

BY J. L. PENNINGTON.  
The "DAILY PROGRESS" is served to town and country subscribers at Six Dollars a year payable in advance. All papers discontinued when the time paid for expires, unless renewed.  
Advertisements inserted as Special or Bishop Notices are charged one-half more than the usual rates, ten lines (ended) or less constituting a square.  
Marriage notices inserted for 25 cents; Funeral notices 25 cents; Obituaries at advertising rates.  
Advertisements inserted every other day will be charged 50 cents for each insertion after the first.  
When the number of insertions are not expressed when advertisements are handed in they will be inserted till forbid, (if) and charged 50 cents for the first insertion and 25 cents for each continuance.

# DAILY PROGRESS.

VOL. I. NEWBERN, N. C., TUESDAY MORNING, OCTOBER 19, 1858. NO. 39.

### YEARLY ADVERTISING RATES.

HALF SQUARE.	ONE SQUARE.
One day.....\$ 25	One day.....\$ 50
Two days.....37	Two days.....75
Three days.....50	Three days.....100
Four days.....62	Four days.....125
Five days.....75	Five days.....150
One week.....87	One week.....175
Two weeks.....137	Two weeks.....275
Three months.....350	Three months.....700
Six months.....600	Six months.....1200
One year.....1000	One year.....2000

Twelve lines make a square, six lines a half-square. Liberal arrangements made with yearly advertisers.

### PAPERS AND PERIODICALS.

#### PROSPECTUS OF THE NORTH CAROLINA UNIVERSITY MAGAZINE.

The eighth volume of this College Monthly commenced with August number. The Editors will spare no pains to make it, while under their charge, worthy of support and Patronage.  
Each number shall consist of about fifty pages of original and choice matter. In the editorial of each number will be found, besides other articles, a monthly record of College and such other events, as may be deemed suitable.  
The Magazine is entirely devoted to the cultivation of North Carolina Literature, and should have the support of every Carolinian. A liberal subscription is much desired, as by it the Editors will be enabled to make several necessary improvements.  
Terms: \$2 per annum, in advance. Liberal reductions made to Clubs and Address.  
EDITORS UNIVERSITY MAGAZINE, Sept 1st  
Chapel Hill, N. C.

#### BRITISH PERIODICALS.

L. SCOTT & CO., NEW YORK, continue to publish the following leading British Periodicals, viz:  
1 THE LONDON QUARTERLY (Conservative.)  
2 THE EDINBURGH REVIEW (Whig.)  
3 NORTH BRITISH REVIEW (Free Church.)  
4 THE WESTMINSTER REVIEW (Liberal.)  
5 BLACKWOOD'S EDINBURGH MAGAZINE (Tory.)  
These Periodicals ally represent the three great political parties of Great Britain—Whig, Tory, and Radical,—but politics forms only one feature of their character. As organs of the most profound writers on Science, Literature, Morality, and Religion, they stand, as they ever have stood, in the relation of the world of letters to the professional man, while to the intelligent reader of every class they furnish a more correct and satisfactory record of the current literature of the day, throughout the world, than can be possibly obtained from any other source.  
The receipt of Advance Sheets from the British publishers gives additional value to these Reprints, inasmuch as they can now be placed in the hands of subscribers about as soon as the original editions.

#### EARLY COPIES.

The receipt of Advance Sheets from the British publishers gives additional value to these Reprints, inasmuch as they can now be placed in the hands of subscribers about as soon as the original editions.

#### CLUBBING.

Discount of twenty-five percent, from the above price will be allowed to Clubs ordering four or more copies of any one or more of the above works. Thus: Four copies of Blackwood, or of one Review, will be sent to one address for \$9; four copies of the four Reviews and Blackwood, \$28, and so on.  
In all the principal Cities and Towns, these works will be delivered, Free of Postage. When sent by mail, the Postage to any part of the United States will be but Twenty-Four Cents a year for "Blackwood," and but Fourteen Cents a year for each of the Reviews.  
N. B. The price in Great Britain of the five Periodicals above named is \$31 per annum.  
Remittances for any of the above publications should always be addressed, post-paid, to the Publishers, LEONARD SCOTT & CO., Sept 1st  
No. 54 Gold street, New York.

#### PROSPECTUS OF THE SCIENTIFIC AMERICAN.

VOLUME XIV, BEGINS SEPTEMBER 11, 1858.  
Mechanics, Inventors, Manufacturers and Farmers!  
The Scientific American has now reached its Fourteenth Year, and will enter upon a New Volume on the 11th of September. It is the only weekly publication of the kind now issued in this country, and has a very extensive circulation in all the States of the Union. It is not, as some might suppose from its title, a dry, abstruse work on technical science; on the contrary, it so deals with the great events going on in the scientific, mechanical and industrial worlds, as to please and instruct every one. If the Mechanic or Artizan wishes to know the best machine in use, or how to construct a substance employed in his business, if the Housewife wishes to get a receipt for making a good color, &c.,—if the Inventor wishes to know what is going on in the way of improvements,—if the Manufacturer wishes to keep posted with the times, and to employ the best facilities in his business,—if the Man of Leisure and Study wish to keep himself familiar with the progress made in the chemical laboratory, or in the construction of telegraphs, steamships, railroads, reapers, mowers, and a thousand other machines and appliances, both of peace and war—all these desiderata can be found in the Scientific American, and not elsewhere.  
They are here presented in a reliable and interesting form, adapted to the capacities of all minds unlearned in the higher branches of science and art.  
Terms.—One Copy, One Year, \$2; One Copy, Six Months, \$1; Five Copies, Six Months, \$4; Ten Copies, Six Months, \$8; Ten Copies, Twelve Months, \$15; Fifteen Copies, Twelve Months, \$22; Twenty Copies, Twelve Months, \$28, in advance.  
Specimen copies sent gratuitously for inspection.—Southern and Western money, or Postage Stamps, taken for subscriptions.  
Letters should be directed to  
MUNN & CO., 128 Fulton Street, N. Y.  
Messrs. Munn & Co. are exclusively engaged in procuring patent for new inventions, and will advise inventors, without charge, in regard to the novelty of their improvements. Sept 1st

#### HARPER'S MAGAZINE.

SEVENTEENTH VOLUME.  
The Publishers of Harper's New Monthly Magazine refer to the Sixteen Volumes already issued as the best assurance that no labor or expense will be spared to render it worthy of the liberal support which it has received. They believe that the Magazine now embraces in its general plan every thing essential to an attractive literary miscellany, adapted to the wants of the American Public. Its regular circulation has not been diminished even during the unexampled financial revulsion which has proved disastrous to so many literary and commercial enterprises; and they are assured from every quarter that the Magazine is recognized as a necessity rather than a luxury. They therefore announce no "New Features" for the future. They will continue to fill the Magazine with articles indicating sound views on Life and Morals; leaving as heretofore, the discussion of sectarian opinions in Religion, and sectional questions in Politics to their own appropriate points for more numerous than those upon which they differ. The object of the Magazine will be to unite the people of our common country.  
The Publishers do not find it necessary or expedient to appeal to public attention by issuing "Specimen Numbers" containing an unusual amount of matter or illustrations. They intend that every cheapest periodical published, should be the best and most complete of matter, more numerous and better illustrated, printed in a better manner, than any other Monthly Magazine; and the Publishers are confident that it will deserve and receive the same liberal attention and liberal patronage which have been accorded to it during the Eight years of its publication.  
Franklin Square, New York, August 3, 1858.

### PROSPECTUS OF THE NEW ERA.

The undersigned will commence the publication of a journal with the above caption on Wednesday the 20th of July, to be continued every Saturday thereafter, the regular issue of which may be relied on.  
The political character of the New Era will be of the same caste as the Union, (which expires with its present issue,) namely Democratic.  
The best energies of the proprietors will be directed to any and all measures tending to resuscitate the dormant powers of "Old Athens," and particularly to keep the people posted on what are really doing, with a determination, they will furnish a faithful record of all statistics which may be in their power to obtain, in addition to any commercial information which can conduce to the welfare of our mercantile interests.  
The Farmer will find in the New Era a column from which he may glean some information in addition to his previous store of agricultural knowledge.  
The Literary man, will we trust, discover that, in our selections, the constant aim will be to present nothing which can be unworthy the refined taste of an accomplished gentleman.  
The Ladies—who, though mentioned last in this classification, have always held the first place in our interest—may be fully assured that, if any matters of interest capable of being construed by them as "news" can be found in our rambles through the world of letters, we shall consider as prominent among our duties the gathering and placing before them all that may tend to elevate and improve the mind, whether considered in the relation of sisters, mothers, wives or daughters; pledging ourselves that never shall be found in our paper—in any department, or on any consideration—a word or syllable to offend the delicacy of the most amiable and virtuous of the sex; for, as we design the New Era to be a herald of the growing prosperity of our town, so we do also desire to be able to chronicle the evidences of her morality.  
Terms Two Dollars a Year.  
J. H. MUSE,  
Newbern, July 16, 1858. D. W. DAVIES.

### PROSPECTUS OF THE "NEWBERN GAZETTE."

The subscriber respectfully informs the citizens of Newbern and the public, that he has made arrangements for the publication of one of the largest, neatest and cheapest newspapers in North Carolina. It is designed as a Family and Literary Journal, and will be devoted to local and commercial news, the promotion of southern literature, science, art and general information.  
The "GAZETTE" will be neutral in politics, but, at the same time, the editor will claim the prerogative of giving its readers items of political information.  
The services of a valuable corps of contributors and reporters have already been engaged, many of whom rank among the most scientific writers in America.  
The editor makes no boast that it will be "the best paper in the world," but earnestly and confidently commends it to the patronage of a liberal public, with the assurance that nothing shall be withheld to merit their warmest interest in its prosperity.  
Any favor toward this laudable enterprise will be thankfully received and kindly reciprocated.  
Terms Two Dollars a Year in Advance.  
THOS. R. MURRAY,  
Editor and Proprietor.  
Sept 1

#### MOSES LETTERS.—A New Book.

The Editors of the *Live Gleaner* are now publishing a book, the title of which will be "LIFE AS IT IS; OR, THE WARRINGS OF OUR MOSK," which book will not only contain all the letters which have appeared in the *Gleaner* over the signature of "Mose," but many others, rich, rare, and spicy, that have never been read.  
The Editors deem it useless to say anything relative to the character of this New Book, nor need they say that it will be the most amusing work that has been issued in half a century, for, it need only be known that "Mose" wrote it, to satisfy all on these points. While it will be an amusing work, illustrated with proper designs and cuts to show up persons and things in their true light, it will be free from *ulcerosity*, and will have for its chief object the correction of the many absurdities so prevalent in the present day.  
It will be a book of over 160 pages, printed on good material, and bound in paper cover.  
PRICE FIFTY CENTS for single copies.—Five copies to one address for \$2. No money required until the work is delivered, but those who wish a copy of this rare work should send in their orders at once. It will be ready for delivery in the course of a month. All our friends are requested to act as agents. Address WHITAKER & BUNTING, Editors *Live Gleaner*, Raleigh, N. C.  
Sept 1st

#### The North Carolina Statist, AND Magazine of Useful Information.

The first number of this Magazine will be issued, if sufficient subscriptions are obtained, by the meeting of the General Assembly. It will contain, among other things—  
A Short Description of the Physical Geography of the State, its Productions, &c., with notices of those countries, ancient and modern, in the same latitude.  
Area of the State and of the different Counties and Senatorial Districts.  
Population at different periods, by Counties, Senatorial and Congressional Districts.  
Agriculture—Productions of the several Counties—History of the Agricultural Fund and of our present State Agricultural Society.  
Finance—Amount of Taxes paid by each County, with a Digest of the last Comptroller's Report.  
Banks—Dates of Charter—Statement of their Condition at various times, &c.  
Railroads, &c.—An Enumeration of the Public Improvements of the State—when Chartered—their Cost—Debt—and their Present Condition.  
Commerce of the different Sea-port Towns—the Trade so employed, &c.  
In addition to the contents proper of the first number, will be added a Full and Complete Directory of all the Public Officers—Federal, State and County—which will be found extremely useful to business men generally.  
Terms.—One Year.....\$3 00  
Six Months.....\$1 50  
Raleigh, N. C., QUINT BUSBEE,  
Sept 1 Editor and Proprietor.

#### PORTER'S SPIRIT OF THE TIMES.

A CHRONICLE OF THE Turf, Agriculture, Field Sports, Literature, and the Stage.  
Published every Saturday Morning, at Nos. 346 and 348 Broadway, New York.  
GEORGE WILKES, EDITOR.  
Single Copies, Three Dollars a Year in Advance. To Clubs—3 Copies.....\$12  
No subscriptions received for less than 6 months. Postmasters are requested to act as agents, and retain 25¢ per cent, for their trouble. This 25¢ centage is, however, not to be deducted from Club rates.  
To Agents and Advertisers.—The terms of Porter's Spirit, to Agents and News-men, will be \$4 a hundred. Agents will please at once forward to Wholesale Newspaper Dealers who supply them with New York papers. Advertisements, 25¢ per line payable in advance.  
Sept 1

### TERMS OF THE NORTH CAROLINA JOURNAL OF EDUCATION.

Six Copy, one year.....\$ 2.00  
Single Copies.....100  
Journal and Times.....3.00  
Subscriptions are required to be paid in advance, and receipts will be found enclosed in the first Number after the money is received.  
Persons wishing the Address of the Journal changed, will please mention the office from which, as well as that to which, the change is to be made.  
All communication, relative to the Journal, or if to any name, it should be that of the Resident Editor.  
TERMS OF ADVERTISING.  
Advertisements, not inconsistent with the character of the Journal, will be inserted at the following rates:  
1 Year 6 Mos. 3 Mos. 1 Mos.  
One page, \$7 \$10 \$12 \$15  
Half page, 40 22 10 5  
Fourth page, 22 12 7 3  
Eighth page, 12 7 4 2  
Advertisements by the year payable quarterly: all others monthly, in advance.  
We will publish the names and address of teachers wanting situations, and of schools wanting teachers, on very moderate terms.  
If all will unite upon the Journal, as the medium of making their wants known, they will soon find it an easy matter to have them supplied.  
Sept 1 dft

#### Prospectus of "The States."

Which has now been published near seven months, has met with such success as to justify the Proprietor in enlarging the daily edition to the size of the Washington Union.  
The States will continue to represent the sound constitutional principles of State rights, which have ever been upheld by the National Democracy, but it will not be so entirely political that its columns will interest the politician exclusively, not so subservient to party as to betray principle at the command of power, or disguise its convictions at the suggestions of expediency.  
In addition to the discussion of important political questions, its columns will be devoted to the proceedings of Congress, to current transactions of the Government, to general news, and matters of interest pertaining to Literature, Agriculture, and Commerce.  
TERMS:  
The subscription price of the enlarged Daily will be:  
One copy for one year.....\$ 6.00  
Two copies for one year.....10 00  
Tri-Monthly, one copy for one year.....3 00  
THE CHEAPEST PAPER IN THE SOUTH.  
The Weekly is published in a large double sheet form, and is printed on superior paper, with handsome, bold type, at the following reasonable subscription:  
Per year.....\$ 2 00  
Single copies.....\$ 2 00  
Two copies.....3 00  
Five copies.....7 00  
Ten copies, to one address, and any larger number at the rate of \$1 per year.....10 00  
Ten copies, to the address of each subscriber, and any larger number, at \$1, 20 each.....12 00  
Any Postmaster, clerk, or other person, who may send five subscribers, with \$7 enclosed, will receive one extra copy.  
Payment in all cases is required invariably in advance, and no papers will be forwarded until the receipt of the money.  
EXTRA NOTICE.  
As Congress will soon assemble, and as it is expected that it will be one of the most important and interesting sessions ever convened in the Metropolis, it must be an object with persons at a distance to secure the earliest and most reliable intelligence from the Capital.  
In order, therefore, to oblige those who desire to subscribe for a paper published in Washington City, during the session of Congress, we propose to furnish the Weekly States on the following terms:  
FOR THREE MONTHS.....\$1 00  
Five copies.....2 00  
Ten copies.....3 00  
FOR SIX MONTHS.....\$1 00  
One copy.....\$ 1 00  
Five copies.....2 00  
Ten copies.....3 00  
The Proprietor of the States was one of the original founders of the Washington Union, and his long newspaper experience, before and since the establishment of that paper, justifies him in promising a paper well worthy of their patronage.  
Sept 1 JOHN P. HEISS, Proprietor.

#### PROSPECTUS OF THE SOUTHERN STATESMAN.

BY HICKS & EVANS.  
In view of the Great Destitution in the reading community, occasioned by the discontinuance of the Carolina Intelligencer and Cleveland Times, the subscribers propose to publish a weekly Newspaper in the town of Shelby, North Carolina, to be devoted to Politics, Agriculture, General News, Education, Morality, Internal Improvements, Commerce and Miscellany.  
In its political complexion the Southern Statesman will be the unvaried advocate of the principles of Democracy, as expounded by Jefferson, Jackson, Polk and others, believing that under these principles, the union of the States and the perpetuity of our glorious form of Government will be more likely to be maintained than by any other party in existence.  
The interest of those engaged in Agriculture, (the most noble and independent avocation on earth,) shall be duly attended to, by publishing, occasionally, valuable agricultural essays, as well as by giving, correctly, the prices of produce at the markets where our patrons are mostly concerned.  
We shall expect our paper to be the medium of News from the Churches; and shall publish a sufficient amount of moral and religious matter to make it a safe and desirable Family Newspaper.  
In short, to do good is our object, and will, therefore, be our greatest aim. This we hope to accomplish by making our paper as free from errors as our capacities will enable us.  
We will commence the publication of the "Statesman," shortly after the Democratic Convention at Charlotte on the 14th prox., if a sufficient number of subscribers is obtained to justify it.  
All lists and names of subscribers must be forwarded to us, at Shelby, by the first of April.  
Terms: \$2 per annum payable in advance, (on the receipt of the first number.) \$2 50 if not paid in 3 months, and \$3 if payment is delayed longer than 6 months.  
R. H. HICKS,  
H. F. EVANS,  
dft  
Sept 1

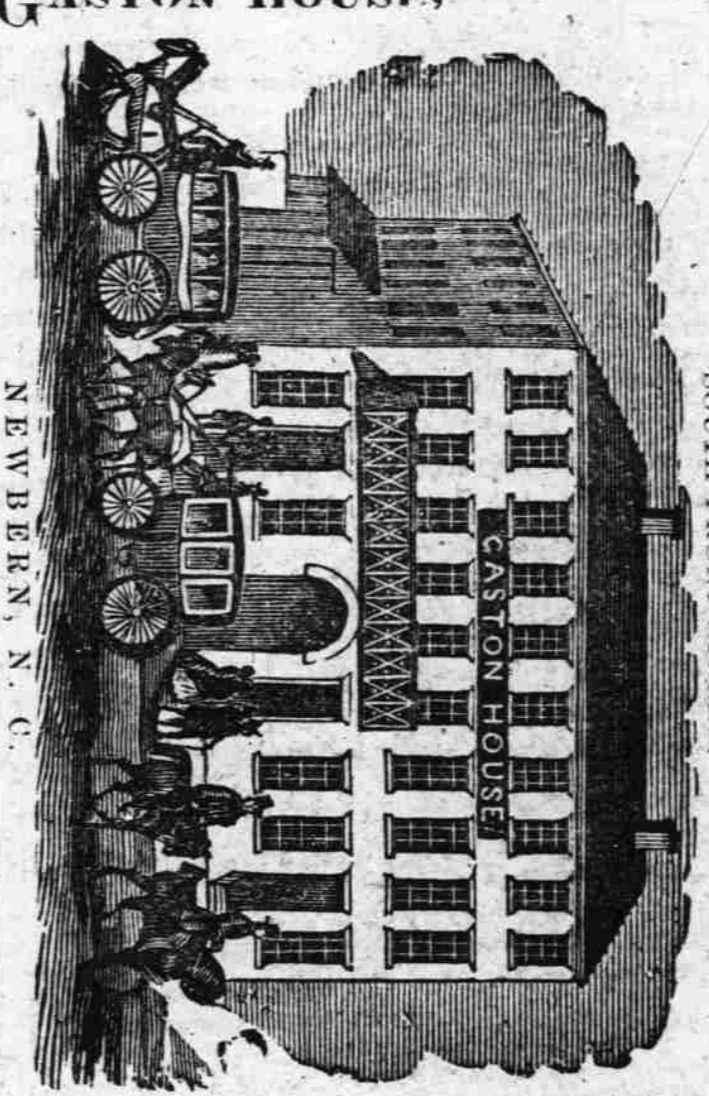
#### GODEY'S LADY'S BOOK, of Literature, Engravings, and Fashion.

One hundred pages of reading every month, with every new Fashion as it appears, colored and others. Ladies work of all kinds; and contributions from all the celebrated authors in the States.  
TERMS, cash in advance.—One copy one year, \$3. Two copies one year, \$5. Three copies one year, \$6. Five copies one year, and an extra copy to the person sending the club, making six copies, \$10. Eight copies one year, and an extra copy to the person sending the club, making nine copies, \$15. Eleven copies one year, and an extra copy to the person sending the club, making twelve copies, \$20. Godey's Lady's Book and Arthur's Home Magazine, both one year for \$3.50. Godey's Lady's Book and Harper's Magazine both one year for \$4.50.  
Address L. A. GODEY, No. 323 (late 113) Chestnut st., Philadelphia.  
Sept 1 dft

### HOTELS.

#### WASHINGTON HOTEL.

WM. J. SMITH, PROPRIETOR.  
BROAD STREET, NEWBERN, N. C.  
The undersigned respectfully announces to the traveling public that he has taken charge of this old and popular establishment, and is now prepared to accommodate travelers and private families with board by the day or month on the most accommodating terms.  
His TABLE will always be furnished with the best provisions that home and foreign markets can afford. The Washington Hotel has large rooms, is near the Depot, the Court House and the business streets than any other in the city.  
An OMBUS will always be at the Depot and Landing on the arrival of the cars and steamboat to convey passengers to the Hotel free of all charge.  
By stopping at this Hotel passengers will have ample time to obtain meals.  
Having also a large and commodious Stable and an excellent Ostler, he is fully prepared to board Horses by the day, week or month at the most reasonable rates.  
Sept 9-dly WM. J. SMITH.



#### GASTON HOUSE.

WM. P. MOORE, PROPRIETOR.  
The subscriber having taken charge of the above establishment, respectfully announces that it is now open for the accommodation of the TRAVELING PUBLIC and BOARDERS GENERALLY.  
The Gaston House is pleasantly located, from the Neuse and Trent Rivers, while during the Summer the south and west winds render the entire building delightfully cool.  
The Rooms are large and well furnished.  
Having also large and commodious Stables and excellent Ostlers, we will board Horses by the day, week or month. He has also convenient arrangements for the accommodation of Horse Drivers.  
The Proprietor will exert every effort to give entire satisfaction to those who may favor him with their patronage.  
Sept 6 WM. P. MOORE, dly

#### MANSON HOTEL, Salisbury, N. C.

The subscriber takes pleasure in announcing to his friends, and the public generally, that he has taken this long established and well known Hotel, and has under every possible preparation to accommodate the business, traveling and visiting portions of the public, in the most satisfactory manner. Particular attention is paid to his table, and every comfort is provided in his rooms. His stables are abundantly supplied, and attended by a careful ostler; and to all departments the proprietor gives his personal attention. A comfortable Omnibus runs regularly to the depot on the arrival of the cars. With these efforts to please a liberal share of the public patronage is confidently solicited.  
Sept 1 WM. ROWZEE, dly

#### ROWAN HOUSE.—By H. L. Robards.

SALISBURY, N. C.—This popular Hotel, by the indefatigable ROBARDS, still continues to sustain its former reputation for neatness, quiet, and good fare, and no house in North Carolina enjoys a better proportion of the patronage of the traveling public. It is located in the business portion of Salisbury, and is remote from the bustle and confusion necessary attendant on railroad hotels. Here the weary traveler is sure of a quiet night's rest. An Omnibus, drawn by four splendid bays, always at the depot on the arrival of the cars, for the use of the guests of the Rowan House, free of extra charge.  
Stage passengers, remember, there is but one Stage Office in Salisbury; and that is kept at the Rowan House. When you arrive on the cars don't be misled by false outcries of "hurlings and servants."  
H. L. ROBARDS, dly  
Sept 1

#### T. L. HALL.

Formerly Proprietor of the Gaston House, Newbern, N. C., now at the WESTERN HOTEL, NEW YORK.  
Having recently identified himself with the interests of this establishment, would respectfully solicit your patronage (and Southerners generally, visiting this city.) As the design is to make this House in a great degree the HOME of the SOUTHERNER, all who come to it are assured that they will find a genuine Southerner to attend to their wants and comforts.  
The house is admirably located, especially for business men, being on Courtland Street, only a few doors from Broadway, in the immediate vicinity of the Southern Railroad and Steamboat Stations. It has ample accommodations, having some 250 well furnished rooms, also suits of rooms for families.  
The table will compare well with any other in the city, besides it has all the latest requisites of a first class hotel—Parlor, Reading Rooms, Baths, &c., &c.  
To suit the times, board has been reduced to \$1.50 per day.  
D. D. WINCHESTER, Proprietor.  
New York, Sept 1-dly

#### JARRATT'S HOTEL.

This convenient and well arranged establishment has just undergone a thorough renovation, from cellar to garret, and has been furnished with new furniture throughout, and is now open for the reception of travelers, under the direct supervision and management of Messrs. JOHN JARRATT & BRO., who will use every exertion to keep a first class Hotel.  
Petersburg, Virginia, JOHN JARRATT, dly  
Sept 1

#### LAWRENCE'S HOTEL.

RALEIGH, N. C.  
Accommodation and fare equal to any in the City.  
Sept 1  
WALTER'S NATIONAL HOTEL,  
Corner of Main and Church Streets,  
Richmond, Va.  
WM. L. WALTERS, Proprietor. dly  
Sept 1

### DAILY PROGRESS.

TUESDAY MORNING, OCTOBER 19, 1858.

#### How to Preserve Women.

There is nothing in the world that we think so much of as we do of women. Our mother is a woman—wife, sisters, and pretty cousins, are women; and the daughters will be if (Heaven spare them!) they live long enough. And there is a love of woman in general which we do not deny. A fine magnificent specimen of the sex, full of life and health, a ripe red cheek, and flashing eye, is something that does one good by look at she illuminates the hunderd sidewalks, and every day streets. A steamer, under full heads way, with colors flying, is rather a pretty sight—rather stirring and inspiring; and we pull up our tired nag to see her pass, and admire the swell she cuts. Comparatively, however, the steamer sinks into insignificance, or some other very deep water, by the side of a well kept, well dressed woman. There is no rubbing it out; women are the ornament, charm, blessing, beauty and bliss of life—(men's life we mean of course.) Any means that could be devised for preserving them should be publicly made known. They are different from any other kind of fruit. You cannot pickle them. You cannot do them up in sugar and set them in a cold room, with a paper soaked in brandy over their mouths. You cannot put them up in cans and seal them up air tight, without injuring their form and flavor. Now, as men are so dependent upon women for life's choicest blessings, a proper mode of preserving them becomes of great moment, and we are sure that the public will thank us for an infallible receipt.  
Have the feet well protected, then pay the next attention to the chest. The chest is the repository of the vital organs. There abides the heart and lungs. It is from the impressions made upon these organs through the skin, that the shiver comes. It is nature's quake—the alarm bell at the onset of danger. A woman never shivers from the effect of cold upon her limbs, or hands, or head; but let the cold strike through her clothing on her chest, and off goes her teeth into a chatter, and the whole organism is in a commotion. One sudden and severe impression of cold upon the chest has slain its tens of thousands. Therefore, whether the feet are well looked after, never forget the chest. These points attended to, the natural connections of the dress will supply the rest, and the woman is ready for the air. Now let her visit her neighbors, go shopping, call upon the poor, and walk for the good of it, for the fun of it.

Keep away from the stove or register. Air that is dry or burnt, more or less charged with gases evolved by the fuel, is poison. Go up stairs and make the beds with mittens on. Fly around the house like mad and ventilate the rooms. Don't sit bent up in a single room with double windows. Fruit will not retain its full form and flavor in air tight cans; neither will women. They need air. If the shiver comes on during these operations, go directly and put on something more about the chest.  
Again, do not live in dark rooms. Light fades the carpet, but it feeds the flower. No living animal or vegetable can enjoy health in darkness. Light is also as necessary as air, and a brown tan is far preferable even as a matter of beauty, to a sickly paleness of complexion.  
Thus much in regard to the physical means for preservation. There are moral means important. Every woman should be married to an excellent man. Marriage, it is true, brings care and wear, but it is the ring that is worn that keeps bright, and the watch that lies still unwound that gets out of order. The sweet sympathies developed in relation to the family, the new energies developed by new responsibilities, the new companion for all outlays of strength, intellect which, in their playful play of the heart and intellect which, in their reaction upon the body, produces an effect that is nothing less than preservation. Then, there is a higher moral power than this—one which is completely armed against the encroaching ills of life, who has in his heart no place for religion. The calmness, the patience, and the joy and hope that are in possession of that woman whose heart is right in its highest relation can never fail to preserve and heighten every personal power and charm that she possesses.  
There! you have the receipt. Some of it is in sportive form, but it is not the less sober truth. It has within it the cure for many a disease—the preventive for more. It might be made longer; but when we see its prescriptions universally adopted, it will be time to bring forward the remainder.

#### FILLIBUSTERING.—The New York Express, speaking of the steamship Hermann, which lately sailed from that port to "connect" on the Nicaragua route with the Atlantic steamer says: "Our own impression and belief is, that the steamer and the passengers were never really intended for a San Francisco line, but for San Juan del Sur, in Central America, and that the 550 passengers on board, instead of going through a scrip operation as above described, were, in good faith, intended to meet Walker in Central America, with arms and ammunition on board there provided for his use—and that Walker himself disbursed here the money to start her. But time will determine whether or not our guesses are right."

#### THE SOUTH AMERICAN STATES.—The New York Herald of the 9th inst. says:—"The Secretary of State has notified the New Granadian Minister of the determination of this government not to permit the obstruction of the Isthmus route to the Pacific on any consideration, neither will it allow of tonnage dues or tax on the transportation of passengers and mails; and that in pursuance of this resolution, vessels of war have been ordered to the Isthmus. The right of New Granada to refuse this government a naval rendezvous and coaling station in the Bay of Padua is conceded by Mr. Cass, but he considers such a refusal as impolitic and illiberal; more especially as Spain at Mahon and Sardinia at Spezia had granted similar privileges. The rumor that the United States were negotiating a secret treaty with Russia, is said to be without foundation."

#### RAIL ROAD PASSENGERS.—The following table shows the proportion of deaths and wounding in the principal railroad countries of the world, to the number of passengers carried:

Prussia, one killed or wounded to every 3,224,075
Belgium, " " " " 1,511,137
France, " " " " 375,045
England, " " " " 311,345
U. States, " " " " 188,453