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PITTSBORO, N.C., THURSDAY, NOVEMBER 24, 1887.

THE HOME.

VOL. IV.

UBLISHED EVERY THURSDAY AT THE HOME OFFICE, ON HILLSBORD STREET.

. H. MERRITT, Editor & Proprietor.

TERMS OF SUBSCRIPTION. One dollar per year in advance.

Not strictly in advance len cents per

square, 1 time.	\$1.0
square, 1 month.	the second se
square, 8 months,	2.50
equare 6 months	5.0
square 12 months.	7.50
Contracts at reasonable rates pecified time and space.	for any
and and and space.	4 4 1 March 198 1

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> "THE HOME." Pittsboro, N. C.

The farmers' losses through drought alone in 1887, have lieen estimated at \$300,000,000, and they will probably exce d that enormous sum.

London has a great problem. It has 2,000,000 people unable to get into a place of worship. In central London, with a population of 2,000,000, there are only accommod tions for 600,000.

Indians have built up a considerable carrying trade along the Pacific coast. In their large canoes, hewn out of the solid trunks of immense trees, they carry dairy and farm products for the settlers and return with groteries and other supplies.

STARLIGHT. A myriad stars have guided men to fame, Have kept them pure by looking to their light. And in the blackest depths of sorrow's night Have been to them eternally the same, Filling their souls with truths unchanging flame. And rousing weaklings up to deeds of might. Inspiring them in life's unceasing fight To keep their purpose free from blot or blame.

So shalt thou be, my love, my star and sun, To guide and light me through my life's short day To be in joys or pains my rest, my stay, and if perchance before my course is run

A victor's crown shall fall upon my brow, Thou still shalt be my star as thou art

to answer.

now. -Thomas G. Marquis, in the Current.

CROCIFISSA'S LACE.

BY LUCY BLAKE. High up among the Tuscan mountains,

not far from the borders of Lombardy, is it go for much less." a tiny hamlet called Fiatico. It has a church, and the few strangers who visit the quiet little nook and enter the humble sauctuary wonder at the handsome lace decorating the Madoana's blue silk petticoat; All the rest of the ornamentation is so tawdry and poor that the delicate fabric looks strangely out of place How ignorance. came it there? is a question the old woman who unlocks the door is proud

Amy and I had put up for the hottest summer weeks at the barn-like old post inn at Fiatico. Often during our walks through the chestnut woods, or up the a tall, slim girl of eighteen, with strikingly beautiful dark eyes, which haunted She wore a skimp gown of homespun, its lace if she saw it." original color a matter of conjecture I thought the suggestion an excellent

Sometimes we saw her under a tree knit. consultation. The result of this interview pose of Crocifissa's lace. ting an interminable blue stocking-for was, that the next day Crocifissa was To our great delight, tickets to other fect than her own, evidentlyfield, in the pouring rain, this ghost like girl would sit on the soaking ground, huddled under an old green umbrellathis to restrain a neighbor's cow, getting her supper of g ass, from invading an adjacent cabbage-patch. The girl always gave us a gracious "Good-day" as she passed, and seem p'essed when Amy smiled at her in return. "Who is she?" we inquired of the mistress of our inn. "You mean the girl who drives the

encompassing them both. How we like the most of his kind, the padrone SOME CURIOUS IMPORTS. longed to be able to give the poor girl on this occasion spoke the truth. He the paltry sum which would change her dull surroundings into a paradise. One morning, as we sat sketching on had not troubled himself to inquire the the brow of the hill, Crocifissa timidly history of Crocifissa's lace, but had satisapproached us, carrying a small package under her arm. This she unwrapped, disclosing about four yards of unusually in such matters. beautiful lace, six inches or more wide.] was not much of a connoisseur in such

things, but I could recognize the unusual merit of this piece. "Why, Crocifissa!" I exclaimed ; "where did you get such a prize?" "I made it," she answered, modestly, "at the Convent of La Speranza, where I waited on the nuns for five or six years. They taught me to make it, but I can't

THR

nobody will buy it. The nuns say it is deeds." worth a geat deal of money, perhaps fifty Poor

francs; but I shall never find any one willing to give that sum, and I would let She, of course, wished us to make some low offer for the lace, but I knew it humble housekeeping almost in their would be a great wrong to the girl to possession, the rooms engaged, and not allow her to sacrifice her work for a trifle, a franc to pay for anything. The little and I assured her of this. Because we could not afford to pay a fair price, we

had no right to profit by the poor child's "The nuns would offer up special prayers for me if I gave it to the con-

vent," continued Crocifissa; "but prayers will not buy furniture-at least and miserable, that Remo feared the they have not, so far."

"Don't despair of your prayers yet," said Amy; then to me, in English, "There is Mrs. Webster, the rich Ameristeep paths of the mountain-side, we met can lady at San Marcello; you know she is mad over bric-a brac, antiquities and project that might bene'it the unhappy laces-especially laces. She has heaps of child. us by reason of their extreme sadness. money, and I believe she would buy this

the padrone's cabinet of curiosities.

It made one feel young and happy again

to see the bliss of Crocifissa and Remo.

good fellow seemed ready to risk his life

to serve us. Amy might ride on the

night she cho & and it was borne in

only; her well-modeled feet were bare, one, and so eager were we to try if the co? With the assistance of our kind and she was usually in charge of seven sale might not be brought about, that we hostess, the affair was made public, and sheep and one little lame black lamb, returned at once to call our hostess into we arranged a lottery by which to dis-

was a simple fellow, ignorant of the craze of the elegant world for antiquities; he COMMERCIAL CITY.

But the irate Mrs. Webster was not to be appeased. The padrone had tried to cheat her as egregiously as any hardened rogue in the lowest of junkshops. "Here," to Crocifissa, "take your lace; I have changed my mind, and will not have it !" and she tossed the dainty work into a basket on the girl's arm.

"But, signoral" cried the poor child, burs ing into tears, and extending both

They taught me to make it is see to do any more." "But, child, why don't you sell this lace! It would help you a long step towards buying furniture and marrying "Description of the trans-gressor is hard, you know, and you must take the conse uences of your evil

Poor Crocifissa! how she retraced her tired steps to Piatico, empty handed, with the unlucky lace in her basket, she never knew. The situation was really deplorable-all the necessaries for their community was loud in its expressions of rage at the inhum in woman who had so deceived Crocifissa, but this mended matters not at all.

A day or two later Remo sought us out, despair on his handsome face. Crocifissa was ill, of grief only, but to low worst. The poor girl was really in a pitiable state, and after our visit to the hovel where she lived. Amy and I declared we would not see another sunset before we had tried to set on foot some There were crowds of strangers at the

hotel at Abetone; why should they not know of the sad little romance at Piati-

ODD ARTICLES SENT TO A GREAT

Hindoo Money to Adorn Toys-A Use for Buffalo Horns - Hard Wood "Dollies," Etc.

In Liverpool, which is one of the greatest centres of mercantile industry in the world, there are some two thousand articles of import and export upon which dock rates and town dues are charged. Some of these heads contain many items. There are at least five descriptions of feathers, each with a separate value on them for rating; ten kinds of hair; eightcen of nuts; twenty-two of empty packages; twenty seven of gums; thirty-four of bark; seventy-two of iron; and one hundred and thirty-six of wood, including wooden articles.

The very names of many articles of merchandise would be as Greek to the classical scholar, and their uses as the Eleusinian or Rosicrucian mysteries; yet the merchant must understand all about them, the lands which furnish them, the weather which rules their production, the habits of the people who prepare and pack them, the kind of ship which alone is suitable in which to bring them home or convey them out, and the chances for their meeting with a market on either side of the world; altogether no small matter. To persons unfamiliar with the imports

of the world it may be surprising to learn hat the little shells called "cowries," used as money among the Hindoos, should be a regular import. They are only found, in considerable quantities, on the shores of the Zuln group of islands, in the Eastern Archipelago; and are brought to Bombay in exchange for rice. During the slave-trade they were exported from Bombay to Africa for the purchase of men, but now that they are useless in that way, the wonder is they should be worth the carriage to England simply for the purpose of covering toys and boxes. This, however, is less their destination than to be ground up for the manufacture of some kinds of porcelain and enamel-this last for making watch faces.

HOUSEHOLD AFFAIRS

HOME.

Cooking Cereals.

The main secret in the preparation of cereals, says Gool Housekeeping, is thorough cooking; and this necessitates cooking them slowly, in the proper quantity of liquid, for a considerable length of time. A great deal has been written about preparing mushes for the table in from two to twenty minutes, and many cooks serve them prepared in that length of time; but all cereals are more digestible and much finer flavored when thoroughly cooked. The table given below will be found approximately accurate as regards the proportions of grain and liquid to be used, and the length of time required to perfectly cook the following grains and grain products: Pearled Wheat-Five measures of liquid to each measure of wheat. Cook

from four to six hours. Pearled Barley-Five measures of

liquid to each measure of burley. Cook from four to six hours. Coarse Hominy-Five measures o quid to each measure of hominy. Cook

rom six to ten hours. Fine Hominy-Four measures of liquid to each measure of hominy. Cook from

four to six hours. Coarse Oatmed-Four measures of quid to each measure of oatmeal. Cook from four to six hours.

Rolled Wheat .- Three measures of liquid to each measure of wheat. Cook two hours.

Rolled Barley.-Three measures of liquid to each measure of barley. Cook two hours.

Rolled Oats (Avena)-Three measures of liquid to cach measure of oats. Cook an hour.

Rice-Three measures of liquid to each measure of rice. Cook an hour. Farina-Six measures of liquid to each

measure of farina. Cook half an hour to an hour. Cercaline Flakes-One measure of

liquid to each measure of cercaline, Cook half an hour.

Water a one can be used for cooking any of the cereals, but most of them are richer and finer flavored when the liquid used is milk and water, mixed in about equal proportions. Especially is this the case with barley, rice, hominy and farina. The quantity of salt that should be used in cooking cereals is largely a matter of individual taste, as some people like considerable, and some very little, salt in their food. A safe general rule, however, to follow, is to add half a teaspoonful of salt to each pint of liquid, All cereals can be cooked very perfeetly in an ordinary agate ware or porcelain lined stew-pan, if carefully watched and stirred; but, as much stirring renders cereals starchy, and robs them of a good deal of their finest flavors, a double boiler, frequently callel a farina boiler, is much the best and most convenient utensil for cooking mushes and grains of every kind. To cook cerea's in a double boiler: Fill the outside boiler two-thirds full of boiling water, put the nece sary quantity of liquid in the inside kettle, add the requisite amount of salt, and when it boils, sprinkle in the grain or meal, stirring slowly until it swells or thickens enough to keep it from settling to the bottom of the kettle. Then cease stirring, and let it boil slowly until thoroughly cooked. All mushes thicken in cooling, and in preparing cereals to be eaten cold the proportion of liquid should be increased at least one-third. That is all good advice.

some gleam calight, thrusting through the pople shade, Falls there: and even when the played His requiem for the Day, one stray Pale as the palest moonlight gl atinel for her till starlig And I, remaining here and waiting long. And all enfolded in my sorrow's night Who not on earth again her face may For even Memory does her likeness wro And blind and hopeless, only for this light-This light, this light, through all the years to be. -H. C. Bunner, in the Century HUMOR OF THE DAY. You may laugh at a bridheaded man as

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THE LIGHT.

There is no shadow where my love is laid;

For lever thus I fancy in my dream

That wakes with me and wakes my sloop

much as you like, but you can't make fun of his hair. -- Dansrille Breeze. The English house of lords now rejoices in a new and appropriate title-the house of landlords. - Chicago Journal. "Why do plots thicken on the stage?" asks a western exchange. Because they

can't very well be any thinner. That's one reason .- Mail and Express. He was love-struck when first they mat,

And soon was bound the fetters : One year, and she sent back love's truck-His gifts and all his letters. -Carl Pretze

In a Kansas town. Class in history Teacher-"And what did Washington do when he threw up his fortifications near Boston ?" Bright Boy-"He boome the town."-Arkanzaw Traceler.

One of the most appoying things in life is to think you have found a nicke on a show case, and after making a cover grab for it, discover that it is the under side of the glass. - hpach. There is many a slip 'twixt the cup and the lip." A motto that comes very pat, my boys: There are many slip-ups 'twixt the fl ps and

An Iowa woman filled a long felt want n her neighborhood by cleaning out, unaided except ly a stove lifter and a lively yellow dog, a gang of four tramps that had been terrorizing the vicinity for weeks. She will probably be asked to umpire for professional baseball clubs.

It is estimated that the wealth of the ollowing countries is increased annually by the sums named : Germany, \$200, 000,000; Great Britain, \$325,000,000; France, \$375,000,000, and the United tates, \$875,000,000. The United States s already the wealthiest nation in the world, and, as the above figures show, ts wealth is increasing the most rapidly.

The prize of \$10,000 offered by the reach Government for the most valuaable discovery relating to the utilization of electricity is to be awarded soon. It s for any use or application of electricity. namely, as a source of heat, of light or of themical action, as a means of bransmision of mechanical power, or of verbal communication in any form, or, finally, a curative agent.

A German paper says there is no longer my sword making industry in Damascus. What was once known as the sword trade is now occupied with converting the blades of old saws and pieces of or. linary iron into daggers; and cheap words and rifles of Solingen and Birminghan make are brought up, finished and decorated in Criental style, and put upon the markel as weapons of Arabian and Damascus origin.

The number of hogs in the United States on January 1, 1887, was estimated at 44,612,830, against 46,092,000 on January 1, 1886, and 45, 143, 340 on January 1, 1885. At principal packing points the average slaughter ranges between 13,590,000 and 15,000,000 each year, besides, every farmer packs one or more hogs for domestic use. A short corn rop even will not much diminish the number of swine in the c untry until a rear hence.

A writer in the New York Triluns ecommends the appointment of an exert in all banks, who will be capable of sking the place and doing the work of ny man in the concern, from the presient, down. He is to be empowered to ay to the president or cashier, "I will o over your assets to day," or send the bstract a dollar from the bank, as could not tell at what moment the exert would examine his books and disover the shortage.

sheep with a lame black lunb among them?" answered our hostess. "That is Crocifissa, poor girl, the convict's daughter. Hers is a hard lot among a little community where none lie on roses, I assure you. Her father, Sandor, has a bad history, and the shadow of it darkens

the girl's life. "Oh, tell it!" cried Amy, dropping fruit-donkey at any hour of the day or down upon a stool beside the comfort-

able-looking o'd dame. "It is soon told, signora, the story of of magenta stockings in process of conmost sins is short; it is the misery of struction by Crocifissa was for me.

Sandro was young, he killed a man in a being now secured, negotiations were passion of jealousy-a woman at the bot- entered upon for the desired outfit of tom of the affair, of course-s abbed him clothes and the necessary furniture. A from behind in the dark, and then threw charming pair of rooms, in Crocifissa's wound was not deep enough to give him his death. They were a year or more was set early in October. All was going fastening the murder opon Sandro, but merry as the anti upated marriage bells, he confessed it at last over a glasss too much of Chianti. He was sentenced for to San Marcello and receive her money. twenty years to prison and hard labor. When his time was out, strange y enough, and, stranger still, he found a woman

foolish enough to marry him, knowing decided to detain her. all about his crime. This poor weak thing died when Crocifissa was born, and the child's li'e has been so wretched, it seems a pity she did not die too." "Are they so very poor?"

"Is he so poor, too?"

"His name is Remo, a very good fel-

low, but no luck. He makes a little money with his donkey, carrying fruit and vegetables to the hotel at Abetone, but he has a blind old mother to help, and he can save nothing. Crocifissa earns a few francs spinning and knitting stockings, and the profits from the sheep put a scanty supply of bread in the mouths of the convict and his daughter, and keep a crazy roof over their heads. Crocifissa can make beauti-

a doctor told her she would go blind if in her eyes. she made any more."

enthusiastically. Yes: with a bit of happiness to brighten her, she would be the prettiest repeated Crocifissa. girl in these parts. As it is, her good looks are little use, poor thing!"

"Can't Remo hit upon a more paying suppressed rage. business than donkey-driving;" I ask. "He wishes to go down to the Marem-Crocifissa loves Remp." make each other happy ! Life at Paris being dull and bare of quaintance upon every occasion. She gave us flowers and berries gathered in eyes bent shyly on her knitting, talked to us of her simple, uneventful life. When Remo, her lover, was under discussion, which was irsquently the case,

dispatched to San Marcello with her lace, value of nearly three hundred flancs while the sheep grazed. Or, in the open and a note to the landlord of the hotel were sold, the money of course, being where Mrs. Webster was staying. In poured into the lap of the bewildered three hours Croc fissa returned, jubilant; Crocifissa, well nigh beside herself with because the landlord had promised to these sudden transitions from despair to show the lace to all the guests in his house joy twice repeated. likely to be interested in such things,

The modest trousseau and furniture We scarcely dared to break to Cro- were paid for, and there was a little sum cifissa the good news that came three days left over for a rainy day. Amy and I later. Mrs. Webster had fallen in love delayed our stay, to be present at the with the lace, as Amy had predicted, and | wedding in October; and a very merry at the landlord's suggestion had prom affair it was, thanks to the change isee to pay two hundred and fifty franes in public opinion, which now regarded for the pigge, on her departure a month Remo and Crocifissa as the hero, and later. In the meantime it might remain heroine of the village. upon exhibition behind the glass doors

The old hostler at our inn won the lace. As he had not chick nor child to give it to, and one or two old sins on his conscience, he gave his winning to the The latter was presented to us, and the Church.

And thus it came about that the Madonna's silken robe is so richly decorated. - Frank Leslie's.

upon me that a particularly glaring pair Wild Ponies on the Southern Coast.

On the banks or sand bars that divide them that drags on so wearily. When The fortune of the betrothed couple North Carolina, just inside the lighthouse that marks out to the mariner dreaded Cape Lookout, there is to be found a hardy race of ponies known as him down into the Lima to drown if the eyes, were bespoken, at the back of the there as long as the tradition of the oldcarpenter's house, and the wedding-day est inhabitant dates back. Entirely surrounded by deep water at all seasons, when the day arrivel for Crocifissa to go land, and being barren of vegetation save having no communication with the maina scanty growth of sedge grass and low padrone, and was about to be given the habited except by these ponies, which shrubs, the banks have remained uninhe chose to come back here to Piat co; price of her lace and dismissed at once seem to thrive and multiply in spite of by him, when, on second thought, he the hardships to which they are exposed. How they first came there, or of what origin, is conjecture, and tradition mereits attendant shipwreck and loss of all on

one exception when I say everyone turns things antique; a hideous jug with a of study to the naturalist, as they are a the coll shou der upon ner. Perhaps crack upon its dirt-ingrained sides was prey not only to the driving sands, but the saddest part of Crocifissa's history is lovel er in her eyes than the most skill- to the storms of the Cape, that break that she has a lover whom she can scarcely | fully worked vase of modern times. She upon and over the narrow sand bar and willingly paid fabulous prices for rubbish change with each recurring hurricane the of a bygone day, but was implacable if topography of the country. The ponies, she discovered fraud in the dates of ap- choosing the protected side of the sand hillocks, burrow deep into the yielding In very bad Italian, she addressed sand, and stamp out a protected stall

Pine-Bark as a Diet.

One article of subsistence sometimes employed by the Indians is only resorted ing-places in the pine-forests of Oregon "She has such lovely eyes!" said Amy, row lace of the same pattern, I would derosa may be seen stripped of their the base of the trunk. This has been accomplished by cutting with a hatchet "Do you mean to say you made this a line around the tree as high as one

above and below, could be removed

and other ornamental articles, and for enameling ladies' faces. Lately, the amount of cowries imported has lessened very considerably, so let us hope that ladies have learned more sense than to try to be made beautiful forever. Buffalo horns at one time, some ten

years or so ago, were brought home as dunnage in every cotton ship. Dunnage is the stowage of articles around the sides and in the odd corners of the hold, for the better preservation of the cargo from damp or other injury. For this purpose these horns were very suitable; but the quantity which was brought home was far beyond the demand for horn buttons, combs, knife handles, etc. What became of the remainder? . They were exported again, this time to France and Italy, where they were boiled down and cut into strips, to use as whalebone for umbrellas and parasols. There was a prejudice against the use of steel or iron wires for this purpose in the countries named, as very terrible thunder storms occur there, and it was feared that they would attract the lightning. Either the thunder storms are less severe, or the timidity of the French and Italians has lessened of late years, for this import is now but a trivial one.

"Dollies" has, indced, a very babyish sound, but they are only a sort of pegs, set in a wooden handle, and used by every Lancashire washerwoman as assistance in her art. Being constantly wetted in hot water, they wear longer when formed from a hard wood, which is sent from North America, chiefy New York. "Nerves of cattle," "barrow bodies," "cats of all kinds." and "dead eyes," have all a peculiar sound, yet catgut, wheelbarrows, furs, and pulleys are all legitimate objects for import and ex-"Bulrushes" are brought from port. Holland, with wooden hoops for coopering casks; "cinders," "clinkers," and 'dross," for making roads, come home as ballast, with gravel, and many kinds of stone; "acorns" of a peculiar sort from Italy are used in dyeing .- New York Ob-

The Switzerland of Africa.

Like the Swiss, the Kabyles have an ntense love of their country. They love it for its very savageness, in which every peak and crag seems to frown defiance at an invader. They are as jealous of Montenegro. Those who have fought formed. Sweeten to taste. for generations against the Turk in the passes of the Black Mountains, overlooking the Adriatic, have not shown more valor than the natives of Kabylia. This courage flames out clearest and brightest in the moments of greatest danger. One custom they have which shows that the blood of heroes is in their veins. When tidings of an invasion come to their mountain retreats, the whole land rises up at the sound of war. The young men of the different tribes enter into a solemn pan directly on the range. Then lay called the league of death, since all who o'n in it swear to die for their country. So complete is this offering up of their lives, that the prayers for the dead are read over them, so that when they go lower down, so that the bark, severed forth to battle they are already as dead

Recipes

FRITTERS.- Four eggs well beaten, one quart of flour, two teaspoons of baking powder, half terspoon of salt, milk enough to make a batter, fry ia hot lard, sprinkle with sugar, or eat with sprup, APPLE JELLY .- Use good sour apples, slice them, skins, seeds, and all, and simmer with one-half a cup of water till well-cooked and soft ; then strain through a cloth, add a pound of sugar to a pint of juice, boil a few minutes, skimming till clear; pour into glasses and cover when cold

OATMEAL PORRIDGE. - Take two ounces of oatmeal and one and one half pints of water. Rub the meal in a basin with the back of a spoon in a small quantity of water, pouring off the finid after the courser particles are settled, but while the milkiness continues repeat the operation until the milkiness disappears. Put the washings into a small pan; stir until they boil, adding a pinch of salt, of its independence as the brave warriors and boil until a soft, thick mucilage is

STEWED CHOPS .- Froil the chops and let them get cold; then put into a saucepan with two tablespoons of butter and one of minced onion; cover tightly and set in a kettle of cold water; bring slowly to a boil. At the end of an hour add a cup of hot broth (made from the trimmings of chops), seasoned with pepper, salt, a pinch of cloves and chopped parsley); cover again and stew gently until the chops are tender, setting the saucethem on a hot dish; strain the gravy, thicken with browned flour, stir in a good teaspoon of currant jelly: boil one minute and pour over the chops.

Por Prz.-Cut one and a-half pounds of lean stewing beef into slices, sprinkle nen, and have only to seek the place where they may give up their lives. If, indeed they annihilate the enemy, they hic cups-You had better paste that in your hat, my -Goo fall's Sun.

There is a good deal of interest manifested now in the subject of whaling it the polar sea. The difference between that and the old-fashioned back-sheet variety is that in one instance the victim gets cold and in the other he gets warmed .- Merchant Trateler.

Should Wiggins claim that storms will blow Go sailing, son, and fear not; But should he prophesy a calm, Into the ocean steer not. And should he say the san will shine,

Then look for drenching rains out. T.s strange the killer with his club Don't knock the fellow's brains out.

-Washington Hatchel NOT PERFECT.

He wears a dapper Derby hat, Which he would call a "tile;" Hislinen and his gay cravat Are of the latest style.

His clothes by Poole, of London fame, Are faultless in their fit, They ornament his manly frame

And he's aware of it. "A perfect youth." you'd say at once,

And get it wrong again, For he is just a perfect dunce, He has a misfit brain, -Somerville Journal

A Wonderful Marching Feat. Looking through history, writes Lieutenant Hamilton in the New York Post, we find that though in all other particulars the art of war has made wonderful strides, yet in the actual distances accomplished in marches on foot the an cients were fully equal to modern sol diers. In fact, the most wonderful feat ever recorded in marching was accom plished by the ancients. In the second Punic war Hannibal lay waiting at Canusium for his brother Hasdrubal to bring him reinforcements from spain. Facing Hannibal was a Roman army under the Consul Claudins Nero, while posite Hasdrubal was snothe Roman army under the Consul Livius. Leaving the main body to hold and deceive Hannibal, Claudins with a picked body of 1,000 horses and 6,000 foot, marched secretly and quickly to Livins, and, joining forces with him, they hurled themselves on Hasdrubal and defeated him. Claudius then at once matched back again before Hannibal was aware of his brother's defeat. Now, the distance between Canusium and Serra Gallica, the place of the bat-tle, by the best authorities is given at the least measurement as 225 miles. The march was made each way in six days, or at the rate of over thirty-seven miles day. But this march is an exceptional

Wind and Endarance in Ranaiar.

ancients.

one, and, if believed, must stand out like so many other of the wonders of the

The essential requisites of a long-dis tance runner are a strong heart and ca-pacious lungs in a broad, deep and mobile chest. The reason for this will be ap parent to those who understand the physiology of exercise. To sustain long

"Yes, signora; why not?"

Crocifissa, who, not understanding, re- where they take refuge from the storm; plied in a few words, which the elder and, while many are destroyed, their lady failed to catch. The interview being number has increased -American Agri-Webster was about to end it by dismissing Crocifissa, when the girl's next words, understood this time, alas! all

"What did you say?" she exclaimed, ful lace, but she hurts her eyes at it, and a spark of something like anger glowing by hunger. Around many of the water-

try to make it. My eyes are better bark for a space of three or four feet near now than when I did that wide piece,"

ma, where he would get good wages and lady with blank amazement; she had ex-, the year a mucilaginous film (the liburiller or other employe on a short vaca- be able to put by a little, but Crocifissa pected praise for her handiwork, instead num) separates the bark from the wood on at any time, while he takes his will not hear of it. She is right, I of these flaming eyes bent angrily upon of the trunk. Part of this film adheres marsh fever would be sure to carry him Mrs. Webster rang the bell with sharp The resulting mixture of mucilage-cells off. Few people have been kind to the violence, and demanded the instant pres- and half-formed wood is nutritious and girl, and no dog ever loved his master as ence of the padrone. "How dare you," "Poor gir! what a pity they cannot me so outrageously?" The padrone, mystified as was Croci- of its having been resorted to are met "If they hat a little capital, two or fissa at the lady's excitement, stared in three hundred france, to hire and fur-helpless silence. Presently he found certainties and irregularities of the supnish a room, they could manage to live; voice enough to falter: "I do not underbut hundred franc pieces do not fall stand: will the signora please to explain?" incident, we felt much interested in well what I mean! You showed me this Crocilissa's story, and cultivated her ac- lace, letting me hel'ere it was old, and now this g'rl-she is innocent enough-confesses that she made it herself. What pretty little baskets improvised by her-self from chestnut leaves, and with her "Dio mio! Why-I thought-but it eyes bent shyly on her knitting, talked is old, signora-behold, it is quite dirty. woman, planned all sorts of improve-ments about the royal parks and palaces; among others the exclusion of the public I feared the signora would desire a from all royal enclosures. She asked of the Prime Minister what would be the cost of this last arrangement. Crocifissa's large eves glowed with a soft, happy light, and she became beau-t'ful. But the brightness vanished which I regret dee iv." which I regret dee, iy." If occasionally tempted into falsehood,

"Miserably; and because of the from all parts of the globe, and of sands, and surviving the storm became father's disgrace everybody s' uns the various centuries more or less authentic. the progenitors of the race of Bankers daughter. Cruel, isn't it? But that is Mrs. Webster had, as Amy had main- now so numerous. Having to rely on inthe way of the world. I should make tained, an idolatrons fondness for all stinct alone, these animals are a subject

On her first visit she had seen only the

parently antique treasures.

rather a trying one for both parties, Mrs. culturist.

too plainly riveted her attention.

"If the signora would like some nar-

piece of lace?" said Mrs. Webster, with could conveniently reach, and another

Crocifissa regarded the now infuriated in strips. At certain

"You had better go and thank the lady for her kindness, yourself," he said; "it ly hints the story of a violent storm, with looks more civil." Crocifissa was shown into Mrs. Web- board, save a lot of ponies from some ster's room, a marvel of ornamentation | European port, which were cast upon the

Mont Blanc, the giant of the Alps, has en climbed by sixty-one women. The st two were French women, one of istocratic and the other of plebeian irth, and these were followed by thirtyvo English, fifteen French, four Rusan, three American, two Swiss, one russian, one Danish, one Hungarian, ne Italian and one Austrian woman. A aithful record is made of the ascents, and cross is set against the name of every ne who fails to reach their journey's end. here have been thirty-two excursions to e summit this year, notwithstanding he evil reports of the accidents in former

not unpalatable, so that, as a last resort, vation. The frequency with which signs ply department among savages. - Popu-lar Science Monthly.

Only a Crown.

King George II. was the dast of the monarchs who made a fixed residence at St. James's palace. It was his Queen, Caroline, who, being a stirring kind of a

He would be an outcast in his tribe, doomed to suffer a thousand insults worse than death. But for those who are killed there is glory here and rest hereafter. Their souls ascend to paradise, while their bodies are buried apart, in a place which is thus rendered forever sacred, and to which pious Moslems will come and pray over the dust of their heroic dead.—Scribner's Magazine.

Her Preference. "You'll please pardon me"-He glanced playfully-"If really my question should tire. Do you care for men tall, . Or those who are small-What kind of men do you admire?

Her lashes quick fell And veiled her eyes well. "No pardon for such a request; I like mankind all, Both little and tall, Both little and tall, But then I like Hymen the best." -Boston Budget.

where they may give up their lives. If, indeed they annihilate the enemy, they may return and live. But if the foe is still in the field, they must seek death until they find it. If one were to flee in the day of battle and return to his tribe, he would be received as the Athenians received the one survivor of Thermepyle. He^{*} would be an outcost in his tribe, he would be an outcost in his tribe. a quarter of a pound of suet nicely minced; mix into a dough with buttermilk, knead it into a round shape, and put it on to the top of the meat and vegetables; cover up close, and lct it simmer slowly for two and a-half hours. With seven pounds of potatoes this dish is sufficient for a large family.

His Big Bamps.

A gentleman entered a phrenologist's office in Boston and asked to have his head examined. After a moment's in-spection the professor started back, ex-claiming: "Good gracious! you have the most unaccountable combination of head examined. After a moment's in-spection the professor started back, ex-claiming: "Good gracious! you have the most unaccountable combination of attributes I ever discovered in a human being. Were your parents eccentric?" "No sit," replied the all-around sharacter, meekly, 'but my wife is. Yon needn't pay any attention to the arger bumps, sir."—Bastington Free Press.

necessity of breathing faster while run-ning than while walking, and unless this exchange of gases can be carried on with sufficient rapidity and in sufficient quan-tities to meet the dems ds of the organ-ism under these trying circumstances, there soon comes an end to further mus cular activity, though the muscles them selves may be far from exhausted.-Scribner's Magazine.

Courting a Widow.