## IF YOU TOUCH your tongue to ALUM

 and look in the glass-you will see the effectYou can't help puckering-it makes you pucker to think of tasting it.By the use of so called cheap Baking Powders you take this puckering, injurious Alum right into your system-you injure digestion, and ruin your stomach.

## AVOID ALUM



## Say plainly-

## ROMALBAKMG <br> Royal is made from pure, refined Grape Cream of Tartar-Costs more than Alum but you have the profit of quality, the profit of good health.


Y. M. C. A. IN RALEIGH Mass Mreting Next Sunday
Aiflemonen.

MOOOY FOR THE BENCH|
Attorney Generel Succeeds Justice Brown
 Admitted Onicially That He will

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## WILD INDANS

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## RHEUMATISM URIC ACID ONIODIDE DESTROYER OH OF POTASH REMEDIES VANQUISHED   

Penn Rheumtaism Cure Sold by All Druggists. PENN DRUG COMPANY phladelphia

## APPLES

EGGS By the barrel or measure CHICKENS POTATOES


