



### "I know what Father likes best"

**E**VEN the children know that Arbuckles' Coffee gets the biggest welcome at the breakfast table.

It is the popular favorite everywhere. More of it is used than any other packaged coffee. Think what this means.

In America we drink more coffee than does any other nation. Last year 900,000,000 lbs. of coffee were brought here. Think of all the different kinds of coffee—the different varieties of flavor this represents.

For their favorite coffee, the people of this country have chosen Arbuckles'. For nearly fifty years they have shown their preference for this coffee. In one state last year four times as many pounds of Arbuckles' were used during the year as there

were men, women and children in the state. And the demand is constantly increasing.

Have you tried it lately? Before you serve another breakfast, go to your grocer's and get a package of Arbuckles' Coffee. Taste its rich, satisfying flavor and know why more of it is used than any other packaged coffee.

#### Make your coffee earn lovely gifts

Save the signature on every Arbuckle wrapper. Get beautiful, useful gifts—articles you have always wanted. Arbuckles' premiums are almost as famous as Arbuckles' Coffee. In one year we gave away over a million of one premium alone! Send for our big Premium Catalog showing 150 of our most popular premiums. Write today to Arbuckle Bros., 71 Q-3 Water St., N. Y.

Better than ever



This is the signature you save

**30 DAYS FREE TRIAL**  
and freight prepaid on the new 1916 "RANGER" bicycle. Write at once for our big catalog and special offer. Marvellous improvements. Extraordinary values in our 1916 price offer. You cannot afford to buy without getting our latest proposals. **WRITE TODAY!**  
Boys, be a "Rider Agent" and make big money taking orders for bicycles and supplies. Get our liberal terms on a sample to introduce the new "RANGER."  
**TIRES, equipment, sundries and everything in the bicycle line half usual prices. Factory prices on Motorcycle and Automobile Supplies.**  
**Mead Cycle Co., Dept. K187 Chicago**

**DAISY FLY KILLER** placed anywhere, attracts and kills all flies. Neat, clean, ornamental, convenient, cheap. Kills all sea bugs. Made of metal, can't spill or tip over; will not soil or injure anything. Guaranteed effective. Sold by dealers, or 6 cent by express prepaid for \$1.  
**HAROLD SOMERS, 150 DeKalb Ave., Brooklyn, N. Y.**

**FISH Double Muzzle Wire Baskets.** Good heavy kind \$1.50, \$2 and \$2.50. Different sizes. Free booklet.  
**Eureka Fish Net Co., Griffin, Ga.**

**"OUR GREAT THREE-IN-ONE DOLLAR OFFER"**  
**—WHAT IT IS—**

The Progressive Farmer ten months (to new subscribers only).....	\$0.53
Today's Magazine twelve months, and free pattern.....	.60
Weekly Kansas City Star twelve months.....	.25
<b>Our Price for the Three, only.....</b>	<b>\$1.00</b>

This special offer is made to help you make your neighborhood a "Progressive Farmer neighborhood," and that you may the more readily earn the splendid premium we are offering.

Save your papers and get a binder.

**Buster Brown's**  
GENUINELY GUARANTEED HOSE for MAN, WOMAN and CHILD.  
If not at dealer's send \$1 for 4 prs. Lisle, guaranteed 4 months without holes. \$1.50 for 3 prs. Pure Dye Silk or Fiber, guaranteed 4 months. \$1 for 4 prs. men's Silk Faced guaranteed 4 months. \$3 for 3 prs. Fashion 14 Strand Silk.  
A mother's or teacher's helper is Buster's speech to children on "A MIRACLE OF INDUSTRY." It is a lucid story of the principles of cotton growing, spinning and knitting, with deductions of moral truths for young and old, entertainingly told.—FREE WITH EACH ORDER.  
**BUSTER BROWN'S HOSIERY MILLS, 77 Sherman Ave., Chattanooga, Tenn.**  
Dealer's Price List on Request.

**CANNING PROFIT** in using your spare time and surplus fruits. **AMERICAN CANNING OUTFITS** are better, cheaper and complete. We pay freight and guarantee satisfaction. Write today for free booklet on canning and our great Bargain Offer.  
**AMERICAN MFPS. CO., Dept. 300, Nashville, Tenn.**

**"Don't waste your money on flimsy aluminum utensils"** Every time you buy a "cheap" cooking utensil you throw money away. Buy  
**"Wear-Ever"**  
Aluminum Utensils  
and save money. Divide the cost by the time they last. "Wear-Ever" aluminum utensils give enduring satisfaction.  
Replace utensils that wear out with utensils that "Wear-Ever"  
Write for Booklet, "The Wear-Ever Kitchen" which tells how to improve your cooking.  
**WANTED.** Men to demonstrate and sell "Wear-Ever" specialties. Only those who can furnish security will be considered.  
**The Aluminum Cooking Utensil Co., Dept. 67, New Kensington, Pa.**  
Send me, prepaid, sample 1-quart "Wear-Ever" steapan for which I enclose 20c in stamps—money to be refunded if I'm not satisfied.  
Name.....  
Address.....

## Our Farm Women

Edited by MRS. W. N. HUTT

**Suggestions for June**  
"This is the month of June, the month of brides and roses, When pleasant sights salute the eyes, and pleasant scents the noses."  
**MAKE** the fireless cooker do the work. \* \* \*  
The chickens will repay you for keeping them in clean water. \* \* \*  
Are the garden tomatoes staked and pruned? \* \* \*  
The month for picnics—invite your friends! \* \* \*  
Dig the pond for next winter's ice. \* \* \*  
Have you roses on the dining table for every meal? \* \* \*  
Let daughter make a cherry pudding for the company. \* \* \*  
Of course, you have already recorded baby's birth. \* \* \*  
Get the water glass and jar ready for the eggs you want to keep. \* \* \*  
Eat plenty of strawberries and cherries, raw and in short cake. \* \* \*  
Have a strawberry social and make some money for the club.

and it is not as heavy as pork. You can avoid dogs if you drive the sheep to an enclosure near the house at night. It pays others to do it. \* \* \*

If baby is restless, give her a tepid bath about twilight and exchange all of her underclothes for a clean little nightie and she will sleep better.

**IS YOUR WORK DRUDGERY?**  
**Let Us Women Look Upon Our Everyday Duties As Stepping Stones to Higher Things**  
**T**HE days are getting hot and as I look forward to the long summer the thing I dread is the washing of dishes and clothes, the flies, the commonness of everything. Big strong men, like my husband and son, need so much food and so many clothes, and we cannot get running water until the mortgage is paid. They need everything over, to buy farm implements."  
Oh, women, when we consider how our days are spent in an endless round of duties, so many dishes washed three times a day 365 days a year, so many clothes made clean 52 times between each two New Years, it behooves us to give thought to eliminating needless effort that we may have energy left over with which to

**OUT IN THE FIELDS WITH GOD**

**T**HE little cares that fretted me, I lost them yesterday  
Among the fields above the sea,  
Among the winds at play,  
Among the lowing of the herds,  
The rustling of the trees,  
Among the singing of the birds,  
The humming of the bees.

The foolish fears of what may happen,  
I cast them all away  
Among the clover-scented grass,  
Among the new-mown hay,  
Among the husking of the corn  
Where the drowsy poppies nod,  
Where ill thoughts die and good are born,  
Out in the fields with God.  
—Elizabeth Barrett Browning.

Can quantities of strawberries and cherries, make jam and juice of them. \* \* \*

Put up a few extra fine pint and quart jars for exhibition at the fair. \* \* \*

Cleanliness of home surroundings means health later in the summer. \* \* \*

Are you careful that your words teach peace and not hatred in discussing the war in the presence of children? \* \* \*

Read a little poetry about birds and flowers to the children. \* \* \*

Now is the time to read Black Beauty aloud, a chapter each evening right after supper, perhaps. \* \* \*

Are you appreciating the beautiful flowers of the woods? Keep a bunch of them in a great jar. \* \* \*

As fast as seeds get ripe save a few of the best. Put them in well-labeled paper bags, keep in a tin box for next year. Save a few extra for friends. \* \* \*

Spur up the United Farm Women Club by joining it. If you already belong I suggest that you cooperate in selling eggs, poultry, etc., as well as in helping the school and neighborhood. \* \* \*

Now is the time to start saving feathers. Hot weather goose feathers are not generally considered as good as later ones, but if you get the bag ready to put them in and find the market you will be ready. \* \* \*

Now also is the time to persuade your husband to get a small flock of sheep so that you may have wool to send to be made into soft warm blankets, carpets and cloth. There is no more delicious meat than lamb,

wash the little hands lovingly, to look into childish faces smiling and unfretted, to give sturdy strength to the tiny child who is traveling swiftly towards its independent earthly existence.

It would be better for generations to come could the soul and spirit of individual motherhood stand naked before her intellect, unclogged by everyday and household encumbrances, seeing her child in the light of prophecy, having a vision of the goal to be attained three score years hence, and herself, not as a simple minister of temporal needs but as a wise and loving presence, guiding, directing, instructing and loving, as mother and child travel the long road of life together.

Then would woman so live that each day's labor would be a page in the book of life on which would be written glorified achievement. The washing of the dishes would be not a doleful task to be accomplished miserably, but would be seen as a safeguard to the health of her child. No dishes would be rinsed in lukewarm water, soapless, wiped on any old cloth, but the work would be done with as little waste of energy as kitchen devices and limited money could make possible; scalding water would sterilize, no flies would contaminate.

We frequently find a man who glorifies his vocation, who prostrates himself before it, whose thought, time, energy, are spent for it, who belongs to every organization that might be an instrument for the acquisition of knowledge, concerning it. The world wants women who glorify their vocation of wifehood, who prostrate themselves before its ideal. There are women, and plenty, whose time and energy are spent in its service, but not so many whose intellect is kept keen and clear and like a perfectly moving machine with a consciousness that on