



*Stop by Great Harvest where  
you'll find whole grains in our  
signature Honey Whole Wheat  
bread  
and many others that fit whole  
grain bill, too.*

*One of the newest is our High - 5  
high fiber bread featuring  
reduced carbohydrates and 5  
grams of fiber per 1oz slice!!  
Whole Grain Goodness Has NEVER  
Tasted So GREAT!!*

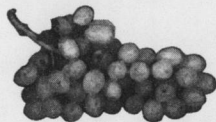
*Don't forget our scrumptious  
Scones, Cookies, Muffins &  
Cinnamon Rolls are fresh out of  
the oven daily at 7am to treat  
yourself, friends, family &  
co-workers!!*

*Conveniently Located at :  
Village Plaza, 229 S. Elliott Rd, Chapel Hill,  
(where the theater used to be)*

[www.freshbakedbread.com](http://www.freshbakedbread.com)

Ph: 932-1112

Fax: 542-2264



## great bites

Wednesday, October 12, 2005

### Professional & Business Staff

Business & Advertising: Kevin Schwartz, director/general manager; Megan Gilchrist, advertising director; Lisa Reichle, business manager; Amy Fuschino, retail sales manager.

Customer Service: Emma Burgin, Spencer Gipple, Erin Mulfinger, Ashley Mullins, Kate Polichnowski & Laura Youngs, representatives.

Display Advertising: Megan Barber, Emily Brown, Katie Bynum, Ryan Cook, Lizzy Fitzgerald, Jorie Gripman, Mary Kincheloe, Emily McKnight, Jennie See and Katie Slusser, account executives.

Advertising Production: Penny Persons, production manager; Cindy Huntley, production coordinator; Beth O'Brien, Michelle Rial & Debbie Rosen, assistants.

The Daily Tar Heel

Suite 2409 Carolina Union • (919) 962-1163

美食帝國

## GOURMET KINGDOM CHINESE SUPER BUFFET

**The largest Chinese  
Restaurant in the Chapel Hill  
and Carrboro area!**

SUSHI, HIBACHI, GRILL BAR  
IN ADDITION TO OVER 150  
BUFFET ITEMS EVERYDAY

**20%  
DISCOUNT**

**on Buffet w/coupon or student ID**

Offer expires 12/31/05

**GOURMET KINGDOM**

Across the street from Cat's Cradle  
on the J, F, & CW bus lines  
301 East Main Street  
Carrboro • (919) 932-7222  
Mon-Thu 11am-10pm  
Fri-Sat 11am-11pm • Sun 12 noon-10pm