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W. M. BROWN, Sr.,  
Raleigh, N. C.

Local notices in this paper will be Five Cents per line each insertion.

LARGEST CITY CIRCULATION.

RALEIGH, JAN. 5, 1893.

**Board of Health Report.**

The following is the number of deaths occurring in the city of Raleigh during December, 1892:

WARDS.	WHITE.		COLORED.	
	MALE.	FEMALE.	MALE.	FEMALE.
First Ward,	2	0	1	0
Second "	3	0	3	3
Third "	1	0	0	0
Fourth "	0	2	6	1
Fifth "	1	2	0	3
<b>Total,</b>	<b>6</b>	<b>4</b>	<b>10</b>	<b>7</b>

Deaths occurring elsewhere:

Wake county,	0	1	0	2
Elsewhere,	1	0	0	0
<b>Total,</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>2</b>

Still born, 1. Grand total, 32.

Deaths of children under 5 years:  
White—Male, 1 | Colored—Male, 5  
Female, 0 | Female, 2

Total 8.

There were 6 interments in Oakwood, 6 in the City cemetery, 14 at Mt. Hope cemetery, (col) and elsewhere 6 Total, 32

Deaths which occurred at ages over 70 years:

19th. Fannie J Campbell, white, 80  
27th. Lynn Adams, white, 71.  
31st. Isaac Foy, colored, 83.

Deaths attended by a physician, 21

Deaths not attended by a physician, 6

Social condition—In the city limits:

Married, 7 | Single, 6  
Widow, 6 | Children, 10  
Widower, 0 | Total, 27

Outside city limits:

Married, 1 | Single, 1  
Widow, 1 | Children, 1  
Widower, 0 | Total, 3

Still births, 1. Total, 32.

The following are the births:

White—Male, 7 | Colored—Male, 8  
Female, 9 | Female, 3

Total, 37.

Proportion of deaths to population:

Whites, 1 in 800 | Colored, 1 in 42

Total, 1 in 556.

Ratio per 1,000:

Whites, 1.35 | Colored, 2.43 | Total, 1.80

JAMES MCKEE, M. D.,  
President Board of Health  
and Supt. Health City and County.

A. L. FERRILL, Secretary and Registrar Board of Health, and City Inspector.

**Young Mothers!**

We Offer You a Remedy which Insures Safety to Life of Mother and Child.

**"MOTHER'S FRIEND"**

Relieves Confinement of its Pain, Horror and Risk.

After using one bottle of "Mother's Friend" I suffered but little pain, and did not experience that weakness afterward usual in such cases.—Mrs. ANNE GAOS, Lamar, Mo., Jan. 15th, 1891.

Sent by express, charges prepaid, on receipt of price, \$1.50 per bottle. Book to Mothers mailed free.

BRADFIELD REGULATOR CO.,  
ATLANTA, GA.

SOLD BY ALL DRUGGISTS.

There is a continued increase in the attendance at Trinity College.

There is the heaviest fall of snow ever seen in Asheville.

The meeting of the board of aldermen tomorrow night is expected to be an important one.

There will be another meeting of the county commissioners next Monday.

Let us look after the tobacco interests of Raleigh. It is destined to be the coming boom—and not in the far distant future, either.

If the old adage proves true that snows are 'bonanzas' for crops, we may look out for a rich harvest this year.

Catarrh in the head is a constitutional disease, and requires a constitutional remedy like Hood's Sarsaparilla, to effect a cure.

At a joint democratic caucus held last night, Mr. A. K. Smith, of Johnston county, was nominated for the position of enrolling clerk of the general assembly.

**HEROIC DARING.**

Wilmington Star.

The annual report of the United States Life Saving Service, for the fiscal year ending June 30 1890, published by the government and recently issued, gives the following account of an incident that has not been forgotten by the people of Wilmington:

Richard F. Warren, of Wilmington, North Carolina, was awarded a gold medal, the highest token of recognition under the law, for fearlessly risking his life in saving Miss Carrie Moffitt from drowning in the surf off Wrightsville beach, a seaside resort near Wilmington, on June 15, 1889. Miss Moffitt is a granddaughter of the late Capt. John N. Moffitt, formerly of the U. S. Navy. She had gone in bathing in the afternoon with her cousin, Miss Mary Moffitt, and the two young ladies, without a thought of danger, ventured too far out and although excellent swimmers, were unable to return against the powerful current. Mr. William A. Martin, their uncle, who was also in the water, immediately went to their assistance, and with great bravery succeeded in bringing Miss Mary Moffitt, the youngest of the two, safely to the beach, the effort so exhausting him that some of the bystanders had to help him and his niece from the water. The young lady herself was unconscious. Miss Carrie Moffitt, in the meantime, had been swept still farther out, and was in danger of sinking from exhaustion. She had, in fact, disappeared twice or three times beneath the waves when Mr. R. L. Brown, a young man observing her desperate struggle, sprang out, intending to go to her aid. Mr. Richard F. Warren, who was in a restaurant some distance away, almost providentially, it would seem happened to look out of the window, and seeing the people running excitedly to and fro upon the beach, guessed at once that some person must be in danger of drowning. Without hesitating a moment he dashed out of the house, throwing off his coat and shoes as he went, and catching a glimpse of the object of so much solicitude far out beyond the breakers, plunged into the water in the wake of Mr. Brown. Being a strong swimmer he soon overtook and distanced the latter, and reached the young lady about two hundred yards from the shore, just as she was giving up. In a few words of encouragement as he approached he bade her be of good heart, and extending one arm so she could grasp it told her to cling to his shoulders. This she did and the gallant fellow turned about for the shore. He made fair headway for a time, and then finding that the great exertion he was putting forth was overtaxing his strength, and that the young lady's weight was burying him deeper and deeper, so that every wave broke over their heads, he told her that she would have to help him all she could, or they must both drown. With sublime courage the brave girl replied, "If you don't think we can reach shore I'll release my hold and die alone. It is not worth that both should perish."

But Warren was too chivalrous to desert a woman in deadly peril. He had gone out to save the young lady and save her he proposed to, or die in the attempt. With ready resource he told her to grasp one of his shoulders with one hand and use the other as in swimming, and assured her that if she did this they would reach the shore all right. Miss Moffitt implicitly did as she was bidden, and under the changed conditions the intrepid swimmer put forth all his remaining strength, and finally succeeded in taking his charge within reach of the assistance of Brown and others from the shore, who lent zealous aid, and the young lady was soon safe, the excited crowd cheering to the echo her gallant preserver for his self-sacrificing daring. Both were thoroughly exhausted when helped from the water, and it is undeniable that both narrowly escaped a watery grave. Mr. Warren received quite an ovation from the young men of Wilmington upon his return home, and the news of his heroism having preceded him, and several of the most influential citizens of the place, headed by the mayor, took early steps to

obtain for him, from the Government, the recognition which his gallantry richly merited.

**NINETEEN WAYS OF KEEPING WELL.**

At a recent meeting of the Twilight Club the question for debate was 'How Do You Keep Well?' and 20 members of the club gave their answers to it:

No. 1—Keeps well by taking Turkish baths

No. 2—By horseback exercise.

No. 3—By resisting disease and avoiding doctors.

No. 4—By keeping clear of colds and never working when tired.

No. 5—By obeying all the laws of hygiene.

No. 6—By open air exercise and oatmeal porridge.

No. 7—By keeping the mind content and taking a month's rest every summer.

No. 8—By boating.

No. 9—By never thinking about illness.

No. 10—By athletic exercise and restraint from overwork.

No. 11—By moderation both at work and play.

No. 12—By daily sponge baths and outdoor enjoyment.

No. 13—By horseback riding, cold baths and discreet dieting.

No. 14—By thorough mastication of all food and by genial companionship.

No. 15—By heeding the doctor.

No. 16—By guarding the health in such a way as to give promise of a hundred years of life.

No. 17—By avoiding extremes, eating carefully and sleeping as long as possible.

No. 18—By dieting.

No. 19—By all-round development, virtue, exercise, temperature living, the Turkish baths, agreeable society and a fair share of hard work.

No. 20—Can't keep well anyhow, and always forever ill.

**A PROCLAMATION BY THE GOVERNOR.**

STATE OF NORTH CAROLINA, EXECUTIVE DEPARTMENT.

Whereas, there is a growing disposition on the part of the people of the state to discuss matters tending to improve the condition of our public roads, and,

Whereas the County Commissioners of almost all the counties, the Boards of Trade, and Chambers of Commerce of the largest towns have appointed delegates to attend a Board Congress to be held in the City of Raleigh some time during the present month, and have asked the Governor to issue a proclamation requesting said delegates to assemble in Raleigh as above stated:

Now therefore I, Thomas M. Holt, Governor of North Carolina, in obedience to the above request, do hereby issue this my proclamation, asking the delegates appointed as stated above to meet in this city of Raleigh on Thursday, January 19th 1893, at 10 a. m. to consider ways and means by which the public roads of the state may be improved.

Done at our city of Raleigh, the fourth day of January 1893, and in the one hundredth and seventeenth year of American Independence.

THOS. M. HOLT.

By the Governor: S. F. TE FAIR, Private Secretary

**WOODWORTH CITY!**

In the heart of the

**Iron and Coal District of Tennessee.**

Climate salubrious, never hot and never cold. Land unequalled for agricultural purposes, and mineral resources unlimited.

1,000 Lots at..... \$3.00 per Lot

2,000 " " " " " " 3.00 " "

3,000 " " " " " " 4.00 " "

4,000 " " " " " " 6.00 " "

4,000 " " " " " " 10.00 " "

4,000 " " " " " " 15.00 " "

4,000 " " " " " " 20.00 " "

600 " " " " " " 50.00 " "

300 " " " " " " 100.00 " "

WOODWORTH CITY lies about 30 miles north of Chattanooga, within a few miles of Altamont, the county seat of Grundy county, and between Tracey City and the celebrated Beersheba Springs, the Saratoga of the South. It is in the centre of the rapidly developing coal and iron district of Tennessee, and within its borders are found coal, iron, zinc, marble and asbestos, with various hard woods, such as oak, chestnut, maple, beech, locust, hickory, ash, pine, cherry and black walnut in abundance. The village of Woodworth, with several hundred inhabitants, contains churches, schools, stores, post office and telegraph station, and a number of manufacturing industries, all of which are located on the property and form part of Woodworth City.

The proceeds of the sale of these lots will be used to develop the mineral resources of the property and build up a large and thriving city. Quick application for these lots should be made, as the right is reserved to advance the price without notice.

For further particulars apply to

R. C. LIVINGSTON, Agent,  
712 DeKalb Avenue,  
Brooklyn, N. Y.

Parties desirous of visiting and inspecting this property can obtain special rates on the new and most comfortable vessel afloat, of the Ocean Steamship Company. These steamers leave New York, Mondays, Wednesdays, Fridays and Saturdays, making a delightful sea trip of

**FIFTY HOURS TO SAVANNAH**

Where immediate connections are made to Chattanooga and

**WOODWORTH CITY**

LIVINGSTON & SON, Agents,  
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No. 712 DeKalb Avenue,  
Brooklyn, N. Y.

**Coal & Wood.**

We have in stock and constantly coming

HARD COAL of all sizes.

SOFT COAL of the most

POPULAR AND ECONOMICAL

kinds, including

— RUSSELL CREEK —

— GAYTON —

— UMP —

— EGG —

The best coal for domestic use for the prices to be had in the country.

**Pocahontas Steam**

Coal is universally acknowledged to be the best ever produced in reach of this section. Car loads to any depot direct from mines.

Having been in the coal business for the past fifteen years and studying the subject and the wants of the customers, we have secured the best and cheapest.

OAK AND PINE WOOD, long and cut, at bottom prices.

**JONES & POWELL**

Telephones 41 and 71,  
RALEIGH, N. C.

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No delays! Correspondence invited!

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Hood's Pills cure Biliousness.

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