

# diversions

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dive.dailytarheel.com

thursday, september 13, 2007

## Dive goes outside

Here at Diversions, we're always telling you to get off campus and go do something. But we realize there are more things to do than go see a band play or catch a movie.

As long as the weather remains unseasonably warm, we're encouraging you to take part in some of the area's many options for outdoor recreation.

This list is in no way comprehensive, but it is written in hopes it might inspire further investigation into the Chapel Hill area's ample supply of leisure activities.

From the on-campus retreat that is Coker Arboretum to camping and sailing at Jordan Lake in Apex, the great outdoors has plenty to offer within easy reach of the campus or town.

### Coker Arboretum

For a relaxing afternoon outside, UNC's Coker Arboretum is top-notch. Located right next to Morehead Planetarium is a beautiful place to get away from the daily grind. To shake up the study routine, bring out a book and do the day's reading in the comfortable shade. Or for a spot of light exercise, take a stroll down the paths inside the Arboretum. There are many secluded areas, too, perfect for a word along with a significant other. The arboretum is not a good spot for nighttime activity, though. Visibility is low and it's hard to tell if someone is lurking around, so it might be dangerous to plan a nocturnal visit. But for a little laid-back rest from the hectic daytime routine, the arboretum is hard to beat.

### Disc Golf

Disc golf can be played anywhere. All you need is a Frisbee, a friend and a little space. The basic game can be played by picking a target and seeing who can hit that target with the Frisbee in the least number of throws. And for more serious players, several companies make discs specially designed for certain shots. Official disc-golf courses with marked "holes" are numerous in the Triangle. UNC has an 18-hole course at the Outdoor Education Center on County Club Road. Other nearby courses include Valley Springs Park and Cornwallis Road Park in Durham, Scottish Hills in Cary, Buckhorn at Harris Lake County Park, and Kentwood and Cedar Hills Rotary Park in Raleigh. Directions to all of these courses and more information on disc golf can be found at the Web site of the Professional Disc Golf Association, <http://www.pdga.com>.

### Dog Parks

The 20,000-square foot enclosed dog park within Homestead Park is Chapel Hill's only leash-free dog-run area. The park is open from dawn to dusk, and is located off of Martin Luther King Jr. Boulevard. More information on Homestead Park can be found at <http://www.chapelhillparks.org>. Located on Highway 54, Anderson Park, the largest park in Carrboro, contains plenty of space for canine recreation. The park includes a leash-free "puppy pasture," as well as a fishing pond, grills and many other activities for dogs and people alike. More information on Anderson Park can be found at <http://www.carrboro.com/parks.html>.

### Playgrounds

If you find the stress of college making you wish you were back in elementary school, don't fight it any longer. Relive your younger days by going playground hopping. There are several Chapel Hill parks and local schools less than five minutes from UNC, boasting some play toys that are much livelier than your chemistry textbooks. Estes Hills Elementary (500 Estes Drive) has a particularly impressive new jungle gym made out of recycled ropes and a seesaw that moves by standing instead of sitting. Play your cares away, but don't be surprised when you no longer fit in the swings the same way you did during recess. Many of Chapel Hill's town parks also have an array of play equipment to investigate. Visit [http://www.chapelhillparks.org/parks\\_map.php](http://www.chapelhillparks.org/parks_map.php) for more information on the different offerings of the town's parks.

### The Greenway

Chapel Hill's Greenway system is a network of open space and trails that provides an opportunity to travel through nature in the middle of the community's metropolitan environment. Trails are open to anyone using human-powered transportation such as biking or jogging, and can be used to get some fresh air, exercise or as an alternative way to get to work or run errands around Chapel Hill. Some paths are designed more for transportation, while other trails put their emphasis on nature and are made for activities such as hiking. These nature trails are designed to be more physically demanding. Greenway trails can be accessed in various locations. Some paths are paved while others are not. Trails are designed to be as handicapped-accessible as possible given the conditions. Trails are open from 6 a.m. until 30 minutes after sunset each day. For more information, visit the Chapel Hill Parks and Recreations Web site at <http://www.chapelhillparks.org>.

### Aquatics

Lakes and reservoirs near Chapel Hill offer a variety of activities from boating, fishing or swimming to sunbathing and picnicking. While the peak season for aquatics is during summer break, the outdoor aquatic activities don't close down until well into fall. Jordan Lake in Apex offers sailing and camping along its shores in addition to fishing, swimming and open grounds. More information on Jordan Lake can be found at <http://www.ils.unc.edu/parkproject/visit/jord/home.html>. Closer to campus, University Lake and Cane Creek Reservoir offer boat rentals and free public picnic grounds. Both parks are open until mid-November. More information can be found at the Chapel Hill Orange County Visitors Bureau Web site, <http://www.chocvb.org>.

### Biking/Hiking

The Chapel Hill Parks & Recreation Department lists 10 trails in its network of parks suitable for hikers and bikers alike. Terrains range from wide, paved paths for an easy jaunt to more challenging off-road terrain geared more for mountain bikers than casual walkers. Dry Creek Trail, located off of Weaver Dairy Road at Cedar Falls Park claims "some rather rugged and steep terrain," but most of the town's posted trails don't claim to be as difficult to traverse. The Bolin Creek Trail near Community Center Park is a "10-foot wide paved path through meadow and wooded floodplain." Trail maps are available online from Chapel Hill Parks at [http://chapelhillparks.org/content/Admin/images/hmpg/trails\\_map.pdf](http://chapelhillparks.org/content/Admin/images/hmpg/trails_map.pdf).

online | [dive.dailytarheel.com](http://dive.dailytarheel.com)

**SATURDAY MORNING CARTOONS**  
The weekly video feature returns.

**SWEATER WEATHER** A full review of the band's recent release party.

**DIVEBLOG** Stay tuned to the blog for daily reviews, photos, videos and more



## concerts

### EVERY EYE WILL SEE

A photo of Sweater Weather performing at its release party at Local 506 last Friday.  
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## music

### WEST STEPS IT UP

With 'Graduation,' Kanye West proves to be harder, better, faster, stronger than 50 Cent.  
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## movies

### WESTERN EXPOSURE

"3:10 to Yuma" follows the formula, but adds tiresome dialogue to the mix.  
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## Q&A

### SLEEPING HEART

Triangle band Regina Hexaphone releases sophomore LP and sits down with Dive.  
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