

markable for their health, endorance, her beautiful lace. The woman suffer-patience and skill. They have a system log from continued nervousness, weari-of physical training which is universally uses, walefulness, headache and back-used. It is called the Jin Jitzu, and by ache, needs the advice of a physician of this they regulate diet, bathing, clothing, the largest experience in the Diseases of

breathing, muscular de velopment and boying They have a philosophy They have a philosophic that good humor is fol-lowed by good health. They try to banish wor-ries, and believe that a cheerful view of life is a good foundation for strength. Such phil-osophy could well be adopted by our American be: 3 people. We are apt to be They have many say.

ings in Japan similar to our own. One is that " a woman is as old as she looks," but a Japanese woman's face is usually as anwrinkled as a baily s. Although the Japanese women do not usually have the well developed figures of our American men, yet they do no gather wrinkles from worry nor suffer as do our worry nor suffer as do our it that makes our American women often pale, sallow faced, with dark circles under the eyes, and very often old eyes, and very often old at forty-live when they should be in their prime In more southern climates like Japan the women live closer to nature—they live simple, homely lives and do not worry because they cannot dress as ex-travagantly as their neighbors. They eat wholesome food and do not practice high living.

not practice high living. To keep young a woman must keep healthy and strong. When she is run down with the pains and ills which come periodically among our women-kind, she adds years to her looks, wrinkles develop, and the wom-an really suffers untold agony. There is no real need for this if she will practice in the looks of the program of the source of the program source, and we should advise these to women, and we should advise these to women, and we should advise these to women, and we should advise these to women an even to program of the program.

an really suffers untold agony. There is no real need for this if she will practice practice hygiene—all of which knowledge practice hygiene—all of which knowledge the can obtain from some reliable medical book like Dr. Pierce's Common Sense Medical Adviser, which can be had by sending him thirty-one cent for the eloth bound volume, or twenty-one cents for the paper bound. Dr. R. V. Pierce, who will read be the paper bound. Dr. R. V. Pierce, who will take the proper means to cure those irregularities which lead them to a mistred at the proper means to cure those irregularities which lead them to a mistred be axis why women should suffer if they irregularities, painful of discover due to the paper bound of the badaches, for woman suffer in grilhood from back, for woman y one but a physician in active practice acould suppose. It is often the result of ace could suppose. It is often the result of a series and was a result diseases of the United States for any case of Leicordian of the states for any case of Leicordian to women why wome but a physician in active practice of a physician in active practice of a physician in active practice of a size of the united States for any case of Leicordian to women while states for any case of Leicordian the proper state of the size states of the United States for any case of Leicordian the proper state of the size of the united States for any case of Leicordian the proper state of the size of the proper state of the size of the sis

taxation for a period of ten years.

TRUE BILLS AGAINST

(By Leased Wire to The Times.) Chicago, July 10 .- True bills were in handling the deadly Krang-Joroted yesterday afternoon by the genson.

ederal grand jury in the Atchison, Fopeka & Santa Fe Railroad rebat- with captains of the various milliing case. The identity of those in- tary companies in the state, and the dicted will be dsclosed this after- best men available will be detailed noon in the report to be made by for the shooting team. the inquisitors regarding their labors

under the guidance of District At- SMALL IS AWAITING torney Sims and his assistants.

The Santa Fe rebate case is based mon the railroad's relations with

the United States Sugar and Land Early today President S. J. Small of Company, of Garden City, Kan. In the telegraphers' union decided not milding its plant, the sugar refining to go to Chicago at once as anticioncern is said to have made a con- pated. Late last night President tract under which the railway cor- Small received an urgent request poration agreed to rebate \$35,000 from General Secretary and Treason a \$100,000 freight bill. Of this urer Russell, at Chicago, that he re-\$35,000, \$12,000 was paid before main in Oakland until Labor Com-Uncle Sam heard of the agreement. missioner Nelli arrives Friday morn-

Long Live the King!

s the popular cry throughout Euro- the Southern Pacific and Chicago & pean countries; while in America, Milwankee to Chicago, and had the cry of the present day is "Long called a special meeting in Chicago live Dr. King's New Discovery, King Sunday, he decided to await the arof Throat and Lung Remedles!" of rival of Mr. Neill and give Mr. Neill of Throat and Lung Remeules. Of which Mrs. Julia Ryder Paine, Tru-ro, Mass., says: "It never fails to give immediate relief and to quickly give immediate relief and to quickly ment entered into between them on the talegraphors that all The use of strong chemicals soon Discovery cures weak lungs and sore throats after all other remdies have failed; and for coughs and colds it's the only sure cure. Guaranteed by

COMMISSION BUSY WITH ASSESSMENTS

The State Corporation Commission today began its work of assessment for taxes on the various railroads, telephone, telegraph and steamship companies, power plants, canal companies and other corporations throughout North Carolina. The Alice Huck, of Washington; Messra

city. The bonuses consist of free Selections will be made during obligations. Those concerns which water and light and exemption from the encampment of the First Regiment at Morehead, August 9th to surance husiness and have developed 13th. The most expert target shoot- it throughout the past half centur. ers enlisted in the national guard or more place all their risks in this THE A. T. & S. F. RAILROAD. will be present, and the handsome locality through our agency. If you medals offered will afford special are a customer of ours you have the inducements for the display of skill gllt-edged, time-honored insurance

MCNEILL'S ARRIVAL.

San Francisco, Cal., July 10,-

ing. Although Mr. Small had al-

ready secured transportation over

Mr. Small said:

companies backing you in your busi ness. We make your interests our General Robertson will confer interests.

HUNTER & DREWRY, State Agents, RALEIGH, N. C.



the inhabitants of this country, New disputed differences should be sub- takes the life out of the weave, and mitted to arbitration was sincere. careless handling through poor ma chinery completes the wreck. This sort of thing does not go at our laun-

"I fear the effect of countermanding my request for a special meet- dry. The water we use is naturally all drugists. 50c. and \$1.00. Trial ing next Sunday in Chicago, but 'all pure and contains no injurious subhonorable means' is the limit, and stance of any kind. Our appliances I am sure my friends in Chicago will are of the most modern type and are leave it to me to say when all hon- handled by skilled work people. The added life we give to your linen will orable means have been exhausted. go a long ways toward paying your laundry bills.

OAK CITY STEAM LAUNDRY

MONEY TO LEND

On either Real or Personal Security in Wake County. B. F. MONTAGUE, 18 and 19 Pullen Building, Raleigh, N. C.

1885; National Bank of Raleigh, 1885-1905; Raleigh Banking and Trust Company, 1905.

The long and successful career of the "Round Steps Bank" is sufficient guarantee of its high character. In addition to paying liheral semi-annual dividends, it has paid out to its stockholders nearly half a million dellars in profits.

Steel Safety Boxes in a strong, thoroughly up-to-date Burglarproof Vault, offer an unsurpassed opportunity to its patrons for the custody of valuable papers.

CHAS. E. JOHNSON, W. N. JONES, President. Vice-Pres. F. H. BRIGGS.





CEGANIZED 1871.

This company is over thirty-six years old and during its long career has won the hearty approval and support of the geople by its promptness and fair dealing.

A FEW FIGURES.

Total payments to policyholders over SEVEN AND A HALF MILE LION DOLLARS.

Assets over THREE MILLION DOLLARS.

The Life Insurance Company of Virginia makes Life Insurance available where it was once beyond the reach of many. By its plans each member of the home circle can be a partner in making up

A Safety Fund for the Family

The company issues all the most approved forms of Life Insurance Contracts from \$500.00 to \$25,000.00.

AND ANNUALLY.

The company issues Industrial Policies from \$8,00 to \$800.00, with premiums payable weekly on persons' from two to seventy years of age.

ALL CLAIMS PAID WITHIN TWENTY-FOUR HOURS AFTER RECEIPT OF PROOFS OF DEATH.

This Company's Great Growth is Due to

Cause One: Its Conservative Management.

Cause Two: Its Absolute Fidelity to Its Contracts.

Cause Three: Its wide range of policies, affording insurance to each member of the family, and to all classes.

Cause Four: Its progressive spirit and quickness in discerning the insurance needs of the masses, and its readiness in giving insurance adapted to their requirements.

> T. I. JONES, Supt., 239 Fayetteville Street.

With Miss Durham. Miss Ellen Durham entertained a few friends last night at the home of her mother on Hillsboro road. Those present were: Misses Eller Durham, Fannie Hines Johnson, Helen Moring, Annie Peyton, of Washington, D. C.; Madalene White, of Graham;

placing of assessments will consume Charles E. Johnson, Jr., Baxter Dur-several weeks, as there is a vast num- ham, Wright Dixon, C. A. Abernethy, ber of companies to be considered. Walter Durham, and James Allison,

bottle free.