

... mellowmushroom.com ...



... Chapel Hill ...

1502 East Franklin Street • 969-8789

... Durham ...

American Tobacco Historic District • 680-8500

... Raleigh ...

601 West Peace Street • 832-3499

appetizers...

Garlic Bread 1.75 • Cheese Bread 2.75

Spring Water Pretzels

Half Order (3) 3.00 - Whole Order (6) 5.75

Butter roasted with parmesan
or honey basted with cinnamon

...and More!

salads...

Chef 6.10 - Lil Chef 3.90

Lettuce, red cabbage, carrots, onions, green peppers,
shrooms, black olives, tomatoes, sprouts, mozzarella
cheese & ham. Esperanza dressing on the side.

Greek 6.10 - Lil Greek 3.90

Get cultured with lettuce, red cabbage, carrots,
onions, green peppers, shrooms, black olives,
tomatoes, pepperoncini, banana peppers & feta
cheese. Esperanza dressing on the side.

Chicken Caesar - Large Only 6.95

Caesar salad topped with teriyaki chicken.
Substitute jerk chicken for 75¢.

Spinach 6.10 - Lil Spinach 3.90

The Sailor's favorite! Spinach, shrooms, tomatoes,
bacon & parmesan. Esperanza dressing on the side.

...and More!

calzones...

House Special 7.50

Mozzarella, spinach, shrooms & tomatoes

Steak & Cheese 8.50

Mozzarella, steak, onions, green peppers & shrooms

Jerk Chicken 8.00

Mozzarella, jerk chicken & pineapple

...and More!

specialty pizzas...

House Special 8.90 - 16.80 - 21.00

Originated when we first began, this Mellow
Mushroom classic features pepperoni, sausage,
ground beef, onions, green peppers, shrooms,
black olives, tomatoes, bacon, ham & extra cheese.

Mighty Meaty 8.55 - 15.80 - 20.50

Pepperoni, sausage, ground beef, ham & bacon.

Veggie 8.00 - 14.75 - 18.95

Shrooms, onions, green peppers, black olives,
tomatoes & broccoli.

Gourmet White 8.25 - 15.00 - 18.95

The Beatles had "The White Album" & we have
the White Pizza. An olive oil base topped with
minced garlic, sun-dried tomatoes, provolone,
mozzarella, feta, fresh tomatoes & onions.
All we're sayin' is give pizz-a chance.

Jerk Chicken 8.00 - 15.00 - 18.50

Pineapple and jerk chicken with spices from
the Caribbean make this a hot & spicy treat.

Kosmic Karma 8.00 - 15.00 - 18.50

Get your daily dose! A marinara base topped
with sun-dried tomatoes, spinach, feta, fresh
tomatoes and cosmic swirls of pesto.

BBQ Chicken Pizza 8.25 - 15.50 - 19.50

A BBQ sauce base topped with mozzarella
& cheddar cheeses, chicken, bacon & onions.

Funky Chicken 8.25 - 15.50 - 19.50

Do that funky chicken. A pesto base topped
with jerk chicken, sausage & onions.

...and More!

hoagies...

Steak & Cheese - Half 4.25 - Whole 6.95

Heated french or wheat bread with grilled top round
steak covered with provolone cheese, grilled onions,
green peppers & shrooms, and garnished with lettuce,
tomatoes & mayonnaise.

Turkey & Cheese - Half 3.85 - Whole 6.40

French or wheat bread with smoked turkey
breast & provolone cheese, garnished with onions,
lettuce, tomatoes & mayonnaise, heated then topped
with sprouts.

B.L.T. - Half 3.70 - Whole 5.95

French or wheat bread with bacon, provolone cheese,
onions, lettuce, tomatoes & mayonnaise, heated then
topped with sprouts.

Portobello - Half 4.25 - Whole 6.95

Heated french or wheat bread with grilled portobello
mushrooms, covered with provolone cheese, grilled
onions and green peppers, garnished with lettuce,
tomatoes & mayonnaise.

...and More!

24 Beers on Tap
Tuesday is Bluegrass & \$2.50 Pints

You can even design your own
pizza with our fresh ingredients!