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The kitchen to be proud of is the one filled with "Wear-Ever" Aluminum Utensils

Nothing makes the kitchen so bright and cheerful as a set of shining "Wear-Ever" utensils. "Wear-Ever" utensils give enduring satisfaction because they are so carefully made, from hard, thick, sheet aluminum. Start now to make your kitchen a "Wear-Ever" kitchen. Send 25c in stamps or coin for the special one-quart "Wear-Ever" Stewpan. See for yourself why so many women prefer "Wear-Ever" ware to all others. Write for booklet, "The Wear-Ever Kitchen," which explains how to improve your cooking.

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Our clubs save you money. We will gladly make a special club on any papers you may wish.

One letter, one money order—and it's all attended to. May we serve you?

THE PROGRESSIVE FARMER.

Our Farm Women

Edited by MRS. W. N. HUTT

THE CARE OF THE HAIR

Suggestions About Washing, Getting Rid of Dandruff, etc.—Avoid Dyes and Bleaches

PLEASE tell me some things that may seem silly to you," writes a young woman. "Why is my hair dark instead of light? Does it grow from the roof or the head? Does it injure it to dye or bleach it, and how can I get rid of dandruff?"

No, I don't think you silly. Curiosity shows a healthy, active mind. Your hair is dark because you inherited the characteristic from your ancestors. Color ranges from pure white of the albino to the black of the raven's plumage, and it is due to the lack or amount of pigment or coloring matter.

The hair grows from the root. The hair follicles are in the scalp and gather nourishment there and transmit it to the hair. Yes, your hair should fall out. The average life of a hair is from two to six years. It grows about eight inches a year, and an average of 50 to 60 hairs fall out each day. If you find your hair getting thin, more than the normal number of hairs are falling, and something should be done.

Yes, honey, it does injure it, and you too, to bleach or dye your hair. Don't do it. In spite of ourselves we

the blood to the surface. You know the blood brings the nourishment to the hair.

Rinse in three or four warm waters and then in one of cold. Sop the water out of the hair with a towel, then sit in the shade—never the sun or your hair may be streaked. Keep rubbing your scalp with your fingers and flitting the hair, separating it to dry. Fan it if the day is warm, holding it up so the breeze can get to the scalp. Do not leave the damp towel around the neck, else you may take cold on the hottest day. If this is likely, first rub the back of the neck with a little alcohol. Never use a fine comb. Leave your scalp in a warm healthy glow from rubbing and brush and rub it every night thereafter.

PICTURE AGENTS SHOULD BE DISCOURAGED

It is Time For People to Stop Paying Two Prices to Traveling Agents for Anything

THE agent for enlarging pictures is an abomination. A plague spread over a community cannot be worse than he has become among the Negroes of the South.

Recently I talked with such an agent and he said to me, "within a

ROADSIDE FLOWERS

WE ARE the roadside flowers
Straying from garden grounds;
Lovers of idle hours,
Breakers of ordered bounds.

If only the earth will feed us,
If only the wind be kind,
We blossom for those who need us,
The stragglers left behind.

And to, the Lord of the Garden,
He makes His sun to rise,

And His rain to fall like pardon
On our dusty paradise.

On us He has laid the duty—
The task of the wandering breed—
To better the world with beauty,
Wherever the way may lead.

Who shall inquire of the season,
Or ask of the wind where it blows?
We blossom and ask no reason,
The Lord of the Garden knows.
—Bliss Carmen in Ladies' Home Journal.

have a little contempt for the woman who does it. She might be better employed in producing a fine healthy crop of the color she has. Also the color of her hair was made to blend with that of her eyes and skin, and nature is a much better artist than woman. Moreover, many of the dyes contain poisonous materials. There is more than one person in an asylum today because of hair dye.

To get rid of dandruff, avoid all patent hair tonics, unless you have just asked the state board of health what is in them. Try vaseline. Please do not be insulted at what I am going to recommend: It is a liquid disinfectant soap for dogs. It has cured dandruff for me and some of my friends. It is disagreeable to use and smells abominably, so suit yourself about using it. It is "Glover's Mange Cure." Rub one-third of a bottle well into the scalp with the tips of the fingers, and on the hair. Wear cap or towel for a day or two, then wash the hair and scalp well. In about three weeks use the second third, and in three more weeks finish the bottle. Dandruff is a germ disease and this kills the germs.

If you do not want to use the dog medicine, then use vaseline instead. Now for suggestions on washing the hair. First, and foremost, have your own comb and brush—a good firm but not harsh one. Let no one else use it. Keep it clean. Unless you have a scalp brush, scrub your scalp with it when washing the hair. Very oily hair needs to be washed once a week and very dry hair as seldom as once in six weeks. As soon as the hair mats, feels sticky or comes out, it needs washing.

Make a good suds of white unscented soap—never the common yellow soap. If the hair is oily, add a little ammonia or borax. Scrub the scalp as hard as can be borne in the hot suds, using the brush and tips of the fingers, so as to cleanse and bring

radius of 10 miles of your little town I have collected more than \$700 in three days from the Negroes, although I am the third picture agent to canvass your community this winter, and I hear that there is another coming here before my tracks are cold." I thereupon asked him to tell me some of his methods in obtaining his money. Flushed with his success, he laughed outright as he continued, "I take mortgages on everything the Negroes have, on their mules, cows, hogs, chickens, bedsteads, stoves, chairs, etc., etc. Often I find one bed in one household, often two. The Negro farmer owns one mule, or one cow, but when the girls and wife persuade, he yields."

One morning while I was in one of the stores in my home town this same agent came in, followed by a big shambling black woman, a former washer-woman of mine, who at that moment was crying bitterly. Upon recognizing her I asked another Negro woman what was the matter with "Aunt Charlotte." "That agent," the woman replied, "is going to take the only cow she has. Aunt Charlotte has had five pictures enlarged. He took a mortgage on her cow and on all her furniture besides, and now pay day has come and she is wishing that she had never seen an agent. You can see her toes sticking out of her shoes. I bet her children haven't got more than one garment apiece and snow on the ground. Most niggers will go on having their pictures enlarged because the pictures make them look almost white and make them have straight hair. I do wish you white people, Miss Emma, would pass a law forbidding a Negro to have a picture in his house. We do not know how to spend what we make."

MARION MOBERLY DURHAM,
Orangeburg, S. C.

Editorial Comment.—The pity is that it is not only the Negro's mon-

ey that the picture agent gets, but the white person's money as well. Go into many a country home and you will see, that enough money has been invested in those ghastly, black, enlarged pictures to put running water in the house.

And if it were only pictures it would not be so bad,—but women pay \$60 for an \$18 sewing machine, \$25 for a \$12 washing machine, and \$10 for a big cheap Bible that they could get anywhere for \$1.50. There is one good thing that mail order houses seem to be doing, and that is that their catalogs are giving the people far back from towns some idea of what things ought to cost. Speed the day in which people buy from reputable merchants and mercantile houses and not from wily agents!

The women's organizations throughout the country should discuss this agent question. The talking of it will set many a woman to thinking.

Rooting Roses

ONE of our readers who says she has tried several plans for rooting roses without success comes to us for advice.

As a rule roots arise more readily from the joint and it is wise to either make the base of the cutting just below the bud or to sever the branch at its point of attachment, leaving a small portion of the "heel" of the cutting.

Cuttings may be made at almost any time, but are often taken in summer, when the buds have developed and the wood has about attained its growth. Make the cuttings of from two to five buds and plant them three inches deep in shaded frames. Care must be taken not to set them too deep. Keep them shaded for several days after setting and sprinkle the tops frequently. An up-turned jar over them will sometimes take the place of the shading and sprinkling.

"June struck cuttings" are sometimes advantageously made. Here the young shoots are taken when about two to three inches long and leaves partly removed and planted under glass. Great care should be taken in shading and watering. Several weeks are required for rooting. The cutting of part of the leaves is not essential but it lessens evaporation and the tendency to wilt. The softer roses, like the tea roses, are very often propagated from soft wood, cut to a single eye, or bud, with some or all of the leaf left on.

As to the soil, any fairly rich earth is good, but best results will be obtained from a sharp sand of sufficient depth to hold the cuttings in place and where the atmosphere and soil are moist.

Urges Horseback Riding and Real Vacations for Farm Women

ON THE 4th of last month I left home for a week's stay in a little town not a great distance from home, but among strangers and scenes different from those around me. This visit lasted a week, which was the most profitable week I ever spent. I had little time to rest, but the change of water, diet and scenes coming and going were different from my own. New friends were made that will not be forgotten.

I wish all the overworked mothers and their families knew how much good there is in a whole week of recreation. If they did there would be fewer premature old women.

I believe it is a crime for mothers to tie themselves down at home and slave like some of them do, and I believe they are more to blame than their families. One of the best recreations for the not-too-weak women is horseback riding, for which the clear weather of late winter is ideal.

When the mother, tired in mind and body, gets on a good saddle horse in an old-fashioned saddle, and takes her way on a woodland road she is refreshed physically and mentally. I know from experience what a treat the horseback ride is on the road