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EVEN the children know that Arbuckles' Coffee gets the biggest welcome at the breakfast table.

It is the popular favorite everywhere. More of it is used than any other packaged coffee. Think what this means.

In America we drink more coffee than does any other nation. Last year 900,000,000 lbs. of coffee were brought here. Think of all the different kinds of coffee—the different varieties of flavor this represents.

For their favorite coffee, the people of this country have chosen Arbuckles'. For nearly fifty years they have shown their preference for this coffee. In one state last year four times as many pounds of Arbuck? were used during the year as there

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Have you tried it lately? Before you serve another breakfast, go to your grocer's and get a package of Arbuckles' Coffee. Taste its rich, satisfying flavor and know why more of it is used than any other packaged coffee.

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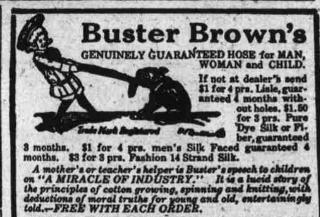
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Every time you buy a "cheap" cooking utensil you throw money away. Buy

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Replace utensils that wear out with utensils that "Wear-Ever" Write for Booklet, "The Wear-Ever Kitchen" which tells how to improve your cooking.

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Send me, prepaid, sample 1-quart "Wear-Ever"
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Edited by MRS. W. N. HUTT

Suggestions for June

This is the month of June, the month of brides and roses,
When pleasant sights salute the eyes, and
pleasant scents the noses."

MAKE the fireless cooker do the

The chickens will repay you for keeping them in clean water.

Are the garden tomatoes staked and pruned?

The month for picnics-invite your friends!

Dig the pond for next winter's ice.

Have you roses on the dining table dishes and clothes, the flies, the comfor every meal?

Let daughter make a cherry pudding for the company.

Of course, you have already recorded baby's birth.

Get the water glass and jar ready for the eggs you want to keep.

Eat plenty of strawberries and cherries, raw and in short cake.

Have a strawberry social and make some money for the club.

and it is not as heavy as pork. You can avoid dogs if you drive the sheep to an enclosure near the house at night. It pays others to do it.

If baby is restless, give her a tepid bath about twilight and exchange all of her underclothes for a clean little nightie and she will sleep better.

IS YOUR WORK DRUDGERY?

Let Us Women Look Upon Our Ev. eryday Duties As Stepping Stones to Higher Things

THE days are getting hot and as I I look forward to the long summer the thing I dread is the washing of monness of everything. Big strong men, like my husband and son, need so much food and so many clothes, and we cannot get running water until the mortgage is paid. They need everything over, to buy farm implements."

Oh, women, when we consider how our days are spent in an endless round of duties, so many dishes washed three times a day 365 days a year, so many clothes made clean 52 times between each two New Years, it behooves us to give thought to eliminating needless effort that we may have energy left over with which to

OUT IN THE FIELDS WITH GOD

THE little cares that fretted me, Among the fields above the sea. Among the winds at play, Among the lowing of the herds, The rustling of the trees, Among the singing of the birds, The humming of the bees.

The foolish fears of what may happen, I cast them all away Among the clover-scented grass, Among the new-mown hay, Among the husking of the corn Where the drowsy poppies nod, Where ill thoughts die and good are born, Out in the fields with God.

Can quantities of strawberries and wash the little hands lovingly, to look cherries, make jam and juice of them. into childish faces smiling and un-

quart jars for exhibition at the fair. towards its independent earthly exis-

Cleanliness of home surroundings means health later in the summer. * * * .

Are you careful that your words teach peace and not hatred in discussing the war in the presence of children?

Read a little poetry about birds and flowers to the children.

Beauty aloud, a chapter each evening right after supper, perhaps. .

flowers of the woods? Keep a bunch of them in a great jar.

As fast as seeds get ripe save a few of the best. Put them in well-labeled paper bags, keep in a tin box for next year. Save a few extra for friends.

Spur up the United Farm Women Club by joining it. If you already belong I suggest that you cooperate in selling eggs, poultry, etc., as well as would sterilize, no flies would conin helping the school and neighbor- taminate. hood.

feathers. Hot weather goose feathers are not generally considered as to every organization that might be good as later ones, but if you get the an instrument for the acquisition of bag ready to put them in and find the market you will be ready.

your husband to get a small flock of men, and plenty, whose time and ensheep so that you may have wool to ergy are spent in its service, but not send to be made and have well to be made between send to be made into soft warm so many whose intellect is kept keen blankets, carpets and cloth. There and clear and like a perfectly moving is no more delicious meat than lamb, machine with a consciousness that on

fretted, to give sturdy strength to Put up a few extra fine pint and the tiny child who is traveling swiftly tence.

-Elizabeth Barrett Browning.

It would be better for generations to come could the soul and spirit of individual motherhood stand naked before her intellect, unclogged by everyday and household encumbrances, seeing her child in the light of prophecy, having a vision of the goal to be attained three score years hence, and herself, not as a simple minister of temporal needs but as a wise and loving presence, guiding, directing, in-Now is the time to read Black structing and loving, as mother and child travel the long road of life together.

Then would woman so live that Are you appreciating the beautiful each day's labor would be a page in the book of life on which would be written glorified achievement. The washing of the dishes would be not a doleful task to be accomplished miserably, but would be seen as a safeguard to the health of her child. No dishes would be rinsed in lukewarm water, soapless, wiped on any old cloth, but the work would be done with as little waste of energy as kitchen devices and limited money could make possible; scalding water

We frequently find a man who glorifies his vocation, who prostrates him-Now is the time to start saving self before it, whose thought, time, energy, are spent for it, who belongs knowledge concerning it. The world wants women who glorify their vocation of wifehood, who protrate them-Now also is the time to persuade selves before its ideal. There are wo