The Baily Jar Heel

Top News

CAMPUS BRIEFS Chemical spilled in UNC lab, officials say everyone safe

A student working in Kenan Lab around 3 p.m. Thursday spilled 100 milliliters of an explosive sub-stance. Officials said no one was harmed, and the spill was con-tained within the hour.

"No one came into direct physi-cal contact," said Randy Young, spokesman for the Department of Public Safety. The student contacted authori

ing the chemical, thiophosgene, and DPS, the Chapel Hill Fire Department, and the Department of Environment, Health and Safety responded around 3:30 p.m.

Young said Thursday afternoon that the building is no longer con-sidered a threat. The spill occurred in B632, a storage room on the sixth floor of the building.

Thiophosgene is a less harm ful version of phosgene, which often serves as a substitute in syn-1000 thesis experiments, said Bessie Mbadugha, a lecturer in the chemistry department. She said the hazard codes for the

chemical are those typical of most substances and include keeping it away from eyes, avoiding breathing it in and storing it in a well-ventilated location.

Annual 5K race to benefit cancer center research

The eighth annual Hooker 5K is scheduled for 8 a.m. Saturday. The race, which will start in front of Carmichael Auditorium, benefits the Lineberger Comprehensive Cancer Center and honors the late Chancellor Michael Hooker. It is sponsored by the Carolina Athletic Association.

Registration is \$10 before the race and \$12 Saturday. Participants receive a T-shirt and a chance to win prizes, including UNC mer-chandise and donations from Chapel Hill stores.

Students can register in the Pit between 11 a.m. and 1 p.m. today or Saturday morning outside of Carmichael Auditorium.

For more information, e-mail Mike Tarrant at tarrant2@email. unc.edu.

Associate provost adds new role to line of responsibilities

As of Nov. 1, Margaret Dardess, University associate provost for strategic partnerships, took on senior counselor responsibilities to Bill Roper, dean of the School of Medicine.

Roper also is CEO of the UNC Health Care System and vice chan-cellor for medical affairs.

Dardess' role within the medical school entails developing and building partnerships outside the University.

CITY BRIEFS Saturday is last day to vote early for Nov. 7 races

Registered Orange County vot-ers can cast their ballots early until Saturday.

All registered voters, regardless of party or precinct, can vote early

at any of the three polling places. Polling stations at Chapel Hill and Carrboro town halls and the Orange County Board of Elections in Hillsborough will be open 9 a.m. to 4:30 p.m. Friday and 9 a.m. to 1 p.m. Saturday.

Police release information about Halloween arrests

On Thursday Chapel Hill police released information about arrests made inside the barricaded section of Franklin Street during the downtown Halloween celebration.

Housing issues spur debate Group

Group question Carolina North effects and one high school, she said. "You have the issue of where do

BY ANDREW DUNN

North research center was proposed eight years ago to be built 1.5 miles north of UNC's main campus.

limits of growth in two main areas

Authority's board of directors, estimated the water consumption of Carolina North as 8 to 10 million

gallons per day.

infrastructure and schools.

The committee questioned the

Randy Kabrick, vice chairman

"We're at the headwaters. Our only source comes from two reservoirs," he said. "I think there's not The debate about housing for Carolina North was trumped by questions about the satelby questions about the sater-lite campus' sustainability dur-ing Thursday's meeting of the Leadership Advisory Committee. The idea behind the Carolina

enough water the current way we use it to sustain 20,000 people." Anita Badrock, vice president of the Chapel Hill-Carrboro Chamber of Commerce board, raised concerns about the county's ability to

provide adequate trash services. Lisa Stuckey, chairwoman of the Chapel Hill-Carrboro Board of Education, questioned the campus's feasibility as it is planned.

She said the proposed households would bring in 1,743 more elementary-school students, 870 more mid-dle-school students and 1,005 new high-school students. That influx would require three new elementary schools, at least one middle school

we put all these students," she said. "There aren't many sites left in our district or in the Orange County district."

ing views about what sort of hous-ing should be built on the campus. Both Jack Evans, a University professor and executive director of Carolina North, and Carrboro Mayor Mark Chilton submitted documents outlining their ideas on the matter.

The two agreed on two points -Carolina North should not worsen the state of affordable housing in the area, and Chapel Hill Transit should be used to ease commutes.

But they disagreed on the pro ortion of market versus subsidized ousing that should be constructed. "The fact is that the housekeep-

ers and our grounds maintenance

people, our graduate students, post-docs and even secretaries are not at all addressed by the private market forces," Chilton said. He proposed that housing built should equal the number of house-holds attracted and that the trace

holds attracted, and that the types of housing should suit the income of the area newcomers. Evans said he does not want to

lock into a percentage of market, work-force and affordable homes.

"We don't know enough now to set percentages for the three cate-gories," he said. "We think that warrants a good bit of study. We think and hope that there are people who have expertise in this area that can help us do that."

The group decided to talk about both issues at its Nov. 30 meeting.

> Contact the City Editor at citydesk@unc.edu



BY ADAM RODMAN, SENIOR WRITER

ating out in college can be a little bit like a game of freeze tag on an abandoned minefield. Yeah, it's fun, but there's a lot of hidden dangers.

Dense foods, noodles swimming in oil, portion sizes three or four times the recommended size - and that's just from one night at Lenoir Dining Hall. What's a college student to do?

We asked Alice Ammerman, associate nutrition professor, Heather Pendleton, dietitian at the Center for Healthy Student Behaviors, and dietician Jen Styles for their take on popular take-out dishes. Here's what they had to say.



Contact the Features Editor at features@unc.edu.

DTH PHOTOS/SAMANTHA LEV **Chicken burrito** (Cosmic Cantina)

AA: "Beans are great; they're not adding a whole bunch of fat. And salsa is just a great condiment. It's a great addition to our culture.

HP: "Cosmic Cantina is actually pretty good in how they prepare it. A flour tortilla, beans, rice — all these things are good for you, but it's a lot of carbs. It's close to the daily total servings for one day. If you can add vegetables, or replace the beans or rice, it's better."

JS: "The portions are very large. Especially if you want to save money, split if with a friend or save it for another meal. It's important to have portion sizes in mind."

Heather Pendleton



HP: "I usually eat at Rams Head or Lenoir. I make sure my meal is bal-anced. Half my plate is vegetables,



seeks seniors to teach

Teach for America deadline on Sun.

BY ELIZABETH BEAVERS STAFF WRITER

Students aren't the only ones who learn, and education majors aren't the only ones who teach. Through Teach for America,

graduating college seniors spend two years instructing public school students across the country. The first deadline is 5 p.m.

Sunday to apply for the program, which offers the opportunity to teach students in low-income urban and rural communities.

"The education inequity gap is a big problem," said sophomore Sapna Maheshwari, Teach for America campus campaign manager at UNC. "Many call it the civil rights movement of our generation."

She cited a shortage of teachers as part of the problem, adding that participants can close the gap. Christie Cunningham, a junior political science and history major

and chief of staff for student government, said the inequality is apparent during college, as each freshman class brings students of varying educational backgrounds.

There's a huge disparity between someone who goes to a top-ranked private high school and a low-income public school," said Cunningham, who said she plans to apply to the program next year. "My goal is to try to do my part to

help whoever I can to catch up and find and identify students that might otherwise fall through the cracks."

Seniors of all majors are eligible to join the teaching corps, and according to the organization's Web site, only two percent of the 2006 teaching corps participants

are education majors. Almost 19,000 people applied for the program last year but only 2,400 were accepted. Of UNC students, 27 were accepted, and 165 applied.

The program began in 1990 when a Princeton University student, Wendy Kopp, proposed the project as part of her undergraduate thesis. Kopp also was the speaker for UNC's 2006 spring Commencement. At the May speech Kopp emphasized public service.

The corps of 4,400 teachers serves 25 urban and rural regions, and teaches about 375,000 stu-

dents every year. "There is nothing else out there like this," said Caroline Hult, the Teach for America recruitment director assigned to UNC. "When you're a corps member, you have lots of people counting on you, namely

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Teach for America

> TFA is an organization open to graduating students of all majors.

> Students instruct children of low-income families from rural and urban districts for two years.

They receive a grant of almost \$5,000 to be used toward their year they teach.



AA: "I often get a salad or a nach quesadilla, and I'm careful

ments for a guy, which makes sense if it's one meal. Bagels are very dense. One bagel can have four to

JS: "It's very high in terms of saturated fat. It's practically 50 percent. A lot of it is from the cheese, so if you can, drop that."

nable meal."

six servings of bread in it. My suggestion is not to make it a daily occurrence."

AA: "Americanized Chinese food tends to be fat-laden. Go heavy on the steamed rice and less on the other stuff."

HP: "This is a very high-sodium meal, and very sodium-dense. Make sure you watch portion sizes. A half cup of noodles is considered a serving, so there's probably four servings in a typical lo mein dish. Share it or take it home."

JS: "If you can ask them, have them use less oil, and add more vegetables. Restaurant meals tend to be made with a lot of oil."

What the experts eat:



JS: "I'll go get pizza; Pepper's has a really good salad, and a slice of

HP: "The calories are one-third of the daily require-

Smoked turkey and Lo mein and egg roll Swiss bagel (Alpine) (Asia Cafe) AA: "A lot of the sliced meats are very high in sodium. The cheese and dressing are always hid-den sources of fat. Turkey without cheese can be a

The debate sprung from compet-

Police made 27 arrests.

The majority of arrests were on charges of fighting, resisting, delaying or obstructing an officer. Police also made several arrests

on alcohol- or drug-related offens-

11111111111111 One person was charged with saulting a law enforcement officer.

One person was charged with rrying a concealed weapon

Police have said the event was a success, despite a shooting that occurred later on Merritt Mill Road.

SPORTS BRIEFS Senior upsets defending national singles champion

North Carolina senior Jenna Long defeated California's Suzi Babos in three sets, 6-4, 3-6, 7-5, during the opening round of the ITA National Collegiate Indoor Championships on Thursday in Columbus, Ohio.

Babos is the defending NCAA singles champion and is currently ranked No. 12 in the country. Long is ranked No. 27.

1.1

- From staff and wire reports

Event part of senior service

BY SERGIO TOVAR

Seniors will be blitzing all weekend as they join together to build a house for Habitat for Humanity.

The blitz build - coordinated by senior class officers - is set to take place Friday through Sunday in the Rusch Hollow community near Rogers Road.

The event will kick off construction on the house, which is being built for the Martinez family, a family of four that lives in

arrboro. Building Habitat for Humanity houses is usually a one-day-a-week process that occurs on Saturdays, said Eric Schmidt, senior class vice ident.

But the senior officers decided to get as much work done as possible during the initial weekend.

"We're doing this in order to cut down the time it takes to build the

house," said Meg Petersen, senior class president.

In order to maximize work, there will be two shifts each day - one from 8:30 a.m. to 12:30 p.m. and another from 12:30 to 4:30 p.m.

Usually houses take about 16 weeks to build, but blitz building will cut two to three weeks off the project, Schmidt said. Senior leaders decided to work

ith Habitat for Humanity for their senior service project partly to hold an event that everyone could participate in, officials said.

"We wanted to give seniors a project that they could really be engaged in," Schmidt said.

Petersen said she thinks this project is important because it ben-efits the whole community instead of just the University.

It also gained favor over a smaller endeavor because it will last the whole school year.

"The building of the house should take until right before grad-uation," Petersen said.

Habitat for Humanity blitz build

What: Senior class officers will start their service project, blitz-building a Habitat for Humanity house for the Martinez family, a family in need from Carrboro. The senior class will do three weeks of construction in one weekend.

When: Friday, Saturday and Sunday, 8:30 a.m. to 12:30 p.m. and 12:30 p.m. to 4:30 p.m. Where: 1708 Rusch Road, Chapel Hill

Schmidt said volunteers from the senior class will continue to work on Saturdays during the res of the year, excluding weekends during holidays and exams.

The Martinez family includes two children, and one more is on the way, due in November, Schmidt said.

He added that some of the

SEE HABITAT, PAGE 5

District lines may serve Students to blitz for Habitat to hinder voter choice

Groups point to unopposed races

BY JACQUELINE RICE

Half of the N.C. General Assembly is running uncontested this year, which draws attention to the lack of voter choices.

Eighty-five out of 170 assembly candidates are running uncontested this year, and only a dozen of those running contested pose rigorous competition, said Bob Phillips, executive director of Common Cause North Carolina.

"When there is less competition, issues are not raised, discussed or debated," he said.

"If a candidate wins uncontested, he doesn't hold the accountability of a candidate who wins against an

opponent with a robust campaign." A Pew Research Survey released in late October found that the concern many politicians and pundits have with the lack of competitiveness in elections is not shared by the public.

According to the study, 22 percent

According to the study, 22 percent of those surveyed think politicians who face a tough election work hard to become good representatives. By contrast, 62 percent said harder elections hinder represen-tatives' work because they focus too much on raising campaign funds.

"Voters are concerned about issues in their everyday lives, not about inside political strategy issues," said Schorr Johnson, communications director of the N.C. Democratic Party.

Part of that strategy includes redistricting, or redrawing the dis-tricts to properly reflect the popu-lation of the state.

The U.S. Constitution mandates that state legislators redistrict at least once a decade after every census. While it is necessary for all dis-tricts to be equal in population,

SEE REDISTRICTING, PAGE 5

> Three deadlines remain for applicants: Nov. 5, Jan. 7, Feb. 18.

one quarter is starch, and the other quarter protein."