

THE BABY

WHAT does the baby ask of you, Passer-by in the street? Only the gift of a thought from you. Only the gift of a look from you.

What does the baby say to you, You who pay no heed? He begs for the right of living with you.

What does the baby give to you, Man whose vision is dim? He gives you the sun to lighten your way.

What does the baby keep for you— You whose need is vast? He keeps faith and hope and joy for you.

Comfort and hope and love for you— In his tiny hand held fast.

THE BABY WEEK PROGRAM

A Few Suggestions for Community Baby Week

ALL over this broad country the week beginning March 4 is set aside as Baby Week. People everywhere are doing something.

If you cannot do much do little: if no one will cooperate do something yourself.

Monday—A committee of women visit the dependent babies in the county home and other places.

Tuesday—Each person see what she has suitable for these and sew for them at home in groups or in cooperation with the young people's club.

Wednesday—Ask the doctors and dentists to give a medical examination of each school in the county.

Thursday—Club meeting jointly with the young people.

Program

- Five-minute papers or talks:— 1. When is a child well born? 2. The care of the prospective mother.

The Progressive Farmer will give all the aid possible. The following are a few of the articles recently published on The Woman's Page:

- Give the Baby Fresh Air—December 25, 1915. A Child With a Cold Cannot Thrive—December 11, 1915. Baby Contests Are Doing Wonderful Work—September 18, 1915.

Books

- "Your Baby" (a guide for young mothers), by Dr. E. B. Lowry. Publishers, Forbes & Co., Chicago, Ill.

"Study of Child Life," by Washburne. published by American School of Home Economics, Chicago.

"Educating the Child at Home," by Ella Lynch, published by Harper Bros., New York.

I think each of these books costs \$1.25. Friday—Spend the afternoon studying what some authority says about babies.

Saturday—The Young People's Club give a play, the proceeds to go for school equipment for the tiny folks, clothes for the little poor ones, or to bring experts to lecture on child problems.

Following are a few suggested plays: "The Suffragette Baby," six female characters; price 15 cents. Published by Penn Publishing Co., 925 Filbert St., Philadelphia, Pa.

"Nigger Baby," a monologue, published by Penn Publishing Co.

"That Blessed Baby," two characters, published by Penn Publishing Co.

"Babies in the Wood," ten males and three females; price 15 cents. Published by Walter H. Baker & Co., 5 Hamilton Place, Boston, Mass.

Suggestions for March

HAVE you made all your lace, tating, etc., for the summer clothes? \* \* \*

Have you the children's underwear all ready for the approaching warm days. \* \* \*

The garden has plenty in it, I hope. The lettuce should be heading, the early greens looking their brightest, and the carrots, parsnips, oyster plant, etc., doing duty by way of variety. \* \* \*

Take a look at the strawberry plants. \* \* \*

Plant the privet hedge and the nut trees. \* \* \*

Since the hens are laying well have plenty of baked custards, rice and bread puddings, with plenty of milk, eggs, and big fat raisins. Angel food cakes are white of egg, therefore protein, therefore body building. Having no grease, it is less harmful for children than butter cakes. \* \* \*

Swat every fly! Swat them now. I never saw so many winter flies before, and each one means something like 22,000 next summer. Swat them! \* \* \*

Open the windows in the middle of the day. \* \* \*

Open the bedroom windows at night to avoid grippe and colds. \* \* \*

Keep the baby out of the room when you dust or sweep. Whooping cough germs may be in the curtains. \* \* \*

Give a little extra thought to variety in food. The appetite often flags towards spring. \* \* \*

The more greens eaten this month the less medicine next month, and less exhaustion during the hot months. \* \* \*

Spinach, turnip salad, cabbage salad, collards and all canned vegetables are splendid just now for supplying mineral salts. \* \* \*

Be sure to take your part in helping some baby, or babies, during the coming week. \* \* \*

Make the most of your home reading circle. \* \* \*

Has every North Carolina club availed itself of the privilege of borrowing a state free loan library? If not, do it now.

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"Sonny's" mother stepped out on the porch one day to see if he could be seen playing, and was just in time to discover him running for home with a most terrified expression on his face, caused by a friendly little dog tagging after him.

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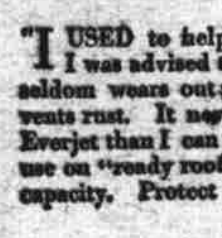
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