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|  |  |  | study, a large experience in prescribing this <br> tion. I have been enabled to componnd |  |  |
| Is it our-fault ? <br> Once we were innocent, <br> Long, long ago- $\qquad$ <br> For vainly we lift up <br> Our eyes to the light; <br> Of sin and of night. o <br> Born to be buffeted- <br> Hunger and scorn $\qquad$ $\qquad$ <br> All whr daily bread-children forlorn; <br> All who e'er loved us Are under the sod; <br> Pity us ; pray for us, <br> People of God. | But she could not love him. She had been a true and faithful wife to him, that is, if a woman can be that without love, but al | has expend in getting rid of it,for all the fluids taken into the system must be carried |  |  |  |
|  |  | out-and as there is but-little nourishment in water, tea, coffee, beer and the like, more |  |  |  |
|  | the while a memory lurked in her heart of a summer-time that had been strangely sweet and pleasant because of the love thathad come to her in it. had come to her in. |  |  |  |  |
|  |  | strength is expended inf conveying them ou more a man drinks the more he must per spire, either by lungs or through the skin |  |  |  |
|  |  |  |  |  |  |
|  | had come to her in it. <br> Ten years had also brought changes to | the more he perspires the more carbon is taken from the system; but this carbon is |  |  |  |
|  | ful man. People began to point him out as one of the most promising men in the politi- | necessary for nutrition, hence the less a man is nourished the less strength he has |  |  |  |
|  |  |  |  |  |  |
|  | One night there was a party at one of the Senators' houses in Washington. The beauty and talent of the season were there. Thescene, was like one from enchantment | be the amount of urination, but this detracts a proportional amount of albumen |  |  |  |
|  |  |  |  |  |  |
|  |  | $\begin{aligned} & \text { from the system, and it is the albumen in } \\ & \text { the food that strengthens us. Drinkinglwa- } \end{aligned}$ |  |  |  |
|  | glad excitement of youth and life, and on older and sobect foces, for whom the nov- | ter largely diminishes the strength in two ways, and yet many are under the impres- |  |  |  |
|  |  | sion that the more water swallowed themorot thoroughly is the yysten " wwashed |  |  |  |
|  |  |  |  |  | The "Medal For Progress," <br>  |
|  |  | out." Thus, the less we drink at meals, the better for us. If the amount were limited |  | GINIMENT. |  |
|  |  |  |  | The Secret of Captivation.-FeaturesGrecian mould, a well-turned neck and beautiŋut.y |  |
|  |  |  |  |  | No Seaing Machine Receired' a Higher Hisc. A FEW GOOD REASONS: |
|  |  |  |  | rounded arms, are no doubt very'nice things to have, and ladies who possess these charms have |  |
|  |  |  |  |  |  |
|  |  |  |  |  | come |
|  |  |  |  | Mmity Yearst kxpriknce or |  |
|  |  | that in all cases it is better to take a single |  |  |  |
| Telte which she had |  | ${ }^{\text {cup of hot tea at each meal than a ghass of }}$ cold wate, howerer pure. |  |  |  |
|  |  |  |  |  |  |
|  |  | Balky Horses. <br> The Society for the Prevention of Cruelty |  | and enccess by millions o mothers and children irom the fecble infantof one week old to the adult It correcta, acidity of the stomach, relieves vinc |  |
|  |  |  |  |  |  |
|  |  | the treatment of balky horses, which will bear reproduction: |  |  |  |
|  |  |  |  |  |  |
|  | her, with a sweet-faced his arm. |  |  |  | mat |
|  |  | then on the other, speaking encouragingly while doing so; then jump into the wagon and give the word go $;$ generally he will |  |  |  |
|  | Het saw her, and came forward with out- | and give the word go; generally he will obey.s |  |  |  |
|  |  | 2. A teamster in Maine says he can start |  |  |  |
|  |  |  | Havor to it, but also enhance its value as an ex- ternal application. In all cases of Diarrhcea, |  |  |
| Philip Leith, a man ${ }^{\text {a }}$ |  | circle till he is giddy. If the first dance of this sort doesn't cure him, the second will. |  |  |  |
|  |  |  |  | For the Next Half Year |  |
|  |  |  |  |  |  |
|  |  | brain of the horse seems to enter- |  | RICH FARMING LANDS |  |
|  |  |  |  |  |  |
|  |  |  |  | NOW FOR SALE VERY CHEAP. | J. SAENGER, 21 Murray Street. N. Y. |
|  |  |  |  |  |  |
| she shat her eyes to the purer vision which pased beiore them for a moment, and in that reeolute crusthing dom of the better that resolute crushing ato of he beter |  | have no trouble in starting him. A A simple remedy is to take a couffie of, turns of stout twine around the fore leg, just below the knee, tight enough for the horse to feel, and |  |  | WAUKBSHA WATME <br> MINERAL ROCK SPRING, ctures |
|  |  |  |  |  |  |
|  |  | will go dancing off, and atter going a short distance you can get out and remove the |  |  |  |
|  |  |  |  |  |  |
|  | was jokingly remarking that she had onee been charged with causing the death of | your further drive $\begin{aligned} & \text { ¢ Take the tail the horse between the }\end{aligned}$ |  |  | Cravel,Dyspepsia, <br> Constipation, <br> Jaundice,,$\quad$ Bright's Disease, |
|  | poor neighbor woman, having just been de- | girth. <br> 6. Tie a string around the horse's ear close to his head. $\qquad$ |  |  |  |
|  |  |  |  | SELTZDR |  |
|  | ind ing gery much why she was wanted; she went, and when the arived at the house |  | the human system, nor the action of medicines |  |  |
|  | was very much surprised at finding the house full of women, each having a glase of |  |  | ?VRIES |  |
|  |  |  |  |  |  |
|  |  | had served as chambermaid in a largeboarding house that bugs could be entirely exterminated for all time. I immediately |  |  |  |
|  |  |  |  | when disordered, contiol tham immediately withTarrant's Effervercent Seltzer Aperient, |  |
|  |  | exterminated for all time. I immediately followed her directions, which was to take |  |  |  |
|  | and remaining a short time with the estrage ${ }^{\text {a }}$ asembly, contrived to hide her glase of |  |  |  |  |
|  | spirit and leaje the place, glad to get away |  |  |  |  |
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