

RETAIN YOUR SENSE.

Could You If You Were Confined in an Asylum?

MISERIES OF LIFE.

Some Interesting Facts From a Prominent Scientific Man Who Has Had a Most Valuable Experience.

(Chicago Journal)

How often do we see in the papers a thrilling account of where a perfectly sane person has been confined in an asylum. Think of it, reader! How long would you retain your senses if you were confined with a number of lunatics night and day, and yet think of the physicians in charge of these patients who are compelled, day by day and year by year, to live among them. What wonderful opportunities they have for studying characteristic and vagaries; what a wonderful chance for learning the miseries of life and how best to overcome them!

We are brought to these reflections by a conversation lately had with Dr. J. C. Spray, of 163 State Street, Chicago. For nearly ten years Doctor Spray was in charge of the Jefferson, now Dunning, Institute, at Dunning, Ill. This tremendous institution contained about twelve hundred patients in the Insane Department, and fifteen hundred in the Infirmary. Among this large number of persons there were a vast number of physical ailments. Dr. Spray, speaking about it, said:

"I traced the great cause for most of the mental and, indeed, physical disorders very carefully, and while some authorities make an estimate that seventy-five per cent. of the people in the United States are afflicted with some form of kidney disease, I do not think that the rate is so high, taking all ages into consideration. Before middle life it is less than seventy five per cent. but after middle life it is, I should think, fully that percentage."

"This is something terrible, Doctor. Few people can certainly be aware that so large a percentage exist!"

"The Doctor thought a moment and then said: 'It is a fact not generally recognized that where a person has diseased kidneys and the organs fail to perform their functions of removing the waste and the impurities from the system, it soon produces melancholia. As a result our asylums are filled to overflowing, while if the people would strike at the root of the matter and see that their kidneys were in good order, there would be fewer patients in the asylums. I have noticed that a large portion of all paresis cases had kidney difficulties.'"

"What have you found, Doctor, to be the standard and most reliable remedy in such cases?"

Dr. Spray spoke with great confidence. He said: "Having so many cases to treat, I tried various remedies, and after a long and exhaustive trial, finally decided that Warner's Safe Cure was the best, most effective and most reliable remedy. I found it especially reliable in cases of incipient Bright's disease. It is certain to stop it, and even in the advanced conditions it allays the disease, and, to my surprise at first, cured many cases. Before structural changes set in, it is certain to cure, if properly administered."

"Has your experience while at the asylum, Doctor, been confirmed in your general practice since leaving it?"

"Yes. I have occasion to use the Safe Cure almost daily. Whenever I find traces of albumen in the urine of a patient, I prescribe the Safe Cure, and in nearly every instance where I notice indications of nervous troubles, I analyze the urine, and almost invariably find that it is caused by some affection of the kidneys. I now have a patient to whom I am giving the Safe Cure, and find that it is having the desired effect. Some time ago a gentleman came to me who had been examined for life insurance and traces of albumen were found. I advised the use of the Safe Cure, and he passed the examination without difficulty after having used it."

"I understand, then, Doctor, that you attribute a large percentage of the ills of life to some disease of the kidneys, and that you have found the remedy of which you speak the most effective in such cases?"

"Yes. I have no hesitation in saying that Warner's Safe Cure has my unqualified endorsement. I use it constantly, and would not do so unless I thought it possessed curative qualities."

The high standing, wide experience and great success of Dr. Spray make his words exceedingly impressive. His sincerity cannot be questioned, and their truthfulness is absolute. Impressed with this fact, and realizing importance of the same, I have transcribed his words in full and give them herewith.

Whatever may be said of a sweet heart she can't be too glad to be true.

Beware of the man whose wife is always saying he has no faults.

Tomorrow at the Churches.

CHRIST CHURCH—REV. DR. W. MARSHALL, RECTOR.
 Fourth Sunday in Lent.
 Divine service and sermon at 11 a. m.
 Sunday school at 4:00 p. m.
 Choral Evensong 8:00 p. m.
 Services during the week: Monday, Tuesday and Saturday 7:30 a. m. and 1:30 p. m. Wednesday and Friday 7:30 a. m., 12 m. and 8:30 p. m. Thursday 7:30 a. m. and 8 p. m. Free seats. All invited.

FIRST BAPTIST—REV. DR. J. W. CARTER, PASTOR.
 Preaching at 11 a. m. and 7:30 p. m.
 Prayer meeting Wednesday night 7:30.
 All seats free. Politicians ushers at church services.
 Sunday school 9:30. Thos. H. Briggs, Supt.
 Sunday school at West End Mission at 3:30 p. m. All are cordially invited to these services.

TABERNACLE BAPTIST—REV. DR. J. J. HALL, PASTOR.
 Sunday school 9:15. W. B. Broughton, Supt.
 Preaching at 11 a. m. and at 8:00 p. m.
 Public invited.

FAYETTEVILLE STREET BAPTIST.
 Preaching at 11 a. m. and 8:00 p. m.
 Sunday School at 3:30 p. m., John T. Pullen, Superintendent.

CHURCH OF THE GOOD SHEPHERD.
 Rev. I. McK. Pittinger, Rector.
 Fourth Sunday in Lent.
 Holy Communion at 8 a. m.
 Morning Prayer and Sermon at 11 a. m.
 Sunday school at 3:30 p. m.
 Evening Prayer and sermon at 8:00 p. m.
 Services during the week: Monday, Tuesday, Thursday and Saturday evening prayer and address at 5:30 p. m. Wednesday and Friday morning prayer and litany at 10 a. m. Wednesday evening prayer and lecture at 8:00 p. m.
 Seats free. All cordially invited.

CHRISTIAN—REV. J. L. FOSTER, PASTOR.
 Sunday school 9:30 a. m.
 Preaching at 11 a. m. and 7:30 p. m.
 All cordially invited.

FIRST PRESBYTERIAN—REV. EUGENE DANIEL, D. D., PASTOR.
 Sunday school at 9:30 a. m.
 Preaching at 11 a. m. by Rev. Thornton R. Sampson and at 7:30 p. m. by Rev. Dr. Geo. W. Butler.
 Prayer meeting every Wednesday night 7:30.
 Politicians ushers. Seats free. All cordially invited.

KINXTON ST. M. E. C.—REV. J. N. COLE, PASTOR.
 Sunday school 9:30 a. m. W. J. Young, Supt.
 Preaching at 11 a. m. and 7:30 p. m.

CENTRAL M. E.—REV. J. S. HURLEY, PASTOR.
 Sunday school 9:30 a. m. W. N. Snelling, Supt.
 Preaching at 11 a. m. and 7:15 p. m.

BROOKLYN M. E.—REV. J. J. BARKER, PASTOR.
 Sunday school 3 p. m. J. B. Young, Supt.
 Preaching at 7:15 p. m.

First Presbyterian Church.

The Rev. Thornton R. Sampson, superintendent of Foreign Missions in the Synod of North Carolina, and the Rev. Dr. George W. Butler, missionary of the Southern Presbyterian Church to Brazil, are in the city, and will assist the pastor of the First Presbyterian church in the interesting missionary services to be held there at 11 a. m. and 7:30 p. m. tomorrow. There will be a special service for the young at 4 o'clock in the afternoon.

There are now many visitors to the opera house. It is to seat 1200 persons. Mr. Page says. There will be 700 opera chairs in the parquet. Of these 240 will be plush covered, and will be orchestra seats. The seats in the gallery will be excellent and the view complete from every point. There will be a lavatory and closets on the second floor. The left half of the gallery is for colored people, who have a private entrance. The dressing rooms are under the stage, and are reached by a rear stair, beside which will be a baggage elevator.

There are said to be at least twenty five applicants for the position of State Librarian. The board will try to elect somebody next Monday.

The Pilot cotton mills will get its water supply from artesian wells, very probably. A survey is now being made.

The "East Raleigh" fire department acquitted itself with great credit at last night's fire.

Fifty two thousand dollars of the capital stock of the new cotton mill has been subscribed.

Dr. P. T. Jerman, of Ridgeway, it is said, is to be the physician at the penitentiary.

Rev. Mr. Moody begins a ten days' meeting at Wilmington, commencing on the 15th inst.

Mr. R. E. Shore, of the Yarboro House is sick and confined to his room.

One Way to be Happy

Is at all times to attend to the comforts of your family. Should any one of them catch a slight cold or cough, prepare yourself and call at once on Messrs. W. H. King & Co., corner of Fayetteville and Hargett streets, sole agents and get a trial bottle of Otto's Ointment, the great German Remedy, FREE. We give it away to prove that we have a sure cure for Coughs, Colds, Asthma, Consumption, and all diseases of the Throat and Lungs. Large sizes 50c.
 For sale by W. H. King & Co., corner Fayetteville and Hargett streets.

J. W. EVANS. YANCEY & MARTIN,

RALEIGH, N. C.

Successor to Evans & Martin. MANUFACTURER OF



Special attention given to repairing of all kinds. The best work is always the cheapest. And this can be found at the northwest corner of Morgan and Blount streets.

Special attention given to repairing of all kinds. The best work is always the cheapest. And this can be found at the northwest corner of Morgan and Blount streets. FRAZER Cart Shafts in stock.

NEW ADVERTISEMENTS.

A SPLIT-SECOND RETREAT.
 EMPORIUM OF DELICACIES.

A marriage license was issued today enabling Miss B. Linda Pope and Mr. William Jones, both of Barton's Creek township, to enter into matrimonial bonds.

Supplementary proceedings in the Shaffer-Upchurch case are being argued here before Judge Brown by Messrs. A. W. Haywood and B. F. Montague.

Two seizures of illicit distilleries have been reported to the collector here. In Granville county, near the Virginia line, the distillery of John and Nat Hall was seized by Deputy Woody. Revenue Agents Swift and Field seized a distillery near Siler City, Chatham county, which is supposed to have been run by James Dorsett.

News is received that the mad dog excitement which was mentioned some time since, still rages in Barton's Creek township. Several cows, hogs and dogs have been bitten in that section lately. Much excitement prevails all through that section of country.

There will be a meeting of Raleigh Council Royal Arcanum 551 at 7:30 o'clock next Monday night. Work in the degree. All members requested to be present at its hall over the Citizens National Bank.

We are glad to learn that Miss Dixie Stein is some better, but she is still very sick.

From a private telegram received in this city today we regret to learn that Mrs. W. C. Whitfield, wife of Dr. Whitfield, Superintendent of the Odd Fellows Orphan Home at Goldsboro, died this morning.

We extend our deepest sympathy to Brother Whitfield in the deep affliction.

Mrs. Whitfield was matron of the Home and we know the children will miss her motherly attention. The funeral will be held in Goldsboro tomorrow at 11 o'clock a. m.

Peach trees will soon be in bloom. Kernersville, wants a bank. By all means let her have one.

NO OTHER Sarsaparilla has effected such remarkable cures as **HOOD'S** Sarsaparilla, of Scrofula, Salt Rheum, and other blood diseases.

Quotations of the Inter-State Trust and Brokerage Co.

March 10, 1893.

	Bid	Asked
North Carolina	99	100
W. N. C. R. R.	8	10
N. C. Railroad	107	102 1/2
A. & N. O. R. R.	17	18
R. & G. R. R.	118	
R. & G. R. R.	70	72
S. & R. R. R.	99	102
City of Raleigh 6's, 1897,		106
City of Raleigh 6's, '907,	108 1/2	
Raleigh Street Railway 6's		50
N. C. Agricultural Society 6's,		37 1/2
Citizens' National Bank,		121
Commercial and Farmers' Bank,		111
National Bank, Raleigh,		120
Raleigh Savings Bank,		145
Raleigh Cotton Mills 6's,		102
Caraleigh Photo-phosphate Works,		71
Caraleigh Cotton Mills,		86
N. C. Car Company,		105
Peace Institute,		6
R. High Gas Light Co.,		77
Raleigh Lumber & Imp. Co.,		28

The North Raleigh FUEL COMPANY.

The North Raleigh Fuel Company has a Coal and wood yard just north of the North Carolina Car Company where they offer Oak and Pine Wood either long or cut for stoves or fireplaces, also Anthracite and Bituminous Coals at lowest prices for cash. Orders by telephone received by the N. O. Car Co., No. 43. R. J. HALES, Manager. Jan. 30, 1892.

where the best cakes, pies, &c. can be had fresh and fine. Cakes, pastries and other dainties in profusion.

J. BAKERY

130 MORGAN ST. 130
 Harp's Old Stand,
 RALEIGH, N. C.
 Manufacturers and Repairers of

Carriages, Buggies, WAGONS, &c

We have employed a practical Horse-shoer and will give this line of business our special attention. With best stock and skilled workmen we solicit a share of your patronage.

THE LAST CHANCE

Stock has been taken, and we are determined now to dispose of all our stock regardless of cost. This is Your Last Chance.

- 38c will buy our former 75c unlaundried Shirts.
- 33c will buy any of our former 50 and 75c Knee Pants.
- \$1.25 will buy any of our former \$2.00 and \$2.50 Boy's Suits.
- \$13.25 will buy any of our former \$20.00 and \$25.00 Men's Suits.

We have a large lot of Trunks and Valises which, owing to the scarcity of room will be sold regardless of cost. Take due notice that the advance of our spring novelties have arrived and they are beautiful. Just drop in and look at them.

Rosenthal Clothing Co.

305 Fayetteville st. opp Post Office.

WHERE ARE YOU GOING?

The answer is plain. The larder is getting low and must be supplied. There is no place in Raleigh where this can be done on better terms than at the well known establishment of

W. R. NEWSOM,

214 South Wilmington street.
 The bill of fare is a tempting one.

Just Read It.

Family Flour and Buckwheat, Ferris' Hams, Breakfast Strips, Salt fish, of all kinds—mullet, Mackerel, cut and roe herring, &c. In the line of fancy groceries the list is too long for enumeration. Canned fruit, fresh fruit, pickles, crackers of all kinds, splendid cheese, sauces, nuts, apples, of the most approved brands, and, in fact, such tempting array as must please the taste of the hard-earned sugar, tea, coffee and heavy grocery is in the greatest profusion. Don't forget the place—214 South Wilmington street. Call early and make selections, at NEWSOM'S.

WE NEVER FRIGHTEN

people with high prices! We have good reliable clothing and sell them at low prices.

OUR SPRING STOCK

now arriving in bulk. Be sure to call and examine our stock and prices before you buy elsewhere as we will guarantee to save you money.

WHITING BROS.

Here is something to revolutionize the terrors of wash day.

THE NEW HYDRAULIC CLOTHES WASHER

Not a washing machine.

Does the work perfectly in one half the time without rubbing, bolting or chemicals.

L. R. WYATT.

COAL AND WOOD.

ANTHRACITE COAL NUT, STOVE AND EGG SIZE, POCAHONTAS, STOVE & GRAPE, POCAHONTAS STEAM.

SPLINT COAL—Several cars in and others arriving daily. Seasoned pine and Oak wood, long and cut for stoves and fireplaces. All orders filled promptly by **JONES & POWELL.** Phones 41 and 71.

House and Lot for Sale.

On Monday, April 10th, 1893, at the court house door in Raleigh, N. C., we will sell at public outcry the house and lot owned by Maggie Hinton and Mourning Blount, in the city of Raleigh, fronting 25 feet on North street, adjoining the lands formerly owned by Jordan Hall and others, it being the lot conveyed to Maggie and Mourning Blount by Jordan Hall and wife by deed registered in Book No. 78, at page 689, of the Register's office of Wake county.

Sale made for partition by order of Wake Superior Court, in the Special proceedings entitled Lewis Hinton and wife vs. Nicholas Blount and wife S. P. I. No. 644.

Terms cash. Hour of sale 12 M. Monday April 10th.

GEORGE H. SNO V., S. F. MORDECAI, Commissioners.