\_
- Favorite place to see a band \_\_\_\_\_
- Favorite Web site (not sports related) \_\_\_\_\_
- Favorite movie in 2003 \_\_\_\_\_
- Best place to find that new CD \_\_\_\_\_
- Best place to see an art-house flick \_\_\_\_\_
- Favorite Reality show \_\_\_\_\_
- Favorite CD in 2003 \_\_\_\_\_

### THE SCENE

- Best place to shop on the web \_\_\_\_\_
- Favorite place to people-watch \_\_\_\_\_
- Most/Least effective pick-up line \_\_\_\_\_
- Most interesting mixed drink \_\_\_\_\_
- Cleanest bar bathroom \_\_\_\_\_
- Best meal after midnight \_\_\_\_\_
- Tastiest microbrew in the Triangle \_\_\_\_\_
- Best new hangout (bar or restaurant) from 2003 \_\_\_\_\_

### COLLEGIATE LIFE

- Best drinking game \_\_\_\_\_
- Best parking ticket appeal excuse \_\_\_\_\_
- Favorite study spot \_\_\_\_\_
- Best class to do the crossword in \_\_\_\_\_
- Best road trip \_\_\_\_\_
- Quickest roommate habit \_\_\_\_\_
- Favorite spring break destination \_\_\_\_\_

### OUT 'N' ABOUT

- Favorite place to get your caffeine fix \_\_\_\_\_
- Favorite place to get a frozen drink \_\_\_\_\_
- Best restaurant for a healthy meal \_\_\_\_\_
- Best restaurant to impress a first date \_\_\_\_\_
- Best delivered meal \_\_\_\_\_
- Best burger \_\_\_\_\_
- Best ethnic restaurant \_\_\_\_\_
- Best lunch bargain \_\_\_\_\_
- Best place to stock up on Carolina paraphernalia \_\_\_\_\_
- Best place to shop \_\_\_\_\_
- Best new restaurant in town 2003 \_\_\_\_\_
- Best place for students to live \_\_\_\_\_

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