

through the woods where no one can be seen at work except the squirrel, where the late birds fly among golden leaves and the horse canters along. The north breeze puts a spring in his step and he feels the pleasure he is giving you. An hour spent in this way once or twice a week means greater capacity for work, better health and a broader view of life. Try it and be convinced.

MRS. JULIA BUSSELL.

Winnfield, Ala.

Editorial Comment.—I certainly hope every woman who reads this letter will take it seriously and consider her own opportunities for going visiting and riding.

How to Earn Silverware and Dishes

I HAVE so many letters from my friends saying that they do not like to ask company in on account of not having dishes and silver of which they can be proud, that I have arranged with our Circulation Department of The Progressive Farmer to offer high-grade 25-year guaranteed silverware as premiums. Now there will be no excuse for not earning all the silver needed.

The Subscription Department has been offering splendid sets of dishes for some time back, and those of you who have written to me about them say you are very much pleased with them.

I know that those who have already secured the dishes and realized how easy it is to earn what you want will be interested in the splendid silverware now being offered, and that those who have not already made an effort will lose no time in working up clubs to earn silverware and dishes. Do it now.

SEASONABLE RECIPES

RULES FOR FREEZING ICE CREAM

Rock salt is cheaper and better than fine salt. Crush ice fine by mallet and bag. Allow three measures of ice to one of salt. Too much salt gives a granular, coarse consistency.

The mixture increases at least one-fourth. If fruit or white of egg is to be added, the freezer should be but little more than half full.

Never draw off the water until mixture is frozen unless there is danger of getting it in the tin.

Turn the crank very slowly and steadily until it begins to turn rather hard, then turn rapidly. If it seems to freeze slowly, pour a cup of cold water on the ice to start the action of the salt on the ice.

Keep covered with a heavy cloth as much as possible during the freezing to prevent the escape of cold at the top. A syrup made the day before and cooled, for sweetening, gives more body than sugar. The addition of a couple of egg whites beaten stiff when the cream is partly frozen, gives a smooth consistency.

LEMON ICE

Four cups water, 2 cups sugar, ¼ cup lemon juice. Boil sugar and water 20 minutes, add lemon juice, cool, strain, and freeze.

GRAPE FRAPPE

Four cups water, 2 cups sugar, 2 cups grape juice, ½ cup orange juice, ¼ cup lemon juice.

PROPORTIONS OF RAW ICE CREAM

One quart thin cream, ¼ cup sugar, 1½ tablespoons vanilla.

PROPORTIONS OF COOKED OR CUSTARD CREAM

Mix 1 tablespoon flour, 1 cup sugar, ¼ teaspoon salt; then add 1 egg slightly beaten, then 2 cups scalded milk slowly. Cook over hot water 20 minutes. The curdled look will disappear in freezing. Cool, add 1 quart thin cream, 2 teaspoons vanilla and freeze.

HOW TO MAKE PICKLES

"Please give me the best cucumber pickle recipe in the world," asks one lady, and a man says, "If you will supply the recipe I know I can get rich selling my pickles."

I am sorry we cannot come up to your hopes. Each type of pickle suits the fancy of certain buyers. The basic recipe is as follows:

Make a brine strong enough to barely float an egg. This will be about one cup of salt to two quarts of water. Let pickles stand in brine as long as you please, always being sure that they are under the water. If one goes to the top it is apt to get bad and spoil the rest. When you wish to finish the pickles, soak them well until the salt is practically out of the pickle, then boil them for 25 minutes in 2 quarts of elder vinegar, 1 pint water, 1 pint sugar, 3 table-spoons mixed spice.

Nearly all pickles are a variation of this recipe. Some persons prefer to add more sugar, others to let certain spices predominate, or add alum to make the pickle firm, grape leaves to make them green, dill to make them distinctive, etc.

There was a physician of long ago, who wanted a man to shovel the snow. Instead of a shovel he gave him a hoe; for he was a Ho-meopath, you know.

—Sun Dial.

DRESS PATTERNS

APRONS ARE IN STYLE AGAIN

A few years ago it seemed as though we were about to forget the good old-fashioned apron. I am glad Old-Dame Fashion changed her mind and dictated that aprons should be worn. They are sensible and pretty, economical and becoming, so why not?

I am sorry we have only the working ones this week, but we will have others some day. The serviceable aprons Nos. 1176 and 1342 are almost dresses and can be used for



No. 1342

such in summer. The difference is that one opens in the front and the other down the back. Either may be made of thin dimities or heavy cotton, but I suggest that you make the former of pretty sheer goods and the latter of dark gingham. Each is made in three sizes, small, medium, and



1176

large, and each requires 4½ yards of 36-inch material for the medium size. Price 10 cents.

The two pockets are one for a handkerchief and the other for a duster.

No. 1306 is a cross between a dress and an apron. It is one of those things easy to put on, easy to



1306

iron because it opens down the back, and it covers one completely. If sewed up the back it makes a very pretty school-dress for young girls. It is called the Middy Apron because it can be sewed up the back and because of the lacing, slipped over the head. In three sizes, small, medium or large. It takes five



1335

yards of 36-inch wide material and costs a dime.

Both 1174 and 1335 are serviceable, but if you are thin buy pattern 1174, while if you are stout buy 1335. Each takes 3½ yards of 36-inch material and costs a dime.

Say whether you want the pattern small, medium or large.

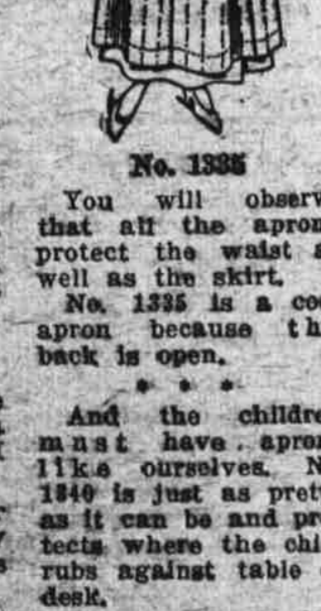


1174

yards of 36-inch wide material and costs a dime.

Both 1174 and 1335 are serviceable, but if you are thin buy pattern 1174, while if you are stout buy 1335. Each takes 3½ yards of 36-inch material and costs a dime.

Say whether you want the pattern small, medium or large.



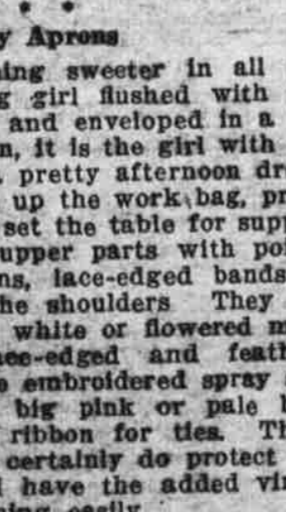
1335

You will observe that all the aprons protect the waist as well as the skirt.

No. 1335 is a cool apron because the back is open.

And the children must have aprons like ourselves. No. 1340 is just as pretty as it can be and protects where the child rubs against table or desk.

Address, Pattern Department, The Progressive Farmer.



No. 1340

Fancy Aprons

If there is anything sweeter in all the world than a young girl flushed with the heat of the kitchen and enveloped in a big blue and white apron, it is the girl with the dainty apron over a pretty afternoon dress, ready either to take up the work bag, practice on the piano or set the table for supper.

These, too, have upper parts with points for bibs, and ribbons, lace-edged bands or insertion for over the shoulders. They are made of pure, thin, white or flowered muslin. Some are lace-edged and feather-stitched, others have embroidered spray and some are made of big pink or pale blue handkerchiefs with ribbon for ties. These dainty little aprons certainly do protect the afternoon dress and have the added virtue of washing and ironing easily.

Address, Pattern Department, The Progressive Farmer.

The men who lead are the men who read.



Serve it—especially when you want everything nice

There are many varieties of coffee and just as many varieties of flavor. Very few people are able to tell these varieties apart merely from appearance.

There is a way, however, for you to be sure of the coffee you buy. Over a million other women get good coffee every time they make it, by using Arbuckles' Coffee.

With Arbuckles', you too can get the sparkling color and fine, full flavor that make this the coffee over a million women delight in serving, especially

when they want everything particularly nice. Get a package of Arbuckles'—either whole bean or ground—and know why more of it is used than any other packaged coffee.

Make your coffee earn lovely gifts

Save the signature on every Arbuckle wrapper. Get beautiful, useful gifts—articles you have always wanted. Arbuckles' premiums are almost as famous as Arbuckles' Coffee. In one year we gave away over a million of one premium alone! Send for our big Premium Catalog showing 150 of our most popular premiums. Write today to Arbuckle Bros., 704 Water Street, N. Y.



Better than ever

This is the signature you save



"One," says Nature
"Three," says Canning

Because demand far exceeds supply, man craftily splits each cow-hide into several sheets. But—there can be only one sheet of grain leather. The rest are merely "splits"—coated and grained to look like the genuine article, and sold as "genuine leather," but they do not wear like hand or machine buffed leather. Right here enters

The Ideal Upholstery Material



Guaranteed Superior to Coated Splits

Fabrikoid looks and feels like the best leather. It is water, dust and grease proof—guaranteed for one year against cracking or peeling. And back of this guarantee is the century old Du Pont reputation for integrity of purpose, superiority of product and financial responsibility.

Motor Quality Fabrikoid is upholstery a third of 1915 autos. Two years' use on one-quarter million cars has proved its merits.

Craftsman Quality Fabrikoid for furniture upholstery and home-made furnishings is beautiful and wears better than most leathers. Sold by the yard by leading upholstery dealers and department stores in all popular colors, grains and finishes.

Fabrikoid Rayntite is an automobile top material guaranteed not to leak for one year. Made in single or double texture.

Write for free samples and booklet.

Du Pont Fabrikoid Company, Wilmington, Del.
Canadian Factory and Sales Office, Toronto.

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